

Mild

Today will be partly cloudy with the high expected to reach 75. Last night's low was 55. There is a ten per cent chance of rain through tomorrow.

The Daily Tar Heel

Serving the students and the University community since 1895
Tuesday, October 5, 1976, Chapel Hill, North Carolina

Water use
Total water consumption Sunday
3.5 million gallons
From University Lake none
From Durham 3.5 million gallons
Level of University Lake on Monday down 61 inches
Issue No. 28

Volume No. 84

BSM not consulted on moving Upendo

by Laura Scism and David Stacks
Staff Writers

Black Student Movement (BSM) Chairperson Jackie Lucas said at a press conference Monday the BSM was not informed of a University decision to move BSM-operated Upendo Lounge from its Chase Cafeteria location.

"No one in the BSM was involved in any way on the plans, procedures, and decisions of the Space Committee," BSM Chairperson Jackie Lucas said. The Upendo decision, approved Sept. 16 by the Space Committee, calls for moving the Servomation cafeteria from the second floor to the first floor of Chase, thus pushing Upendo Lounge from its present first floor location in Chase.

The Space Committee is in charge of allocating building space to University organizations.

Dean of Student Affairs Donald Boulton said he apologized to the BSM Central Committee Sunday night, assuring the BSM that space would be provided for Upendo Lounge on the second floor of Chase.

"Because we were not involved, we're going to do whatever we can to reverse the decision," Lucas said.

"The Black Student Movement was

not involved in the decision that affects the lives of at least 90 per cent of all black students on this campus," Lucas said.

Lucas said she first learned of the decision by rumor Thursday and went to the Office of Student Affairs to ask if it was true.

"Someone had heard of a conversation between administrative officials. It was a matter of someone being in the right place at the right time," Lucas said.

"Our general concern is that students on this campus do not have much control over decisions made by the University.

"Many decisions are made for students by the administration without consulting the students. By talking about students, I mean all students," Lucas said.

"The building (Chase) has been about half utilized," Vice Chancellor Claiborne Jones, Space Committee chairperson, said Monday.

Jones said the Servomation cafeteria on the second floor of Chase will be moved downstairs, opening up 5,400 square feet of additional space on the second floor.

Upstairs space is to be allocated to the Health Sciences Research Center and

the Institute of Speech and Hearing Sciences.

Space will also go to the Office of Student Affairs for possible use as a South Campus student union.

A South Campus student union would provide facilities for party and social events, a photo darkroom, a library, a reserve reading room, and group meeting areas, Jones said.

"It would just mean that people (on South Campus) wouldn't have to walk all the way up to the Carolina Union," Jones said.

"The South Campus population has grown to the point where it (the Carolina Union) is not centrally located for the 3600 students who live in Teague, Parker, Avery, Morrison, Ehringhaus, Craige, and Hinton James," Jones said.



Jackie Lucas, chairperson of the Black Student Movement, airs her views on the unexpected movement of the Upendo Lounge, during a press conference Monday.

UNC's budget proposal pending approval

by Tony Gunn
Staff Writer

Editor's note: This article is the first of a two-part series examining the Consolidated University's proposed budget request.

The general fund appropriations budget for the next two years proposed Friday by the UNC Board of Governors' Committee on Budget and Finance requests an \$188 million increase over last biennium's figure of \$836.7 million.

If the \$1-billion-plus budget is approved Friday by the Board of Governors, UNC system President William C. Friday will present it that afternoon to the Advisory Budget Commission.

The commission and the governor will then present the proposals to the N.C. General Assembly, which convenes the first half of the year.

"The main thing we try to do is indicate to the General Assembly what we need," Kennis R. Grogan, UNC associate vice president of finance, said Monday.

The state legislature will either approve the University system budget proposals as requested or, more likely, alter the requested amounts. The legislature's changes in the budget will depend on state revenue collection.

"We're optimistic," Grogan said. "We'll have a much better view of the revenue situation in May."

The recommended budget for the next two years consists of four parts: requests for university operations, requests for agricultural programs, requests on behalf of North Carolina Memorial Hospital and recommendations for related educational programs for which the board is responsible.

University operations cover the basic educational programs carried out by the 16 constituent institutions and the General Administration of the University.

UNC-CH received the largest allowance for 1977-79, receiving \$85 million for academics, \$57 million for health affairs and \$21 million for area health education centers.

The total requests for university operations for the next two years include appropriations of \$522.1 million for current programs, \$49.7 million for academic salary increases, \$99.8 million for program changes in current operations, and \$178.6 million for capital improvements.

For agricultural programs, the two-year requests include: \$44.5 million for current programs, \$3.9 million for academic salary increases, \$3.4 million for program changes

in current operations and \$11.4 million for capital improvements.

