Free Proof That Ironized Yeast **BuildsWeight**

Beautifies Skin and

Gives New Energy To

Thin, Run-down Folks

Do you need more flesh? Are you run-

down, pale or serawny looking? Do you

lack energy-or is your skin blemished

by humilisting pimples, blackheads or

boils? If so, here is good news for you!

Simply mail coupon below for the famous

Three Day FREE Trial Treatment of

IRONIZED YEAST. Take these re-

markable tablets two with each mest.

Watch the Quick Results!

You simply will not believe your eves when

you see how quickly your skin begins to freshen, and how quickly piffples, etc., begin to disappear. Note the immediate increase in appetite and energy. And as for putting new, hard fiesh on your bones—not fishby fat, but good from flesh people report gaining five pounds and more on the very first package of IRONIZED YEAST!

Yeast Best With Iron

The reason IRONIZED YEAST brings such splendid results is because it contains a specially cultured medicinal yeast which is unequalled for its richness in the easential Water Soluble II vitamines. Also contains the correct amount of the two other vitamines—Fat Soluble A and Water Soluble C—which are equally important to health, yet lacking in the modern diet.

Vitamines bring fine results even if taken alone—but when taken with a proper amount of ensity assimilated organic iron, as in IRONIZED YEAST, these results are secured often in just half the usual time!

Try Ironized Yeast Today

FREE!

Arnazing 3-Day Test
Mail this coupen with your name
and address to The Ironized Yeast
Company, Atlanta, (ia. By return
mail you will receive alsolutely
FREE our famous 5-Day Trial
Treatment. Watch the Results!

GERMANS HAVE BECOME

Then get ready for a surprise!

What a Difference!

The above illustrations will give you an idea of what a wonderful improvement an addition of 15 pounds makes in a person's figure. Read how IRONIZED YEAST builds weight. YEAST builds weight.

Simply mail coupon for the wonderful Three Day FREE Trial Test. Or go to your druggist and get IRONIZED YEAST on our guarantee that the first package will bring satisfactory results or your money instantly refunded. You will be amazed at the quick improvement IRONIZED YEAST shows in you. Get it today

WARNING!

There are certain types of yeast which have absolutely no medicinal value. By insisting on IRONIZED YEAST, and refusing cheaper imitations or substitutes, you can be sure that you are taking a vitamine tonic treatment which is unsurpassed in effectiveness, convenience and genuine health-building value.

Note: Full Sized Packages of IRONIZED YEAST Sold at all Druggists

EDISON HAS INVENTED DEVICE FOR REMOVING

NEW YORK, Jan. 25. - A briquet- become a nation of cake-caters as a re- char congregation sympathize very members of the society.

members of the society.

The invention calls for an automotive With the increase in the cake cating death, briquetting machine to run along snow habit the majority of families have discovered streets, scoop up snow and turn pensed with futter and marmalate, provings out in compressed blocks which could white or brown bread is no longer as be stacked on the side of the street for staple. removal, or until warm weather came.

Mr. Edison tried out his invention SEIZED LIQUORS IN NEW years ago and found that it worked suctivities, however, he never found time to valing prices of illicit liquor, soized Wes, E., B., Robinson, are confined to has turned his invention over to the concessfully. Owing to his many other ne-

"The experiments were entirely suc- osal rac worth more than \$1,500,000, ac- 20 gotten much better results if we had used a larger compressor. I think that gallons of wine, 220 gallons of gin, 7, hope on the York road, in competent engineer could readily figure 0.38 gallons of high proof steebed, 14. The president wishes to usk all the loud an efficient unit for this kind of 0.39 gallons of whiskey, 461 gallons of ladies to come out especially those living

GOING TO ASSISTANCE OF DISABLED FUEL SHIP cases, tranks, and automobiles.

