



Breakfast

Great food is the order of the morning in Chapel Hill

Whether you're up for a "breakfast of champions" or are more inclined toward something light, the Hill offers a variety of options guaranteed to satisfy everyone's taste buds. Southern cuisine, take-out biscuits and exotic quiches are all within walking distance of campus, so read on for some suggestions on how to start your day...

Brueggers Bagel Bakery: Boasting a \$.40 bagel and specialty flavor-of-the-week cream cheeses, Brueggers offers a variety of bagels, homemade soup, sandwiches and even fresh apples. Cinnamon raisin and honey grain bagels, both with regular cream cheese, seem to be the favorites in this laid-back setting, where you can either sit and enjoy the atmosphere or get a bag of bagels to go. Brueggers has very reasonable prices, but for those intent on saving a few extra pennies, last night's bagels are a cheaper alternative to those baked fresh daily. Located at 104 W. Franklin St., Brueggers is open Monday through Saturday 6:30 a.m. to 8 p.m. and Sundays 8 a.m. to 5 p.m.

Breadmen's: Serving breakfast all day in a casual, motley atmosphere, Breadmen's encourages everyone to come in and check out their varied cuisine. The breakfast norms, like eggs any style, pancakes, waffles and omelets are in abundance here and can be made to your liking. Special omelet ingredients, such as salsa and sour cream, are popular and meals are usually priced between \$5 and \$6. During the week and on Saturdays, Breadmen's also offers a vegetable plate which includes four veggies of your choice and a piece of meat, like a chicken breast.

EMILY BERRY

Breadmen's insures lots of parking at their 337 W. Rosemary St. location. They open every day at 7 a.m. and close at 10 p.m., 9 p.m. on Sundays.

Sunrise Biscuit Kitchen Inc.: Where else can you get breakfast foods served exclusively on biscuits? The Sunrise Biscuit Kitchen, located at 1305 E. Franklin St., is a drive-thru only establishment open 6:30 a.m. to 2:30 p.m. seven days a week. Sunrise has varied options for all eaters, and biscuits are made with vegetable shortening. An average biscuit is about \$2 and can be filled with everything from chicken and steak to eggs, cheese and other extras.

Carolina Coffee Shop: What must be the most quaint spot in the village holds true to their slogan ("Where Beethoven still prevails") offering live classical music every Tuesday, Thursday and Saturday. You can get delicious omelets (ham, asparagus and cheddar cheese) grits and toast for under \$5. The Eggs Benedict may be the most expensive at \$6.50, but it's well worth it. The French toast, made in the oven with real French bread, is a stand out.

Reservations are accepted but not mandatory and requests can be accommodated for special needs. Located at 138 E. Franklin St., Carolina Coffee Shop is open Monday 11 a.m. to 11 p.m., Tuesday through Thursday and Sunday 8 a.m. to 11 p.m., and Friday and Saturday 8 a.m. to 12 p.m.

Elmo's Diner: Located in Carrboro's Carr Mill Mall, Elmo's is a family restaurant priding itself on affordable prices, great food and a number of regu-

lars who enjoy breakfast at the counter or in the comfy booths.

Breakfast is served all day and on Saturday and Sunday brunch specials are offered from 9 a.m. to 3 p.m. Regular hours are 6:30 a.m. to 10 p.m. and 11 p.m. on Friday and Saturday. Special meals are, at the most, \$5 and provide large portions. "Square meals" are plates with veggies and meat. "Eggs on the way," another speciality, includes two eggs, meat, bread and grits for \$4.25. Three pancakes for less than \$3 will fill you up, but save some room for that Tar Heel pie Elmo's is so proud of. Steak specials and chicken fajitas are also options, priced at \$8.95 and \$7.95 respectively.

Penny Lane: Penny Lane's breakfasts range in price from \$3 to \$5. On Sunday, three items are featured as brunch specials in addition to the regular menu of pancakes, waffles and omelets. Penny Lane is in Cole Park Plaza on N.C. 15-501, and is open Tuesday through Saturday 7 a.m. to 8:30 p.m. and Sunday 7 a.m. to 3 p.m. They take Mondays off.

Reuben's Restaurant: Conveniently located for parents staying in the Europa, Reuben's can be found in the Omni Europa Hotel on Europa Drive, just off West Franklin Street. On weekdays and Saturdays breakfast is served from 6:30 a.m. to 11 a.m., but on Sunday's Reuben's serves only a buffet brunch. For a set price of \$13.95 per person, the options on the buffet are numerous and varied, plus there's no limit on return trips. Brunch is served from 11 a.m. to 2 p.m. and reservations are necessary. Although the atmosphere may be fancy, casual dress won't deny you access to the waffles, pastries, poached salmon, oysters and crab legs. Omelets are made to your specifications, and cheeses, fresh fruits and carvings of meat, such as chicken or roast beef, are always available.

Crook's Corner: If the weather's nice, (or even if it's not) head to Crook's Corner for Sunday brunch 10:30 a.m. to 2 p.m. There's indoor and outdoor seating available beneath the pig at 610 W. Franklin St. — what better way to enjoy good Southern cooking in the late



This is Spanky's on a really, really, really slow day

autumn sunshine? Described as nouveau Southern cuisine with a twist, Crook's offers biscuits and gravy, flap jacks, a breakfast quiche, fresh pastries and more. Brunch can be anywhere from \$6 to \$12. There are regional specialties and treats like shrimp, steak and catfish. No reservations are necessary at Crook's.

Spanky's: Spanky's is undoubtedly a favorite any time of the day, but its Sunday brunch, served from 10 a.m. to 2 p.m., has been voted the best in town. Great beverages such as Spanky's famous "smoothies," juices, teas and

fresh squeezed OJ, along with all sorts of fresh fruits and pastries give even the picky eater plenty of choices. Check out the sour cream coffee cake, the cheese grits or the ham, tomato and Swiss quiche. French toast and Belgian waffles are popular items that come with fresh fruit and whipped cream and there's an abundance of sandwiches and omelets. Located at 101 E. Franklin St., Spanky's offers a reasonably-priced brunch menu with nothing more than \$7. The atmosphere is comfortable and the funky menus are great entertainment.

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