Requests for N.C. Memorial Hospital for the next two years involve \$39.7 million for current programs, \$1,099 million for academic salary increases, \$4.6 million for current operations, and \$36.8 million for capital improvements.

Seven educational programs are operated through institutions and agencies external to the UNC system for which the board has the authority to request funds.

Total recommendations of \$28.9 million for current programs, \$420,000 for program changes and \$456,000 for current operations are proposed for the educational programs.

These funds will be used for enrollment and rate increases, medical scholarships and increased tuition costs in the Medical Scholarships Program.

Vote on 3 CGC seats, amendments Wednesday

Elections will be held Wednesday to choose three Campus Governing Council (CGC) representatives. Included on the ballot are two constitutional amendments that require student body approval.

CGC representatives from Districts II, V and XVIV must be chosen to replace members who resigned since last spring's election. Candidates for each district are: District II, David Hackleman; District V, Darius G.C. Moss; and District XVIV, Robin Wilkerson. Districts II and V are graduate student districts and District XVIV is an off-campus district.

Although the three candidates are unopposed in their districts, a space will be provided on the ballot for write-in candidates.

The two constitutional amendments requiring approval involve the student attorney general and the Elections Board. The first amendment calls for provisions to insure that the student attorney general's office remains unbiased and independent from student government politics.

The second amendment restricts Election Board power by giving the student body president the authority to fire any Elections Board member with the approval of CGC.

Polls will be open from 10 a.m. to 6 p.m. in the following locations: Granville Towers, Y-Court, Union, Parker, James, Morrison, Ehringhaus, Craige, and the Public Health Library. North Campus students and graduate students should vote in the Union or at the Y-Court.

Shut-off failed as conservation measure Woollen Gym's showers to be turned on

by Chris Fuller
Staff Writer

The showers in Woollen Gym, which had been turned off this semester because of the water shortage, are scheduled to be turned on this morning, Carl Blyth, Physical Education Department chairperson, said Monday.

The authorization to turn the showers on came from a memorandum signed by Claiborne Jones, vice chancellor of business and finance. Jones could not be reached for

comment Monday afternoon. The showers had been cut off to help conserve water. Blyth said, however, that little water was conserved because students were returning to their rooms to shower.

Blyth said the showers will be policed to prevent any waste of water. Attendants will check the showers to make sure the water is off when not in use, Blyth said.

"We are requesting students, faculty and anyone using the facilities to take short showers and to turn the showers off," Blyth said.

Though the shower problem has been alleviated, the Physical Education Department still has worries. "The real problem is not having a swimming program," Blyth said.

Frederick Mueller, director of services and programs for the department, said that for the first six weeks the swimming classes have been doing land and safety drills.

A major problem with the swimming program, Mueller said, was with the scuba, lifesaving and water safety instructor (WSI) courses. He said students in these classes receive certification as well as course credit but must have a minimum amount of in-the-water instruction to receive certification.

"The pool must open pretty quick" if they are to get enough time in the pool for certification, Mueller said.

If the pool does not open soon, students will receive course credit but cannot be certified, he said. Blyth and Mueller expressed concern over

the possible inability to certify students taking scuba, lifesaving and WSI because they said students wait for a year or more to get the courses and because some summer jobs require certification.

"The real problem is that the pool is not and will not use any city water," Mueller said. He said if the filters needed cleaning, water already in the outdoor pool could be used for backwashing. "There would not be one drop of city water used."

He added however, that a city ordinance prohibits use of any pools and that the University must abide by the ordinance.

Other physical education classes have continued normally, Mueller said. He said that at the first class meeting instructors gave students the option of participating, wearing their own or Woollen Gym clothing, or observing.

Mueller said that some students who had classes after physical education chose to observe, but that most students chose to participate.

One a day not always healthful

by Julie Knight
Staff Writer

True or false? Vitamins provide energy. Vitamin C prevents the common cold. Vitamin E enhances sexual potency. Vitamins improve health, so the more the better. If a person takes a multiple vitamin each day all his or her nutritional requirements are met.

All of these statements are false. They represent a few of the many myths about vitamins.

Vitamin supplements actually are not needed in most cases, and they can be dangerous. In 1974, *FDA Consumer*, a monthly periodical published by the Food and Drug Administration, noted that almost 4,000 cases of vitamin poisonings were reported each year.

Department of Nutrition Instructor Terry Bazzarre said that multiple vitamin pills which claim to fulfill the U.S. recommended daily allowance (U.S. RDA) are "probably not bad, but you might consider that they are a rip-off."

"Most people don't realize that if they relied on a good variable diet, they would meet their nutrient requirements. Sometimes they think all they need are the vitamins or minerals and forget there are other nutrients they need (such as protein), Bazzarre said.

FDA Consumer reported in "Myths of Vitamins" (March, 1974) that advertisements promoting vitamin-mineral supplements as a good health insurance policy had contributed to the myth that even a balanced diet cannot provide adequate nutrients.

