

Slaves to Spring Catarrh Restored to Health By Pe-ru-na.

Honest People Tell Their Experiences.
Spring,—the Time to Cure Catarrh.

Mr. J. Q. Craig, a well-known athlete, whose home address is Bridgeton, N. J., writes from the Hotel Donavin, Delaware, Ohio, as follows:
"I can say of Peruna that, as a tonic for the spring of the year, it is the best for athletes, and as such I can give it a hearty recommendation."
Peruna does not fail to prevent the lassitude and languor incident to the approach of warm weather, if taken in time.

Mr. Wienand Houseman, a prominent and aged citizen of Seneca Falls, N. Y., is the inventor of a number of implements of modern warfare. He writes:
"For several years past, I and my family used your Peruna as a tonic and for the purification of the system in general and find that it is an excellent medicine to restore weak nerves to a healthy condition."

MRS. JOHN E. MILLS

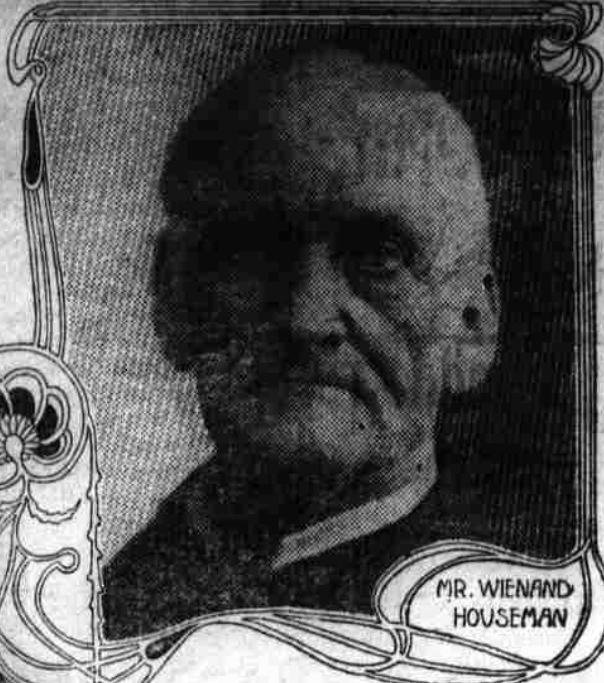
Mrs. John E. Mills, 68 Mulberry St., Lynn, Mass., writes:
"I have been troubled with catarrh since I was ten years old. At times my head troubled me so that I was obliged to stay in a dark room. Nothing helped me and my physician said I could never be cured.
"I began taking Peruna this spring and find myself greatly benefited by it. I have had an attack since I took my first bottle. I think in time it will cure me. It has already improved my appetite and my general health and I have gained twenty pounds in three months."
"I have recommended it to several of my friends, who also find it very beneficial. I advise any one troubled with catarrh to use Peruna."



MR. J. Q. CRAIG



MRS. A. S. RUCKER



MR. WIENAND HOUSEMAN

Mrs. A. S. Rucker, 1224 Cedar street, Nashville, Tenn., writes:
"I wish to tell you what Peruna has done for me. In the spring of 1902 I was very sick and so weak I could scarcely be up. I was alarmed at my condition.
"I had a bad cough for some time and I tried several cough medicines, but grew worse all the time. I knew if I did not get relief, I would soon go into consumption.
"So I decided to try Peruna. I had confidence in it before I took it and found it was just the medicine I needed, for in a short time my cough ceased and my strength returned."
"I have enjoyed better health since taking it than I had for several years previous."

Spring Catarrh.

Almost every one has come to believe that spring is a season that brings derangements of the body dependent on blood impurities.

This belief is an old one, is nearly universal, and has arisen, not as the result of the teachings of the medical fraternity, but has been learned in the bitter school of experience.

Nervous Depression.

Depression of the nervous system at the approach of spring is a fertile source of blood impurities.

There are general lassitude, dull, heavy sensations, continual tired feelings, with irregular appetite, and sometimes loss of sleep.

That Tired Feeling.

That tired feeling, which is the natural result of the depressing effect of warm weather immediately after the purifying cold of winter, quickly disappears when Peruna is taken.

The Correct Remedy.

