

Defense rests case in Allison trial

From staff reports

HILLSBOROUGH — The defense rested its case Monday afternoon in the trial of Danny Nathan Allison, who is charged with breaking into a UNC student's room in Morrison residence hall June 5 and sexually assaulting her.

Attorneys for both the prosecution and defense will present their closing arguments in Superior Court today.

Allison, 22, is also charged with 15 other felony counts in connection with seven sexual assaults against UNC women students last spring and summer, but the current trial concerns only a breaking-and-entering charge and a first-degree sexual charge stemming from the June 5 incident.

Arguments for the defense have centered on the possibility that witnesses

for the prosecution have been mistaken in identifying Allison as the man who attacked them.

In testimony Monday, defense witness Steve Conrad, a probation officer, testified that a former suspect in the case is similar in appearance to Allison.

The other suspect was 30 years old, but he looked younger, Conrad said.

Prosecution witnesses have testified that the man who assaulted them was in his late teens.

Another witness, Allison's eye doctor, testified that Allison has extremely poor vision when he is not wearing his glasses. One of the victims had testified that the man who assaulted her was not wearing glasses.

Professor George W. Pearsall of Duke University, who teaches material science, testified that he could not agree with all

the findings of State Bureau of Investigation forensic chemist John Bendure, who said last week that physical evidence seized from Allison's possessions was similar to that found at the crimes scenes.

Pearsall said that tape and string used to tie up the victims and cover their eyes was of a common type and that he could not determine the manufacturer of it.

In rebuttal, a witness for the prosecution testified that she recognized Allison's voice in court Friday as the voice of the man who entered her apartment and assaulted her March 5.

In cross-examination, assistant public defender Robert Mahler questioned whether the witness could remember a voice that she had heard nearly a year ago.

City editor for local newspaper arrested

From staff reports

Sean O'Brien, city editor of The Chapel Hill Newspaper, was arrested Saturday night by Chapel Hill police on seven charges, including misdemeanor possession of cocaine and marijuana.

O'Brien, 26, of K-7 Tar Heel Manor Apartments, was also charged with assault with a deadly weapon with intent to kill, speeding to elude an officer, failure to stop for a blue light, driving on the wrong side of the road and careless-and-reckless driving.

Police also arrested Mark Allan Hamby, 29, of 122 Celeste Circle, on charges of misdemeanor possession of cocaine and marijuana. Hamby was a passenger in O'Brien's car, police said.

According to police reports, Officer William Frick saw O'Brien and Hamby sitting in a green MGB sports car about 11:30 p.m. in the Baptist Church parking lot off South Columbia St. and approached the car after seeing a clear, plastic bag

that he believed contained drugs. The car then drove off, — almost hitting Frick, who was standing in front of it as he prepared to arrest O'Brien. Master Officer Gregg Jarvis said Monday that O'Brien's car was the deadly weapon referred to in the assault charge.

Police followed in a chase that involved at least two police cars and reached speeds up to 65 mph. The chase ended when O'Brien ran into a tree in a parking lot near the intersection of South Columbia St. and Mason Farm Road. Damage to the car was estimated at \$2,000.

O'Brien was taken to N.C. Memorial Hospital and released after being treated for minor injuries. He was then taken to Orange County Jail and released Sunday after a \$600 bond was posted. Hamby was not jailed and was released after a \$200 bond was posted.

The court date for O'Brien, who will have his first appearance in Chapel Hill District Court this morning, is scheduled for April 5.

Exercise, relaxation stressed

By MYRA GREGORY KNIGHT
Staff Writer

Students should pay attention to friends who advise them to hang loose during the mid-term crunch.

Taking it easy is good advice, not only during college but throughout life, said psychologist Faulder Colby.

Speaking at N.C. Memorial Hospital's "Heart Saver" program in MacNider Hall, Colby said the pressures of normal living elicited a "tiger response" in the human body that needed to be offset by periods of relaxation.

Students, for example, need to break the cycle of classes, homework, tests and parties that keeps them constantly on the go and to allow for quiet-time activities such as walking, hobbies or simply sitting in a comfortable chair and breathing deeply, Colby said.

"If you stay in this high-strung way of living for a long time," he said, "it can be very draining to your body's resources."

