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CAUSE OF CANCER.

That bad food is at the bottom of cancer and good food is the only reasonable hope of curing it, is the opinion of Dr. Elmer E. Lee, formerly chairman to be sent around rhe world is being of the department of dietetics of the planned by the Navy Department for American Medical Association. Dr. T. J. Allen, the food specialist who the Washington Post, says:

tained in these Mints that cancer is a The usual plan of sending the greet. that gets a Norfolk Southern depot first-class practical information on that therefore it camot be cured by in foreign waters and at home has plain .- Charlotte Observer. purely local treatment, and that the been abandoned, because the cable ed by the medical profession, and if Department is unable to foot the cable it proves to be correct the people bills. should be educated on the prevention | Rear Admiral Andrews has learned pany, announces that the steamship These were compiled by Mr. R. D. W. of cancer with as much care as is now that it is possible to send a message companies owned by that railroad Connor, Secretary of the North Carogiven to education on the prevention as far as Tokyo, and is hopefuol that will be put up at auction and sold to lina Historical Commission.

ing a sharp lookout for danger in food a message the 45,900 miles or more.

and drink. Sometimes the illness President Taft will be asked to send our stomachs is acute and there is no plan is carried out .- Washington Cor- New Bern will have transportation uncertainty as to the cause. But with respondence New York Tribune. the more insidious diseases, the part that food and drink plays is not so clear and the opinion of scientists like those we have quoted has to be taken.

Their theory as to cancer seems entirely plausible. That improper feed- and a humidifier. By this means we ing year in year out is compelled to are able to get air properly conditioned have some sort of violent result seems to enter the innermost parts of the body. to be only a natural conclusion.

by this new theory of cancer is that it a clean white handkerchief after you shows cancer like tuberculoiss to be a have been in a dusty place for a short social disease. If good food is neces-while. sary to forestall cancer, how necessary To breathe through the mouth is to much greater and more pressing the filter plant it the superintendent bythe government of the land of seeing that what Woodrow Wilson calls the Use it. Air properly warmed, moist "rule of right and justice" shall pre-ened and cleaned of dust and germs is vail! Injustice in the laws is bad just as essential for your lungs as enough when its direct results alone pure food or pure water for your are considered. But when its existence stomach. is seen to mean not only that people are scantily supplied with this world's goods but are also marked for slaughter have difficulty in breathing through by some loathsome disease, the horror of it becomes fearfully impressive.

GESTION.

Mr. Daniel Lane's remarks on dogs and the reasons why some should be and lung troubles or consumption ittaxed out of existence and others taxed self. -Board of Health Press Service. on account of existence should concern a considerable number of people. The problem on which they bear, as a matter of fact ,concerns everbody directly or indirectly for as a man cannot live without exerting an influence so a dog cannot live wirhout producing an effect. He makes Pasteur institutes necessary and they are often aided out of the public purse. He eats and that means an increase in the demand for edibles and increased demand means advanced

We believe that those who can afford it ought to pay the bulk of the food, exercise, and temperance. taxes and a man who at the present high cost of living can afford to own and feed a dog must be in the nature of the case a well-heeled individual and therefore amply able to pay a goodheartily to Mr. Lane's sentiments.

LOOK OUT GOVERNOR! When Charlie Conroy of East Orange, e directed a stenographer to fill the out regard for consequences. Very ad's order. It was of course very nice trivial causes, or imagined grievances, and generous in the Governor, but we are allowed to provoke murder.

GETTING BAD START.

alary of \$5,000 a year. To succeed the menace of the revolver. The New tending their line to Trenton via Poland untrained man has been appointed and it is a fitting characterization.

rhe way the commission is styled) in violation of law is too light. does not go into office until Jan. 1 but. The offence should be regarded as people to live far from the business it is holding daily caucuses at one of more serious and the prescribed punwhich the unfortunate decision as to ishment made correspondingly greater. from their work, so with an interwhom it would name for building in- Heavy taxes on dealers, we do not be- urban line, if the business at first should spector was reached. There is time leive, meet the difficulty. For the not be large enough to be profitable, yet for it to refrain from taking a step dealers add to the price of the weapons the presence of the electric line would that would put it in such bad odor and thus get back the amount paid out lend such an impetus to industrial with the people, but the fact that it in tax. In fact the problem is not one conditions that it would soon be found would even consider such a thing as that can be solved correctly without profitable. elevating an untrained man to a posi- a good deal of thoought. But it is a tion requiring the utmost skill and problem in every State of sufficient the interurban project will be carefully 1.00 knowledge of civil engineering is calculimportance to demand the most care- looked into and that it can be carried the legister through, if found practicable, the busi-Richmond electorate in the commis lators.

