THETAR HEEL

## Usefull Information

## For the benelit of hichpless stu-

 dents; old and young, the Ta Heel will from now on run nese $\{u l$ hints a column contaiaing ray perplexint problema facing tudent life The column will bu tudent lire. in other up-to-date papers; for instance, those on "The Home Beautitul", "Eve Up To Date" "Hints for the Busy Housewife" The Ideas of a Plain Country Woman", and "How to Dress on Two Hundred a Year". It will come out only when we feel like it The first article appears below: There are in the University many students whose excessive amount of work prevents them from taking the proper care o their physical selves. Realizing the need of regular, vigorous, healthful exercise among these students especially, and among classes, shades, sizes. and suggest a healthful, sternuous form of exercise, and a fascinaing sport-chewing gum. The Physical Diretor tells us that this form of exercise, if syste matically carried out, is one of the liwi muscle and jaw levelopers ku, wn to the profession. Parof its at tractiveness lies in its in expensiveness-postively no shin guards, head gear, or pads are the spectators are sumetimes desirable. If the regular official rad of rum is not attainable, or if you wish tweconomize, a cheap substitute may be found by using a strip of ordinary horschide. Old overshoes, mixed with a lit le putty, talcum powder. flavoring extract, hav been found to be excellent and appetizing jaw trainers. The rules of the game are simple -- just place gum in the mouth and move same in the manner of an after-dinner cow. With a little practice you will find that quite a deal or speed and a cerlain snap may be acquired. be laku to choos he most suitable place for taking this valuable exercise. One saf rule is to select any public place. Chapel, church, class room, on the side lines, in the drug store, and at Piekwick have been found to be desirable places. Other places, such as when leaning over some one else's shoulder reading his paper, or when in your room, with your roommate trving to study, also afford splendid opportunities for exercise as well as for display of skill on the part of the chewer. A resounding pop of the gum, if carefully timed and skillfully executed, will be sure to attract the attention of envious admirers. One think you must be warned against: Be sure to provide a place for keeping the gum when at rest. It has been found by careful experiment that chewing gum will not lose its flavor when placed upon the bed post at night. Door facings are also excellent abiding places. But this important matter must of course in the long run be left to the convenience and individual judgment of each chewer.

Roy L. Deal, one of the com mencement orators last June, ha entered Georgetown Law. Hc is teaching in a private school. University Hatchel. Georg Washington University.
 spoke at a gread educational ralI' on Oct. 21. Gov. W. W. Kitchin was the other speaker,

## NEW BOOKS AT LIBRARY <br> 22- Se3n Staw. Cico, Bernard; The Ductor's Dilemma, Ge

 ing Married, and Shewing-up of Whanco PosnetW8175m Wister, Owen; Mem Wrs of the Famil
J781o Johnston, Mary; The Long Roll.
P973c Prayor, Sara Agnes The Colonel's Story.
M147h MacGrath. Harold; Hearts and Masks.
C813-S88s Stovall, Mrs Eugenia; A Son of Carolina. G187p Galsworth, John; The atrician
811.08-S86s Stockatd, Henry Jerome; A Study in Southern Poetry.
C811--
C811--L98w Lyle, Samuel Har y. Jr.; Ways of Men.
841.08-L930 Lucas, St. John Welles; The Oxford Book of French Verse.
851.08- L930 Lucas, St. Joh1 Welles; The Oxford Book o Italian Verse
808.5 P36h Pearson, Paul Mar in; The Humorous Speaker. 808.8-K 64 h Kleiser Grenville How to Argue and Win
808.5- D39a Denny, Joseph Villiers; Argumentation and De-
630-B15c Bailey, Liberty Hyde; The Cuuntry Life Movement in America.
630-B15s Bailey, Libert Hyde; The State and the Farmer. 304--R78a Roosevelt, Theodore; African and Europ-an Addresses. 304--R78n Roos.velt, Theodore; The New Nationalism.
304-H89c Hughes, Charles E Conditions of Progress in Demoratic Government.
304 Abbott, Lyman; America in the Making.
304 Eliott, Charles W.; The Conflict of Individualism and Collectivism in a Democracy. 342.7-T242o laylor, Hannis; The Origin and Growth of the American Constitution.
B-R963m MacCarthy, Desmond; Lady John Russell: memior.
B--S83s Stephens, Alexander H; Recollections of Alexander Stephens:
B--T969
B--T969h Henderson, Arch1vold; Mark Twain.
B-M 9823 m Murray, James cetiers of James Murray. 396--D71w Dorr. Rheta Childe; What Eight Million Women
Want.
370--H17e Hall G. S.; Educaional Problems.
248--B41s Beghie Harold; Souls New Life.
248--B41t Beghie, Harold
wice Born Men.
810.9--L79p Link, S. A; Pio neers of Southern Literature. 814-M83s More, P. E; Shel bourne Essays.
824-C52a Chesterton, Gilber K.; Alarms and Discursions. 812--P52n Phillips, Stephen;
New Inferno.
155-E47w Ellis, Havelock; Th
World of Dreams.
The query, Resolved: That Ita ly was justified in declaring wa on Turkey was discussed in the Di Society Friday and Saturday nights. Friday night the negative won, C. R. Wharton made the best speech and J. G. Walker deserved honorable mention. Saturday night the affirmative won C. E. Blackstock made the best speech, and J. R. Gentry and T W. Fergu
mention.
J. J. Parker one of the N. C debaters made a visit to his AlParker, Parker, last week

CAROLINA Takes sweet revenge Cottinued fromi first page sequent fumide and sprinted Winston field for 78 yds . before him on our 18 yd lime and new spirit into the Red and play in Carolina's they kept the the remainder of the game, severthe remainder of the game, sever-
al times getting dangerously near our goal line, but nev succeed ing in scoring. The game ended with the ball in Carolina's terri
tory but a comfortable tory but a
from goal.
On the whole the game wa
not very satisfactory, although it was replete with brilliant individual playing. Carolina was not the football machine that she should have bern. She ouly succeeded in making ne touchdown out of a number of good chances Anothe thing-her ends did not cover punts as they should have.
The lineup was as fell:

## Manning Aberning thy, Crutchfictd

 CrutchficldRiteh
Orr
Small
Small
Applewhite
Applewhite
Tillett, Cotfin
Cotin, Wakeley
Chambers

Time of quarter, $\begin{gathered}\text { Wairso } \\ \text { Willif }\end{gathered}$
me of quarter, 12 minutes
Referee---Barry
Head lineman---Parker
Field Judge--Brumbaugn

## BANQUET AT NEW YORK <br> ban

Van Wyck, Dr. Baskerville, Rev St. Clair Hester, Frank Mebane, Logan Howell, Frank London, A. Marvin Carr, Clairborne Carr, Fred Hanes, Julian Talliterro, Camernn Buxton, John Greenfield, J. D. Duncan, Dr. W. D. Price, James A. Gwyn, Francis A. Gudger, A. W. Haywood. Jr., L. G. Rountree, Louis Graves, Quincy S. Mills, Stroud Jordan, Isaac Harris, Thomas Hill, Dr, Henry C. Cowles, Jr., Holland
Thompson, and Henry B Short
Three negroes supplied music, and after these had completed their program then some of the diners themselves volanteered as entertainers. The coffee period of the dinner was much enlivened by songs and artistic fancy dancing by Francis A. Gudger, A. W. Haywood, Jr., A. Marvin
Carr, Cameron Buxton, Thomas Hill, Isaac Harris and Lou Gustavus Rountree.
 Pittman
Hkel."
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