

## Classes rid beginners of fear of water

By LYNN PHILLIPS  
Staff Writer

The swim test: it's a jump into the pool, a 50-yard swim and a float for the remaining part of five minutes.

But for those who must deal with their fear of the water, it's not so simple.

That's where survival and beginning swimming classes are helping 145 students. Beginning swimming is for students who have had minimal water experience. Survival swimming helps students who either fear water or have had little water experience. There are three beginning and four survival classes.

"I have some skills, but I'm afraid of deeper water," senior Sunday McIntyre, a beginning swimming student, says. "I think it (the requirement) is great. I would not take the class if I didn't have to. Now I'm forced to refine my skills."

The classes move slowly until

the students master the basic techniques. Instructors teach skills in a progression: first, floats; second, kicks; and then simple strokes.

The instructors strive to create positive attitudes toward the water. "The number one problem is fear," says Susan McDonald, a first-year graduate student and survival instructor. "It is only once students are relaxed that they can learn."

Adaptation takes time, according to freshman John Patterson, a student in survival swimming. He says he is still afraid of the water because of a previous bad experience. "When I was little, my cousins put me in the waves at the beach. They left me there, alone, and really scared. Ever since then, I've had problems learning to swim," Patterson said.

Charu Krishnamoorthy, a graduate student, almost drowned at Atlantic Beach last year. "I realize the importance of

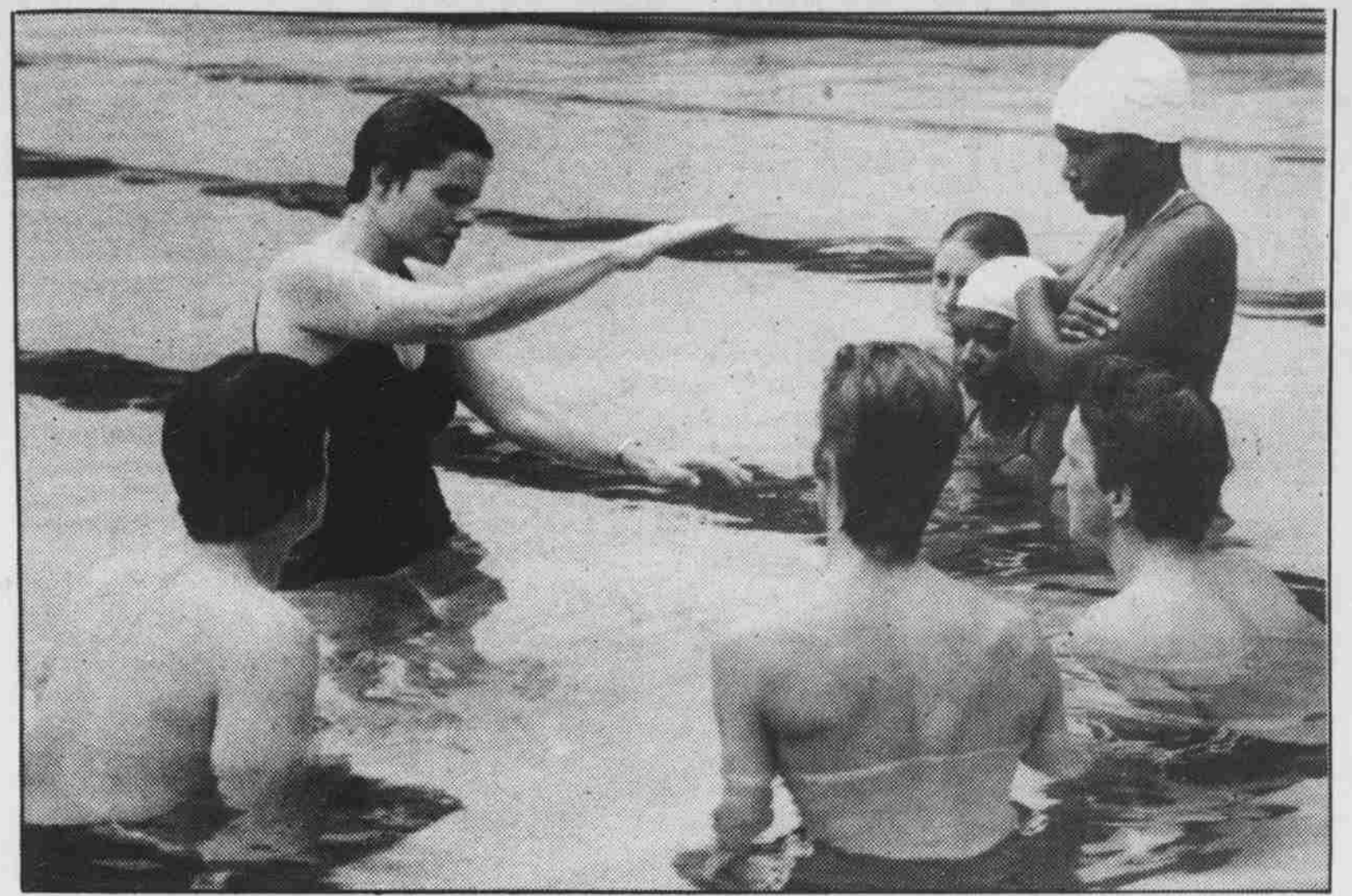
knowing how to swim now," she said.