Colby, a doctoral student in the psychology department, also said time management was an effective tool for staying healthy.

Keeping a calendar with designated periods of work and play ensures that projects will be completed promptly and that the body will have time to relax after responding to a stressful situation, he said.

Even within work periods, variety is a good policy, Colby said. He recommended that students change the subject they are studying every 30-45

minutes. This switching about not only allows a change of pace but also improves memory, he said.

Colby said the body had two sets of nerves — one set for stimulation and the other for relaxation.

During stress, or periods of normal activity, one set acts to increase adrenalin supply and breathing rate and to decrease digestion and blood flow to the extremities.

The other set has the opposite effect, he said. Instead of draining the body's resources, it enables the body to mend and restore itself.

Relaxation allows this second set of nerves to take over, Colby said.

The "Heart Saver" program, one of series of public information programs the hospital sponsors, is designed to inform participants about factors that can increase the risk of heart disease. Other segments of the program included suggestions on how to stop smoking, exercise and lose weight.

Bev Patrick, a nurse practitioner, had several tips for people who needed to quit smoking.

First of all, she said, the smoker should set goals and write a contract. The contract should include the reasons for wanting to stop and the time period during which a particular goal should be reached.

A smoker might want to decrease his or her smoking by half during two weeks period, for example.

Another of Patrick's suggestions was to replace the smoking habit with deep breathing, exercise or other more healthful occupations. This keeps the

mind off any craving for nicotine, she said.

Patrick also recommended that the smoker make reaching for the cigarette pack a cognitive process.

"Keep the pack out of reach and try to purchase only one pack at a time instead of an entire carton," she said.

Enlisting the help of a friend or spouse and staying away from situations that encourage smoking might also make it easier to stick to the contract, she said.

Nutritionist Jamine Alexander discussed the American Heart Association's guidelines for healthy eating.

She said the major dietary problems Americans face are those of overconsumption: too much saturated fat and cholesterol, too much sugar, salt and alcohol, and too many calories in general.

Healthier diets would include more fruits, vegetables, whole grains and lean meats and less high-fat meat, eggs, butter and whole milk, she said.

John Becton, community relations coordinator for the School of Medicine, closed the program with a segment on exercise.

He said the body needed both relaxation exercises and exercises to strengthen the heart muscles.

Aerobic exercise, the type involved in jogging, swimming or weight-lifting, increases the heart rate and improves circulation, he said.

"The basic idea is to do exercise that will increase the heartbeat for a short period of time several times each week," Becton said.

Cult films, classic flicks shown at UNC Science Fiction Festival

By TONI CARTER
Staff Writer

The Invisible Man, *The Thing*, *Dark Star* and *Zardoz* visited the Great Hall of the Student Union Saturday night.

These films were presented by the Union during its fifth annual Science Fiction Film Festival.

More than 200 people turned out to see the films. Some were seeing them for the second or third time.

A large number chose to bring blankets, sleeping bags and pillows, filling the floor space in front of the chairs, which were set up in the rear one-third of the Great Hall.

Members of the audience gave many reasons for being there. Michael Rupen, a senior physics major, said he came for three reasons — "to see good movies, because a lot of people I know are here and because it was fun last year."

"Everyone told me how weird *Zardoz* is," Rupen said, "so I wanted to see it."

Suzi Gurton, a graduate student in science curriculum and instruction, said she was particularly interested in seeing *The Invisible Man* and *Dark Star*.

Dark Star is practically a cult film on the (University of Arizona at Tucson) campus," she said. Gurton received her undergraduate degree in astronomy at the Arizona university.

She said the theme song from *Dark Star*, "Benson Arizona," is also popular there.

"I'm here to see some interesting and perverse science fiction films," said Diane Whitworth, a sophomore English major. "I don't mean perverse as in obscene, but perverse meaning weird." She said she was seeing *The Invisible Man* and *Zardoz* for the second time.

"These are escapist films," Rex Moody said, "and I want to escape." Moody, a first-year medical student, said he came "to get away from the books." He has been to all the Science Fiction Festivals but said they might

be improved if they were held in a regular auditorium like Carroll Hall or the Student Union auditorium. He said the Great Hall arrangement is not really comfortable, and fewer people can fit in the blanket-filled hall.