However, one swallow does not make a summer and one threatened blunder by a commission does not prove that the commission form is a dous stretch and outreach of North fulure. Richmond's administrative Carolina territory of the Norfolk the best free almanacs ever issued. board is not yet even in office. When BAD FOOD PROBABLY THE one will know better what the commission form is really worth.

WIRELESS AROUND WORLD.

A wireless message of good cheer New Year's Day.

The idea originated with the acting writes "Diet and Health Bints" for Secretary of the Navy, Rear Admiral Philip Andrews, who is engaged in as-"For several years it has been main-certaining it such a thing is possible. constitutional ,not a local ,disease, and ings to the Naval officers and sailors of any sort will have no cause to com- health, how to avoid disease, how to essential physical cause is bad diet. companies object to transmitting the This opinion is gradually being accept- messages without pay and the Navy

the globe may be circled by a wireless the highest bidder. This is to forestall Many of the discoveries of science message. It will be necessary to con- action by the government, which has Carolina can afford to be without one serve to teach the wisdom of watching nect with a large number of battle- threatened suit. with the utmost care what goes down ships carrying wireless apparatus to with the utmost care what goes down ships carrying wireless apparatus to our throats and the more the men of establish the circuit, but it is necessional formation of the dealth Almanac, and if you don't want to get sick you can't do without it is necessionally to the don't want to get sick you can't do without it is necessionally to the don't want to get sick you can't do without it. science probe and study the stronger sary and there is time the Rear-Ad- operation of steamboats to other without it. If you want one write as a result, become the reasons for keep- miral will attempt the fear of sending people.

which results from what we take into the greetings if Rear-Admiral Andrew's boat companies, points located like STATE OF NORTH CAROLINA

NOSE BREATHING.

The human nose beats any filter plant yet devised by man. And it is more than a filter plant. It is a warmer To see a little of what your nose is do Another thought that is suggested ing for you, just blow it vigorously on

dont bypass or short circuit the nose.

Breathing through the nose is the only natural way to breathe. If you the nose at all times, there is something wrong. You probably have ade noids or some other obstructive growth. MR. LANE MAKES A GOOD SUG- These are easily remedied, and every one should have them attended to at once, and avoid the chances of throat

TO AVOID INFECTION.

Always have good ventilation in the by unscrupulous means. room. Never stand between the patient and the fire, but always between him and fresh air. Never swallow any saliva while in the room, and after wish that the ceremonies in connection leaving, rinse out the mouth, blow the Keep up good general health by good the new Governor of New York, pro-

State Board of Health.

PISTOL-TOTING.

The Omaha Bee in an editorial on the subject of "Self-Control" presents sized dog tax. So here is subscribing some very important thoughts on the pistol toting habit. Says the Bee:

"The great problem of life is selfcontrol. The need of a better solution of it has been felt in this city, where New Jersey, got up Christmas morning in one week three murders were comhe found that a letter he had addressed mitted. Self-defense is accepted as a o Santa Claus, State House, Trenton, justifiable plea iu one case, yet the N. J., had been answered by Gover evidence in all shows that with proper Wilson. Charlie had asked for a sweat- self-control no blood would have been r, a pair of gloves, a neck tie, a cap, shed. The daily papers continue to ooks, a train of cars, a box of reflect similar tragedies all over the slocks, and some candy and fruit, country due to hair-trigger tempers The Governor was so impressed that and unbridled passions let loose with-

it that in his own interest he ought "But so long as society includes so to have kept the incident out of print, many without self-control, who hold The White House will be one of Santa life lightly enough to be taken for the J. Cheney for the last 15 years, and beriscipal postofices next Christ- slightest provocation, it should do the itmost it can to returain them and protect life and it could do a good deal more than it is it doing by making it more by the firm.

difficult to obtain deadly weapons, NATIONAL BANK OF COMMERCE commension form in Richmond difficult to obtain deadly weapons, about which, to a discussed mind, there that only a powerful public is somewhat of glamor. So long as that only a powerful public is somewhat of glamor. So long as irresponsible men and women can walk in a cheap shop, with its display mucous surfaces of the system. Testimontal has had a building in of extraordinary qualifications, he gave such satisfaction that opic rewarded him by putting it is rather remarkable that so little stipation.

Hall's Catarrh Cure is taken internably, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per death, and help themselves for a small pottle. Sold by all Druggists, price, so long will murder be common."

Take Hall's Catarrh Cure is taken internative alty, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per death, and help themselves for a small pottle. Sold by all Druggists.

Take Hall's Catarrh Cure is taken internative alty, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per death, and help themselves for a small pottle. Sold by all Druggists.

(Adv.)

by the board over the protest of the lt is far and away too easy to get a cerentually prove a paying proposition.