Some people maintain that food no longer contains adequate nutrients because modern farming methods have depleted the soil. "This is untrue," according to *FDA Consumer*. "More is known about the nutrient content of food today than ever before. And more is done, through modern farm practices, to protect and enrich the soil than was even known about in the good old days. In addition, the protein, carbohydrate, fat, fiber and vitamins are controlled primarily by the plant's genetic structure, not

by the soil." But people who limit their eating because they are vegetarians or calorie counters may not be getting a balance of nutrients.

Bazzarre said that a strict vegetarian who does not accept milk in her or his diet might need vitamin pills. But, if milk fortified with vitamins A and D is included as part of a balanced vegetarian diet, then supplements usually are unnecessary.

John Anderson, Department of Nutrition associate professor, noted some definite advantages of the vegetarian diet. "Americans could eat considerably less meat. Vegetarians tend to have much lower blood cholesterol levels, less fat, and lower blood pressure."

People who limit their calorie intake to 800-1200 calories per day may also need vitamin supplements. "It may be very difficult to get in all your vitamins and nutrients on an 800-calorie diet," Bazzarre said.

"As far as deficiency goes, Americans are deficient probably more in iron than anything else," Anderson noted. He added that iron is the one element or nutrient that is probably most difficult to get in the diet.

Bazzarre said there is not enough iron available in the normal diet to meet a woman's needs during her reproductive period and vitamin pills would be beneficial during these years.

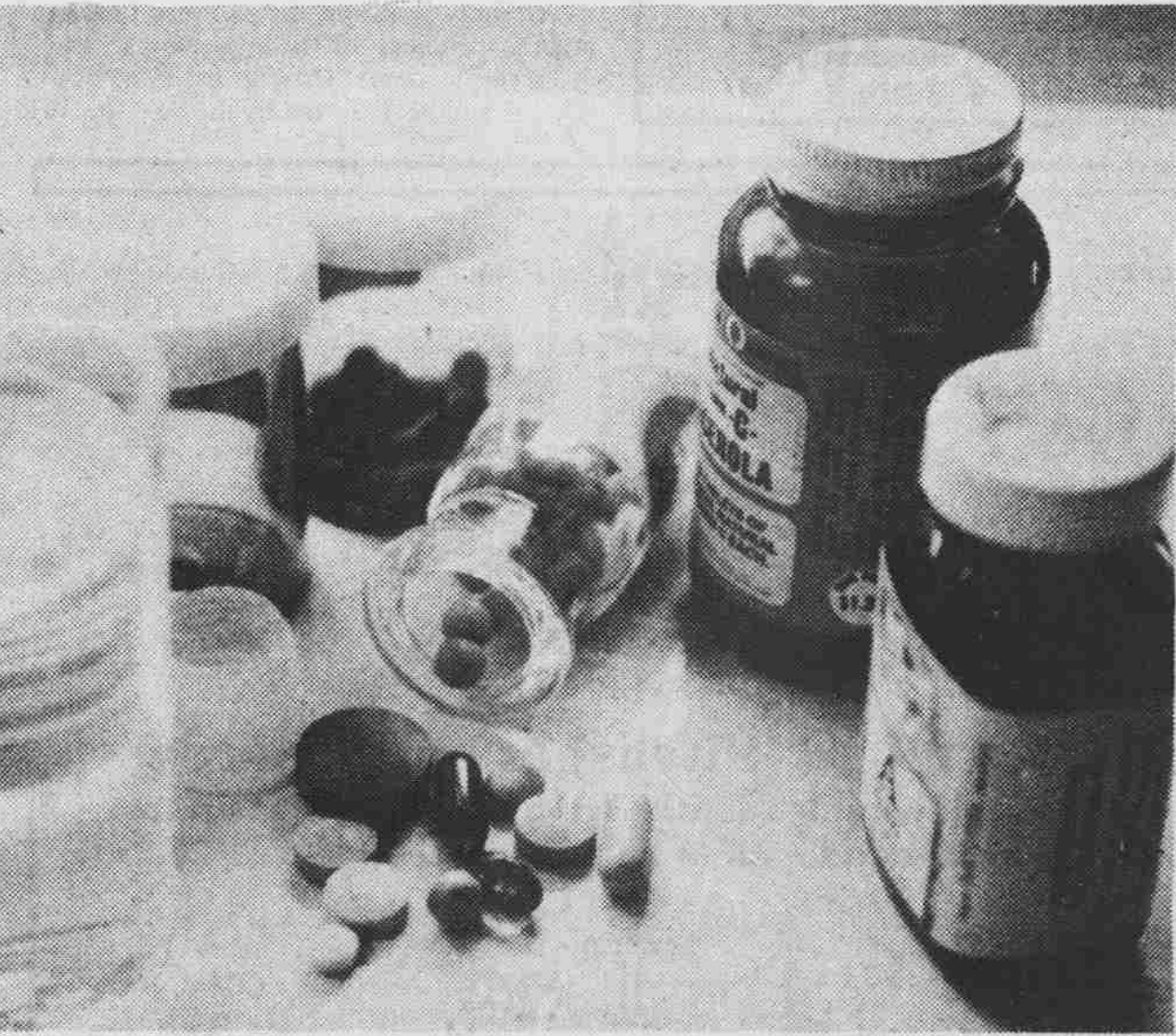
"Megavitamins (large dosage vitamin pills) may hold promise as a therapeutic agent, but pharmacological doses are not the same as nutritional doses," Bazzarre said.