NORFOLK, VA., Jan. 25. - The destreyer Osborn Ingram, sailing from the Norfolk mavy yard, the fleet tender Red Wing, from the naval base, and the coast sons who have alatined the negro paper ignard cutter Seminole, from Wilmington, lation by burning buildings. In one IN. C., today are speeding to the assist- fire in the last ten days three lives were aree of the naval fuel ship. Arethusa, erippled by the loss of her propeller and anchored about 50 miles east of Cape picture house Monday night followed the

IBERIA, OHIO GETS

order of President Warren G. Harding, have been made, the village of lbcria, Morro county, to-Iday has a postoffice of its own. The of- Birmingham, Ma., Jan. 25.—With a 197, Jefferson, who is going to London fice was discontinued in 1919 but has slow but stendy rain throughout this been re-established on orders from the section during the night, all streams with President "in recognition of the place bendwaters in north Alabama and Tev-W. A. Bailey is postumster,

OLNEY LOCALS. Carrest undersee of The Daily Gazette);

1.,tc. of Badin. Four of our pulpit schools committee Messes, R Q Howe, R. C. Mr, and Mrs. R. W. Bradley are the Radianan, Eli P. Lencberger and C. P. happy parents of a bouncing boy who or ach the Sanday previous. They remisely and Mr. Bradley is improving, one thearing a splendid sermon. Mr. Walter Keeter is The Gazette's deliv-

Mr. If Q Howe Seturday night; C. P. 9. Prof. Barnes referred the first half Boundary on Sanday, and at E. P. and Prof. Slifer the second half. The Landberger's Sanday night. Anyone game was a fast one and several fine

normal tomorphisms. Sec. 10. Henderste presented to Olicy game will be played next week at Cramchallen, a most beautiful individual com- erton. assuron's screen which was given by Mr. On Saturday a very interesting game 3. Le. Ratineau, It was given in memory, of basket ball was played here between of Mr. Robinson's father and hears this the Dunn Mill team of Gastonia and the inscription engineed on it.

These sted to Olmsy Presbytterian church

J. Law Robinson In memory of his father Withing L. Robinson.

Tale has accepted by Mr. R. Q. Howe for the chatch and a rising vote of thanks was given Mr. Robinson by the clutter.

In presenting this service Dr. Henderand First tunnel, to Olsey, stare Olsey Co. grant sa mach to Gastonia. A here large erowd was out Sanday and many reminers from a distance. Viscous these we note Judge Finley of Willieslands, him is holding court in

thistorie. Judge Finley said he was and hoppessed with our old church and an proph. Baid he thought the ord much a contiful one. Other visitors from flown were Mr. and Mrs. A. M. state, Mr. and Mrs. J. Lee Robinson, Moses, J. H. Kennedy, Will Stowe and C. Jones. From Bowling Green were Messra, Ben Adams and Will Planagan. Meshanes: Newton Foy and M. L. Counts also worshipped with us.

CARE-EATERS SINCE WAR They grew up in Olney Church and SNOW FROM STREETS BERLIN, Jan. 25. - Germans lave Fallie and Clara Lewis, are pleasantly remembered as Misses

ting machine, invented forty years ago sult of the habits formed during the action indeed with Mr. Tom E. Robinson by Thomas A. Edison, to solve the prob- war. Cake making is now a Saturbay and founity in the loss of wife and Hem of snow removal, from city streets, afternoon community affair. In all the mather fast week. While a Baptist by has been turned over to the American smaller office, and in every section of profession see sometimes visited the Society of Mechanical Engineers for fur- Berlin, the housewives carry the cake Robinson children's church and all felt ther development and may soon be seen dough to the community bakery every ner to be a fine woman, of exceptional ion New York's streets, it is declared by week-end, and bay in a supply for the Christian whorseter. The neighbors all feel they have suffered a real loss by her

A shill of Mr. and Mrs. Will Pasour

that has been seriously ill is reported Elizabeth Robinson is better and able

YORK WORTH \$1,500,000 to trave transports.

Roy and Helen, children of Mr. and States courts here in 518 actions for dis-

lessfull," Mr. Edison wrote the society, cording to assistant United States Dis-but we figured that we could have trict Attorney Saniord K. Cohen.

The seized goods consist of 15,273 meet with Mrs. W. H. Thrower at her

champagne, 190 gallons of brandy, 167, 1900 the Thrower home. She also asks gallons of low proof atcohol and a mis- that you bring your Testaments, and cellaneous collection of confiscated soil remember the Compter for study is John, S. The start will be led by Mrs. L. C. Louis bee.

PREACH TRINITY COM-

101 ETLAM, N. C., Jan. 27. - Trinity

morgo has somired Dr. Fredrick Ct. Nor-

word, guster of they Temple, London, to

to the time commencement sermon on

have 6, recording to announcement made

wood is exchanging pulpits for a term

groundleman kunorancles of New York

the communication sermon at Trinity

in ittranging to have Dr. Norwood de-

liver the Trimity, sermon. These two

change mader the hispires of the World

Almance for International Friendship

the Temple, London, places lam in the

front rank of English ministers. The

I II Temple is one of the largest church-

is at the tag city. . The British Week-

I.v. International publication, in one of

alls recast asons (devoted considerable

space to one of the sermons recently de-

HEARS HE IS DEAD.

