Copyright The Daily Tar Heel 1982

Serving the students and the University community since 1893

Volume 90, Issue 72 34

Wednesday, October 13, 1982

Chapel Hill, North Carolina

University Day

Clouds don't dull **UNC** celebration

By SCOTT RALLS

The skies were gray and overcast Tuesday, but color was not lacking at the University Day celebrations, commemorating UNC's 189th birthday.

Some 400 people watched as the University faculty, adorned in multi-colored robes, paraded into the convocation at Memorial Hall to the accompaniment of the UNC Trombone and Trumpet Ensembles.

William Leuchtenburg, Kenan professor of history at the University, delivered the address at the annual convocation, which is held in honor of the laying of the cornerstone of Old East on Oct. 12, 1793.

"We should not be disillusioned by the prophecies of the future or the accomplishments of the past," Leuchtenberg told the audience, adding that they should go into the future with progress.

"It seems highly probable that the year 2000 will be viewed uncongenial to the life of the university which prospers in an atmosphere of confidence," he said. "If there is a single posture that appears to epitomize our attitude toward the year 2000, it is the averted glance."

. It has become commonplace to observe that America has reached some kind of "terminus, and many analyses go further to say that we are doomed," Leuchtenburg said.

"Too often, the literature of doom has about it a quality of faddishness.

Everybody is into doom."

Leuchtenburg said it was indulgent to assume that this was the first generation to face grave challenges.

He pointed out some of the hard times the University has faced — during the first year of the Great Depression, its budget was cut 25 percent, and the following year it was cut 20 percent. But it also was during the Depression when UNC's General College, the schools of Public Health and Library Science and the Southern Historical Collection were established.

"As we approach the mileposts that lie ahead of us, from now to the year of 2000, we should not be deterred by premonitions about the future nor by illusions of the past," Leuchtenburg said. "It will require all our resources of intellect and spirit to succeed, and to such an effort this university has much to contribute."

UNC received its reputation because it is a progressive force, and it will have such a reputation as long as it remains a progressive force, he said.

Preceding Leuchtenburg's address, Distinguished Alumnus awards were presented to University alumni business executive Kay Knight Clark, actor George Grizzard, author and teacher Mary Mebane and author David Stick.

Following the convocation, the "4th First Annual Birthday Party" was held in the Pit, featuring hats, horns, Carolina blue cake and a rendition of "Happy Birthday" by the Black Student Movement Gospel Choir.



Daphne Blount, right, serves up a piece of birthday cake ... celebration held in Pit Tuesday for UNC's 189th year

Council to form alcohol task force

By ALAN MARKS

A task force, which will include two UNC students appointed by Student Body President Mike Vandenbergh, is being created in Chapel Hill to consider ways of solving alcohol-related problems in the town. The Chapel Hill Town Council unanimously passed a resolution Monday night supporting the creation of the task

Council member Marilyn Boulton said this was the first action by the council to attempt to crack down on alcohol problems in Chapel Hill and to enforce laws relating to alcohol and its consumption.

"It is a community problem," she said. "A couple of us on the council felt it was about time we extended this into the com-

The task force will look at ways to identify problems that have a reasonable remedy, Boulton said.

The committee will be composed of people from all aspects of the community, including two UNC students, two high school students, bar owners, convenience store owners and a judge.

The council also appointed Dr. William Eastman, the parent of a teen, to serve on the committee.

Vandenbergh said he planned to appoint one student who is directly involved with student government and one student outside of government. The appointments will not be made until he talks with Mayor Joe Nassif and is able to get a clear picture of the purpose of the task force, he said.

The task force is to issue an interim report to the council no later than the spring of 1983 and a final report no later than the fall of 1983.

The council also voted down a resolution which would have allowed local residents to purchase bus passes with a credit card.

Town transportation board member Ed Montgomery addressed the council, stating bus service is being reduced because of federal cutbacks and the town needs to do everything it can to keep the system

Council member R.D. Smith said he had been in favor of the resolution earlier, but now had reservations about allowing residents to purchase town services with a credit card. A Sept. 27 vote on the resolution resulted in a 4-4 tie, with Smith voting in favor of it.

Council member Winston Broadfoot agreed with Montgomery's reasoning for the use of credit cards, but voted against the resolution because he objected to the fee that would be charged to the town for each transaction made with a credit card. Broadfoot pointed out that the bus system had the second-highest net operating cost in the state.

The council gave the go ahead to adopt a project ordinance for a Transportation Capital Grant that will allow for the installation of new bus shelters, bus shelter modifications, benches and office equipment for the transportation department.

