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AND DIXIE FARM NEWS

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Every Day Is FLAG DAY



WHAT IS AMERICA?

Mary B. Andrew, superintendent of schools in Carbonale, Penn., answers this question in the following truthful and beautiful terms:  
"What is America? God built a continent of glory and filled it with soft rolling prairies and pillared it with thundering mountains. He studded it with soft flowing fountains and traced it with long winding streams. He graced it with deep shadowed forests and filled them with song. These treasures would have meant little if thousands of people, the bravest of the race, had not come, each bearing a gift and a hope. They had the glow of adventure in their eyes and the glory of hope in their souls and out of them was fashioned a nation, blessed with a purpose sublime and called 'America.'"

HOPE

Always somewhere in the world it is midnight. The shadows are as deep as death. Where darkness is, fear reigns. Even so, it is also true that, as it is written on a sundial on a pier at Brighton, England, "Tis always morning somewhere in the world." This hopeful suggestion is worthy of our remembrance. As we look at some parts of our world, they are as unpromising as darkness and as ominous as the grace. Violence and tyranny seem invincible. Sin and moral chaos appear to rule for the time being. Just as surely, however, there are parts of our world where the opposite is quite true. These are full of promise and radiant with hopeful outlook. These are the morning places, where the sun is shining and the denizens of the darkness are driven to their lairs. Fear and terror cannot thrive there. The radiance of hope turns devastation into gardens, dries the tears of grief and replaces them with the happy smile of expectant faith, dispels the quaking fears of evil, and inspires the courage of the conqueror. God is not dead, and rebellious man lives and reigns only a brief span. It is always morning somewhere, and it is going to be morning everywhere, some day. The days of sin and pain cannot always last. "Weeping may endure for the night, but joy cometh in the morning."—The Watchman Examiner.

A. F. OF L. WILL NEVER SURRENDER  
PRINCIPLE OF DEMOCRATIC CONTROL

"The American Federation of Labor will never surrender the principle of democratic control or yield to minority force and domination. It will ever cling to Democratic ideals and will most jealously guard and protect the principles of Democracy and Democratic procedure. It will never accept a dictator or submit to autocratic control. It is upon that sound and solid American basis it has taken its stand and there it will ever remain."—WILLIAM GREEN, President American Federation of Labor.

Americanism is an unflinching love of country, loyalty to its institutions and ideals, eagerness to defend it against all enemies, undivided allegiance to the flag, and a desire to secure the blessings of liberty to ourselves and posterity.

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FACING THE FACTS

With Philip Pearl  
The gobins are after John L. Lewis. He is getting awfully scared of the little men. There is no other way to account for his fantastically secret manipulation of his puny, personal political puppet, Labor's Non-Partisan League.

The day after Eli Oliver resigned as director of the league, Lewis ordered all the locks changed in the league's suite of twelve rooms in the Earle Building at Washington. We haven't been snooping around there ourselves. This information comes to us by way of an article by Will Allen in the Washington Daily News.

According to Mr. Allen, O. L. Garrison, comptroller of the league, admitted that locks had been changed "because there were a lot of keys out." He didn't see any significance in the action. But Mr. Allen dug deeper. He discovered, he says, that keys for the new locks were not distributed to any employee of the league who was regarded as a supporter of Sidney Hillman. And then came the payoff.

"Black-browed Lewis," writes Mr. Allen, "personally descended on the league's office to conduct the clean-out that has practically denuded it of all staff. Not a single person identified with Sidney Hillman remains on the league's payroll here, it was learned."

Thus, in approved Communist conspiratorial fashion, Mr. Lewis is proceeding to make the league a secret society composed of a lot of "Yes" men. The word "So" is verboten in Soviet Russia, in Nazi Germany, in Fascist Italy, in the Communist Party in this country and in Labor's Non-Partisan League or in any other organization dominated by Lewis.

All this secret, high-handed stuff is rapidly getting Lewis the gate. He all but admitted it the other day in his speech before the CIO auto workers convention. He said:  
"If the day should come, as it will may, when your support is withheld from me, I shall accept your judgment and no longer annoy you with my counsels or device."