Peruna meets every indication and proves itself to be perfectly adapted to all their varied peculiarities. Peruna invigorates the system, rejuvenates the feelings, restores the normal appetite and procures regular sleep.

Do Not Delay.

Get a bottle of Peruna when the first languid feelings make themselves apparent in the spring. Take it according to the directions on the bottle. Continue this treatment through the first months of spring.

This course of treatment is no experiment. It has helped thousands. Why should it not help you?

A Spring Tonic.

Almost everybody needs a tonic in the spring. Something to brace the nerves, invigorate the brain, and cleanse the blood. That Peruna will do this is beyond all question. Everyone who has tried it has had the same experience as

Mr. Warren M. Taylor, 1216 8th Ave., Brooklyn, N. Y., who, in a recent letter, writes:

"I suffered from a general feeling of lassitude, with occasional creeping chills, followed sometimes by fever and biliousness.

"These symptoms manifested themselves mostly in the spring and fall.

"I suffered this way for about seven years.

"Last spring I began using Peruna and followed the instructions as set forth in one of Dr. Hartman's booklets which I picked up in a drug store and to my great joy I noticed that within a week I was nearly cured."

"At the end of two months I was entirely cured and feel as though I have a new lease of life."

Nature's Assistance.

Spring is the best time to treat catarrh. Nature renews herself every spring. The system is rejuvenated by

spring-weather. This renders medicine more effective.

A short course of Peruna, assisted by the balmy air of spring, will often relieve old, stubborn cases of catarrh that have resisted treatment for years.

A Word of Advice.

To those who have been afflicted with chronic catarrh we wish to say that the spring season affords you a splendid opportunity to get rid of your disease.

It may be you have been afflicted for several years; you may have tried different remedies. Perhaps you have become discouraged.

Now Is Your Opportunity.

This failure was during the winter months. But now is your opportunity. Nature comes to your assistance at this season.

Just help her a little and she will bring you out of the quagmire in which you have been floundering so long. Give Nature a little assistance, lest her struggles be in vain.

A Typical Case.

Geo. M. Fillmore, formerly 1st Lieut. 3rd U. S. Artillery, writes from 909 L St., N. W., Washington, D. C., as follows:

"I brought forward from winter into spring a sickening case of catarrh which was making existence miserable for me, until I was induced to try a bottle of Peruna.

"An immediate improvement gave me hope, if not relief. I kept up taking Peruna and it has so strengthened and relieved me that I am now confident of a cure. I heartily endorse Peruna for catarrhal affections and as a tonic for their weakening effects."—Geo. M. Fillmore.

A short course of Peruna now will be just in time. During the month of April you will find the strategic time to rid yourself of chronic catarrh, one of the most persistent, stubborn diseases in the whole list of human ailments.

After you have tried it you will say Peruna is positively the best spring medicine you have ever used.

A great many years of extensive trials of this remedy in this class of derangements have demonstrated its efficiency.

Numerous Testimonials.

Thousands of cases might be quoted in which Peruna has rescued people from the ravages of spring catarrh, and put them on a good, solid foundation of health.

We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is constantly receiving. No other physician in the world has received such a volume of enthusiastic letters of thanks.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio. All correspondence held strictly confidential.

Revised Formula For a number of years requests have come to me from a multitude of grateful friends, urging that Pe-ru-na be given a slight laxative quality. I have been experimenting with a laxative addition for quite a length of time, and now feel gratified to announce to the friends of Pe-ru-na that I have incorporated such a quality in the medicine which, in my opinion, can only enhance its well-known beneficial character.

Presbyterian Church Notes

The pastor will preach at the regular services on Sabbath morning and evening.

Promptness and regularity are necessary to a successful Sunday school. Don't take your vacation by laxity in church work. Get a substitute and leave town and enjoy yourself. Then come home with renewed zeal.

The work of putting in a new roof in the church is in progress. All have the right to contribute.

Stomach Troubles.

Mrs. Sue Martin, an old highly respected resident of Faison, Miss., was sick with stomach trouble for more than six months. Chamberlain's Stomach and Liver Tablets cured her. She says: "I can now eat anything I want and am the proudest woman in the world to find such a good medicine." For sale by Davis Pharmacy and F. S. Duffy.