The Chapel Hill Transportation Department has received a capital grant of \$119,280 from the Urban Mass Transportation Administration to install 23 new bus shelters in Chapel Hill, Carrboro and the UNC campus; to install 40 benches at Chapel Hill bus stops; to modify 11 existing bus stops in Chapel Hill for accessibility to handicapped persons; and to purchase office equipment.

The North Carolina Department of Transportation will add 10 percent of the total project cost, and Chapel Hill, Carrboro and the university will each pay 10 percent of the costs of improvements in their jurisdictions. The total cost of the project is \$149,100.

The council set a public hearing for Oct. 25th on the request by Duke Power Company for the annexation and zoning of an 18-acre site at Homestead Road and the N.C. 86 intersection.

System represents students

SGA's executive branch has varied roles

By LISA PULLEN

· Part one of a two-part series.

"With strong purpose to resolve the doubts we have inherited from 150 years of formless growth, with resolute determination to preserve the best in our tradition of responsible student selfgovernment, we assert our goals to preserve order, make personal freedom secure, establish justice and win a lasting opportunity for responsible and collective action."

With those lofty goals in mind, students at UNC established a written framework for Student Government in the first Student Constitution.

Although the Constitution was not written until 1944, Student Government had been in operation at UNC since 1875. Originally established to handle

matters of student discipline, the organization functioned as a student judiciary. But today, more than 100 years later, the most

visible role of Student Government is that of the executive branch. Similar in structure to the federal government, the executive branch this year consists of Student Body President Mike Vandenbergh, five executive assistants, and 13 committees and their chairper-

sons. Also included in the executive branch is the student body treasurer and an executive secretary. In all, 250 students work within the executive branch. But through the various services that it of-

fers, the executive branch touches hundreds more. "I think the average student probably is not aware of the variety of projects and influences Student Government has," Vandenbergh said. "There are a great number of decisions which we make where we are able to avoid problems (that) students

The executive branch's most important function is to represent students, Vandenbergh said. It also provides services to students and attempts to influence policy decisions made by the administration, he added.

"Probably every student on campus has been touched by some aspect of student government," said Leslie Takahashi, executive assistant to Vandenbergh.

Major projects of the executive branch this year include the Student Part-Time Employment Service, the Academic Advising Service and the Liaison Service. In addition, the executive branch operates a Student Hotline for information-seeking students.

Vandenbergh divided the efforts of the executive branch into three roles: reacting to controversial decisions, becoming involved in decisions before they become controversial and the role of providing services to students.

The executive branch defends student interests

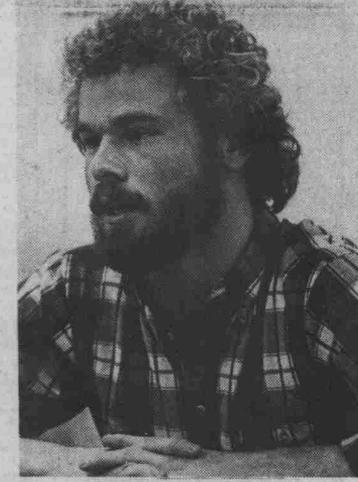
"anywhere students might get railroaded," said executive assistant Jon Reckford.

Vandenbergh cited last spring's food service controversy as an example of the role that Student Government plays. There was little student input in the administration's first proposal for food service renovations, he said.

"We were allowed to greatly influence the final product," Vandenbergh said. He said Student Government was instrumental in lowering the fee that would be charged to students, and substituting the \$100 mandatory meal ticket plan for on-campus students in place of mandatory room and board plans in selected residence halls. An overseer of a \$48,920 budget appropriated by

the CGC, the executive branch is capable of exerting a good deal of influence. Vandenbergh said the ex-

See STUDENT on page 6



Mike Vandenbergh

Center deals with stress problem for doctors

By ELAINE McCLATCHEY

Joke books often portray physicians as goof-offs more concerned with their golf games than their patients, but the physicians' suicide rate - two to three times higher than the national average - suggests that many physicians have difficulty coping with the pressures of their jobs.

To combat the problem of the impaired physician, John-Henry Pfifferling cofounded the Center for the Well-Being of Health Professionals, a national center dedicated to training health professionals on dealing with stress, something he says the schools are not doing.

"We're not training them to cope," he said. "We need to open up so it is not stigmatized."

Pfifferling said he believed the problem of depression and loneliness which sometimes leads to drug and alcohol abuse was significant enough to warrant national attention.

An impaired physician is one who is unable to practice medicine satisfactorily because of personal or physical problems, including excessive use of drugs and alcohol, said Pfifferling. He received a doctoral degree in medical anthropology and health education from Pennsylvania State University.