Mr. Lewis, that day has come. You predicted that President Roosevelt, if he ran for a third term, would go down to "ignominious defeat." The auto workers, a few days after your

speech, enthusiastically endorsed Roosevelt for a third term. Practically all of the CIO leaders are up in arms against you, Mr. Lewis, because of your slavish devotion to the Communist Party line, because of your high-and-mighty political policies and because of your adamant refusal to permit peace in the labor movement.

Until now, Mr. Lewis, you have been able to have your own way because you controlled the CIO purse-strings. The boys were scared to death of you. Now, you have become so ludicrous a public figure that they are laughing at you and daring to line up against you.

Disgust with the CIO brand of Communism is manifesting itself with particular force among the newspapermen in New York City who are washing their hands of the Red-dominated American Newspaper Guild and flocking in large numbers to the newly-organized American Newswriters Association, chartered by the American Federation of Labor.

This local union, only a couple of weeks old, is making rapid strides. According to reports from New York just received, more than a hundred newspaper writers on the New York Times have joined already. Also the group has signed up and pledged a majority of the writers on the New York Daily Mirror. Organization is progressing rapidly on the New York Herald Tribune staff and among reporters working for other dailies in the big city.

This news doesn't surprise us in the least. Newspapermen in New York and other cities are a shrewd, hard-headed, discerning bunch. They are sick of being used as stooges by a Communist clique. They want their own union. They want to run it their own way for their own benefit. They do not want to belong to a union of scrubwomen and miscellaneous employees, such as they would like to help them. They do not want their union run by a group of Communists for the benefit of the Communist Party or the Stalin regime in Soviet Russia.

And they don't want a secret society like Labor's Non-Partisan League presuming to speak for them politically.

Summer Thirst Allayers



By BETTY BARCLAY

Centuries ago the Chinese were well acquainted with lemonade and accurately styled it "thirst allaying water." They held this drink in such esteem that the White House in the time of the Yuan dynasty, called Li-chi-wan, had an imperial orchard planted with 800 large and small lemon trees to provide lemonade for the imperial family!

Lemonade is still just about the most effective "thirst allayer" on a summer day when the thermometer soars and everyone gasps for a cooling drink. Today, however, no one would dream of boiling the lemon juice according to Chinese custom. Freshly extracted juice directly from the fruit is the first requirement for good lemonade. The longer it stands, the less flavor and health content it has.

Nothing could be purer than the juice in citrus fruits, which is ideal replacement for the water the body loses in perspiration when the sun's rays are over-active. Food authorities recommend fresh fruit juice beverages first as cooling drinks, for they actually mitigate the effects of heat.

When you drink a big glass of lemonade, you really do cool off, research workers have found. Exposure to high temperatures may cause as much as 50 per cent loss in vitamin C from the body tissue. For replacement, nothing is better than citrus fruits, most abundant in vitamin C. Lowered vitamin C reserves go hand-in-hand with "that tired feeling," so keep up your lemonade intake!

For a cool, old-fashioned lemonade that will hit the spot, remember three rules. Use fresh lemon juice and plenty of it. Use ice, and more ice. Don't make it too sweet—it's more refreshing a bit on the lemony side. To sweeten, try honey or sugar and water syrup to get the professional touch.

Note: For recipes, use first the lemonade recipe as given; balance as you wish from this selection or other tested recipes which may appeal to you as suitable.

Nothing is more refreshing than old-fashioned lemonade. For each person allow:

- 1 lemon
  - 1 to 3 tablespoons sugar or honey
  - 1 cup cold water
  - Ice
- Extract lemon juice. Add sugar to taste. Stir to dissolve. Add water. Serve over ice in large glasses. Garnish with lemon slice on rim and a maraschino cherry if desired.

