



Bennett-Sowers Vows Exchanged

Mr. and Mrs. Harvey Bennett of Chapel Hill announce the marriage of their daughter, Rebecca Ann Bennett, to Ronald Edward Sowers, son of Mr. and Mrs. Robert E. Sowers of Hampton, Va. The ceremony took place on Saturday, August 17, at the University Baptist Church. Dr. Henry Turlington officiated.

Wedding music was presented by Mrs. Crawford Taylor, organist, and George Seymour of Elizabeth City, soloist.

The church was decorated with four candelabra with greenery entwined against an arrangement of gladiolas and chrysanthemums.

Given in marriage by her father, the bride wore a formal length white gown of silk organza over taffeta with a fitted bodice, set-in midriff, rounded neckline of alencon lace, and elbow length sleeves. The bell skirt with two flying back panels appliqued with lace ended in a chapel train. Her veil of silk illusion was attached to a pill box of lace and taffeta. She carried a bouquet of orchids and bride's roses.

Matron of honor was Mrs. Carolyn Lee, sister of the bride. She wore a sheath dress of peach silk with a scooped neckline, abbreviated sleeves, and matching accessories. She carried Tropicana roses and tangerine carnations.

Bridesmaids were Miss Rachel Forbes of Murfreesboro, Miss Carole Meador of Richmond, and Miss Gail Ford of Chapel Hill. Their dresses were like that of the honor attendant.

Best man was Robert E. Sowers. Groomsmen were Philip Ransome and Kenneth Carson of Hampton, Va.; Bruce Clark of Raleigh, and Michael Peeler of High Point. Ring bearer was Danny Lee, nephew of the bride.

The bride's mother wore a sheath dress of seakist blue embroidered silk with matching accessories. She wore a white orchid. The bridegroom's mother wore a sheath dress of petal pink silk organza with matching accessories. Her corsage was a white orchid.

A pre-rehearsal dinner at the Pines Restaurant was given by the bridegroom's parents, for the wedding party. After the rehearsal, Mrs. A. H. Poe, Mrs. J. J. Williams, and Mrs. H. D. Strowd entertained the wedding party, and relatives and friends of the bride's and bridegroom's families at Mrs. Poe's home.

For a wedding trip to Myrtle Beach, the bride wore a navy blue sheath dress with a jacket and matching accessories. She wore an orchid which was lifted from her bouquet.

The bride received a degree in Secretarial Science from Chowan College. The bridegroom is a graduate of Chowan College where he was vice president of the student body and president of Pi Theta Kappa.

Out-of-town guests included Mr. and Mrs. E. C. Howard of Washington, D. C.; Mrs. Ida Lanier of Dillon, S. C.; Phil Wade of Richmond, Va.; Mr. and Mrs. Bill Boyce of Windsor, Mr. and Mrs. Shelley Highfill of Summerfield, and Mrs. James W. Gudsey of Hampton, Va.

Mrs. Jack Howard and Miss Helen Howard of Durham entertained the bride and her bridesmaids at a luncheon at Schrafft's Country Inn on the day of the wedding. At this time the bride presented her attendants with gifts.

Now She's A 'Lady Mama Dentist'

By PAQUITA FINE

"Many patients are anxious when they approach a dentist, and this includes adults," said Dr. Patricia Smathers Mitchell, Chapel Hill's only woman dentist. "It's not enough to do your work well; a dentist has to make patients feel comfortable and make the treatment endurable. Actually, we're harmless people."

To illustrate her point, Dr. Mitchell told of a little boy who on his first visit was terrified and kept calling her "lady dentist" in a frightened voice. "To calm him, I let him hold the instruments, showed him how water came out of one, air out of another, and that still another was only a little mirror. By the time he left he was calling me 'lady mama dentist.'"

Dr. Mitchell is a native of Canton. As a child she lived on the edge of town where her favorite childhood activity was damming up the creek with the aid of her brother. She attended the public schools in Canton and was editor of the yearbook in her senior year.

She went to Meredith College: "I wanted to go to a girls' school so I could get an education during the week and play on the weekends." Majoring in chemistry, she still found time to be president of the freshman class and then secretary and president of the student body.

She met her future husband, David Mitchell, when they were in the fifth grade. They started going steady in high school and continued to date while he was at Duke and she at Meredith. Upon graduating, she married Dave and moved to Chapel Hill where he was a second year dental student. "We lived in Victory Village for three years where our daughter Jan, now 9, was born."

