

Beauty's Only Skin Deep, But....

By PAQUITA FINE

The old belief that a dermatologist's patients never get well, nor do they die, has become a myth, according to Dr. Clayton E. Wheeler Jr., head of the Dermatology Department at Memorial Hospital. "There has been a big change in treatment due to antibiotics and cortisone," said Dr. Wheeler. "Most skin diseases can now be cured or helped."

During the course of a day, Dr. Wheeler may see patients suffering from a simple case of poison ivy to the more complex skin cancer. He may see a woman suffering with the mustache that mars her looks, or a man who has a very real allergy to his wedding band. His patients will include teenagers with acne, older folks with brown "freckle-type" spots, and others with problems of moles, warts, impetigo, psoriasis, birthmarks, ulcers, fever blisters, and eczema, to mention only a few. He may even discover that a patient's skin problem is a manifestation of syphilis. (Cases of this nature have become so rare that some

of his medical students and interns have never seen a case outside of their textbooks.)

"The type of skin disorders we see the most often vary with the time of year," said Dr. Wheeler. "In the summer, it may be poison ivy or insect bites complicated by impetigo. At exam time, it may be acne."

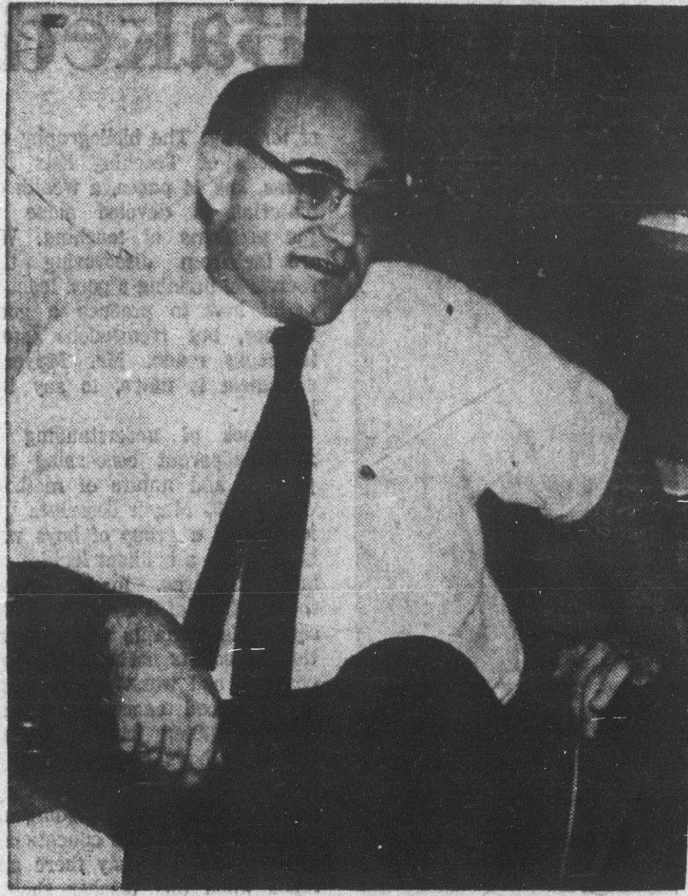
Dr. Wheeler has this to say about the more "popular" skin problems: "Because some blisters from poison ivy develop later than others, many people think it 'spreads' from the liquid of the blisters, but this isn't true. Liquid taken from such a blister and applied elsewhere on the skin doesn't do a thing. If possible, a person who has made contact with this plant should bathe within 15 to 30 minutes after contact; this may prevent the development of the blisters." Dr. Wheeler also notes that impetigo may be caused by fingers carrying streptococci germs from the nose, a common breeding place, to an open insect bite as the child scratches.

Acne, the age-old plague of youth, is often more prevalent at times when there is cause for worry or stress. Says Dr. Wheeler, "Students troubled with this condition may have a greater problem with it during exam time than at any other time. Normal glandular activity at certain ages is a factor, particularly if a patient is predisposed to acne, genetically speaking. And there is always the element of infection on top of that. There are several things a person can do to help control the problem: adequate washing to avoid infection, dietary restrictions, such as cutting down on sweets and greasy foods, drying lotions, and adequate rest. If these do not help, the patient should consult his physician for medication and treatment."

