

# assertive

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Fradkin and McLeroy both believe in stressing the attitude changes most, since, they say, behavioral changes take much longer than the eight sessions usually allotted for each group.

One major technique, however, that is stressed in all assertive training groups is role playing.

"I usually take everyday, common situations and problems and present them in class. Then the members have to act in either aggressive, assertive or non-assertive roles.

"Then they try to assert themselves in a way they feel most comfortable in," Carr said.

Other leaders explained that members can try then to test out these situations in real life and discuss the results at the next session. Even if they fail, the attempt is still educational.

"That's why the group is a great idea," one member said. "If we do have problems, everyone offers you support."

All groups are also very careful to make a distinction between assertion and aggression.

"It's a matter of the tone of voice she uses as well as the words. An assertive person is pretty direct about her own feelings and might give a reason or two for the way she feels, but she wouldn't make threats or try to attack others' feelings," Maxwell said.

Another common factor in most groups is that trainers are very careful to watch and warn of possible consequences to the changes in the subject's behavior.

Galassi said that in the case of marriage, if the woman is being used and suddenly decides to become assertive, there may be problems, especially if her husband has not been prepared for the change.

"I remember in one of my groups a woman came in and said, 'I'm here but my husband forbade me to come.' And she was really upset.

"I was a little worried that her husband would come in with a shotgun, but she showed him our book and he liked the idea

so much he wanted to use it."

Another problem that training leaders face with married women is the myth that assertion should be used by all wives.

"What we're offering is a choice. I hate to see anyone sublimating their own needs and wants to try and make someone else happy, but if it makes her happy, then fine," Carr said.

Other trainers will ask to see the couple together and, and some even prohibit anyone joining who is trying to save his marriage.

Another problem, and one which most trainers agree pertains more to college women, is that of switching roles in the dating process.

For instance, if the girl feels assertive and asks a guy out, said Maxwell, and then is turned down, it is one problem she might not have considered beforehand.

"That's one of the reasons more people aren't assertive; there is a risk involved. They have to understand that even though they have the right to ask for something, someone else has the right to refuse them," Maxwell said.

While most of the group instructors are pleased with the success of assertion training, popularity has brought misconceptions which sometimes hurt the program.

"Assertion training has been portrayed as a method to get what you want at the expense of other people—and it's not," Galassi said.

Citing the cover of a national magazine which showed a picture of a woman in a tarzan suit, portraying an article on assertion, Galassi said that assertion is confused with aggression too much and that the program is misconceived as predominantly for women.

"I think it's a mistake to see it as primarily for women and not for men, or children, or even for senior citizens. It has potential for everyone," Galassi said.

Another misconception, notes Galassi, is that assertion should be used at all times.



"We offer it as an alternative. If someone is on a dark street and he sees four thugs walking towards him, I wouldn't advise him to ask them to move. You just can't use it everytime.

Fradkin and McLeroy also said there have been some false ideas about assertion.

"One big misconception is that we're teaching people how to control other people. It doesn't mean you're going to get everything you want," Fradkin said.

"Also, very few people ever think of it in terms of asserting their positive feelings—and that's what it is," McLeroy said.

But both agree that the biggest misconception is that the change is instantaneous.

"The important point is that the group is just a starting point for learning how to become assertive.

"Some people think that they walk in, and eight weeks later they learn how to become assertive in every situation. They don't. It takes time to learn," Fradkin said.

# news briefs

## CGC confirms officers

The Campus Governing Council confirmed nominations for student body executive officers at its meeting Tuesday. Student Body President Bill Moss made the nominations.

New officers are Todd Albert, treasurer; Elson Floyd, attorney general; Kurt Nelson, executive assistant to the president; Mark Payne, secretary of internal affairs; Greg Underwood, secretary for administration affairs; David Smith, secretary for communications; Roy Cooper, secretary for residence affairs; Craig Willis, secretary for local affairs; Tonya Allen, secretary for state affairs and Jan Edmisten, assistant to the president.

## HEW given week delay

Federal District Court Judge John H. Pratt has granted the Department of Health, Education and Welfare and the NAACP

Legal Defense Fund an extra week to prepare a new desegregation plan.

Such a plan, the judge ordered, must speed desegregation in the state universities of North Carolina and six other states. The plan now is due March 8.

