

student

From page 1

Executive branch's power was derived from three sources: its ability to mobilize student opinion on a certain issue, the extent to which the administration allows the Student Government to become involved in the decision-making process, and the student body president's full voting membership on the University's Board of Trustees.

As head of the executive branch and a full voting member not only of the BOT but of the Campus Governing Council and the Carolina Union Board of Directors, Vandenberg is one of the most powerful students on campus.

"In some sense, I have more influence than the trustees," Vandenberg said of his membership on the BOT. Being in closer contact with students than the trustees are gives him a unique voice on the board, he said.

Vandenberg's cabinet of 18 consists of five executive assistants and 13 committee chairpersons.

The assistants were chosen last spring by Vandenberg. "I filled the executive assistant positions by searching for individuals on campus who could help me select cabinet heads," he said.

The executive assistants' role is coordinating the efforts of all of the committee chairpersons, as well as serving as Vandenberg's adviser, he said.

"I depend on my executive assistants most of all." In addition to overseeing committees and advising Vandenberg, they also handle special functions such as serving as liaisons to various organizations and assisting in cabinet selection, he said.

Four of Vandenberg's five executive assistants are in charge of the 13 committees. Tony Lathrop oversees the Parking and Transportation and the Town Relations committees. Rockford supervises three committees

dealing with academics: the Educational Policy Committee, Academic Procedures and the Academic Advising Committee. Takahashi supervises the three student services committees: the Student Services, Liaison Service and the Employment Service committees. University services committees fall under Donald Beeson, which include Scholarships and Student Stores, Housing, Food Service and Health Affairs, as well as State and National Affairs committees. Executive assistant Melanie Wilson does not oversee an executive committee, but is in charge of participation and recruitment.

Committee heads were selected by the executive assistant and Vandenberg using "applications and advertising," Vandenberg said. Executive assistants had a lot of influence in committee head selection because they work closely with their assigned committees, he added.

Decision making generally occurs within the cabinet, Vandenberg said.

"I think the real decisions get made generally between myself and the executive assistant and committee head in charge of the area we are discussing," he said. "Ultimately, the final responsibility is mine."

This process occurs "very informally," he added, and varies from situation to situation.

Decisions may be made by committee vote, the committee head or by Vandenberg himself, Takahashi said. Executive assistants formally meet once a week, as does the full cabinet.

Approximately 10 to 20 students serve on each committee, and are chosen through applications. All positions in the executive branch are appointed, except for the student body president, who is elected each spring. Student Government workers are unpaid, except for the student body president and the treasurer, who receive a \$1,600 scholarship and a \$1,200 scholarship, respectively.

medicine

From page 1

professional schools often contribute to stress rather than teach students how to alleviate stress.

Both the medical and dental schools at UNC defend their programs, which they say address problems of stress with classes, advisers and other support systems.

Stuart Bondurant, dean of the medical school, said the school was making every effort to help students but some of the stress was to be expected. "The stress comes from the nature of being a physician," he said. "There is no question that the medical school setting contributes to that stress and I'm sure the stress could be reduced. We've been working on it for a long time."

Nevertheless, medical school professors can be just as demanding as dental school professors. Pfifferling said teachers sometimes ask students the most difficult and obscure questions. "Interns are embarrassed in front of their peers and it's accepted as part of the process," he said.

Randy Hedgepeth, a fourth-year medical student, said he had seen incidents where he felt the intern was getting harassed. Hedgepeth explained that when a student is on call, he usually is the last person to see the patient.

The intern must present the patient's case and history to the attending physician the next day. There is no problem unless the patient comes in late at night, Hedgepeth said. "It may be a disease you've never seen before and you have

to scramble around reading up on it and finding out about the patient," he said.

Even when professors are not overly critical, the classroom is very demanding. Reinhold said students in the first two years of medical and dental school have to adjust to the much tougher workload.

Pfifferling said that while professors spend time on facts, they rarely tie all the facts together to give students a realistic view of their career. Students learn to deny their feelings rather than face them, he said.