The administrative board (this is ing one concealed about one's person car lines are their own feeders as a

A GREAT RAILROAD. The Raleigh Times does not over estimate the importance to a tremen-

valuable railroad enterprise since the sire to receive the Bulletin and also day when railroading was in its in a copy of the Health Almanue for fancy. As to the logical location for 1913, the shops, the builders of the road The health almanac is something have their own ideas and it will be new in health work in this State, just as well for the newspapers to let and is meant to replace the timeworn them decide that point. The town patent medicine almanac. It contains

COMPANIES.

New Haven & Hartford Railroad Com-

When there is full and free com petition between railroads and steam facilities that will play a real and importnat part in their growth and derelopment.

The efforts of the government in the direction of prying the railroads loose from their holdings in steamship companies are in all respects commend approval of the public.

torney Miller stated that the verdict Dissolution: was not a blow to union labor and in this we think he was tight.

Labor organizations, no matter how

have come out as a result of the trial vided by law. The best means to avoid the infec- its membership. The objects of union A. D 1914. tion of contagious diseases when un-labor organizations are commendable avoidably exposed, are the following: but commendable ends are not obtained

WHOLESOME SENTIMENTS.

President-elect Wilson expresses the with his induction into omce shall be nose, and wash the hands and face, as simple as possible. William Sulzec, poses that the usual inaugural parade which caost the State of New York about two thousand dollars be dispensed with as a measure of economy. The sentiments of these two distinguished men will have a wholesome effect. Individuals and groups of individuals are too much disposed to seek display whatever the cost. President-elect Wilson and Governor-elect Sulzer say there is no need to waste money on needless how even when you have it

INTERESTING.

It is interesting to know that the New Bern Chent Street Railway people

We offer One Hundred Dollars Re-

We, the undersigned, have known F. ing othre upon the walls. lieve him perfectly honorable in all character as might have been execut-business transactions and financially ed by Azteca, cave dwellers of Mexico able to carry out any obligations made

ledo, O.

Hall's Catarrh Core is taken int

The paint is covered with an enam which at first glance seems to have een burned or baked over the draw-

Some governors pardon jen at Cluis uas as if they were trying to squa

rich and well settled territory and should

At all events it is to be hoped that ness-like style which marked the construction of the street car line in New

HEALTH ALMANAC FREE.

Here is your chance to get one o Southern Railroad. Of especial im- The State Board of Health is just isit has been in the saddle a year or so portance will this road prove to de- suing a free Heatlh Almanac for 1913, velopment in Raleigh and Charlotte. It is being sent to all persons now re Without minimizing the importance of ceiving the mouthly-Health Bulletin existing railroads in the least, it may It you have not been receiving the be said that the Norfolk Southern is Bulletin, drop a post card to the State to be regarded as the State's most Board of Heatlh, stating that you de-

> treat minor ailments, etc. Of course it has its stories and jokes too, and RAILROADS AND STEAMSHIP besides being an almanac it doubtless has the finest collection of North Caro-President Mellen of the New York, lina historical days and dates ever published in such a compact form.

In fact, no household in North of these almanaes. If you are sick you Railroads should stick to the railroad need the Health Almanac, and if you quick. State Board of Health.

Department of State.

Certificate of Dissolution.

To All to Whom These Presents May Come-Greeting:

Whereas, It appears to my satis able and should have the support and faction, by duly authenticated record Can leave your bundles in of the proceedings for the voluntary dissolution thereof by the unanimous Safety THE INDIANAPOLIS VERDICT, consent of all the stockholders, deposit-In Indianapolis yesterday the jury ed in my office, that the Rubright in the famous dynamiting case in which Liniment Company, a corporation of a large number of union men, members this State, whose principal office is of the International Iron Workers' situated at No. street, in the City by pass the filter plant. You would not think much of a city with a water by think much of a city with a water by the filter plant. The description of New Bern, County of Craven, State in connection with the dynamiting of North Carolina (Jas. W. Waters the Los Angeles Times building, re- being the agent therein and in charge thereof, upon whom process may The president of the union, its first served), has complied with the requirevice-preisdent and two members of its ments of Chapter \$1, Revisal of 1905. executive board were among those entitled "Corporations," preliminary convicted. United States District At- to the issuing of this Certificate of

Now, Therefore, I, J. Bryan Grimes, Secretary of State of the State of North cial effort to have them for you be Carolina, do hereby certify that the fore the Christmas holidays. worthy their aim, will never be able said corporation did, on the 16 day of to keep their membership rolls free December, 1912, file in my office a from unprincipled men. The church duly execute; and attested consent card or letter and I will promptly mail has many scoundrels in its ranks but in writing to the dissolution of said same to you. that does not make the church as a corporation, executed by all the stockholders thereof which said consent But the Indianapolis verdict and in and the record of the proceedings alone fact the revelations in general which said are now on file in my office as pro-

should teach union labor a lesson and In Testimony Whereof, I have set that is the necessity of a more careful my hand and affixed my official scal, and County for ex-Confederate soldiers oversight over the class of men let into at Raleigh, this 16 day of December,

J. BRYAN GRIMES. Secretary of Start.

EXPLORER FINDS TRACES OF RACE LONG EXTINCT

Paintings of Earliest Inhabitants Found In Cavern In California.

