

**KODOL**  
Keeps What You Eat

# Weak Hearts

Are due to indigestion. Ninety-nine of every one hundred people who have heart trouble can remember when it was simple indigestion. It is a scientific fact that all cases of heart disease, not organic, are not only traceable to, but are the direct result of indigestion. All food taken into the stomach which fails of perfect digestion ferments and swells the stomach, putting it up against the heart. This interferes with the action of the heart, and in the course of time that delicate but vital organ becomes diseased.

## Digests What You Eat

Mrs. Loring Nichols of Penn Yan, N. Y., writes: "After eating, my food would digest me by making my heart palpitate and I would feel very weak. Finally I got a bottle of Kodol and it gave me immediate relief. After using a few bottles I am cured."

Kodol cures indigestion, dyspepsia and all stomach disorders, and gives the heart a full, free and untrammelled action.

Bottles only \$1.00 Size holding 2 1/2 times the trial size, which sells for 50c.

PREPARED BY  
**E. C. DeWitt & Co.**  
Chicago

**F. S. DUFFY.**

### ASKINS.

Jan 12.—Rev. J. J. Harper filled his appointment at Kilt Swamp last Tuesday night. His subject was transformation of the character, (text 2 Cor. 3:18) which was a great treat to us. We invite Mr. Harper to come again.

Mrs. Laura Gaskin and daughter, Lola have returned home from Kingston where they have been spending the Christmas holidays with Mrs. Gaskin's daughter, Mrs. Ella Spear.

Rev. S. W. Samrell will preach at Kilt Swamp next fourth Sunday. He has consented to preach for us during this year.

Rev. Duquay, a minister of the Free Will Baptist Church, has an appointment at Antioch January 15, also at night.

Mrs. Alfred Gaskin is visiting relatives and friends in New Bern this week and is having her teeth drawn preparing for a new set.

Mrs. Annie Gaskin from Kingston, spent a few days in the home of her mother during the Christmas holidays.

Mrs. Maggie Parker from New Bern has returned to Askins and opened her school.

Mr. James Fulcher made a business trip to Greenville last week.

We would like to hear from T. E. C. and Joe again. What has become of you, have you fallen in the ditch and can't get anybody to help you out?

KATY DID.

**CASTORIA.**  
Bears the Signature of *Dr. H. H. Smith*  
NEW BERN POST OFFICE.

### LOOK OUT FOR CATARRH

The cold-wave flag means zero weather, icy, moisture-laden winds, and the beginning of winter in earnest. To Catarrh sufferers there is nothing cheering in these climatic changes, for with the return of cold weather, all the disagreeable symptoms of Catarrh appear: blinding headaches, dizziness, a stuffy feeling about the nose that makes breathing difficult, chest pains, and as the disease progresses, a discharge of nauseating matter from the throat and nose keeps one continually hawking and spitting.

Catarrh is a most disgusting disease. The foul mucus secretions that are constantly dripping back into the stomach contaminate and poison the blood and it is distributed throughout the body, and it then becomes a deep-seated, systemic, persistent disease, that must be treated through the blood, for it is beyond the reach of sprays, washes, powders or external treatment of any kind.

S. S. S. soon clears the system of all Catarrhal matter and purges the blood of the irritating poisons, thus effectually checking the further progress of this serious and far-reaching disease.

Look out for Catarrh in winter, for cold air the blood and causes excessive secretion of mucus and brings to life all the slumbering poisons that make Catarrh the most formidable of all diseases. S. S. S. keeps the blood in such perfect order that cold waves cause no alarm and the change from the heat of summer to the rigor of winter produces no harmful effects.

Write us if you have Catarrh, and our Physicians will advise you without charge. Book on Cold and Skin Diseases, free.

The Swift Specific Co., Atlanta, Ga.

**SSS**

### THE FIRE AFTERMATH.

Notes on The Fire Gathered After it was All Out.

After all is done and said, the fire of Monday was fought as well as any company could fight it. It should be remembered that the fire had been burning long before it was discovered and consequently the building was practically doomed when it was discovered.

The cause still remains a mystery. It was first seen in about the place where the fire started a few years ago but there are only conjectures as to the real cause.

