

# More of N.C. in poverty; hunger, malnutrition rise

By THAD OGBURN  
Staff Writer

The national problem of malnutrition definitely exists in North Carolina, although there is uncertainty about the extent of the problem in the state.

"We have programs to help the malnourished, but we're not sure who the malnourished are," said Barbara Ann Hughes, director of the Nutrition and Dietary Services Branch of the N.C. Division of Health Services.

The last statewide nutrition survey in North Carolina was conducted in 1970. This survey found that 27 percent of the households and 48 percent of the preschool children in North Carolina suffered from malnutrition.

Although there is no current data on malnutrition, the N.C. Department of Human Resources reports that the number of North Carolinians living in poverty is rising. In 1975, 14.5 percent of the state's residents lived in poverty, while in 1981, 16.4 percent fell below the poverty line.

"Poverty is an indicator that there will be malnutrition," Hughes said.

Another sign that North Carolina has a malnutrition problem is the increase in the number of food banks and soup kitchens in the state.

"In the last few years, we've seen soup kitchens spring up all over the place," said Hughes. "To us, this is an indicator of need."

Soup kitchens are usually non-profit organizations which serve meals to the needy. Food banks distribute surplus food to charitable organizations. The surplus food is contributed by private

businesses, grocery stores and warehouses that have no other use for it.

Cary, Charlotte and Winston-Salem contain food banks which have formed a network to distribute food. Independent food banks are also located in Asheville, Elizabeth City, Fayetteville and Wilmington.

North Carolina operates several programs which seek to improve the health of low-income families. The food stamp program subsidizes a family's grocery purchase, while the school lunch and older American programs provide free and reduced-price meals to the young and elderly.

The state also runs the Special Supplementary Program for Women, Infants and Children, which provides food and nutrition education to pregnant or breast-feeding women. This is important because North Carolina's infant mortality rate has been consistently higher than the national rate.

According to Hughes, there are generally two groups that suffer from malnutrition: those who don't know how to eat a balanced diet and those who know how to eat well but can't afford it.

"We're finding that not only low-income households are eating poorly," she said. "Some high-income families aren't eating very well."

Hughes said it was doubtful that North Carolina will conduct an updated nutrition survey because of the cost involved. The 1970 survey cost the state about \$500,000.

"Dealing with malnutrition is a complicated problem," Hughes said. "It just cannot be solved that easily."

# Bars plan different strategies for Oct. 1

By SUE KUHN  
Staff Writer

'Twas the eve of Oct. 1, and Johnny Freshman was 18. Yes, it was Sunday night, and Johnny was ready for his final fling.

Johnny represents hundreds of 18 year olds, about 75 percent of the freshman class, who will be affected by tougher drinking legislation that becomes law Oct. 1; in particular, that part of the legislation which raises the legal drinking age for beer and wine from 18 to 19.

For Johnny Freshman, Sunday, Sept. 30, will be his last night to be "legal."

An interesting dilemma thus arises: How do the restaurants and bars in Chapel Hill plan to handle the night that the drinking age changes from 18 to 19.

Four Corners on Franklin Street will issue three different hand stamps for 18, 19 and 21 year olds on

Sept. 30, according to manager Rebecca Ikenberry. Up until midnight, 18 year olds will be permitted to drink beer and wine.

"I know we're going to get caught at midnight," said Ikenberry.

Spanky's manager Greg Overbeck also plans to serve 18 year olds until the midnight hour. As for any problems arising from 18 year olds trying to order after midnight, Overbeck said he forces few problems. "I don't think there will be more than three or four trying to pull that off."

The story is the same at Molly Maguire's on Rosemary Street.

"We have no official policy," said Greg Wolf, owner of Molly's. "When the law is 18, I'll serve them a beer."

Several restaurants are still undecided as to how they plan to operate that night. At Papagayo's in

NC, manager Faschall McNeill said that they plan to continue their hand-stamping system, and indicated they might close early, but he said he really doesn't know until official word is released as to when enforcement of the new drinking age begins.

"I don't know," said Upper Deck manager John Hartley. "We really haven't decided. We've heard a lot of different options being thrown around."

Harrison's on Franklin Street also has not developed a policy for the eve of Oct. 1. "We do intend to enforce the law," said David Sink, owner and operator of Harrison's. "It'll be a feeling out process in three parts; ours, the public's and the authorities'."