Huhl Notifies War Department He Is

Very Much Alive.

hern notified by the Government War hisk Insurance Bureau that she will re-

ceive the \$1,500 due her as a result of

or husband's death in the service as

soon as she makes application in the

He fift himseir speculatively, ... Mark Twein was right, ? he de-

Here I've been drawing my retire-

ment pay regularly since I left the ser-

vice in 1919. On the first of every

month I pay my premium into the War

Risk Insurance fund. Also I have been

besieging the War Department to recognize my claim for physical total disabit-

ity allotment. Now it seems that I am

his demise was slightly overdrawn.

Kuhl said that when he had read the

Mrs. H. E. Kuhl of Denver, Col., bas

Norwood's position as paster of

turningh the Churches.

event by Dr. Narwood,

regular form.

to do about it.

'Odd, ' soid Kuhl.

noted occurs have arranged their ex-

lise vollege time morning. Dr. Nor-

MENCEMENT SERMON

BURNING OUT NEGROES.

WAYCROSS, GA., Jan. 25, - Au LONDON DIVINE TO thorities here today were seeking per-

The destruction of a target moving burning of a negro hotel a short timebefore. In each case the proprietors had been warned to close up and leave take FAVOR FROM PRESIDENT The notices, according to reports, but it works in May with Dr. Charles GALION, O., Jan. 25. - By special the signature "K K K", No. arrests B. well son, paster of Broadway Con-

nessee were stendily rising, many of them today being near the flood stages.

You wouldn't put on hobbles to run a foot race

Then why load up on handicaps for the day's work?

A good deal of food, unwisely chosen, does weigh the body down and clog the digestion, and dull the brain.

Why put on the hobbles?

Grape-Nuts is a breakfast or lunchtime dish for those who want food efficiency, and mind and body efficiency.

Grape-Nuts satisfies and nourishes. It delights the taste. It is ready to serve whenever you are ready to eat. And it digests easily, quickly and completelyleaving no handicap of heaviness and drowsiness.

Grape-Nuts is the food for health and action.

"There's a Reason"

Made by Postum Cercal Company, Inc., Battle Creek, Mich. Sold by good grocers everywhere!

CRAMERTON

(Correspondence of The Daily Gazette.) GLNEY, Jan. 25. — On last Sunday (Correspondence of The Daily Gazette.) afternoon Rev. J. H. Henderlite, D. D. CRAMERTON, Jan. 26. — Miss Eupreached for us. He also moderated a nice Cain, of Sharon, S. C., spent sever-congregational meeting at which time a at days with her sister Miss Rachael formal call was extended to Rev. T. G. Cain, who is teaching in the Cramerton

insert made a visit to Badin, and came to make his home with them last. Mr. Tate's charch, and heard him Friday. Mother and child are doing

it is not a stranger to tilney people, ery boy and is making good. Walter has arrang assisted R v. G. A. Sparrow dur. had considerable experience with newsa accepting, and was in many of the paper delivery and we believe will increase his list of aubscribers.

the next Sunday at reven o'clock he. The Cramerton school busketball team will proved for as and probably again journeyed to the Victory school grounds right. During this visit he will be on Tuesday evening and defented the tailed in the home as follows; at team at that place by the score of 21 to asking to meet as call on him will find plays were made. Garmon Hawkins forward for Cramerton made the highest the close of the sermon Sunday, score, throwing five field goals. A return

> Cramerton boys. The final score was 20 to 24 in favor of the visitors. As this was the first game for the mill team here we are groud of the record and we look for the boys to win next Saturday at

Tailoring opening at the Young Men's Shop Thursday, Friday and Saturday.

Kiddie Koops, bassinets, to sake of the appropriateness of Windsor rockers and floor as guit coming from an officer in Gas lamps at Gastonia Furniture

PROFESSIONAL CARDS.

DR. CHAS. O. DeLANEY

Announces the opening of his office in the Ragan Building. Practice Limited to Genlto Urinary Diseases.

DR. J. C. SMALL CHIROPRACTOR 407-408 First Nat. Bank Building

Phones 535 and 845-I

Consultation Free To All.