The weather was very chilly and that worked against the efforts of the firemen as they were wet through and had to work to put out the fire with their clothing frozen on them.

In another sense there could scarcely have been a more favorable time. There was no wind and the danger of catching other buildings on fire was reduced to the minimum.

Speaking of cold weather in relation to conflagrations, it is said that there was a fire in a large four story hotel in a northern state several winters ago when the weather was so cold that the water actually froze in a solid column as it came out of the hose. The occupants of the burning building were enabled to get to safety by sliding down the great pillar of ice.

Work has already commenced on the reconstruction of the building under the supervision of Mr. E. E. Harper. It is hoped the block will be ready for occupancy within a few weeks.

The temporary quarters of some of the occupants are as follows: C. D. Bradham in the store on Pollock street between Barfoot Bros. and L. E. Bryan's stores. J. O. Baxter will be found in James Dawson's store. C. P. Bartling has taken in the lobby of Hotel Hazleton N. M. Farrow representing the Insurance Co. of Virginia in the room next to W. B. Allen's office. Dr. E. F. Early is, as yet undecided where he will be located but hopes to be ready to continue his work in a few days.

One of the heavy losers of the fire, was Mr. Gulliford Lewis the wall paper hanger, who had recently received some \$300 worth of fine stock. Mr. Lewis had no insurance.

It is estimated that the insurance will be more than half cover the loss sustained. Adjusters will be here today to look over the matter.

A very helpful feature to the firemen was the supplying of hot coffee and chocolate by Messrs. C. J. McSorley and Sam Radcliff. It was certainly appreciated by all the boys.

It seemed like old times to have both steamers in operation and Bill Ellis superintending one of them. The engines rendered valuable service and doubtless the loss would have been far greater without them.

It was a very wise act for the mayor to order the electric light out, foreseeing the possibility of the wires being broken thus endangering the lives of the hundreds around. The moon's radiance was sufficient. The wires were not molested and lights were turned on again about 10:30.

Mr. Tom Davis of the Henderson Telephone Co. succeeded in saving the two telephone instruments in the building. He was the last man in the building before it became too dangerous to remain there.

The damage to Mr. Bradham's soda fountain is great but whether it is a total loss cannot be determined until he has examined it more carefully.

The photographic outfit of Mr. E. Gerock was not totally destroyed but whether it is rendered wholly unfit for the business is not known.

Great credit is due to chief Tom Daniels and his able assistants, the foremen of the two companies. They showed much skill in controlling the flames.

The assistance rendered by the Cutter crew was splendid and showed the value of training and system in occasions like the one on Monday night. Their work also was appreciated.

Messrs. James Simmons and C. B. Foy will open a hardware store in the store lately occupied by Charles S. Hollister.

Those who burn gas had to use oil lamps last night. A shortage of coal was said to have been the cause of the failure of the gas supply.

The lot on Pollock street, east of the residence of Mr. Ralph Gray, belonging to the J. A. Paris estate, has been purchased by Mr. R. A. Nunn, consideration, \$1250.

Stationed on the island of Islay, on the west coast of Scotland, at the Orkney rock, there is an interesting and novel lightship, which is described in Cassell's Magazine.

It is unmanned, yet it can be relied on to display the warning light to guide the mariner on this dangerous coast. It is a very ingeniously constructed vessel and the only one of its kind in existence. In its two steel tanks sufficient gas can be stored to supply the vessel for several months.

Experiments have shown that the light may be depended upon to burn continuously for months at a time. The approximate duration of the light can always be predetermined, and there is no danger whatever of the light being extinguished either by wind or spray.

The light is visible at a distance of eight to twelve miles. The lightship also has a bell which is made to ring automatically by means of an ingenious device which utilizes the gas as it passes from the tanks to the lantern to work the bell clapper. The light is not interfered with in the slightest degree by the device for striking the bell.