How did she become interested in dentistry?

"During Dave's junior year, he could tell I was bored with just staying at home. He began



Dr. Patricia Mitchell at Work

telling me how interesting his work was, showed me projects he was working on, and kept mentioning how much fun it would be if we practiced dentistry together. Dave knows how to stimulate one's interest in his work; so in 1955, I talked to Dr. Sturdivant and applied to the Dental School for admission. Although I was the only woman in my class, I was readily accepted by the other students, and I never felt there was any discrimination because I was a woman."

Although Dr. Mitchell's practice is about equally distributed in age levels, she thinks she may have more children because she is a woman. "Probably because they think of a woman as a 'soft touch,' she said, smiling. Dentists are very honest with

a child; if it's going to hurt, we say so, and they learn to believe us when we say it isn't going to hurt. Children are instinctively better judges of people because they aren't clouded with prejudice. If we're honest with them, they come to know we 'shoot straight' with them. They usually make their first trip to the dentist when they are three to four. Unfortunately, sometimes they have heard neighborhood stories about the dentist, stories that disturbed them, therefore, on their first trip we show them the instruments and let them hold them. This way they learn that there is nothing to fear. No work is done on the first trip, and when the child is ready to leave, he selects something from an array

of small toys which most dentists usually have for their young patients. They enjoy knowing they are going to get something after each visit, and often they will plan what they want next time."

Why do so many people fear the dentist? She laughed and said, "There's an old saying: 'They're afraid of getting hurt in the mouth or in the pocket-book.' Actually, the earliest treatment is the least expensive, physically and financially. Thirty years ago, it didn't matter how pleasant a dentist was, he still represented 'pain' to his patients. Today, improvements in equipment and treatment have done much to make dentistry pleasant to patients."

A particularly enjoyable part of dentistry to Dr. Mitchell is what she calls "Hollywood" dentistry. "No matter how ugly one's teeth may be, something can be done to make them look better," she said. "I became really interested in this part of dentistry because of a friend who always smiled in a very tight-lipped manner because she didn't like her teeth. But after six months of orthodontic treatment to straighten them, I capped her teeth, and she now has a beautiful smile. Even teeth that once had to be gold capped where it showed, can now have something done about them with the porcelain baked-on metal, a practice which dentists started using about five years ago."

The Mitchells live on Old Lystra Road in a yellow house of natural stone. "We decided to lay the tile in the basement ourselves. We thought it would be simple, but it was a mess. Everything oozed up between the tiles; so we had to buy a whole new set of tiles and lay them right on top of the others."

Dr. Mitchell feels that working with her husband in the office and at home has made them closer than most married couples. "We have so many similar interests. We have a boat; we love water skiing. We took up flying two years ago; we have a tri-pacer which we keep at the University field. It's a four-passenger plane, and we use it to fly to Washington, to the beach, to Miami. Florida is easy to find; you just go to the first ocean and turn right."

After practicing four years in Chapel Hill (the first two alone while her husband went back to school to specialize in orthodontics), Dr. Mitchell said, "Chapel Hill is an excellent place in which to practice because the 'dental I.Q.' is extremely high here. People are aware of and appreciate good dentistry. I think the level of practice in Chapel Hill is among the highest in the Nation."



ENGAGED — Mr. and Mrs. William Grady Snipes of Route 1, Pittsboro, announce the engagement of their daughter, Barbara Mae, to Vernon Preston Davis, son of Mr. and Mrs. Auburn M. Davis of Route 1, Chapel Hill. The wedding will take place at 4 p.m. Sunday, October 27, in Cedar Grove Methodist Church. The bride-elect is a graduate of Pittsboro High School and Town Classes here. The bridegroom-to-be is a graduate of Chapel Hill High School. He is employed by the A & P Food Store in Chapel Hill.

For Women - Mostly

By PAQUITA FINE

If you had a child who had in some manner escaped going to school until he was 13, you certainly wouldn't expect him to be enrolled in the eighth grade the first time he did attend. Yet, it is surprising how many parents expect Junior and Sis, who have had no previous training, suddenly to start making up their beds, ironing clothes, washing dishes, sweeping floors, and mowing lawns just because they have reached the "age" when these things are "expected."

Do the parents accept the blame for this lack of know-how or recognize the confusion and conflict of their man-child and girl-woman? Of course not. Seldom does a day go by that one doesn't hear parents complain that they "just don't understand the laziness of teenagers today" and that when THEY were that age they were "milking the cows, plowing the fields and walking five miles to school."