The British House of Lords rejected Jus. K. Hardie's bill barring alien work men from Great Britain during labor disputes.

Scatica Cured After Twenty Years of Torture

For more than twenty years Mr. J. B. Massey, of 3322 Clinton St., Minneapolis, Minn., was tortured by scatica. The pain was suffering which he endured during this time is beyond comprehension. Nothing gave him any permanent relief until he used Chamberlain's Pain Balm. One application of that liniment relieved the pain and made sleep and rest possible, and less than one bottle has affected a permanent cure. If troubled with scatica or rheumatism why not try a 25-cent bottle of Pain Balm and see for yourself how quickly it relieves the pain. For sale by Davis Pharmacy and F. S. Duffy.

Five feet five inches is the minimum height for commissioned officers entering the army from civil life fixed by a general order published today by General Bell, Chief of Staff of the army.

Do Not be Imposed Upon.

Foley & Co., Chicago, originated Honey and Tar as a throat and lung remedy, and on account of the great merit and popularity of Foley's Honey and Tar many imitations are offered for the genuine. Ask for Foley's Honey and Tar and refuse any substitute offered as no other preparation will give the same satisfaction. It is mildly laxative. It contains no opiates and is safest for children and delicate persons. For sale by Davis Pharmacy.

TUBERCULOSIS TERRORS

Discussion Before Joint Associations. Milk Inspection.

Special to Journal.
Washington, May 18.—In the joint meeting of National Association of Study and Prevention of Tuberculosis, and Association of American Physicians, the discussion today led to the finding that infection from tuberculosis through milk was slight. This disease is not hereditary, but children of tuberculosis parents should be separated from the latter to prevent contagion. Money well spent will give complete sanitary precautions against tuberculosis.

A Mountain of Cold.

could not bring as much happiness to Mrs. Lucia Wilke, of Caroline, Wis., as did one 25c box of Bucklen's Arnica Salve, when it completely cured a running sore on her leg, which had tortured her 23 long years. Greatest anti-septic healer of Piles, Wounds, and Sores. 25c at all Drug Stores.

A strong association has been formed at Oaska for the purpose of supplying the markets of Manchuria with cotton goods, which constitute the most important item of trade with that country.

The Richest Man in the World.

The richest man in the world cannot have his kidneys replaced nor live with them, so it is important not to neglect these organs. If Foley's Kidney Cure is taken at the first sign of danger, the symptoms will disappear and your health will be restored, as it strengthens and builds up these organs as nothing else will. Oscar Bowman, Lebanon, Ky., writes: "I have used Foley's Kidney Cure and take great pleasure in stating it cured me permanently of kidney disease, which certainly would have cost me my life." For sale by Davis Pharmacy.

Rev H B Frissell, of Hampton Institute, Hampton, Va., and Dr Felix Adler officiated at the funeral of Carl Schurz.

Not if as Rich as Rockefeller.

If you had all the wealth of Rockefeller, the Standard Oil magnate, you could not buy a better medicine for bowel complaints than Chamberlain's Colic, Cholera and Diarrhoea Remedy. The most eminent physician can not prescribe a better preparation for colic and diarrhoea, both for children and adults. The uniform success of this remedy has shown it to be superior to all others. It never fails and when reduced with water and sweetened, is pleasant to take. Every family should be supplied with it. Sold by Davis Pharmacy and F. S. Duffy.

VOICE OF THE PEOPLE

Young Lady in Jail

Editor Journal:
Surely it was with sore distress that the readers of the Journal learned through its columns a few days ago of the confining of a demoted young lady in our county jail. Your editorial, the "No Room" Excuse Should End, puts the matter right.

North Carolina cannot afford to allow such a stigma to rest upon its fair name. If our State will not make some provision for such unfortunates, then it behooves Craven county or the City of New Bern to adopt some measure of relief. While Sheriff Biddle is not unmindful of his responsibility, circumstances are such that the young lady should be otherwise provided for than imprisoned in the same building with the criminal class. The sheriff informs us that some of our good and influential ladies have visited Miss Oast at the jail.

Improving Sidewalks.

Editor Journal:
In walking around the city we notice within the last few weeks, a number of our citizens are having handsome concrete pavements and curbing placed in front of their residences and business houses. This is a fine improvement, and the only remedy for wading through ponds, mud a slush that abounds, so much through our winter months.

