

Cross Country Training

The U.N.C. cross country team is using revolutionary ideas for training. Over the years, with many excellent runners, Coach Dale Ranson has found what he considers the best type of training in repetition of short distances. While he has used the idea in the past, this is his first full year of stressing the idea of repetition of 100, 200, 300 and occasional 400 yards. He also has the boys do long distance running, consisting of alternately slow and fast paces. Coach Ranson says that this type of workout should be used in high school. He has sent pamphlets on short distance running to over five hundred coaches at the North Carolina high school clinic.

A typical example of workouts for varsity and freshman cross country is twelve 220's at moderate speed, or one 330 and six 150's, repeated four times. Each workout usually takes less than forty minutes. Often a boy who looks as slow as molasses on a winter day, will improve his running tremendously by this type of workout.

University Golf

Play will begin Monday in the second annual University Golf Tournament around the 72-par Finley Golf Course. The entry deadline, previously last Sunday, was recently extended to this Sunday.

World Series Play Returns To Chicago

CHICAGO (AP) — If the weatherman co-operates, the sixth World Series game will be played in Comiskey Park Thursday with 39-year-old Early Wynn holding the fort for the desperate Chicago White Sox and Johnny Podres trying to close it out for the Los Angeles Dodgers.

Both clubs flew into town in the wee small hours after a night plane ride from Los Angeles where attendance records fell on each of the three sunny afternoons. The weather forecast here is cloudy and cool.

Smaller Crowd
Instead of the full-throated "Charge" cheers from 92,000 fans, Comiskey will echo with the "Go Go" screams of 48,000 customers as the Sox try to level the Series at 3 games each.

Rescued by the clutch pitching of Bob Shaw and Dick Donovan and the spectacular running catch by Jim Rivera in Tuesday's fifth game, the White Sox were the 11-10 choice to win Thursday. The Dodgers, however, remain a solid 2½-1 favorite to win the Series.

Only three clubs ever have bounced back from a 3-1 deficit to win a world championship. One of them, the 1903 Boston Red Sox did it in a best-of-nine series. The 1925 Pittsburgh Pirates rallied against Washington. And of course the New York Yankees did it against Milwaukee last year.

Podres was manager Walter Alston's choice to work in Chicago, if necessary, even before the fifth game. The 27-year-old left-hander from Witherbee, N. Y., was a 4-3 winner in the second game at Comiskey Park when the Dodgers rallied after he departed for pinch hitter Chuck Essegian. He was a two-time winner for the Dodgers in 1955 when they captured their only World Series.

Lavoie Heads S.C. Offense

COLUMBIA, S. C., (AP) — The shadow, Phil Lavoie, is leading the University of South Carolina football team to what could be an undefeated season.

All through his college career, Lavoie has played in the shadow of other fullbacks. Now in his final year, he has come into his own. He rates among the national scoring leaders with 38 points in his first three games.

The 205-pound, 6-1 bruiser from Lynn, Mass., finally got his chance in the season's second game when All-America candidate John Saunier was knocked out for the year with a shoulder injury.

Lavoie promptly scored 18 points against Furman and 20 in a smashing 30-14 win against a strong Georgia team.

Unlike most fullbacks, Lavoie is a heads-up runner, like most halfbacks. He swivels, slides, whirls and plows as the occasion demands. His best run this year was one of 27 yards for a touchdown against Georgia, when he was hit three times, but spun off tacklers.

He ripped through Georgia for 77 yards. In leading the Gamecocks to a 3-0 record, he has rushed for 157 yards. Phil is expected to be the big man again Saturday when the Gamecocks take on North Carolina at Chapel Hill.

MURALS TODAY

TAG FOOTBALL
4:00 - Phi Nu vs. ZBT, SAH vs. Phi Kap Phi, TEP vs. Phi Kap Sig, Pi Lamb vs. Lambda Chi, Chi Phi vs. Phi Gam.

5:00 - Kap Psi vs. DU, Phi Delt vs. Chi Psi, Peacocks vs. Med Sch-1, Law Sch-2 vs. Law Sch-1, Med Sch-2 vs. Dent Sch-2.

TUESDAY SCORES

Law Sch (2) 2, Med Sch (1) 0; Zetes 37, KA-6; Med Sch (2) 14, Law Sch (1) 0; SAE 13, TEP 6; Spodie-Odies 8, Winston (1) 0; Kap Sig 16, PIKA 6; DKE 50, Theta Chi 0; Cobb (1) 26, Avery (1) 6; Peacocks 12, Dent Sch (1) 0; Beta 10, ATO 0.

GOLFING OPPORTUNITIES

Any Carolina student, faculty member, or alumni may play golf from 8 a.m. — 7 p.m. at Finley Golf Course.

Clubs may be rented and all golfing equipment may be bought at the club house.

Anyone who does not know how to play golf or would like to brush up may obtain private lessons from Ed Kenny, manager of the course.

