The mock election sponsored by Common Cause on Friday shows some interesting, if not altogether surprising, statistics on campus concerns. See page 2 for details.

Volume 86, Issue No. 58 49

Monday, November 6, 1978, Chapel Hill North Carolina

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Interviews

Some tactics to use in the last, most important phase of looking for employment

By BEN ESTES

The job interview is the last and most important part of looking for a job. After you have researched the company you are interested in and have written a good resume, it is time to begin preparing for the job interview, says Jerry Bordeaux of University Placement Services.

"It is the interview that gets you the job," Bordeaux said. You have to be able to control the interview by giving the interviewer important information about yourself and getting him to answer questions you have, she said.

There are different types of interviews and interviewers, said Bordeaux. An information interview is basically an exchange of information during which you become acquainted with the company but do not actually apply for a job.

There is also the on-sight interview in which you visit the company and go into detail about your qualifications. The type of interview usually conducted on campus is a screening during which the interviewer searches for qualified job applicants.

· Interviewers have varied styles ranging from authoritarian to reflective, and you should know how to react to each different type of interviewer, Bordeaux said.

Interviewers, as well as interview subjects, are under pressure, Bordeaux said. Keep in mind, she added, that the interviewer is judged by the people he hires, and he wants his choice to reflect well on his judgement.

Thinking on the various paths an interview can take, you should thoroughly research the company, learning

things such as the names of the people in the company and what they do. Also, be ready to ask questions you have about the company.

Dress neatly and be early when you actually attend the interview. Bordeaux said. Be sure to use effective communication skills giving clear, definitive answers to questions: keeping good eye contact and posture while watching the interviewer for feedback.

Small talk during the opening minutes of the interview creates a relaxed atmosphere, and is one of the most important parts of the interview. Bordeaux

said. During the information exchange, you should be ready to answer questions on your education, past experience and any responsibilities you have had. "Never answer any question in a negative manner," Bordeaux advised.

You should leave with a very clear understanding of the next time you will be in contact with the company. You should also write down your answers to the interviewer's questions and study them, Bordeaux.

If you feel the interview went well, you should write a follow-up letter to the company, referring to salient points that were gone over during the interview, Bordeaux said.

If you feel the interview went poorly, don't worry. It takes a half a dozen interviews to get one job offer on the average, Bordeaux said. Try to figure out why you didn't get the job and improve your interviewing techniques for the next interview.

University Placement Services will be holding workshops on interviewing tactics on Nov. 7, Nov. 20 and Dec. 5. Workshop times and study guides can be obtained in 211 Hanes Hall.

Complex site draws fire of residents

By CAROL HANNER

Tar Heel basketball fans may have been excited when they heard about UNC's proposed \$21 million athletic complex, but athletic Director William Cobey says the facility is still a long way

"(The complex) is still not a top priority of our institution, but it's getting there," Cobey said.

The complex will house an 18,000-seat basketball arena, a 50-meter swimming pool for recreation and for the varsity swim team, a diving well, a wrestling room, a practice backetball court and athletic department offices, Cobey said.

But first, the University must get legislative authorization to go ahead with the project, raise funds for it and find a

Cobey said the funds will have to come from private donations, using revenue bonds or student fee increases as a possible back-up measure.

He estimates that it will be four years before project construction, depending on how long it takes to raise the funds. The project will then take at least six

years to finish, he said. "Right now, UNC's Carolina Challenge (to raise \$80 million for the general endowment fund) is the University's priority fund-raising effort,"

Cobey said. One site considered for the complex is 37 acres of University property off Mason Farm Road south of Manning Drive.

The University has met opposition from area residents by trying to get the land rezoned from residential to University use. The University-A zone would allow any of 35 possible uses, including an athletic complex.

Cobey said UNC has examined at least two other sites for the complex, but he said, "I understand (the property on Mason Farm Road) is a very good site for a coliseum."

Several area residents have said they fear putting an athletic complex on the property would disrupt the residential quality of the neighborhood.

Mrs. H.C. Baity, who, with her husband, sold the land to the University in 1974, said, "I am very strongly of the opinion that the University would be making a serious mistake for the future not to put a medical, public health or academic building on the land."

She said in a statement at a public hearing on rezoning the land that a University representative told her when she sold the land, "The University has much better places to put a coliseum."

No written constraints were attached to the land's sale, Mrs. Baity said, because she was told such constraints might jeopardize approval of the purchase by She said an athletic complex would

disrupt the neighborhood, in spite of a 200-foot buffer strip proposed by the "Two hundred feet was adequate

protection for an academic use of the land, but not for that type of facility (an athletic complex)," Baity said.