Postmaster Robbed.

G. W. Fouts, Postmaster at River-ton, Ia., nearly lost his life and was robbed of all comfort, according to his letter, which says: "For twenty years I had chronic liver complaint, which led to such a severe case of jaundice that even my finger nails turned yellow; when my doctor prescribed Electric Bitters; which cured me and have kept me well for eleven years." Sure cure for Biliousness, Neuralgia, Weakness and all Stomach, Liver, Kidney and Bladder derangements. A wonderful Tonic. At all Drug Stores. 50 cents.

More than 150,000 aliens arrived at various American ports during the month of April, breaking all former records. At this rate, 1,800,000 would arrive in the course of a year.

It is Dangerous to Neglect a Cold.

How often do we hear it remarked: "It's only a cold," and a few days later learn that the man is on his back with pneumonia. This is of such common occurrence that a cold, however slight, should not be disregarded. Chamberlain's Cough Remedy counter-acts any tendency of a cold to result in pneumonia, and has gained its great popularity and extensive sale by its prompt cures of this most common ailment. It always cures and is pleasant to take. For sale by Davis Pharmacy and F. S. Duffy.

Ladies Bible Class

Lecture 18 (Last Lecture)

- 1 What events took place during first three hours on the cross? sc 133.
- 2 Parting the garments.
- 3 The inscription set up.
- 4 The reviling.
- 5 First three sayings?
- 6 Events of last three hours, closing with Christ's death?
- 7 Last four sayings?
- 8 Events of the burial and prophecies fulfilled?
- 9 Taken from the cross, Ex. 12, 46
- 10 Burial in Joseph's tomb, Is. 53, 9
- 11 The guard placed.
- 12 Subject of Part VIII? Places and time?
- 13 How long did Christ remain in tomb? Notes 218 and 223.
- 14 How many appearances did Christ make after resurrection?
- 15 What occurred early Sunday morning? sc 134.
- 16 Give the five appearances of first day? Note pg 220, scs 135, 137, and 138.
- 17 Guards' report and what was done? Sc, 136.
- 18 Christ's sixth appearance? Sc, 139
- 19 Seventh? 140
- 20 Eighth? 141
- 21 Ninth and tenth? 142
- 22 Describe the ascension.
- 23 Eleventh appearance? Acts 91-8
- 24 What event completed the establishment of the kingdom of heaven in operation? Acts 2, 1-4.

Warning.

You cannot have good health unless your kidneys are sound, for the kidneys filter the blood of impurities which otherwise act as irritating poisons and break down the delicate organs of the body and cause serious trouble. If you have kidney or bladder trouble and do not use Foley's Kidney Cure, you will have only yourself to blame for results as it positively cures all forms of kidney and bladder diseases. For sale by Davis Pharmacy.

Exporters report a shortage of the hemp crop amounting to 100,000 bales valued at \$2,000,000. Drouth and a typhoon in September caused the slump.

Deaths from Appendicitis

decrease in the same ratio that the use of Dr. King's New Life Pills increases. They save you from danger and bring quick and painless release from constipation and the illa growing out of it. Strength and vigor always follow their use. Guaranteed by all Druggists, 25c. Try them.

Norway celebrated the first anniversary of her separation from Sweden.

CASTORIA.
The Kind You Have Always Bought
Bears the Signature of
J. C. Ayer & Co., Lowell, Mass.

SHORT PASSING EVENTS.

The telegram to the Journal in yesterday's issue incorrectly reported Dr. Kilgo as one of the three bishops. The following are the three who are elected: J. J. Tigert, Seth Ward and Joseph Atkins.

The Journal is obliged to Mr. David F. Holton of Olympia, for a basket of fine strawberries. They were unusually larger and of excellent flavor.

Policeman Montague, hearing of a mad dog being in town, Friday, made chase and discovered the rabid brute lurking in a yard on Hancock street, near the depot. The dog was a nice looking setter, only mad, and died hard. It required fourteen or fifteen shots to quiet its agony.

The jury trials for this term of Superior court closed Thursday. Yesterday most of the court's attention was taken up with argument on motions to set aside verdict etc. Judge Long will leave for his home in Statesville this morning.