Since women with mustaches are often the victims of cruel humor, Dr. Wheeler is in full sympathy with their problem. "Society has decided that women should have a lot of hair on their head and none on their face or body, but nature does not always work that way. Depilatories are usually preferred for removing hair from women's legs, but only a few of these are recommended for use on the face. To remove a woman's mustache, an electric needle used by a dermatologist is a safe method if there is not too much hair on the upper lip, since this can be a prolonged, painful procedure that could cause pitted scarring. It's best to use one of the depilatory waxes." (This is a special wax which is melted and applied to the upper lip; when dried, it can be removed in much the same way that one removes a strip of adhesive tape.)

"As for brown spots which may appear on the skin during the aging process, the explanation for them may be the same as the answer to why does the hair turn gray or why do we get wrinkles. Dark, horny spots can be 'scraped' off by a physician through the use of an electric needle or a freezing process. The flat, freckle type of brown spot is best left alone."

Moles are another problem which Dr. Wheeler is frequently consulted about. "Some moles can be cancerous," observes Dr.



Dr. Clayton E. Wheeler

Wheeler, "but one that has been in the same spot for many years is seldom a cause for worry unless it begins to change in color or size, or begins to ulcerate or bleed. If a mole appears where none have been, it is wise to have it examined."

Dr. Wheeler laughs at the idea of "removing" warts by psychological suggestion or superstition, such as "burying an old dishrag." Says Dr. Wheeler, "Warts are caused by a virus that penetrates the skin and grows there. They can be removed by an electric needle. Some warts often just vanish, and we have no explanation for this."

"Many people are not aware that dandruff or eczema may form on parts of the body other than the head," said Dr. Wheeler. "Rough, scaly spots on the skin can become inflamed from scratching, with the result that the area may weep or ooze."

A great number of skin disorders are caused by allergies. The source of the allergy may be something inhaled, taken internally, or touched. Often, it may be a food or drug, or it may be oil or pollen from a plant.

Dr. Wheeler, a native of Viroqua, Wisconsin, spent his early years on a dairy farm with his parents and a sister and a brother. He attended San Mateo College in 1934 and 1935. He received his BA degree in 1938 and his MD degree in 1941 from the University of Wisconsin, where he was a member of Phi Beta Kappa and Alpha Omega Alpha.

He served his rotating internship at Cincinnati General Hospital. In 1942, he went to the University of Michigan where he was successively a resident and instructor in internal medicine, a Research Fellow in endocrinology and metabolism, and a resident and instructor in dermatology and syphilology.

In 1951, he became assistant professor, and later professor, of dermatology at the University of Virginia. It was during this period that he met his future wife, Brooks Overton of Sanford, who was secretary to the dean of the medical school. In 1962, Dr. Wheeler became Chief of the Division of Dermatology at the University here. He lives with his family on Westwood Drive.

The author of numerous medical articles, Dr. Wheeler claims his only hobbies are campus walks with his family, and kickball with his three daughters, Susan, 9; Margaret, 7; and Elizabeth, 2. "On the other hand," observes Dr. Wheeler, "since a hobby is actually work one enjoys doing, I would have to say that my work in dermatology is also my hobby."

Symphony Plays Here Tomorrow

In another of its summertime concerts, the Triangle Little Symphony under the direction of Dr. Paul Bryan of the Duke University music faculty, will play in Hill Hall at 8 o'clock tomorrow night.

Mrs. Julia Mueller, well-known Duke teacher, soloist, and ensemble player, will be soloist in the Mozart violin concerto in A major, K. 219.

Made up of musicians in the Triangle area of Chapel Hill, Durham, and Raleigh, the orchestra is again providing music lovers of the three cities with fine chamber orchestra performances and featuring representative soloists from the local area.

The concert is open to the public without charge, sponsorship being under the Graham Memorial summer entertainment series.

In addition to the Mozart violin concerto, Mrs. Mueller will act as concertmaster of the orchestra for performances of Haydn's Symphony No. 77 in B-flat major and the Schubert Symphony No. 5, also in B-flat major.

