# SPRTS

Elliott Warnock, Editor

#### Carolina wrestlers in two road matches

North Carolina's wrestling team hits the ! road again this weekend, facing American University on Friday and nationally tenthranked Navy on Saturday.

The Tar Heels defeated small college power Lockhaven State 25-14 and narrowly lost to fifth ranked Penn State 24-15 last week on UNC's most rugged road trip in recent years.

"I thought we wrestled extremely well." said UNC coach Bill Lam. "The Penn State match could have gone either way, we lost two matches by one point if we had won those two matches we would have beaten them."

Scott Conkwright and David Breece posted two wins each at 118 and 134. Conkwright, behind by four points against Penn State, took his man down and put him on his back for a five point move with 15

seconds left in the match to pull out an 11-10 win. The two wins left Conkwright undefeated in dual competition.

Carolina has been wrestling some of the toughest teams in the nation this year. "Navy is rated the best in the East ahead of Penn State," said Lam, "So we've got our work cut out for us. I'm pleased with the progress we're making but we will need some super efforts this weekend."

UNC has a 3-1 record on the season but Lam's team will have to overcome injuries as

well as a tough schedule to finish above .500. Tim MacDonald may be out for the season with an ankle injury at 158. Also. Tim Reaume hurt his shoulder at 142 and will be sidelined for about two weeks.

The Tar Heel's next home match is February 3 against perennial powerhouse

early lead, and were never headed by the

Carolina, who upped their record to 4-3

overall and 3-0 in ACC competition, returns

home to face Johns Hopkins on Friday. The

Tar Heels must then return to ACC warfare

and swim Virginia. Details in Friday's DTH.

Deacs while breezing into the win.

#### **UNC swim team drowns Wake Forest**

The Carolina men's swimming and diving team took an easy 70-43 victory over Wake Forest in a meet in Winston-Salem Wednesday afternoon.

It was not expected that the Demon Deacons would pose too many problems for UNC, who is ranked second in the ACC behind N.C. State. The Tar Heels took an



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Featuring

## Allred defeats adversity, 83-0

by Susan Shackelford Asst. Sports Editor

Nobody needs to tell Dawn Allred about adversity.

Before the women's basketball season started, she faced personal injuries, the team's probation, which excludes it from the state tournament, and new coaches. After a strong freshman season, Allred admitted in a

Tuesday interview, "I was scared." The ambiguity of the upcoming season disturbed the 5-4 guard to the degree that, "I had considered transferring to another school, but it was too late to change."

"But now we have confidence," Allred said after the Heels' fourth straight win. "I know they (the wins) have given me confidence. I knew we had the talent, but now I've seen us

The playmaker was concerned that the team "would not have anything to work for" because of porbation. But with a fresh perspective, she asserted, "We have to prove

to everybody else it doesn't matter." "We have not gotten any substantial

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reason for probation, Allred said. They haven't shown us any proof (of the alleged illegal practices that occurred last fall). I don't like the way we were treated. I have a feeling they've (UNC) been dishonest to someone in all this.

"All I can do is make the best of the situation," she added.

Last season Allred directed the women to a 12-4 record, calling the plays along with teammate B. J. Woodard in the backcourt and personally bombing 25-footers from the top of the key. She was also named to allstate women's team.

Her outside shooting, which has been hampered this season by injuries, has balanced the inside power of World University player, Marsha Mann, another collegiate all-stater.

But as the playmaker, Allred said, "I like being the leader on the court. I guess it's something about the ego," she grinned.

Recently when the cagers upset Elon, Allred was called on in an especially significant way. With 14 seconds remaining in the 70-68 UNC victory, she sank two free

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throws to give UNC a three-point lead. "I was glad they fouled me," the

Greensboro native said. "I did have (confidence). I knew if I was not going to make it, I was not going to make it. I was glad I had a chance to take the shots."

Earlier in the game, the brownhaired dribbler had sprained her ankle, but at that point she no doubt took it in stride. It was her third physical ailment encountered this

Initially she missed a month of basketball this past fall because of mononucleosis Then during the Christmas holiday, she suffered bruises in a car accident, forcing a two-and-a-half week layoff.

"It put me back and made me work a little harder," the former Ragsdale High star assessed. "I was really ready to play (going into the season), but I figured I wouldn't be playing that much. They (teammates, coaches) just kept encouraging me."

"I feel like I can play better," the current starter said. "I'm not shooting a good percentage and my ball-handling needs work, I'm never satisfied. I never have been."

"Just as long as we win, I'm pretty happy." Allred, who academically enjoys math and working with computers, played her first organized basketball at Jamestown Junior High, "when I was so little and almost quit



Dawn Allred

after the first day," she said.

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"I was only 4-11 and the coach said little people did not really have that much of a chance to make it.'

"But I didn't want to be a cheerleader." said Allred, who learned the game from four brothers on a backyard court.

Today she attributes her potent overhead set shot to those early family contests. "I had to get it over those taller guys and I thought it was a stronger shot," she said.

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