"People say 'if a little is good, more is better, so I'm going to take a whole lot.' They don't know the toxic effects of vitamins."

"Toxic effects are known on several vitamins and are suspected on others. Vitamins A and D are toxic," Bazzarre said.

He described a recent case in which a four-year-old boy had been told that if he ate good foods and took vitamin pills he would grow to be big and strong. The child decided to rush things and took a whole bottle of vitamins. Two days later he died.

Of the 4,000 cases of vitamin poisonings reported each year to FDA's National



Staff photo by M. Elin Dickens

Contrary to widely circulated myths, vitamins do not prevent the common cold, improve one's sex life or meet all basic nutritional requirements.

Clearinghouse for Poison Control Centers, some 3,200 involved children.

Anderson explained that fat-soluble vitamins (such as A and D) are stored in the body and when an excess is taken over a long period of time, toxicity results.

Vitamin A poisoning symptoms are headaches, nausea, diarrhea, skin rashes, decalcification of bones and bone fragility, Bazzarre said.

The toxic effects of Vitamin D are vomiting, diarrhea, weight loss, kidney damage, and mental problems.

FDA Consumer reported in 1974 that it was because of toxic effects that the FDA

prohibited, except by prescription, any daily recommended intake of a tablet or capsule of more than 10,000 International Units (IU) of vitamin A and 400 IU of vitamin D.

Anderson said that FDA limits the dosage in each pill so people will not give themselves an overdose. However, he added, there is nothing to prevent a person from taking more tablets than are recommended.

People often take megavitamins because they believe the myths which imply success in life, youth, beauty and strength, Bazzarre said.

Please turn to page 2

Butz resigns Monday following racial slur

WASHINGTON (UPI)—Agriculture Secretary Earl L. Butz handed President Ford his resignation Monday, saying it was the price for "gross indiscretion"—a racial slur that was becoming an issue in the 1976 presidential campaign.

Butz apologized for his remarks about blacks and said in a statement, "By taking this action, I hope to remove even the appearance of racism as an issue in the Ford campaign."

Butz's controversial quote came after he was asked why more blacks did not vote Republican. He said that all "coloreds" want are three things—"a tight pussy, loose shoes, and a warm place to shit. That's all!"

Butz said his decision was entirely voluntary, and there was "no pressure" from the White House.

"President Ford is a decent man with high moral values, who insists that every American be treated equally and with dignity," said Butz. "Every member of his administration must and does subscribe to the same values."

Ford said his decision to accept Butz's resignation was "one of the saddest" of his presidency. He praised Butz's work in agriculture and called him "a close personal friend, who loves his country and all that it represents."

Presidential Press Secretary Ron Nessen said Ford had not yet chosen a successor for Butz, a former Purdue University professor who was appointed agriculture secretary in 1971 by Richard Nixon. Agriculture Undersecretary John Knebel said Ford asked him to serve as acting secretary.

Ford reprimanded Butz Friday for "highly offensive" remarks made in a conversation with former White House counsel John Dean and actor Pat Boone on a plane as they left the GOP National Convention in Kansas City, Mo.

Dean, reporting for "Rolling Stone" magazine, attributed the remarks to an unidentified Cabinet member.

Teary-eyed after meeting with Ford Monday, Butz read to reporters his resignation letter saying, "I sincerely apologize for any offense that may have been caused by the unfortunate choice of language used in a recent conversation and reported publicly."

Besides his letter of resignation and his statement at the White House, Butz issued a written statement saying, "This is the price I pay for a gross indiscretion in a private conversation. The use of a bad racial commentary in no way reflects my real attitude."

Then Ford, his face grim and aides shielding him from reporters' questions, entered the room and said Butz was wise and courageous enough "to recognize that no single individual... should cast a shadow over the integrity and good will of American government by his comments."

Butz had been reprimanded once before by Ford in 1974 after he repeated a joke about the Pope's position on birth control, which caused an uproar in the Roman Catholic community. Ford told him then to apologize for commenting: "He (the Pope) no plays da game, he no make da rules."