A Chapel Hillian, retired U. S. Air Force Lt. Colonel Earl Wolslagel, will be the concertmaster during the playing of the Mozart work.

Other Chapel Hill musicians expected to perform with the Little Symphony at this concert include Suzanne Parker, first violinist, Marjorie Renner, violinist, and William Bennett, double-bass, among the string sections, and Mrs. Yvonne Williams, flute.

A graduate of the Eastman School of Music, Mrs. Mueller also studied at the University of Iowa where, for a time, she was a member of the University String Quartet in residence. She also studied in Europe on a scholarship award — with famed Lionel Tertis.

Mrs. Mueller is violist with the Duke String Quartet and was for many years concertmistress of the Duke Symphony. She is a former member of the Rochester Philharmonic Orchestra, the National Symphony, and the North Carolina Symphony Orchestra.

Dr. Bryan, who is associate professor of music and director of bands at Duke, holds the Bachelor of Music and the Ph. D. degrees in music from the University of Michigan.

He has published numerous articles in the fields of 18th century music, his specialty, in music education, and in instrumental music.

Dr. Bryan has conducted the Triangle Little Symphony for several years and is a past president of the North Carolina State Bandmasters Association.



JULIA MUELLER

Art In North Carolina

By OLA MAIE FOUSHEE

Antony Swider, North Carolina's first State Art Supervisor, has already returned to Alabama, where he will be educational director of a Center in Birmingham.

Here only a year, he predicts a bright future for art education in the North Carolina public schools. "But my successor will have the opportunity to see this program grow," he said somewhat wistfully.

Mr. Swider has laid a firm foundation for his successor, who will arrive September 1, although as yet unnamed. He has traveled over fifteen thousand miles, lecturing and conducting workshops. Over seven thousand classroom teachers have voluntarily attended the workshops he has held in fifty-two school units—all keyed toward aid for the elementary teacher in the right approach to teaching art to young children.

"Every group has been successful," he said. "I gave them a very simple philosophy—practical and meaningful for the teacher. I gave them no 'tricks,' but aimed at a basic philosophy, followed by workshops showing how to motivate children to use art experiences."

Although Mr. Swider found no one hostile to an art program and got complete support from school superintendents, he appeared puzzled and disappointed over some of the existing situations in art education in the State. For instance, the six hours of art required of elementary classroom teachers for certification are not enough or else the content is inadequate or not properly applied. "I found copying and other bad habits in the most unexpected places."

He also pointed out a need for better understanding in college art departments of the art needs of the classroom teacher. Their other courses in art he found quite superior.

He was shocked that a University town like Chapel Hill, for instance, felt it could not "afford" an art teacher, whereas a much smaller and less intellectual town felt an art teacher essential for its school program.

He stressed the need for more trained art education specialists. Already there are seventeen openings for next year and more are expected by September. The demand will continue to grow, of course, due to the fact that North Carolina finally has an art director on the state level.

Improvements he hopes will come about include a more effective organization for the art teachers within the state and more art in the secondary schools. Here he referred to the many talented young people who lack an opportunity to develop their talents. (If they don't learn good design and develop a concept to aid them in their future consumer buying, while in secondary school, many of them will never get it.) Most

encouraging, however, was his report that wherever a new high school is being built, they are at least giving art a thought. One school adding art had an enrollment of 200 instead of the 50 or 60 students expected.

"After a year of visiting in the North Carolina schools, what qualifications do you deem most important for a State Art Supervisor?" we asked.

"At least a Master's degree and five or more years of teaching experience. Not only must he be able to do . . . through workshops. I have tried to accept every invitation that has come to me."

He is leaving his successor thirty-two requested workshops for next year (probably many more by September) and a new art manual, prepared from his experience, which should somewhat smooth the way for the newcomer. "Art for the Elementary Classroom, Grades One through Eight," is aimed at the self-contained teacher and not the art specialist.

This columnist, who for years has agitated for an art supervisor on the State level, wishes Mr. Swider could linger and reap the rewards of his untiring efforts. Another year would certainly be less engulfing.