McDonald starts her students playing water volleyball or basketball to get used to the water. "Splashing around seems to put the students more at ease," she says.

The physical education department tries to keep the classes small. Survival swim classes have a maximum teacher-student ratio of 1 to 14. A graduate assistant instructs, and two Water Safety Instructor students aid. In beginning swimming classes, the student-teacher ratio may reach 1 to 25.

"The class is small, and I feel the instructor has enough attention for each student. It gives me confidence that I'm not going to drown," McIntyre says.

The test has existed since World War II. It first became mandatory because of the extensive Navy training program at UNC.



Survival swimming students dip into a fresh experience

## Solo actor to portray Don Juan

By RENE MEYER  
Staff Writer

English actor Ian Frost will portray Lord Byron this weekend in "Lessons in Love," a one-man show based on Byron's "Don Juan," at ArtSchool in Carrboro.

Byron's poem was adapted into a two-act play by Bill Studdiford of New York City. "Lessons in Love" develops around the excited creator Byron, who after completing the narrative poem, recites some 200 of the 2,011 stanzas for his own pleasure.

The story traces the adventures of Don Juan from the scandal in Cadiz, through a shipwreck and recovery to health by the nursing of a beautiful girl. He continues his travels to a battle at Ismail, and later to St. Petersburg, England, passing through all sorts of lessons in love.

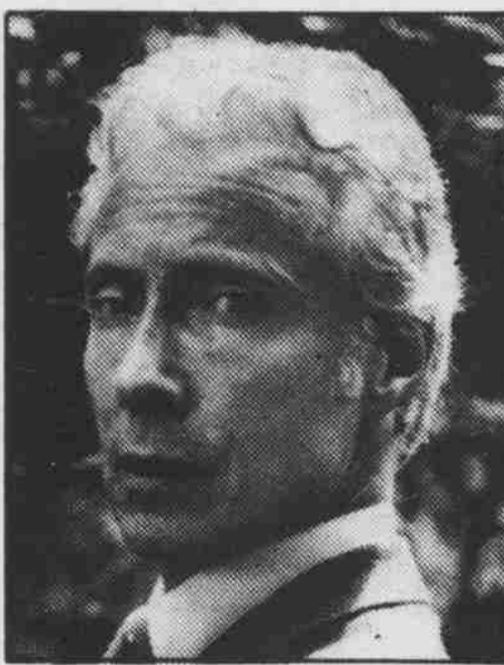
"Don Juan," Frost believes, was not written about some heroic figure, but about an "ordinary, rather sexy young lad who finds he only has to look at a lady and she will probably make the advances."

ArtSchool decided to book this new production following the success of another adaptation of Byron, "Byron in Hell," also written by Studdiford. The earlier play was performed at ArtSchool two nights in March 1985. "Lessons in Love" will follow the footsteps of "Byron in Hell," touring in Europe later this year.