### HINTS FOR FARMERS

#### Diversification of Crops.

In farming a judicious diversification does not mean that all farmers should grow this, that or any other specified crop. Such a theory would render the farmer a mere machine, set in a groove and confined to it, and do away with the necessity for exercising common or any other kind of sense. But farmers should diversify their crops and in deciding how to do so should consider the adaptability of the soil, their individual capabilities and the demand for the prepared products. It would be foolish to plant any crop on soil unsuited for it or crops the farmer knows but little about. Even specialists should diversify, for the sake of the land if for no other purpose. There are thousands of farmers in the cotton belt now who have descended from affluence to poverty because they wore their land out growing cotton and corn on the same ground successively for years. There is but one safe and reasonable way to diversify, and that is to consider every phase of the subject and decide according to all the lights available. Of course every farmer should grow as much as possible for home consumption, for thereby he saves freight and other charges that devour his profits. He must so diversify as to maintain the fertility of his soil. He should so diversify that he will not have to buy anything he can grow, for, no matter what it is, he can grow it cheaper than he can buy it. He should also remember that his profits are the difference between the income and the outlay and that his losses are the same with the terms inverted.

#### Seed Corn.

It is impossible to get a good stand from planting poor seed and equally impossible to get a good crop from a poor stand. Thus seed of a high germinating power is the first importance, but this alone is not enough. Back of this there must be uniformity of color, type, quality and an inbred propensity to large yields. These and other desirable qualities must be firmly established in the variety. The variety must be one which is adapted to conditions obtaining in the locality in which it is to be grown. Otherwise it will not do its best the first year and perhaps not for several years. There is not much danger in moving corn east or west, keeping it in about the same latitude, but risky to move far north or south.

Large, plump seed of fine appearance is always desirable, but reliability as a grower and crop producer and adaptability to the environment are even more so, as I may have seen in the experience of George T. Pettit in Practical Farmer.

#### Time in the Orchard.

A fruit grower in Patoka, Ill., had occasion to have his house replastered and put it around a row of apple trees in his orchard. The entire crop in the orchard had been very badly affected by bitter rot that year, and it was this year, with the exception of the row that he put the plaster on, which was entirely free. The farmers are not all going to knock off their old plastering to dress their orchards with, but it is said that there will be a good demand for lime another season to put in the orchards. But we are not sure of the effect. It may be due to the action of the lime. It may have been that the broken plaster made a heavy soil sweeter and more friable and that the same results would be attained by the mulching with a heavy coating of sand and working it in. The physical condition of the soil has almost as much to do with the results on the crop as the fertility has.—American Cultivator.

#### Farmers Organization.

Nearly every mail brings us word of some new local organization among farmers. Berry growers in Michigan, corn growers in Missouri, cranberry growers in Massachusetts, sweet corn growers in Maine and raisin growers in California—they are all at work slowly but surely trying their common interests together. Good! There are some things that demand individual effort. There are others which demand co-operation. The small organization first, then the larger one.—Rural New Yorker.

#### The Foot and Mouth Disease.

The cattle bureau of the state board of agriculture of Massachusetts has commenced a systematic and exhaustive inspection of the cattle reported as having the foot and mouth disease, the prevalence of which in New England has caused the embargo on traffic in cattle, sheep and hogs.

The Canadian government has quarantined against animals from New England, and its action appears to be identical with that of the English government.

#### Brainwork in Farming.

No matter what occupation a man follows he has used for brain force, and this applies to farming and dairying as well as to law or medicine. The farmer who succeeds today is the farmer who directs his brain with his hands. The farmer has an excellent field for this brainwork, and he above all others should not fall into a rut. In other words, he should use more than a machine. It means more cash and more respect.

#### Good Corn Bread.

One reason why city people do not eat more corn bread is because the good corn bread cannot be made from the commercial cornmeal. It is overhated in rapid grinding and is afterward kiln dried to keep it from becoming musty. From such meal good bread cannot be made. Corn should be ground slowly and not too finely, and it should be eaten within a week after grinding in summer or two weeks in winter.

#### One Hundred Dollars a Box.

is the value of a Tiedale, Summer or Fall, place on DeWitt's Witch Hazel Salve. He says: "I had the piles for 30 years. I tried many doctors and medicines, but all failed except DeWitt's Witch Hazel Salve. It cured me." It is a combination of the healing properties of Witch Hazel with antiseptics and emollients; relieves and permanently cures piles, bleeding, itching and protruding piles, sores, cuts, bruises, eczema, salt rheum and all skin diseases. F. S. Duffy.