"Hopefully they'll get it in something by then," Judge Pratt's secretary said Wednesday.

## Gonzalez resigns chair

WASHINGTON (UPI)—The chairperson of the House committee investigating the assassinations of John F. Kennedy and Martin Luther King resigned Wednesday in a feud with the committee's staff director, leaving the panel close to collapse.

Henry Gonzalez, D-Tex., chairperson of the committee, called committee counsel and staff director Richard Sprague "an unscrupulous individual, an unconscionable scoundrel."

House Speaker Thomas P. O'Neill, D-Mass., received Gonzalez' letter of resignation but said he was not ready to accept it without talking to the congressman.

# era

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Other students agreed with Athanas but were more vehement. "It sucks," said Cliff Kreps, whose mother, Secretary of Commerce Juanita Kreps, spoke in favor of the amendment during the heated legislative battle.

"This just proves that North Carolina is the pits, the goat," said Kreps, a Chapel Hill native. "They had their chance, and they blew it."

Several other students echoed Kreps' contempt for the N.C. lawmakers who voted against the amendment. One of them was Mary Friday, daughter of UNC system President William

Friday.

"I think they ought to throw them all out of office, especially the ones who got elected on pro-ERA platforms and then changed their minds," said Friday, a junior.

Friday said she was surprised to see ERA fail this time "because when it got through the House, its chances looked so good."

But Shawn Daughtridge said the vote didn't surprise her at all. "What can you expect from a state that votes down liquor-by-the-drink?" the Rocky Mount junior asked.

## "WHY DO THE HEATHEN RAGE?"

Psalms 2 and Acts 4:25

In the First psalm, God says the man that delights himself in "THE LAW OF THE LORD" shall be like a tree planted by the riverside, his "leaf shall not wither and whatsoever he doeth shall prosper."

"BUT THE WICKED ARE LIKE THE TROUBLED SEA, WHEN IT CANNOT REST, WHOSE WATERS CAST UP MIRE AND DIRT. THERE IS NO PEACE SAITH MY GOD TO THE WICKED." Isaiah 57:20, 21. We cry peace, peace, but make little effort, if any, to cut out our personal wickedness and indifference, or to rise up and put away the lawlessness all about and around. In Amos 5:23-24, God says: "TAKE THOU AWAY FROM ME THE NOISE OF THY SONGS: FOR I WILL NOT HEAR THE MELODY OF THY VIOLS, BUT LET JUDGMENT RUN DOWN AS WATERS, AND RIGHTEOUSNESS AS A MIGHTY STREAM." In plain everyday language God is here saying: I am sick of your songs and music, take it away. What I want is judgment and righteousness established in the land like mighty rivers and streams that bless the earth and her inhabitants: That God's Kingdom might come and His will be done on earth as in Heaven!

"THE LAPSE OF CHURCH DISCIPLINE WAS A CERTAIN SYMPTOM OF POLITICAL AND SOCIAL ANARCHY," said the English Historian, Terry, as he looked across centuries of experiences of the English people. Church anarchy in doctrine and conduct produces political and social anarchy. Neglect and unbelief of God's Book, The Bible, produces Church anarchy! If you are a Church member you can do something to correct this situation by being faithful to your vows to serve God, "WHEN THOU VOWEST A VOW UNTO GOD, DEFER NOT TO PAY IT: FOR HE HATH NO PLEASURE IN FOOLS: PAY THAT WHICH THOU HAST VOWED!" Eccles. 5:4.

All that has been said in the above concerning God's message in the Second Psalm, might be summed up in just one short verse of The New Testament, Romans 8:31: "FOR THE WAGES OF SIN IS DEATH: BUT THE GIFT OF GOD IS ETERNAL LIFE THROUGH JESUS CHRIST OUR LORD." "SIN IS ANY WANT OF CONFORMITY UNTO, OR, TRANSGRESSION OF THE LAW OF GOD." It is the duty of

every true and faithful witness of Jesus Christ to "cry aloud and spare not" to denounce every transgression of the Law of God, and the rejection and departure from "one jot or tittle" of God's Ten Commandments which reveal the very character of the Omnipotent Creator. Such witnesses are not your enemies, but friends in that they seek to turn you away from the wrath of God. THE WAGES OF SIN IS DEATH, AND THESE FAITHFUL WITNESSES ARE SEEKING TO "SMITE DEATH'S THREATENING WAVE BEFORE YOU." (This quote is from the old and beloved Christian Hymn: God be with you till we meet again, smite death's threatening wave before you, keep love's banner floating over you, —) The Almighty has engaged Himself by means of the New Covenant, and the work and ministry of The Lord Jesus Christ and The Holy Spirit, to write these Laws upon the hearts and in the minds of true and faithful believers. "We are workers together with God," don't rage against Him!