Medical journals also have been addressing that issue more openly. In Postgraduate Medicine, Drs. G. Douglas Talbott and Earl Benson said 12 percent to 14 percent of all physicians have or will

have problems with alcohol or drugs. But there is some disagreement over the need for a service such as Pfifferling's. Dr. Robert Rutledge, who is in residency at North Carolina Memorial Hospital in the surgery program, said he hasn't seen much evidence of the problems. "My friends in college drank a lot more than the surgery department here," he said.

The percentage of physicians who have taken drugs or alcohol is higher than the national average, but it is not any higher than for any job with a high level of stress involved, Rutledge said.

Rutledge said he had only known one person with a chemical dependency since he had been working in medicine.

Rutledge performed research for two years after graduating from the University of Florida medical school and now is in his third year of residency.

Pfifferling's associate at the center. Raymond Jang, estimates that although the primary purpose of the center is for education and prevention, the center still receives at least two crisis calls a week from all over the country from people who do not know where to get help. Pfifferling said locally, 50 percent of the people he counsels are in a crisis situation.

The center usually receives between two and five patients a week.

The center, located on Chapel Hill Boulevard in Durham, is believed to be the first of its kind. There are other treatment centers for detoxification but very few that try to help physicians before they turn to drugs or alcohol.

By offering career counseling, giving seminars across the country on handling stress and providing books on physician

See STRESS on page 6

Time problem for med, dental students

By ELAINE McCLATCHEY

Once a medical or dental student finishes classes, studies, labs and clinic work, he barely has time for eating and sleeping, much less relaxation. Some health professional students say there never is enough time.

Approximately one-third of the students in the 1982 class of the UNC dental school did not graduate on time last spring and Garland Hershey, associate dean of academic affairs at the dental school, said he was concerned with the increasing numbers who attend an extra semester.

One fourth-year dental student, who asked not to be named, said the problem indicated a larger problem of overly high faculty expectations which was causing stress among students. "I feel like some of the expectations are unfair; if not unfair, it's not realistic," he said.

John Reinhold, a clinical social worker in the mental health division of Student Health Services, said the precision work, high faculty expectations and heavy classloads were common causes of

stress mentioned by dental students who sought counseling.

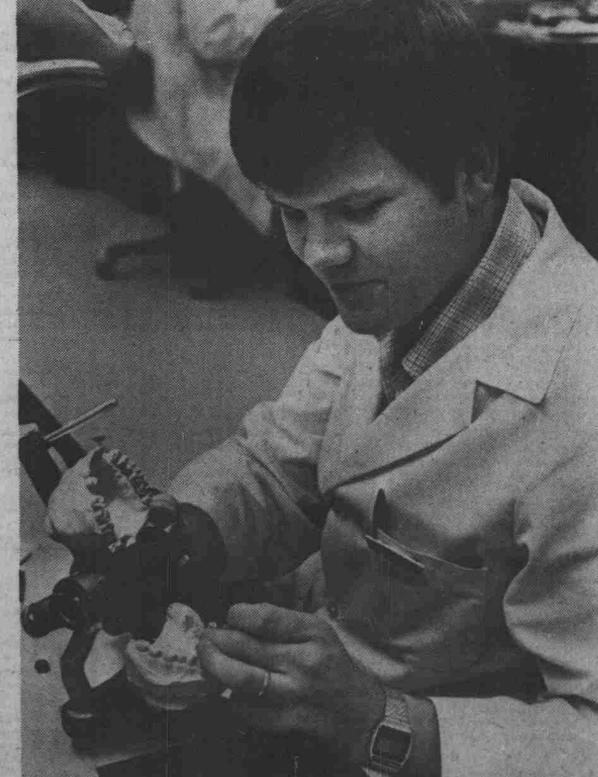
"Faculty expectations are high, they've devoted their time, above and beyond the call of duty and they expect students to do the same," he said. Students tell Reinhold they feel as though they can never put in enough time, that they are never quite good

The dental student said there were times when work that would be acceptable in a work situation was rejected by professors, and the student must start over again. "It's wasting your time and your patient's time," he said. "By the time you're on your fourth year, you know what is acceptable."

Hershey said neither the faculty nor the students should shoulder all the blame for the numbers who did not finish on time. "Standards in dentistry are exceedingly high, we all feel a great deal of pressure," he said:

"It is a student problem, it is a faculty problem and I think they are working together to deal with it."

John-Henry Pfifferling, co-founder of the Center for Well-Being of Health Professionals, contends that America's health See MEDICINE on page 6



David Heath examines molds in a dental school class studies show dental, med schools stressful for students