Bill Studdiford worked in a community theater in Washington state before beginning a 26-year engagement with IBM. He returned to the theatre to write his first Byron production, "Byron in Hell." Studdiford explained that he felt Byron was someone he could relate to in the sense that he started out poor and struggled until he inherited a large amount of money and found artistic freedom.

Frost has starred in both of the one-man plays by Studdiford. He trained at the Bristol Old Vic Theatre School (breeding ground for the likes of Jeremy Irons and many other noteworthy British actors) and at the Royal Court Actors Studio. He has worked extensively around England in everything from repertory theaters to television and radio.

The character of Byron is not new to Frost. He has performed as Byron



Ian Frost

on at least three other occasions, including an award-winning production of "Don Juan" at the Edinburgh Festival.

"Why Byron?" mused Frost. "Well, both the writer and the actor are fascinated by him. He's a man who contrasts." Frost cited Byron's constant poking at other poets and high society and attributed the occasionally bad rhymes in the poem to Byron's incessant need to get his own. The poet also, however, "transcends to moments of great beauty," Frost added.

"He (Frost) is a highly entertaining actor," said Mary Ruth of ArtSchool. "He is very experienced, with a certain reputation in England and a definite love for Byron. The show should be entertaining even if the audience doesn't know Byron."

Lessons in Love will be performed by Ian Frost today and Saturday at 8 p.m. and Sunday at 2 p.m. at ArtSchool. Call 929-2896 for ticket information.

## Jack-of-all-trades Plimpton to speak in Oct.

By TOM CAMP  
Staff Writer

George Plimpton, author, athlete and entertainer, will speak Oct. 13 in Memorial Hall.

His lecture, "An Amateur Among the Pros," will focus on his diverse dabbings in the sports world and the impressions and insights he acquired. Plimpton's sports career has ranged from quarterback for the Detroit Lions, to forward for the Boston Celtics and goalie for the Boston Bruins. He even pitched an inning in Yankee Stadium.

His books on sports are first-person accounts of his efforts and failures in the professional athletic world. They include: "Paper Lion," which tells how he lost 29 yards in five plays as a third-string quarterback for the Lions; "Out of My League," a book about his experiences pitching in Yankee Stadium; and "Shadow Boxing," inspired by three rounds with Archie Moore, the lightweight champion of 1959.

Plimpton's non-athletic endeavors include editor of the Paris Review, which he co-founded in 1953, associate editor of Harper's Magazine and Horizon Magazine and writer

for Sports Illustrated. He played percussion for the New York Philharmonic Symphony, a matador in a bullfight staged by Ernest Hemingway and a "Bedouin extra" in the movie "Lawrence of Arabia." He made a safari trip to Kenya to photograph the world's largest elephant and took pictures of nude women for Playboy.

In admiration of Plimpton's illustrious lifestyle, Robert Kennedy once said, "If I wanted to be President, which of course I don't, I'd still rather be George Plimpton."

Plimpton has a degree from Harvard University and from King's College, Cambridge University. He is also fireworks commissioner for

New York City, and in his spare time he enjoys bird watching.

The public lecture on Monday, Oct. 13 at 8:00 p.m. in Memorial Hall is free. It is sponsored by the Carolina Union Forum Committee and the Carolina Athletic Association in conjunction with the University's Homecoming Week festivities.

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## Trial from page 1

Marriott was taken into custody Sept. 9 and released on a \$300 unsecured bond. The warrant charged him with "committing an assault on a female by an over 18-year-old male."

"Every indication I have is that when the true facts are known, there won't be anyone who thinks that any crime has been committed," Bernholz said.

But assistant District Attorney Bill Messengale said he believed the truth of Gaskins's account.

"I believe what she says, and she believes it happened," he said in a telephone interview. "I have tried lots of assaults on females, and generally as a prosecutor I tend to believe the victims."

"We have a judicial process... what I know is that Tonja Gaskins said she was assaulted, and we will present our case," he said.

When contacted Thursday, Gaskins said, "I have my witnesses, and they're going to testify in court."

Efforts to reach Marriott were unsuccessful.

Bernholz would not elaborate on what evidence he had suggesting Marriott's innocence.