"THE WAGES OF SIN IS DEATH: BUT THE GIFT OF GOD IS ETERNAL LIFE THROUGH JESUS CHRIST OUR LORD." DEATH does a mighty big business every day! Probably all over the world at this moment there are between 150 and 200,000 dead bodies waiting to be buried. And tomorrow there will be an additional like number, with you and me included in one of those tomorrows! If just one day's "crop of death" was gathered in one place, what a territory would be covered! Great nations, great institutions, companies, unions, and concerns of all kinds, also die, perish from the earth! John Bunyan said, give a little thought every day to your own funeral in order that you might be prepared! "O DEATH — —!" The Lord Jesus Christ is the MIGHTY CONQUEROR OF DEATH! He raised the dead! He raised Himself from the dead! Don't neglect and reject Him and His "Wonderful Words of Life." SURRENDER! SUBMIT! — We deliberately use the word "SUBMIT" rather than "COMMIT" as it appears to us there is quite a difference.

In Mark 1:15, Jesus said, "— THE TIME IS FULFILLED, AND THE KINGDOM OF GOD IS AT HAND: REPENT YE, AND BELIEVE THE GOSPEL!"

"GOD BE WITH YOU — — SMITE DEATH'S THREATENING WAVE BEFORE YOU!"

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## Worth philosophy award renewed

By JEFF COHEN  
Staff Writer

The philosophy department's Worth Award, last bestowed to then UNC senior Thomas Wolfe in 1919, will be renewed for the UNC Chancellor's Undergraduate Awards ceremony this year.

The Worth Award, given at UNC from 1883 to 1919, will be the second-oldest award given in the ceremony this year, according to Arthur Kullik, assistant professor of philosophy.

The Willie P. Mangum award, an oration

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award established in 1878, is the oldest award presented at the ceremony. Its winners include U.S. Rep. L.H. Fountain, D-N.C., (1934) and Charles Kuralt (1955).

"We thought it would be appropriate to reinstate the award to give the undergraduate philosophy program deserved recognition," Kullik said.

Other honors given during the ceremony will include the Robert White Linker Award, bestowed upon the student who provides outstanding service to UNC residence halls and winners include Rufus Edmisten (1962); and the Jim Tatum Memorial Award, an athletic honor given to such UNC stars as Charlie Scott (1970), Don McCauley (1971) and Mitch Kupchak (1976).

The Chancellor's Awards ceremony will be held Tuesday, April 19, in the Banquet Hall of the Morehead building.

According to Roslyn Hartmann, assistant dean of student affairs, there have been several important changes in the awards procedure, including an attempt to eliminate the possibility of a few people winning several awards.

"This year there is a larger ad campaign in an effort to broaden the base of nominations," she said. "We want the nominees to be more representative of student life today."

Hartmann explained that in past awards ceremonies the same people always were contacted for submitting nominations, resulting in a closed nomination process. She explained that this year, many persons in all areas of the University have been given the chance to make nominations.

"We think we have given people the opportunity to nominate students who are worthy but don't get the media coverage," Hartmann said.

"We have also combined the five committees responsible for awarding the five student activity awards into one committee in an effort to make sure the same student does not win two or three awards."

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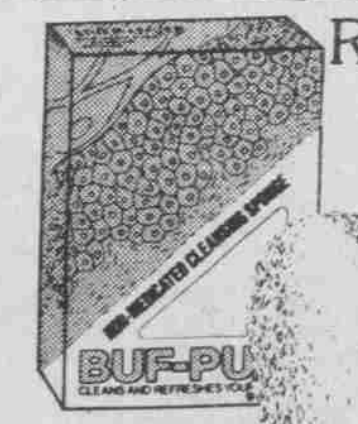
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