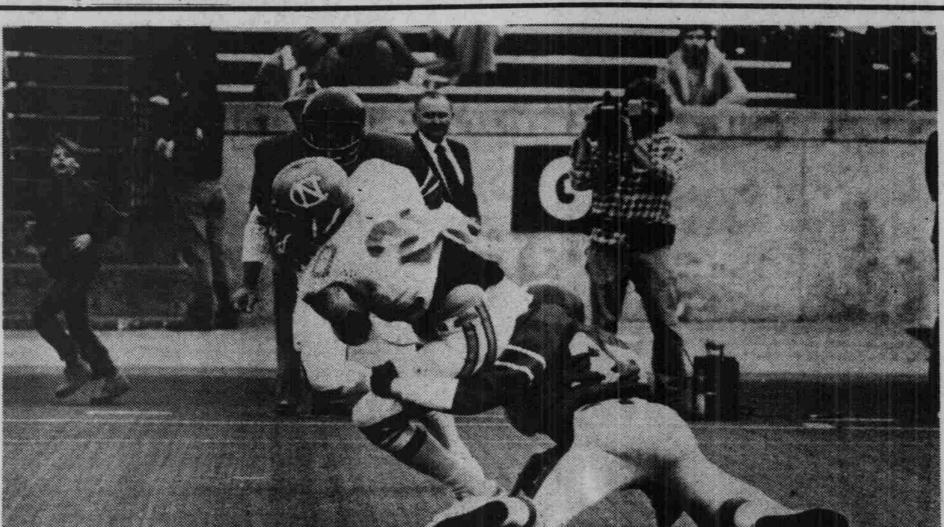
The town planning board has recommended approval of the rezoning

Last week the Board of Aldermen voted to delay consideration of the issue until after a Nov. 20 public hearing on changes to the University-A zone.

Aldermen Bev Kawalec, Marilyn Boulton, Robert Epting and Jonathan Howes have called a special meeting tonight to reconsider the delay.

Cobey said he did not think an athletic facility on Mason Farm Road would disrupt the neighborhood any more than another type of University building. He said he thought the 200-foot buffer and the lack of any street access between the property and the surrounding neighborhood would provide adequate

protection. Cobey added that the proposed 600space parking lot scheduled for the property would cause the land to be consistently used by traffic with or without an athletic complex.



Tar Heel Amos Lawrence wrestled to ground after receiving touchdown pass from Matt Kupec...



...teammate Jim Rouse (19) offers congratulations during one of few bright moments for UNC

Carolina carnival raided in Richmond

By LEE PACE **Sports Editor**

RICHMOND, Va. Step right up, ladies and gents, step right up. Nine bucks-that's right, nine bills-is all you need for a look at a marvelous show, the Carolina Football Carnival. Strange, bewildering and baffling, this show will keep you entertained each Saturday afternoon as it runs its gamut of illegal procedure penalties and personal fouls, long passes and long runs (for and against) and any and everything you wouldn't expect to see on a football field. Over here we've got Chuck "Light

Bulb" Sharpe. Watch him turn on and off from week to week. Beside him is Matt "Why me?" Kupec, who's still trying to figure out why he's not on display fulltime. Those 11 specimens over there—not too close, Sonny- they're known as the defense, only sometimes it's hard to figure out who or what they're defending. And over there, that's the offense, They're always offensive, sometimes to themselves, sometimes to their

See the man with the earphones. See him not seethe, see him not explode, watch as he doesn't slug anybody, which he must feel like doing. And watch as

nobody slugs him, which some of our patrons-\$9 poorer must feel like

Yes, ladies and gentlemen, it's the Carolina Football Carnival. guaranteed to make you laugh and cry, scream and curse and become downright obnoxious after three hours of sport and mayhem.

"We're on a roller coaster right now," said Dick Crum, the man with the earphones. "We're up one week and down the next. Up one and down one."

Up against Wake Forest, down against N.C. State. Up against South Carolina.

See SPIDERS' on page 5

Helms, Ingram nix survey results; push for last-minute votes

By JIM HUMMELL

Democratic U.S. Senate candidate John Ingram leads Republican Sen. Jesse Helms 57 percent to 32 percent among student voters on the University campus. according to a poll conducted last week by Campus Y and the University chapter of Common Cause. A similar poll in Granville Residence College shows Helms leads 63.9 percent to 28 percent for

Meanwhile, a statewide survey released this weekend by a Raleigh newspaper shows Helms holding an 18.3 percent lead over Ingram.

The survey results came as Ingram and Helms combed the state in a last-ditch effort to get out the vote. Both candidates said the only poll that counts is the

election on Tuesday. "If we get folks out we're going to look good from the top of the ticket to the bottom, and that's exactly what this country needs-more conservative

He blasted the Democrat for saying Ingram would have voted in favor of ratifying the Panama Canal treaties. "I don't think we need another senator who will yield to the blackmail from that Marxist dictator in Panama," Helms

Republicans," Helms said.