The Apron party which was conducted by the ladies of the First Baptist church in a room adjoining the Hazleton hotel was largely attended and was very successful.

Don't forget the opening on Sunday, May 20th, of the Grand Union Revival, three miles below New Bern, N. C., on the Neuse river. Special rates by rail roads and steamboats. Come and hear the celebrated preachers of North Carolina. Preaching at 11 a. m., 3 p. m. Good. Good music is assured.

No lights again last night. But who cares? There is the Standard Oil to fall back upon, or the candle. But the cost of the electric lights is just the same for the taxpayer, lights or no lights.

The Woman's Club will have a called meeting at the Elks rooms at eleven o'clock this morning.

The roof of the Presbyterian church is being covered with tin.

There were sales in the local cotton market yesterday at 11:30.

Cabbage shipments yesterday were very light and the crop seems about used up. Prices paid in the north ranged from \$2.00 to \$2.50.

Mr. Thos. O'Leivister, of Pinehurst, N. C. has accepted a position as pharmacist with S. F. Duffy.

Miss Mabel Green has secured the position of cashier in Simmons & Howell's.

The next Council of the Eastern Carolina Diocese will be held in Kinston.

The Daughters of Confederacy will meet at their rooms at half past four o'clock this afternoon.

The strawberry season has passed. It has been very prolific and profitable. The yield in the strawberry belt has been so enormous, that although all available cars were put to the service of conveying them to markets, almost as many were left as were shipped. In this immediate section the yield was larger than usual.

Yesterday was a fair sample of the good old summer time, mercury going to 90. The mugginess gave some promise of rain, but up to a late hour last night the promise had not been fulfilled.

Fortunate Missourians.

"When I was a druggist, at Livonia, Mo.," writes T. J. Dewey, now of Grayville, Mo. "Three of my customers were permanently cured of consumption by Dr. King's New Discovery. He was trying to sell his property and move to Arizona, but after using New Discovery a short time he found it unnecessary to do so. I regard Dr. King's New Discovery as the most wonderful medicine in existence." Surest Cough and Cold cure and Throat and Lung healer. Guaranteed by all Druggists, 50c and 1 \$ Trial bottle free.

The lower house of the Russian Parliament adopted the reply to the speech from the Throne substantially as it came from committee.

Right Rev. Edward Henry Bickersteth, D. D., Bishop of Exeter, died in London.

CASTORIA.
The Kind You Have Always Bought
Bears the Signature of
J. C. Ayer & Co., Lowell, Mass.

A demand was made in the British House of Commons for legislation to prevent Christian Scientists from carrying on their practices.

Deafness Cannot be Cured.

By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remediation. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a humming sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; since cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surface.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

F. J. CHENEY & CO., Toledo, Ohio.

Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

TO DELICATE WOMEN

You will never get well and strong, bright, happy, hearty and free from pain, until you build up your constitution with a nerve refreshing, blood-making tonic, like

Wine of Cardui

It Makes Pale Cheeks Pink

It is a pure, harmless, medicinal tonic, made from vegetable ingredients, which relieve female pain and distress, such as headache, backache, bowel ache, dizziness, chills, scanty or profuse menstruation, dragging down pains, etc.

It is a building, strength-making medicine for women, the only medicine that is certain to do you good. Try it.

Sold by every druggist in \$1.00 bottles.

WRITE US A LETTER
freely and frankly, in strictest confidence, telling us all your symptoms and troubles. We will send free advice (in plain sealed envelope), how to cure them. Address: Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

"YOU ARE FRIENDS"
of mine," writes Mrs. F. L. Jones, of Gallatin, Tenn.:
"For since taking Cardui I have gained 35 lbs., and am in better health than for the past 9 years. I tell my husband that Cardui is worth its weight in gold to all suffering ladies."

5c. Drink 5c.

Dr. Pepper's Phos-Ferrates

THE BEST HEALTHFUL DRINK!

COMPOSED OF WHEAT AND IRON WITH PEPSIN BOTTLED BY

CROWN BOTTLING WORKS
PHONE 105. 22 CRAVEN STREET

SOLD ONLY IN BOTTLES.

ways Remember the Name
laxative Bromo Quinine
is a Cold in One Day, Grip in Two.

E. W. Brown on Box. 25c.