ANGEL FLIGHT meet in the Cadet Lounge at 4 p.m. Members of the Angel Flight will today.



NEW NECKWARE

UNC OLD WELL EMBROIDERED ON BLACK SILK. NECKWARE IN OLIVE, BROWN, CAROLINA BLUE, DULL GREY

Julian's Neckwear Shop

"Where's George?"

SEE TOMORROW'S PAPER AND JOIN IN THE MANHUNT FOR THE MOST SOUGHT-AFTER MAN IN TOWN.

The stage sensation is on the screen!



RICHARD CLAIRE BURTON BLOOM MARY URE PLUS CARTOON — NEWS NOW PLAYING

Carolina

"THE FBI STORY"

The most exciting 149 minutes ever put on the screen!



TECHNICOLOR From WARNER BROS.

OPENS FRIDAY

Carolina

\$1.98 VALUE NOW ONLY 99c! Holds 9 pairs of shoes. Fits in Dorm Closets. Keeps Shoes Off Floor and Dust Off Shoes. ROSE'S 5 & 10¢ STORE

COMEDY ROMANCE AT ITS BEST! METRO-GOLDWYN-MAYER presents with **GLENN FORD** **DEBBIE REYNOLDS** **"IT STARTED WITH A KISS"** with GUSTAVO ROJO, EVA GABOR, FRED CLARK and EDGAR BUCHANAN. VARSITY

I-n-s-a-n-e STUDIO CARDS For Those Sick, Loved & Hated Friends. Ledbetter Pickard STATIONERS

VIVA LA DIFFERENCIA



Traditional short shirts in Milton's new slimmer silhouette, fine single (hidden stitching) tailoring, perfect roll collar pull-over button-down in many new unusual patterns. If you wear size 15/35 why settle for a medium which only goes halfway toward a proper fit? From—\$6.95

Milton's Clothing Cupboard

The Intimate Does It Again! THE PEOPLE OF MOSCOW

As seen and photographed by Henri Cartier-Bresson. A magnificent cross-section of the Soviet capital by a master photographer. You'll see more of Russia in this book than Eisenhower will see on his visit! Published at \$10.00. OUR SPECIAL \$4.98

On Mail Orders, please add 25¢ for postage and sales tax.

The Intimate Bookshop 119 East Franklin St. Chapel Hill

\$21.50 Value For Only \$15.00 — SAVE \$6.50 — On Chapel Hill Tire Company's **FALL SPECIAL** WE WILL

- Tune Motor
- Check and Align Front End
- Check and Balance Front Wheels
- Check and Adjust Brakes
- Check and Adjust Emergency Brake
- Check Electrical System and Lights
- Check Heater and Radiator Hose
- Pack Front Wheel Bearings

All For \$15.00 — Parts Extra

Experienced Mechanics — Budget Terms

CHAPEL HILL TIRE CO.

502 W. Franklin St.

Phone 9-2621

Grand Opening

The HUB of Chapel Hill

featuring FAMOUS NAME BRANDS at POPULAR PRICES designed to fit the budget of every student.

★ Charge Accounts Available ★

This is the store all Chapel Hill has been waiting for. And now after many months of careful planning, with YOU in mind, we are now open for your shopping pleasure . . .

Hundreds of Dollars in FREE PRIZES

—Listed Below—

Nothing to Buy — Just Come in and Register. You don't have to be present to win.

- | | |
|---------------------------------------|---|
| ONE PAIR OF CROSBY SQUARE SHOES | ONE SEASON MATES All-Weather COAT by BEST |
| ONE PAIR OF JARMAN SHOES | TWO INDIAN MADRAS BELTS |
| ONE PAIR OF MOXEE'S HAND-SEWN LOAFERS | FOUR SILK TIES |
| TWO VAN HEUSEN SPORT SHIRTS | TWO BELTS BY PIONEER |
| TWO VAN HEUSEN DRESS SHIRTS | FOUR BILLFOLDS BY SMART |
| TWO WINGS OXFORD DRESS SHIRTS | TWO CUFF LINK SETS BY SWANK |
| ONE REVERE CARDIGAN SWEATER | ONE HAT BY ADAMS |
| TWELVE PAIRS BURMIL SOCKS | |

You May Register EVERYTIME You Come In . . . Drawing To Be Hold Wednesday, Oct. 14, 4 P.M.

The HUB of Chapel Hill 103 E. FRANKLIN ST. Next To Sloans

TODAY—AT YOUR FORD DEALER A WONDERFUL NEW WORLD OF FORDS FOR 1960



- FORD—The Finest Fords of a Lifetime
- FALCON—The New-size Ford
- THUNDERBIRD—The World's Most Wanted Car

FORD BUILDS THE WORLD'S MOST BEAUTIFULLY PROPORTIONED CARS

THE NEW-SIZE FORD **FORD Falcon**

EASIEST CAR IN THE WORLD TO OWN

CROWELL LITTLE MOTOR COMPANY

DURHAM ROAD

CHAPEL HILL