UNC students and administrators said there were classes offered in both the dental and the medical schools that were designed to help students deal with their stresses and look at their roles.

Pam Dockery, another fourth-year medical student, said she felt UNC's medical school was unique in its attempt to incorporate courses which develop a physician's social side. She mentioned a course, Medicine and Society, which was aimed at making the student aware of social aspects of the physician's role.

The dental school offers courses on dealing with stress as one of its course choices in Dental Ecology, Hershey said. Hershey said he felt the UNC dental school went further to look at the issues of being a dentist than most schools.

"Dentistry is a very complex healing art," Hershey said. "You have a very stressful situation built-in and that's the reason we have a well-developed advising and support system."

stress

From page 1

impairment, Pfifferling hopes to help physicians before they become impaired. He is teaching a course at UNC's pharmacy school which addresses the problems and would like to see more discussion of the risks in the education process so that students know what they are getting into.

"Most health professional schools are so busy cramming in facts that students do not have time to establish what their goals are," Pfifferling said.

Consequently, many health professionals are disillusioned when they actually join the work force. They are frustrated by the limits of their profession, the business side or the paperwork, he said.

Sometimes physicians and dentists go into medicine for the wrong reasons — family pressure, mistaken ideas of the job, a desire for financial and social status — and these healers become unhappy when they find the job is not as glamorous as they imagined. Because a physician is trained to deny his feelings, he has nowhere to turn when the pressure of the job gets to him, Pfifferling said. He is reluctant to turn to a psychiatrist because he thinks it would hurt his career. The pattern of drug abuse often shows up in doctors 45 years old and over, he said.

Certain types of physicians — anesthesiologists, general practitioners, orthopedic surgeons and emergency room physicians — seem to be the most vulnerable to stress problems, he said.

The impaired physician usually can hide his problems from his patients, although co-workers often become involved in a "conspiracy of silence" because they do not know how to confront their associate.

"The last thing to go is their practice," said Dr. Jeffrey Blum, who co-founded the center with Pfifferling and is working in private practice. "They use the drugs and alcohol to keep practicing." The charade does not last forever. The physician who is impaired will usually either have an accident, make a major mistake in his work or kill himself if he doesn't seek help, Blum said.

Through education, Pfifferling hopes the stigma will be lessened so physicians will seek help before they abuse drugs or alcohol.

Pfifferling said one solution would be a better balance in health professional schools between the social aspects of doctoring and the required knowledge about the human body.

"Professional training should prepare you for a lifetime of coping, a lifetime of making mistakes," he said.

Rutledge disagreed that discussing the stressful areas of being a doctor in class sessions would be beneficial.

"A lot of sitting around and discussing is not the ideal situation," he said. "Go out and try to take care of people. See if you have the personality to accept the situation."

It is a question of whether the rewards of the job surpass the stress involved, Rutledge said. Having a patient die is probably the most stressful aspect of the job, he said. Residency and internship programs are long for that very reason, he said, so that an intern will perform with a resident and an attending physician with plenty of experience before he ever has to handle an operation alone.

Rutledge said practical experience, on rotations at the hospital while still in medical school and time in residency, is the best test of whether the person can handle the stress. Pfifferling agrees, but added that professors needed to help students process what they are learning as they work.

Consciousness to work makes the difference, Rutledge said. "You have to stay late, check everything and admit when you need help," he said. "Some of the best teachers are those who have made mistakes."

Rutledge emphasized that being depressed at times was an inevitable part of the job. "After six days on call in the emergency room with people coming in who've been shot or in motorcycle accidents, if you weren't depressed you'd be crazy."

CAMPUS CALENDAR

Public service announcements must be turned into the box outside DTH offices in the Carolina Union by 1 p.m. if they are to run the next day. Each item will be run at least twice.

TODAY'S ACTIVITIES

Central America film series starts today with "Americas in Transition," a documentary on the current situation in Central America and the United States' role there. Two showings: 1 p.m. in room 231 of the School of Public Health and 7:30 p.m. in the Carolina Union. For more information, call the Carolina Committee on Central America.