Others enjoy the no-chairs arrangement. Anne Worth, a junior chemistry major, said, "I like it. Sitting in a chair for four movies would be very uncomfortable."

Worth described the festival as "a social event." People come to see the films, she said, but they also come to see friends. During the breaks between films people get up to move around and visit with friends. They share food and drink and trade impressions about the movies.

Also during these breaks, representatives from UNC clubs try to recruit new members. Leaders of the *Doctor Who* fan club — the Guardians of Light and Time — and *Chimera*, the science fiction and fantasy club, spoke briefly to the crowd. *Chimera* announced that a mini-convention with panel discussions, speakers and science fiction quiz bowl would be held in the Union April 8.

Since some people have already seen the films there were many loud comments from the audience.

"A lot of ad-libbing goes on," Worth said. For instance, when the heroes were studying the charred remains of the *Thing* near the end of that movie, an audience member shouted out, "Where's the beef?"

A spherical alien in *Dark Star* was the source of many jokes. According to one audience member, the filmmakers actually used a beach ball as the monster. "It's a very low-budget film," he said.

When invisible man Claude Rains met his girlfriend for the first time since becoming invisible, he said, "How good it is to see you again, Flora." This brought general laughter and responses like, "Wish I could say the same, dear."

Lying on a hard floor for more than five hours seems to encourage merriment and bad jokes.

Elsie Shapiro in 20th year as fraternity housemother

By DIANNA MASSIE
Staff Writer

Elsie Shapiro is celebrating her 20th year as housemother at the Zeta Beta Tau fraternity.

It all started as a favor to her son, Ira, who was then president of the fraternity. She agreed to be housemother for one year until a replacement could be found for the one who had just left.

Shapiro says she was surprised that her son wanted his mother around while he was in college, a time when most children want to get away from their parents.

"If that child had enough nerve to ask me to come live with him, I would have enough nerve to do it," Shapiro says.

"But you become dedicated to the cause," she says.

Shapiro's duties are numerous. "I never know what I'm getting up to in the morning," she says.

One of her weekly duties is planning each week's menu. She also orders food from the different companies, although she does not handle the cash.

On the menu for the cook, she uses the word "dinner." But on the menu for the brothers, Shapiro writes the word "grub."

"I didn't even know what the word meant," Shapiro says. "But they like that word better."

Shapiro is the real mother to two sons who each have two sons.

"If I had a girl, I wouldn't know what to do with her," Shapiro says.

The biggest surprise of her life came three years ago when the ZBT brothers gave her a trip to Israel.

"For 40 years I had planned to go tomorrow. They made tomorrow today."

Another thrill came when Shapiro met The Fifth Dimension. The group had played a concert for the Carolina Union.

The president of the Union at that time was also a ZBT brother, so the band came to the house after the concert. None of the members of the group had eaten all day, so Shapiro opened her refrigerator and offered everything she had. The band members were so grateful they asked Shapiro what they could do for her. All Shapiro asked for were their autographs.

Now, Shapiro has the Fifth Dimension's picture and autographs framed in her room.

Shapiro was also housemother to a man who later became a member of President Carter's administration. Stuart Eizenstat was a member of Carter's Domestic Department. Once, when Shapiro was visiting her son in Florida, Eizenstat called her to get the address of her other son, Ira. Needless to say they were all surprised when Shapiro's daughter-in-law answered the phone and heard, "This is the White House calling."

When Carter came to speak at Temple University in Pennsylvania where Shapiro's son Ira teaches, she went to hear him. Afterward, she got to shake his hand.

"Now how do you like that?" Shapiro asked. "This is the hand that shook President Carter's hand!"

One summer when Shapiro was in New York, the Carolina Glee Club was scheduled to perform on the Ed Sullivan Show. And yes, one of Shapiro's "sons" was in the club. Although the show was sold out, Shapiro talked to the receptionist. She not only managed to get into the show, but she sat on the front row.

"No matter where I go, there's one of my boys," Shapiro says.

Knowing the brothers' achievements is one of the greatest pleasures of her job, Shapiro says.

"I see them come in as boys and go out as men," she says. "I become very attached to them."



Elsie Shapiro, who became a housemother at her son's request, displays a cake she made for the ZBT brothers.

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