### FOR THE HOUSEWIFE

#### Fog the Dining Room.

Old Welsh dressers are once again seen in attractively furnished dining rooms. Their usefulness is manifold, and besides utility they really are things of beauty and joy. Not only does a fine old big one take the place of the more modern sideboard, but it also holds china and glassware and shows them off to the good advantage that every housewife loves.

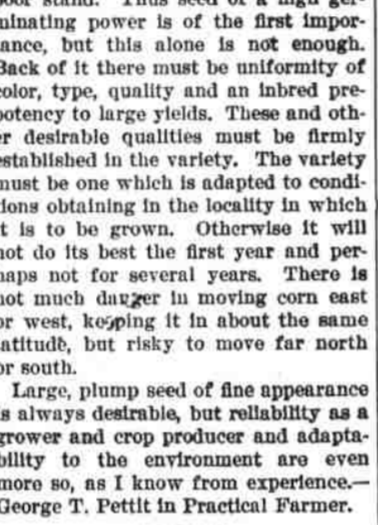
A handsome dresser that recently did for a wedding gift is made of oak, French polished and inlaid with mahogany, with here and there a touch of ebony and ivory round some of the key-holes. It stands some 7 feet 6 inches high.

The lower part is straight fronted and contains eight drawers, four on each side of a central cupboard. There is a broad and narrow cross banding of mahogany inlay round each drawer front. On the stiles are four narrow parallel lines of mahogany, ending above in a point with an ebony circle. There is also a cross banding of mahogany on the rails which divide each drawer from the one above or below it.

On the cupboard door, which has a circular arched top, there are the same four lines of mahogany, above which and below the circular arch is an ebony pointed arch made of a thin mahogany line. The handles are plain. The low feet are of the type which is familiar upon so much eighteenth century furniture, from Queen Anne to Heppelwhite. It is often found in miniature on the toilet glasses of the latter. Each end contains one large raised and played panel. The upper part has a tall, narrow cupboard flanking the shelves, and above these and all along the top shelf is a series of arched recesses.

#### A Novel Extension Table.

When company comes to dine, it is customary to insert an extra leaf in the table to provide the additional room necessary for the convenience of the guest, but at other times the box of leaves are somewhat of a nuisance around the house and must be stored away wherever there is room, which generally means in the garret or basement. A much better plan is shown in the illustration below, the idea of Samuel Doubouery of San Francisco. Instead of having a set of large leaves to be held in storage, with their well known propensity to warp and refuse to fit smoothly when needed, the inventor provides a series of narrow slats secured together by webbing much after the manner of the roll top to a deck. One of these slat curtains is attached



SLATS FOLD INSIDE.

to each of the inner edges of the separate top sections of the table, and when the top is closed the curtains slide underneath into slotted guides, as shown in the picture. To increase the size of the table to any desired length it is only necessary to separate the two top sections, when the slats will rise from the bed and arrange themselves level with the top. As the arrangement works automatically there is nothing to be done but draw the ends far apart as desired or close them up together, the curtains arranging themselves accordingly.

#### Washing Table Linen.

The most expensive linen and the handsomest embroidered doilies are of ten ruined by careless washing. Have a laundry bag hung in a convenient place, and as fast as the soiled linen accumulates put the pieces in it. Prepare a suds of soft warm water and good soap and add a little powdered borax to it. Wash through this, rubbing lightly between the hands. If the linen is plain, without embroidery of any kind, it may be put in a clean suds and scalded a few minutes. If it is embroidered, wash through two waters, rise in clear lukewarm water, then dip in blue water to which a very little boiled starch has been added and dry in the shade. Nothing cleanses the linen so nicely without injuring the most delicate colors as borax, and it should always be used in the water. When it is dry, dampen and roll it up, wrap a clean cloth around it and leave it until this is ready to iron.—Religious Herald.