"The Panama Canal fight is just half over. The other half is the bill that will implement it," Helms said. "The question is how much money will we send to that Marxist regime in Panama." Helms referred to Ingram as a "pretty

nice fellow" but then accused him of playing a "shell game" on issues of concern to senior citizens. "If he had voted opposite of me, he

would have voted with the extreme leftwing element of the Senate 100 percent of the time," Helms maintained. Meanwhile, Ingram called on Helms to disclose the source of \$300,000 in

contributions that have not been itemized

on campaign financial reports.

"I think there needs to be a total limit on spending," Ingram said. "The number of political action committees throughout the country also need to be

Ingram, outspent by more than 30-1 in

the campaign, tied his statements about

the money to a call for reform in the way

political candidates are allowed to raise

reduced." Greg Winchester of Common Cause and Carol Frye, academic lieutenant governor of Granville Towers, said they

believe their polls are accurate. In the Common Cause and Campus Y survey, 486 students cast votes at mock election booths Thursday. Winchester conceded the poll sample was not randomly taken, as was the Raleigh newspaper poll and other satewide

The newspaper poll, conducted last Monday, shows that Ingram's campaign has lost ground.

Taken by the North Carolina Opinion Research Inc., the statewide poll shows Helms with 49.5 percent of the vote to Ingram's 31.2 percent.

In the poll, 12.9 percent of the voters questioned said they were undecided, 4.4 percent refused to say how they would vote and 2 percent said they would go to the polls but would not vote in the Senate

A similar poll conducted a month ago showed Helms with 45.1 percent of the vote, Ingram with 37.8 percent, 12 percent undecided, 4.5 percent refusing to say how they would vote and 0.6 percent saying they would not vote in the Senate

Robert Stevenson, assistant professor in the UNC School of Journalism, said neither campus poll is accurate.

"I think both of them should be thrown out," said Stevenson, coordinator of the journalism school's statewide Carolina Poll. "The main problem with them is the sample of people they cover."

Frosh pre-registration tricky at first, but then...

Freshman pre-registration begins today, and, although the process is not particularly difficult, it can be confusing for those who have never before experienced it.

Deadline for submitting preregistration forms is Oct. 21. Schedules that list all courses to be offered in the spring. the times they are offered and other information pertinent to planning your schedule are available in the basement of Hanes

Once you have picked up your copy of the course schedule, go by thirdfloor South Building and make an appointment with your adviser. Then go home and begin planning your

Adviser Dottie Bernholz suggests

you review your self-counseling manual and tentatively select courses that will satisfy your General College requirements. Locate each course in the schedule and make a notation of the course subject, course number, section number, credit hours, control number, hours and days of classes. Be certain to select two alternate courses.

If permission is required for any of the courses you select. obtain a pink permission form from South Building and take it to the relevant department or professor to secure permission.

Jot down a reminder of any questions to ask your adviser, and don't forget to keep your appointment. Advisers will outline any further instructions relevant to pre-registration at the appointment.

Rainbows, violets: new way to better health

By PAM KELLEY

Staff Writer Local health professionals Saturday unveiled many of the services they hope to offer at the planned Community Wholistic Health Center at a Healing Arts Festival in the Carolina Union.

Nurses, nutritionists, masseurs, astrologists and various health educators presented workshops on topics from meditation and yoga to acupuncture and dreams.

Leaf Diamant, chairperson of the Health Center, psychotherapist and Duke University instructor, gave a workshop on local wildplants which can be eaten or used for medicine.

Red clovers, chickweed, sourgrass and violet leaves can all be added to salads, Diamant said. "Persimmons, also known as sugar plums, can be made into a bread or pudding," he said. "They're an outrageous fruit. You should get them when they're soft and gooey; the prime time for them is right now."

"The roots from the sassafras tree can be used to make tea," he said. "In the spring or fall I pull up small trees and collect the roots. I heymake a tea that is a stimulant and a powerful tonic. I hey used to tell about sassafras tea in the Boy Scout manual, but when they found out it helps people feel good, they took it out," Diamant said.

Val Staples and Anne Mandetta taught members of their workshop, "Strees without Distress," some simple ways to relax. As participants lay on the floor in a dimmed room, Mandetta, a lecturer at the Duke School of Nursing, told them to imagine they were breathing a rainbow of colors into their bodies and then slowly exhaling colored vapor into the air.

"Working too hard, not getting enough sleep, not eating well and not getting enough relaxation are

common causes of stress," said Staples, who is a member of Duke's Physician's Associates Program, "Sometimes you can make a change in your environment to reduce stress. Don't try to change everything at once-just start on one thing," she said.

William Mao, who holds a Ph.D. in physiology and is currently doing research on acupuncture at UNC, said in his workshop that acupuncture can replace an anesthetic during operations. "Acupuncture doesn't deaden sensations like an anesthetic does," he said. "The patient still feels sensations, but they are sensations other than pain."

Although acupuncture is still used on an experimental basis in the United States. Mao said it has been used in China since prehistoric times. "Inserting an acupuncture needle isn't even as painful as getting an injection, because the needle is smaller," he said.



William Mao