G. B. POWELL OSTEOPATH 202 Realty Building

Office Phone 161 Residence Phone 601

W. W. GALLOWAY AUDITOR

Public Accountant, Bank Examiner and Office Systematizer Charlotte and Atlanta Offices GASTONIA, N. P. O. Box 358

JOHN E. ECK

Public Accountant Audits, Systems, Cost Findings 203 First National Bank Phones:

Residence 846-L

CHAS. C. WILSON Architect

Member Am. Soc. C. E. Home Office 804-5-6-7 Palmetto Building Columbia, S. C.

Branch Offices 208 First National Bank Bld Gastonia, N. C. Ernest Coats, Mgr.

105 Davis Building, Wilson, N. C. G. R. Berryman, Mgr.

Are YOU too worn out === to succeed?

Nothing will turn ambition into ill-tempered laziness quicker than constipation.
And nothing will render the body more liable to dangerous diseases than this same poisonous condition.

Don't be constipated! It isn't safe! It isn't sensible! It isn't necessary! Be will—but don't rely on ordinary laxatives to help you. Try instead the newest scientific treatment for constipation—

This preparation not only overcomes con-

stipation, but it does away with all the nauses, cramping and deranged digestion caused by ordinary laxatives.

As soon as Mrs. Kuhl got the notice sin asked her husband what she ought Guarenteed at Our Store. We are so ours that Rich-Lax will please you that we want you to come to our store and gets bottle and try it entirely at our risk. If it doesn't suit you, if it isn't the best laxative medicine you ever used, simply tell us so and we will promptly refund the full prompt "It seems you are dead," and Mrs.

J. L. ADAMS DRUG STORE, GASTONIA, N. C.

ADMINISTRATOR'S NOTICE. The undersigned having duly qualified as administrator of the estate of Ressie E. Taylor, deceased, late of Gaston coun-

ty. North Carolina, before the Clerk of the Superior Court of Gaston county, notice is hereby given that all claims against said estate must be exhibited and filed with me on or before February 1, 1923 duly verified, or this notice will be

letter announcing his douth, he returned it to the War Department with a notation to the effect that the account of pleaded in bar of their recovery. All parties indebted to said estate are requested to make immediate payment to To Mr. and Mrs. J. Lawrence Beatty,

the undersigned. WALTER M. TAYLOR,

Is Your Grocery Bill Too Large? Whose Fault?

For seven long years Frohman has been advrtising and explaining the good features of cash trading, and warning from time to time the dangers and ill effects of credit account.

Those who have heeded are on Easy Street today.

They are able to keep up their Building & Loan, and their Christmas Saving Club, because they are not behind with their grocer.

Their grocery bill is paid at each and every transaction, and the saving goes to

Those who have not taken advantage of their hard earned dollars, are behind in all their transactions, as well as their grocery bill, because they paid higher prices for their Groceries, and the difference went towards paying the bills that their neighbors failed to pay.

In Which Class to You Belong? WAKE UP!!! The Truth is Staring You in the Face.

Here is a list of just a few of the items quoted at our regular prices based on a legitimate profit, on the Cash and Carry System.

IF YOU ARE PAYING MORE ITS YOUR OWN FAULT. Don't Blame Your GROCER.

Granulated Sugar, 4 tbs for 25c Celluloid Starch, package 3c Best Compound Lard, per tb 13c Lake White Fish, per pound 10c Armour's Corn Flakes, package. 10c Quaker Oats, package 12 1-2c Extra fine Domestic Oil Sardines, can 4c Golden Age Spaghetti, per package 5c Early June Peas, per can 12 1-2c No. 10 Karo Syrup, Blue Label . . . 65c Globe Matches, per package 17c No. 2 Can Black Berries 15c No. 3 Can Black Berries 23c Crisco Shortening, any size, fb. 19 1-2c Extra fancy California Evaporated Peaches, per pound 19c 50 and 60 Size Prunes, fine stock, per pound 19c No. 3 Can Beets 19c Silverdale Syrup Peaches, large can 25c Fresh Hominy Grits, 7 pounds for .. 25c Whole grain fancy Blue Rose Rice, per Fresh Roasted Rio Coffee, pound ... 16c Loose Keg Soda, 6 pounds for 25c Best Fancy Patent Flour, 98 fbs. \$3.75 Best grade Self Rising Flour, 98 pounds for Swift's Jewel Lard, 8 lb. bccket. \$1.18 Van Camps Soups, Tomato, Chicken or Vegetable, per can