A handsome, soft-spoken man, with brown eyes and graying brown hair, he denies that salary has influenced him in leaving, giving as his chief reason the desire to spend more time with his family.

"I have always been close to my family," he said. "I have two small children, and the extensive traveling necessary to build up a good art program in the State has kept me away from them too much. My successor is a bachelor and will not have this trouble."

Deep down, we sensed a veiled disappointment as well as hurt in some of his remarks. For instance, the Conference on Aesthetic Responsibility, held at the North Carolina Museum of Art in Raleigh almost immediately after his arrival, spiked his enthusiasm for his new job last year. "But what happened?" he queried. "It had such possibilities, but it seems to have faded away without any follow-up?" We gathered also that personal criticism had seeped through to him, as he reiterated: "Artists in the State should understand that the State Art Supervisor is primarily concerned with the art program in the public schools. I am sorry I did not have time for many exhibitions I would otherwise have attended."

And, regrettably, almost upon his arrival he was attacked through a newspaper column by an uninformed, self-styled art critic, which apparently still rankles.

Art Education in North Carolina has long been neglected. It is to be hoped that his bright future predicted by Mr. Swider will not be dimmed by lack of support of the New Art Supervisor.

"Blood on the Old Well" by Sarah Watson Emery

"About the book . . ."

"The forces of moral and spiritual disintegration are glaringly evident in these documented studies of recent events at the University of North Carolina in Chapel Hill. As the pole for the American flag is defiled, and the story of the Christ Child is given a lewd rewrite, as a philosophy professor sows the seeds of racial discord, as blood spills on the Old Well, the student DAILY TAR HEEL whoops up a hatred of the South, of America, of the middle class, of Christian morality. Only a few of the recent mysterious deaths are discussed here. Nine white males, ages 20 - 46, died between September 23rd and Christmas Day, 1961. Six were University-connected. Five of the six met their deaths in the month of October. The University excels in its mortality rate as well as in its vaunted tradition of "academic freedom." But is there any freedom here? And where must it end? On the ant hill described by UNC Press author Roderick Siedenberg? The sinister import of BLOOD ON THE OLD WELL cannot be overlooked."

By Earl Lively, in review in Richardson, Texas, newspaper:

"Blood on the Old Well" is a bold stroke by a very brave woman. It is a book that should not be judged by discussion. It must be read, if one is to reach an objective conclusion concerning its revelations. . . . The author states that her concern about these conditions and events is largely that of a North Carolina taxpayer (for 14 years)!"

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Artists' Auditions Scheduled Sept. 28

Annual Young Artists Auditions for prospective soloists with the North Carolina Symphony will be held Saturday afternoon, September 28, in the Guilford College Auditorium, Guilford College, according to Benjamin Swalin, director of the Orchestra.

Musicians between the ages of 17 and 35 interested in auditioning for solo appearances with the Orchestras during its nineteenth annual tour are urged to write to the North Carolina Symphony Society, Box 1211, Chapel Hill. Requirements for the auditions and the prescribed list of concertos and vocal literature will be sent on request. Entries must be post-marked no later than September 14th.

Instrumentalists will be required to play from memory a concerto on the approved list for the current season. Vocalists must provide their own accompanists and should be prepared to sing arias and songs from the repertoire list.

Through its annual auditions, since 1947, the North Carolina Symphony has presented sixty auditions soloists in concert. Dr. Swalin stated that the auditions are not a contest, but "represent an opportunity for aspiring young musicians to be heard and judged by a committee of expert artist musicians." The committee decision is final and is made on the basis of whether or

not the candidate gives a fine, artistic presentation of the requisite musical literature—one that will be applauded by musician and public alike.

Candidates in the instrumental and vocal divisions will be heard by a panel of experts in their respective fields. The adjudication committees will be announced at a later date.

MOVING TO HENDERSON

Dr. Arvid C. Sieber, M.D., formerly of Chapel Hill, is moving with his family from Kansas City, Missouri, to Hendersonville, where he will enter private practice. Dr. Sieber is a brother of H. A. and Peter Sieber, of Chapel Hill.

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