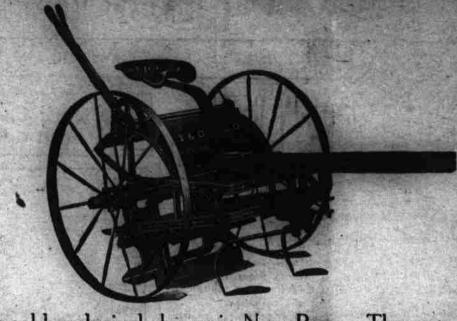
Los. Angeles, Dec. 48.-Hiram O. Denby, teacher in geology in Drake University, Des Moines, explored the mysterious cave on Point Dume that Give has long been the objective point of numerous searchers.

For many years there has been a vague story that a cavera had been discovered, but up to this time it has not been possible to definitely locate it or find any human being who had found its hidden opening and penetrated its depths.

Denby found the entrance and followed the cleft in the earth forty feet lowed the cleft in the earth forty feet ington, N. C., says; "I suffered from the cavern at one time contained procured Doan's Kidney Pills. They great clefts. Denby made discoveries which convinced him that the natural ward for any case of Cartarrh that cave had been the retreat of a people annot be cured by Hall's Catarrh who antedated Sir Francis Drake, These evidences appear in the form of F. J. CHENEY & CO., Toledo, O., hieroglyphics painted with an endur- the benefit I received has been per

> The paintings are such in form and ed by Artecs, cave dwellers of Mexico or those flatheaded races who were driven westward from the deserts of what is now New Mexico, says Denby

CANTON STALK CUTTERS



are sold exclusively by us in New Bern. They are guaranteed to be satisfactory, the best, or your money back. It is time that you had yours at work. It is a money and labor saver.

We want to buy your Field Peas and Soy Beans. You can pay for your implements with them. We pay highest prices Ship us all you can.

ALL KINDS OF HORSE AND COW FEED.

BRICK **BURRUS & COMPANY**

Remember you can get many of the things you need for Christmas gifts as well as for bousehold use at Bradham Orug Co. where you

And take your children to the Rest Room and be comfortable. Don't forget.
BRADHAM DRUG CO

The Old Reliable Drug Store. NOTICE TO OLD CON-

FEDERATES. I take pleasure to advise that your County Pension vouchers are now in

ny office ready for delivery. The Commissioners have made spe-

If you cannot call at the office for same, please send your address by

Respectfully. STEPHEN H. FOWLER. Register of Deeds

PENSIONERS TAKE NOTICE. The pension warrants from the State and widows of said soldiers are now in

my hands for delivery. Those living at or near Dover will please call on Mr. G. V. Richardson. Those living at or near Cove City will please call on Mr. J. S. Robinson,

Those living at or near Vanceboro, will please call on Mr. A. M. Williams Those living at or near Fort Barnwell will please call on Mr. J. W. Lane.

W. B. FLANNER, Clerk Superior Court

Throw Out The Line

the Kidneys Help and Many People Will Be Happier. Throw out the life line"-

Weak kidneys need help. They're often overworked-don't get the poision filtered out of the blood Will you help them?

Doan's Kidney Pills have brought enefit to thousands of kidney sufferers Read this case:

R. S. Butler, 19 Harvey St., Washcertainly gave me great relief and after better in every way. I publicly enime and now I am pleased to say that

For sale by all dealers. Price 50 ents. Foster-Milburn Co. Buffale New York, sole agent for the Unite

(Advertisement)

When a person gets to thinking the body loves him, it is time to call in

A married man is never at a loss to ow what to do with his money.

MEADOWS MEAL

CORN

NEW BERN,

Horse Feed Cow Fee 1

Wheat Bran White Mixed

Cotton Seed Meal |Cotton Seed Hulls Wheat Short

HOMINY

Rust Proof NO. 1 TIMOTHY HAY

Just Received carload Kentucky mules All sales and horses. made under guarantee.

T.W. HOLTON, BRIDGETON, N. C.

Don't Forget Department Store

FARRE NASSEF, Proprietor

66-68-7 Middle St. NEW BERN

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