Campbell's Pork and Beans, per can 10c Van Camp's Evaporated Milk, small size per can 5c Van Camp's or Libby's Evaporated Milk, large size, per can 10c Large Can Tomatoes, per can 150 No. 2 Can Tomatoes, per cap. 12 1-2c Clipper Brand Corn, per can ... 12 1-2c Swift's Pride Washing Powder7 for 25c Large size Octagon Soap, 4 bars for 25c 2-th. Can Corned Beef Hash 25c 2-fb. Army Roast Beef 28c Nice size Salt Mackerel, each 12c Large can Lye Hominy, per can 12 1-2c Large can Pie Peaches, per can ... 15c Pink Beans, per pound 10c Good Rib Meat, per pound 13c Chum Salmon, per can 10c Pink Salmon, per can 12c No. 1 Can Pork and Beans, can . . . 5c Argo Starch, package 7c Good heavy Fat Back Meat, pound 12c Sun Maid Seeded Raisins, per can .. 25c Pure Apple Vinegar, per gallon ... 50c Baker's Canned Cocoanut, per can. 15c Extra fine home-made Syrup, Gal. 95c Swift's Arrow Borax Soan, per bar 3c No. 10 Karo Syrup, Red Label, at .. 70c O. B. Preserves, 15 oz. Jar for ... 29c Home made Peanut Butter, pound .. 30c No. 10 Karo Syrup, Blue Label, at 65c

In Our Patent Medicine Department

READ THESE PRICES CAREFULLY AND NOTE THE SAV-INGS.

DRUGS

Fletcher's Castoria 34c Pitcher's Castoria 24c Baby Ease 29c Grove's Chill Tonic 50c Kuidine, or The Water of Life 89c Syrup of Figs 48c Ovofferrin, a fine Tonic 98c Dr. Miles' Nervine 98c Dodson's Liver Tone 48c Hand's Liv-O-Lax, large size 48c Campbell's Anti-Ferment 79c Dr. King's Diarrhoea Compound ... 24c Kisko, for the Blood 98c Swamp Root, small size 50c Swamp Root, large size 98c Creemulsion, medium size 50c Creomulsion, large size 98c White Pine Tar and Honey, large . . 44c Foley's Honey and Tar, small size. 25c Foley's Honey and Tar, large size. 50c Dr. King's Wild Cherry and Tar ... 25c Brame's Vapomentha Salve 19c Mentholatum, small size 21c Mentholatum, large size 39c Vick's Vapo-Rub Salve, large size . 48c Vick's Vapo-Rub Salve, small size. . 25c Byrd's Vapo-Salve, small size . . . 19c Byrd's Vapo-Salve, large size ... 38c Improved Syrup of Pensin, medium 41c Improved Syrup of Pepsin, large . . . 79c Caldwell's Syrup of Pensin, small . 50c Caldwell's Syrup of Pepsin, large. 90c Antephlogestine, small size 32c

110

E. MAIN

AVE.

Sloan's Liniment, small size 30c Sloan's Liniment, large size 59c Japanese Oil 50c Wine of Cardui 89c Improved Marsh Root Compound .. 79c Compound Ex. of Sarsaparilla 79c Scott's Emulsion 98c Henry K. Wampole's Extract of . Cod Liver Oil 89c Aromatic Cordial, with Extract of Cod Liver Oil 79c Milk's Emulsion, small size 55c Milk's Emulsion, large size \$1.02 Phillip's Milk of Magnesia, small. 25c Phillip's Milk of Magnesia, large .. 50c Nuxated Iron 98c Nux Vomica and Iron 79c Dr. King's New Discovery, medium 50c Dr. King's New Discovery, large. 98c Dr. Miles' Anti-Pain Pills 25c Ramon's Liver Pills 25c Carboseptic, Antiseptic for Women 39c Gowan's Salve, small size 14c Gowan's Salve, large size 25c Mother's Joy Salve, small size ... 14c Mother's Joy Salve, large size . . . 25c Black Drought 19c tle ... 21c Kellogg's Tasteless Castor Oil, 7 oz. bottle 39c Old Indian Liver and Kidney Tonic 68c 100 Bayer's Asperin Tablets\$1.18



LOOK FOR THE RED SEALS on Windows