CGC Student Affairs Committee meeting at 6:30 p.m. in Suite C of the Carolina Union. The public is invited. For more information, call Dennis Bartels at 933-2824.

There will be a CGC Finance Committee meeting at 8 p.m. tonight in room 215 of the Carolina Union.

The Hill Foundation will be holding another one of its delicious dinners from 6 p.m. - 7:30 p.m. Come and enjoy terrific New York-style sandwiches, cream sodas and the trimmings, all at a reasonable price. Hill members get 10 percent discount. The Hill House is located at 210 W. Cameron Ave., across from the Carolina Inn. For more information, call 942-4057.

Dr. Meron Benvenisti, former deputy mayor of Jerusalem and chairman of the National Committee, Peace and Civil Liberties Party in Israel, will be giving a public talk at 8:30 p.m. in Gerrard Hall on "Israel-Arab Relations on the West Bank." A question-and-answer period will follow. Tickets available at the door-free to students and \$3.00 for faculty and community. For more information, call 942-4057.

All persons interested in writing for or working with The Carolina Free Press please attend a staff meeting at 8 p.m. in room 224 of the Carolina Union.

The Sociology Interest Group (S.I.G.) meets at 9:30 p.m. in 151 Hamilton Hall. All sociology majors and others with an interest in the field are invited to attend.

Sailing Club Racing Team: Don't forget practice today! Be there, aloha. For more information, call 933-4852. The sociology Interest Group (S.I.G.) meets at 9:30 p.m. in 151 Hamilton Hall. All sociology majors and others with an interest in the field are invited to attend.

Attention all AXE brothers: There will be a meeting at 7 p.m. in 268 Venable Hall. For more information, call 933-6444.

At Lutheran Campus Ministry (located in the Lutheran Center at Holy Trinity Lutheran Church, corner East Rosemary Street and Pickard Lane), Holy Eucharist will be celebrated at 5:30 p.m., followed by a fellowship meal at 6 p.m. All are welcome.

Women's Studies Committee will meet at 4 p.m. upstairs in the Campus Y. Can't come? Call Anne at 929-1433.

Norlin Hadler, associate professor of medicine and bacteriology and immunology at UNC-CH, will speak on "The Major Histocompatibility Complex and Disease," number eight in a series of "Fifteen Lectures in Immunology" at 11 a.m. in 106 Berryhill Hall. Lecture open to the public.

The Anglican Student Fellowship welcomes everyone to Holy Communion at 10 p.m. in the Chapel of the Cross. Refreshments will follow the service.

The Miller Brewing Company is coming to UNC. Miller representative Mandy Buerl will present the Miller Campus Presentation Program at 3:30 p.m. in 106 Carroll Hall. Sponsored by the Association of Business Students, the core of the program is a 55-minute, multi-image presentation about the marketing strategies which led to Miller's success during the past ten years.

"Israel's Future in the Middle East" will be explored in a free public program at 3 p.m. in Gerrard Hall by Rutgers University Professor Michael Curtis.

Reminder to all BSM Cultural Committee members: There is a meeting at 4 p.m. in the office. Our deadline is swiftly approaching so everyone please attend.

The Math Club will hold a social and planning meeting at 7 p.m. in 330 Phillips Hall. New members and non-math majors are encouraged to attend.

Bring an umbrella to the long-awaited brainstorming session of EPCS. The downpour will occur at 6:30 p.m. in the Carolina Union. Galoshes optional.

Seventeen international scientists will meet here this week to discuss the development of materials that can replace gold and amalgam as restorative material in dental work. The Symposium on Posterior Composite Resins will be held today and Thursday at the Hotel Europa. It is sponsored by the Dental Research Center and the Department of Operative Dentistry in the school of dentistry.

Dr. Ernest M. Henley, department of physics, University of Washington, will speak on "Charge Independence and Charge Symmetry in Nuclear Physics" at 4 p.m. in 265 Phillips Hall. The Chapel Hill Public Library's Fall Film Series continues at 7 p.m. in the Library Meeting Room with a film on Jacques Louis David, Henri Rousseau and Marc Chagall.