#### A Light Frozen Dessert.

If a dinner appears too heavy for mince or pumpkin pie, try a simple frozen dessert or a frozen plum pudding. For the latter beat the yolks of six eggs until creamy, pour over one pint of milk scalded, a cupful of sugar and a teaspoonful of extract of cinnamon. Cook until the mixture coats the spoon, then add four tablespoonfuls of melted chocolate and a pint each of chopped fruit and cream. Freeze and pack in a mold for several hours.

### A HEART SEARCHER

I was in a quandary when I came across Professor Pepper's heart searcher. It might tell me if I would be accepted by my cousin, Amy Clinket.

First it might be desirable to test the heart searcher upon some minor subject. It was the first experiment that led me to press boldly forward in the search for the pure truth. I placed the heart searcher in my vest pocket and secured it there with a watch chain to give the impression that I had my watch with me. The wires I passed through the sieve of my coat, leaving the ivory disk just hid in my cuff. Thus armed I set forth in the quest of the unknowable. I took the trolley car, intending to make calls. In the car I met my young niece Diana, aged seven. Slipping the disk into my hand, I cordially took her hand and pressed the disk against her active little pulse. Pretending to be absorbed in learning the time of day, I asked her sundry questions and at once saw pictured on the dial of the heart searcher every passing change in the dear child's transparent nature.

"Are you not glad to see me, dear?" The pointer swung slowly around to "delight."

"What are your views, my child, upon the subject of caramels?"

The pointer on the dial promptly moved to "hate." This was significant. Clearly the heart searcher was a most important invention.

The dear child at once expressed herself as interested in caramels, concluding her remarks with the information that she knew of a place where they sold "two for five." Manifestly the instrument and my young relative's words did not agree. She was evidently torn with conflicting emotions, for the pointer quivered slightly and moved to "disappointment." She did not wish to plainly ask for caramels, and yet in the deep recesses of her young heart she hoped I would give her some.

"I'm very sorry, my child, but I have no caramels with me. If I had only known I should meet you, I would have brought some with me."

The pointer was greatly agitated and vibrated between "disappointment" and "doubt."

I at once offered the child a dime, and to my amazement the dial indicated "disappointment" only.

"Oh, I beg pardon! Let me see. Was that a quarter? Dear me! I'm sorry I made such a mistake. Here's a quarter."

At once the pointer swung swiftly to "delight."

The heart searcher was a triumphant success. I squeezed the dear child's hand once more. The dial marked "gratitude."

"Goodby, dear. I must get off here."

She smiled sweetly and said, "They give twelve for a quarter." This seemed to be truth based upon experience and did not need examination by the professor's wonderful instrument.

As I left the car I saw young Brown of our office walking quickly down the street as if in haste to catch a train. I grasped his hand fervently. "My dear boy, I'm so glad to meet you. How is your mother and your sister-in-law and your brother Theodore Augustus? You have plenty of time." I remarked as I pretended to look at my watch.

He pulled his hand away and said in his usual breezy manner: "Delighted to meet you, Goodby—train—awful late. By—"

He was gone, and I gazed upon the white face of the heart searcher. Although disconcerted with my friend's pulse, the pointer still lingered at "both-eration." It was more than an hour before it finally settled back to zero. Brown had evidently a very powerful emotional nature.

The heart searcher was a remarkable instrument. It reported the exact emotional truth concerning the subject. It was indeed a boon to bashful lovers. They could by its skillful use ascertain the exact state of the beloved one's heart without the distressing uncertainty of a formal proposal. If it proved successful, I could proceed to manufacture heart searchers upon a large scale and no doubt live in comfort upon the resulting profits.

Amy was at home when I called, and when I shook her hand warmly I glanced hastily at the telltale dial—"expectation." This was encouraging. I would proceed to unfold my tale of love. I still held her hand with loverlike fervor and stammered forth my blushing confession. At intervals I glanced at the white face of the heart searcher. Its sensitive pointer was greatly agitated and quivered from "surprise" to "anger" and from "anger" to "cold disdain." Finally it stopped at "doubt."

"But, my dear, I—I love you."

The fatal words were out.

"I don't believe one word you say. You are looking at your watch all the time, just to see how soon you can go."

The heart searcher fell from my nerveless hand and was dashed to a hundred pieces.