According to Dr. Irene M. Josselyn, author of "The Adolescent and his World," today's Mom and Pop not only expect Junior and Sis to become household helpers overnight but they constantly remind their offspring that they are "growing up" and should therefore "assume more responsibility, think more for themselves, and be less dependent upon them for guidance." When the adolescent attempts to be more independent, however, he is immediately reminded that after all "we are still your parents and you are too young to know what is best for you."

Apparently, what the parent means by "independence" is that the adolescent should take more initiative in doing what THEY wish him to do. Unfortunately, what parents wish is rarely very clear. They may expect the adolescent to be "grown up" in the sense of possessing all the virtues parents value, and yet to lack all the vices usually tolerated by adults in one another. "Few parents ever reach peace

within themselves to the extent that they actually approve of the adolescent's doing what they have told him to do," Dr. Josselyn writes. "In our culture, society not only makes heavy demands upon the adolescent, but it fails to provide him with a preconceived and carefully outlined pattern to help him meet these demands. This is in contrast to many of the primitive cultures which established an arbitrary line between childhood and adulthood with a defined code of taboos and customs as a framework in which to develop his own personality."

"Although in principle our culture places value on the individual's right to choose his own pattern of self-development, in practice it penalizes those who do not recognize the difference between license and liberty . . . The adolescent, unsure of his own goals, keenly feels the impact of the social confusion . . . The most significant confusion the child experiences is in his own home; for example, in the attitude of the typical parent toward dating. The boy who is not dating a girl is a source of concern to his parents. They feel that perhaps he is not maturing correctly; they press him to date girls, tease him about his self-consciousness, and imply that he should be more tolerant of his natural impulses. Finally he does date girls. The parent then becomes concerned because he is staying out late, he is not studying as much as he should, and they feel that he may not have sufficient understanding of the risks involved in his relationships with girls."

Dr. Josselyn offers a word in defense of parents' conflicting attitudes: "Parents of an adolescent are often frightened people. They see their child as an extension of themselves, growing, they hope, into a more nearly adequate adult than either of them is. Their wish derives not only from pride in their own child but also from an honest desire that their child should have a happier adult life than they themselves have had. They sense the confusion of the adolescent and are frightened by it. "The confusion of the adolescent is increased by the half-

truths he learned during childhood, half-truths that were told him in good faith. Usually they represent the ideals to which adults wish to cling; the truth, which they evade, often represents the compromises they have made with those ideals . . . The child may be told that people should be valued for what they are instead of what they have. He is taught to value persons, regardless of their race, creed, or economic status. This point of view is considered practical while he mingles on the playgrounds and forms childhood friendships. However, when he approaches the time for choosing his permanent social group, and his permanent life mate, he is confronted with a different set of values. He is then told that it is wiser to select one's social group and to choose one's mate from persons with backgrounds and beliefs similar to one's own . . . The young people, therefore, are exposed to a contradiction between what they have been taught and what the parents really expect of them."

"At present the adolescent confusion is unavoidable. Since the degree of confusion may be too great for the individual adolescent to handle wisely, it is important that those interested in him recognize the pressures to which he is exposed. If this is done, it may be possible to lessen the traumatic impact of this period by alleviating the pressures or, if the pressures are unavoidable, by supporting him through this period."

To parents, the adolescent is a series of contradictions. Today he may clean his room to shining perfection or he may tell all his innermost thoughts, hopes, and dreams; tomorrow, his room may look like a rat's nest and he may be secretive to the point of sullenness to cover his own inner confusion.

The only thing a parent can seriously "expect" of the adolescent is a swinging pendulum of moods, each contradicting the one that preceded it. It may also pay the parent to remember that although he, as an adolescent, did "milk the cow, plow the field, and walk five miles to school," he too "goofed-off" or "rebelled" on more than one occasion.

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FRANCES TATE
Mrs. Tate resides at 2822 Butner Street, Durham, North Carolina. She attended Elon College and Burlington Business College. She is a native of Orange County having worked in the business field in this area many years. Mrs. Tate has one daughter, age five, and they are members of the St. Paul Methodist Church in Durham. Mrs. Tate is also a member of the American Business Women's Association. She has been employed as Office Manager of The Berry-Sholar Lumber Company, Chapel Hill, since March, 1963.