Graduate students — is time slipping through your fingers? Time Management Workshop will help you plan your schedules, avoid time-wasting behavior and change self-defeating thoughts. There will be two sessions; from 7 to 9 p.m. and at the same time on Wednesday, Oct. 20. The workshop is sponsored by the Student Development and Counseling Center.

The UNC Pre-Law Club will host a Law School Forum, featuring representatives from 12 law schools, from 1 to 8 p.m. in the Great Hall of the Carolina Union. Representatives will be available for small group interviews from 1 to 3 p.m. Stop by the Pre-Law office in 113 Steele Building from 2 to 5 p.m. Mondays through Wednesdays for more information.

Financial Aid, Scholarships and Student Stores Committee of Student Government will meet at 3:15 p.m. Thursday at the Carolina Union. For more information, call Charlotte Fischer at 962-5202.

There will be an Off-Campus Student Association meeting at 4 p.m. Thursday. All students living off campus are encouraged to attend. Ask for room number at Carolina Union desk.

Has the drinking of a friend or relative affected your personal life? Meet and talk to others in your situation. The Carolina Alcoholism group will meet at 8 p.m. Thursday in 103 Greenville Hall. For more information, call 933-9993 or 942-0067.

Learn how to skydive. Join the UNC Parachute Club. Club meeting at 6:30 p.m. in the Carolina Union. All interested people welcome. For more information, call Doug Pitts at 967-5561.

Deney Shaffer, the president of the National Sierra Club will speak on "Environmental Activism in the 80s" at 7:30 p.m. Thursday in the auditorium of Roseum Hall. Call Mary Ann Bavelio at 966-2358 for more information.

Financial Aid, Scholarships and Student Stores Committee of Student Government will meet at 3:15 p.m. Thursday at the Carolina Union. For more information, call Charlotte Fischer at 962-5202.

There will be an Off-Campus Student Association meeting at 4 p.m. Thursday. All students living off campus are encouraged to attend. Ask for room number at Carolina Union desk.

Has the drinking of a friend or relative affected your personal life? Meet and talk to others in your situation. The Carolina Alcoholism group will meet at 8 p.m. Thursday in 103 Greenville Hall. For more information, call 933-9993 or 942-0067.

Learn how to skydive. Join the UNC Parachute Club. Club meeting at 6:30 p.m. in the Carolina Union. All interested people welcome. For more information, call Doug Pitts at 967-5561.

Deney Shaffer, the president of the National Sierra Club will speak on "Environmental Activism in the 80s" at 7:30 p.m. Thursday in the auditorium of Roseum Hall. Call Mary Ann Bavelio at 966-2358 for more information.

Financial Aid, Scholarships and Student Stores Committee of Student Government will meet at 3:15 p.m. Thursday at the Carolina Union. For more information, call Charlotte Fischer at 962-5202.

There will be an Off-Campus Student Association meeting at 4 p.m. Thursday. All students living off campus are encouraged to attend. Ask for room number at Carolina Union desk.

Has the drinking of a friend or relative affected your personal life? Meet and talk to others in your situation. The Carolina Alcoholism group will meet at 8 p.m. Thursday in 103 Greenville Hall. For more information, call 933-9993 or 942-0067.

Learn how to skydive. Join the UNC Parachute Club. Club meeting at 6:30 p.m. in the Carolina Union. All interested people welcome. For more information, call Doug Pitts at 967-5561.