"I imagine most of the bars in town will be pretty lively."

So, Johnny Freshman, keep your eye out for future word. Enjoy your final fling, for when the clock strikes 12....

## Reagan

of Japan for the plane's passengers, "assurances that the USSR will not use destructive force against unarmed aircraft in the future, and compensation for the victims of this tragedy."

Reagan said, "The United States will be making a claim against the Soviet Union within the next week to obtain compensation for the benefit of the victims' survivors. Such compensation is an absolute moral duty which the Soviets must assume."

He acknowledged that the Soviets had not accepted responsibility for the downed plane, saying, "They deny the deed, but in their conflicting and misleading protestations, the Soviets reveal that, yes, shooting down a plane — even one with hundreds of innocent men, women, children and babies — is a part of their normal procedure if that plane is in what they claim is their airspace."

He did not dispute that the plane had wandered into Soviet restricted airspace.

Soviet officials have described firing warning shots at a craft they describe as operating a possible spy mission under cover as a civilian jet, but have not admitted shooting the craft out of the sky.

The president said the taped conversations attributed to Soviet fighter pilots stalking the South Korean plane were supplied by Japanese tracking stations.

U.S. Ambassador Jeane Kirkpatrick is to play the full tape recording of the Soviet pilots' discussion at a United Nations Security Council meeting today.

Administration officials continue to reject the notion that the Soviets misidentified the passenger plane as a U.S. military jet.

A top U.S. official, briefing reporters on the condition that he not be identified by name, said the administration does not believe it can impose sanctions sufficient to change Soviet behavior. He suggested that the way to do that is to increase the U.S. defense budget, and strengthen the economy and military alliances.

Secretary of State George P. Shultz is to raise the airplane incident when he meets Soviet Foreign Minister Andrei Gromyko in Madrid on Thursday at a previously scheduled conference.

The statement issued prior to Reagan's speech said the transportation pact the president declared canceled first was signed in 1973, was renewed several times, most recently for 18 months beginning last June.

There was no immediate response to Reagan's speech from Moscow, where it was the middle of the night.

By limiting the sanctions to the transportation field — where the United States and the Soviet Union had relatively little interaction — the president avoided the major areas of U.S.-Soviet cooperation, including the new agreement under which U.S. grain is being sold to the Soviet Union.

Nor did the president opt for slowing arms control negotiations with the Soviets.

Since the Korean airliner was lost, Reagan and his advisers have been searching for concrete measures to give body to their strong verbal condemnations. One of the most conservative members of Congress, Rep. Larry McDonald, D-Cal., was killed in the incident and many of the president's most conservative supporters ridiculed the sanctions in advance as too weak.

U.S. officials have acknowledged that a U.S. RC-135 spy plane was in the area where the Korean plane had flown before it was downed. But at Monday night's White House briefing, an administration official said the RC-135 "had been on the ground at its home base in Alaska for more than one hour" when the Korean plane was lost.

"The Soviets traced the Korean aircraft and the U.S. aircraft separately and knew there were two aircraft in the area, so we do not think this was a case of mistaken identity," he said.

He added: "They made no serious effort to identify the aircraft or to warn it. They did not appear to care what it was. Instead, they were intent on killing it. If the Soviets made a mistake in identification, which stretches the imagination, they have not said so to date."

The Korean plane is much larger and has a different shape than the RC-135.

Among the American sanctions were a suspension of negotiations intended to lead to an opening of a U.S. consulate in Kiev and cultural agreements.

The consulate negotiations also were intended to open a Soviet consulate in New York, the administration officials said.

The transportation agreement, although renewed three months ago, has been curtailed in its implementation since the Soviet military move into Afghanistan in December, 1979.

Under the transportation agreement, six groups were formed, to deal with future means of transportation, bridge and tunnel construction, railroads, civil aviation, highway safety, and transport of hazardous material, according to a second White House statement.

However, landing and refueling rights for Aeroflot, the Soviet airline, have been cut off in the United States since January, 1982, in the wake of the Soviet-supported crackdown in Poland.

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## OWASA

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But Stone said he expects residents to comply with the restrictions. In 1977, when mandatory clamps on water use were last imposed, only one or two citations were issued, he said.

"On the whole, it went really well before, and I expect the same compliance this time," he said.

Because autumn is typically the driest part of the year, some restrictions on water use will probably be in effect into December, Davis said.