No, I never repaired it. Amy has convinced me that it is, in the words of the poet, "better not to know." The unknowable is the true wise.

Amy? Oh! Pardon me. She married another man.

### Beauty Triumphs

It is a priceless treasure.

No woman objects to being beautiful. Beauty is woman's chief asset and strength. The world has always looked and adored beautiful women. A pretty woman breeds maternity for fear of the power and influence over men. What can be done to perpetuate the race and keep women beautiful? There is a hair universally used by cultured and uncultured women in the crisis. Husband will do well to investigate this remedy in order to reassure their wives on the point of ease with which children can be born and all beauty of form and figure retained.

Your druggist sells it for 50c per bottle. You may have our book "Maternity" free.

**THE BRADFIELD REGULATOR CO.**  
ATLANTA, GA.

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Is the simple name by which this invaluable remedy is known. It will diminish all pain allied to motherhood. Used throughout pregnancy it will dispel morning sickness, cure sore breasts, make elastic all tendons and fibres called upon to hold in position the expanding uterus. Muscles evolve under its soothing influence and the patient anticipates favorably the issue, in the comfort, ease and freedom of the confinement.

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### Winter Time Vehicles

are now to be considered. To all who require the best, most adaptable, most practical, most comfortable and most durable carriage for cold, stormy and wet weather, we recommend our line of rockaways, surreys and top buggies, \$30 to \$100; two seated rockaways at \$50 to \$80. We use only the very best material in every department of our factory, for the construction of only the highest grade vehicles to be found on the market. You can depend on our vehicles being up to now. We are first hands for any kind of material for repairing and can save you money. See us. Yours to please,

**G. H. Waters & Son,**  
Phone 118,  
78 Broad St., New Bern, N. C.

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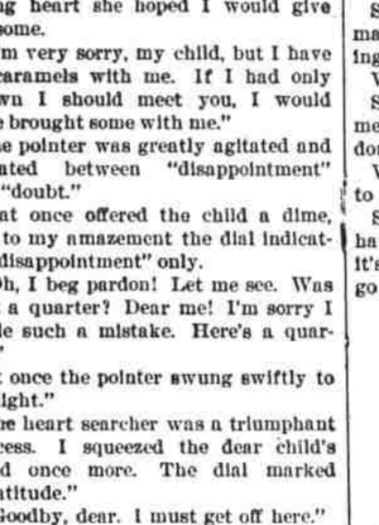
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## Best for medicinal uses

Your physician will tell you that you should always have some good whiskey in the house. For accidents, fainting spells, exhaustion, and other emergency cases, it relieves and revives. But you must have good whiskey, pure whiskey, for poor whiskey, adulterated whiskey, may do double harm. HAYNER WHISKEY is just what you need for its good direct from our own distillery to you, with all its original strength, richness and flavor, carrying a UNITED STATES REGISTERED DISTILLER'S GUARANTEE OF PURITY and AGE and saving the consumer's profits. We have over a quarter of a million satisfied customers, exclusively family trade, who know it is best for medicinal purposes and prefer it for other uses. That's why YOU should try it. Your money back if you are not satisfied.

### Direct from our distillery to YOU

Saves Dealer's Profits! Prevents Adulteration!

# HAYNER WHISKEY

## PURE SEVEN-YEAR-OLD RYE

### 4 FULL QUARTS \$3.20 EXPRESS PREPAID

We will send you FOUR FULL QUART BOTTLES OF HAYNER'S SEVEN-YEAR-OLD RYE WHISKEY, and we will pay the express charges. If it is not to your liking, you may return it at any time, and we will refund your money and pay the express charges. If you don't like it, you don't want it. If you do like it, you don't want to pay for it. If you are not perfectly satisfied you are not out a cent. Better let us send you a trial order. If you don't want four quarts yourself, get a friend to join you. Shipment made in a plain, sealed case with no marks to show what's inside.

Orders for Ariz., Cal., Col., Idaho, Mont., Nev., N. Mex., Ore., Utah, Wash. or Wyo. must be on the basis of 4 quarts for \$4.00 by Express Prepaid or 20 quarts for \$16.00 by Freight Prepaid.

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