Stephens...after all...  
the hottest new club between Washington & Florida...  
Associated Press

**Tonight thru Sunday Brunch:**  
(The Best There Is!)

**MISS CONSTANCE PRINCE!**  
Tuesday, Oct. 19 — 8:30 p.m.

**MIKE CRAVER!**  
Student 1/2 price cover Thursday nights

Dinner from 6:30 p.m. Wed. thru Sat. with 8:30 p.m. performance, 11 p.m. late show Thurs. thru Sat. Sunday brunch at 12:30 with 2 p.m. show 8:30 p.m. Sunday swing dances with the Ted Howe Orchestra. "After All" cafe open from 9 a.m. Mon. thru Fri. & 11:30 weekends. Breakfast, lunch & suppers no cover. great jazz.  
Happy Hour 4-7 p.m. & 11 p.m.-1 a.m. seven nights a week.  
Stephens. After All cafe, bar & club  
elliott road, chapel hill 929-0217

Clive Barnes Drama & Dance Critic for the N.Y. Post  
October 25  
8 pm  
Memorial Hall



on  
"The Plight of Theatre Today"  
a carolina union presentation

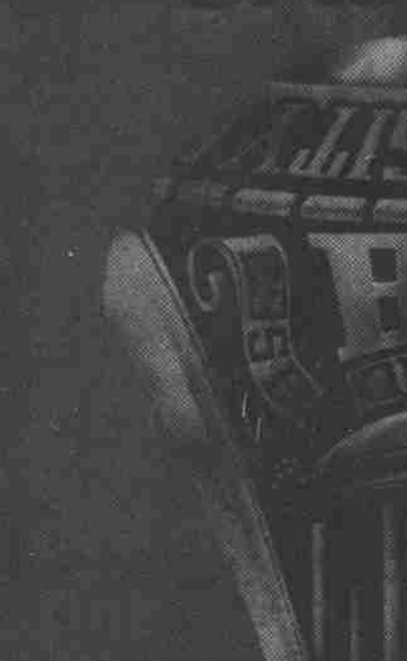
**Three Sisters**  
by Anton Chekhov  
English Version by Gregory Boyd and Nicholas Fersen



Box Office:  
962-1121

playmakers theatre  
october 12-17

**\$15.00 to \$25.00**



DATE: October 13 TIME: 10:00-3:00  
PLACE: STUDENT STORES  
DEPOSIT: \$20.00

**HERFF JONES**  
Division of Carnation Company  
Limited Time Only!

**SHARE THE COST OF LIVING.**  
GIVE TO THE AMERICAN CANCER SOCIETY. 

**SALE 25% OFF**

All Stationery  
Oct. 13-16

Tom  
Trish  
JVS

**florenza**

1301 E. Franklin St. 929-2620


Paper by the pound  
Fabric-covered boxes  
**All Monogrammed In The Shop**  
Mon.-Fri. 10-6 • Sat. 10-5  
Next to Vine Veterinary

**give our luncheon specials a try at Western Sizzlin**

Why not have steak for lunch EVERYDAY at Western Sizzlin. There's always a delicious Western Sizzlin steak on special so we'll always fit your pocketbook, and we'll make sure you don't waste any time waiting for your meal. We'll fix it up fast, hot, and fresh. So come in and try our luncheon special tomorrow at Western Sizzlin.

**Sizzlin Junior and Salad Bar only \$2.99**  
with baked potato or french fries and texas toast.  
11 am-4 pm — Mon.-Sat.

**Western Sizzlin**  
FLAMEBROT STEAKS  
324 Rosemary — Chapel Hill



The Bottom Line takes a lighter look at the news. Look for it every Tuesday and Thursday on the editorial page of *The Daily Tar Heel*.

A Showcase of Up and Coming Local Bands...

**BATTLE OF THE BANDS**  
Noon-6 pm  
Saturday, October 23  
Ehringhaus Field

"Soul, Rock n Roll, New Wave, Rockabilly, R & B, Funk"

Featuring:  
The Shake  
Resisters  
The Group  
Kilowatt  
Mechanism  
Kamikazees

Sponsored by the Carolina Union Social Committee in conjunction with Morrison, Hinton-James and Ehringhaus Residence Colleges.  
\*No glass allowed.\*

**THE MAGIC OF MEXICO**  
**Tehuacan**



GOLD OR SILVER  
IMPORTED & BOTTLED BY TEQUILA JALISCO S.A.  
ST. LOUIS, MO. 63104