"It has the potential to be a very serious situation," Davis said.

OWASA hopes the restrictions will cut water consumption by 25 percent. If University Lake drops to 72 inches below full, OWASA can call for additional curbs on water use, including a ban on the watering of lawns.

As University Lake continues to drop, citizens could notice some deterioration in the color and taste of their tap water, Terry said. But OWASA officials will attempt to prevent any such change in the water's "aesthetic quality," he said.

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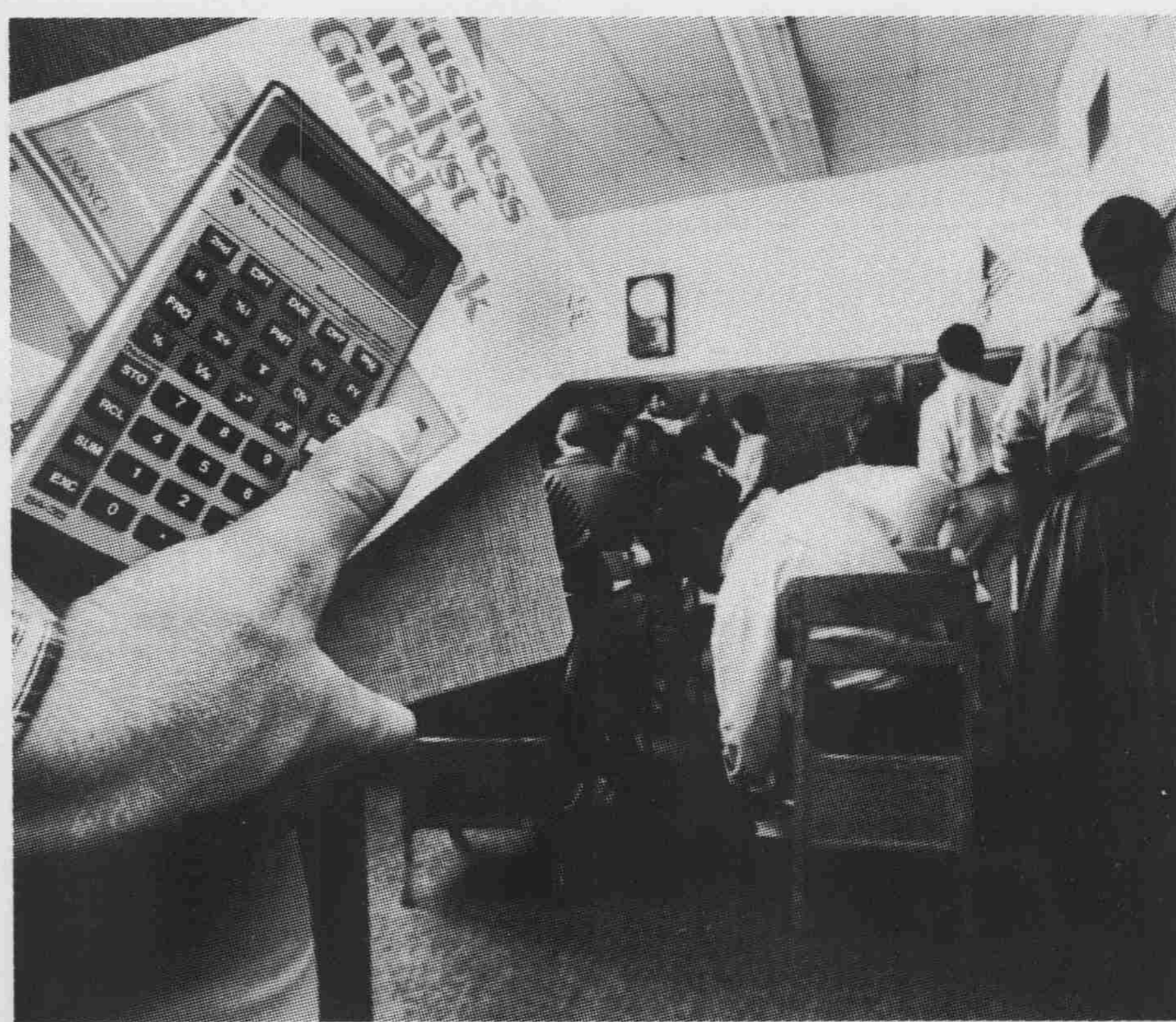
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