**Lemon Flizz**  
Make lemonade with carbonated water.

**Lemon Float**  
Add to lemonade a dip of lemon sherbet or lemon frozen cream.

**Lemon Shake**  
Shake together well: 1/4 cup California lemon juice, 1/4 cup sugar, 1/2 cup milk, 1/2 cup crushed ice (4 ice cubes).

**Lemon Ginger Flip**  
1 lemon, extract juice  
1/2 orange, extract juice  
Sugar to taste

Crushed ice to fill 1/2 glass  
Combine and fill glass with: Ginger ale  
Add: Bit of shredded lemon peel

**Lemon Eggnog**  
2 egg whites, beaten stiff with  
1 tablespoon sugar  
1 egg yolk, beaten well with  
2 tablespoons lemon juice and  
1 tablespoon sugar

Milk  
Fold three-fourths of the egg white with sugar into yolk mixture. Pour into a tall glass and fill with milk, almost to top. Stir well. Top with remainder of egg white.

All drinks for which recipes are given above are in quantities for one only.

**Lemon with Hot or Cold Tea**  
Correct tea service, hot or cold, includes lemon garnishes. Juicy quarters should be included as well as decorative slices. Insert cloves, if liked. For iced tea, an end of the lemon, sliced to the over edge of glass, is admirable.

Grated lemon peel (1 teaspoon for each 4 to 6 cups) gives either hot or iced tea a delicate flavor and aroma. Place grated peel in teapot with tea. Add boiling water. Lemon juice is also good with black coffee, hot or iced.

Plan to Build  
Rural America

Project Also Advocated to  
Give Jobs to Surplus  
Farm Labor.

WASHINGTON.—The department of agriculture has developed plans for a broad rural construction and rehabilitation program designed to offer employment to surplus farm laborers and to strengthen the nation's resources.

The plan, which has not reached the final stages and for which a large appropriation would be necessary, is being sponsored by Dr. W. W. Alexander, farm security administrator.

He suggested a five-point program:

1. Conservation of the nation's land resources.
2. A gigantic rural housing program.
3. Reforestation and forest culture.
4. Water conservation and flood control.
5. Supplementary tasks to increase farm market facilities.

Alexander told congressmen that the plan offers "a matchless opportunity for building new industrial well-being out of the fields of rural America."

**Start Only Made.**

Present programs have "barely made a beginning," Alexander said. One of the most challenging problems which confronts the nation is the fact that growth of population is daily "outstripping the expansion of opportunity," he said.

"Its eventual solution lies in the adoption of a broad permanent program, based on an entirely new conception of land—a conception which recognizes that, although the legal title to land and forests and other resources may be in the hands of individuals, they must be preserved as the basic resources for American generations to come."

Agriculture department reports show that 500,000 to 600,000 farms in the nation are so worn out that the occupants will "literally starve to death" if they continue to cultivate them. The reports said the fertility is "nearly destroyed" on another 500,000 to 600,000 farms.

**Erosion Dangers Stressed.**  
Alexander said that "the life of our nation depends" upon the halting of this erosion, whether the land be in public or private hands. There is work for many thousands of rural laborers in soil conservation work, he declared.

Slum clearance in the rural areas is a vital need to protect the health of the nation, he said. He added that rural laborers could be given millions of man-days of work repairing and rebuilding farm homes. It was estimated that \$3,500,000 could be profitably spent in that program.

A much-needed reforestation and forest culture program giving work to many thousands would be in a large degree self-supporting, Alexander said. Millions of acres of submarginal land are suited for reforestation.

Color Shades Restricted

To One Dozen in Britain

LONDON.—Women will spend much less time this year matching colorful patterns for the reason they will have only 12 shades to choose from.

Men, too, will have to be content with some half dozen shades of brown, blues and grays.

The dyeing section of the Yorkshire woolen industry considers this reduction in colors necessary to offset the tremendous war demand for khaki, air force blue and navy blue. They are concentrating on the lighter shades for spring.

West End dressmakers approve of the idea. They consider women have become color conscious with the present multitudinous choice, and that equally good effects can be obtained within a smaller range.

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