

A Pot Roast de Luxe



By BETTY BARCLAY

What does it mean to your family when you say "We are having pot roast for dinner?"

Do you get a smile of appreciation from your husband and shouts of approbation from the children, or do you find real enthusiasm lacking? Believe it or not, it all depends upon the pot roast you serve.

There are pot roasts that are tender and tasty; pot roasts that are seasoned so that the first bite assures the diner of an enjoyable meat dish; and, sad to say, pot roasts that are merely "pot roasts", if you catch my idea.

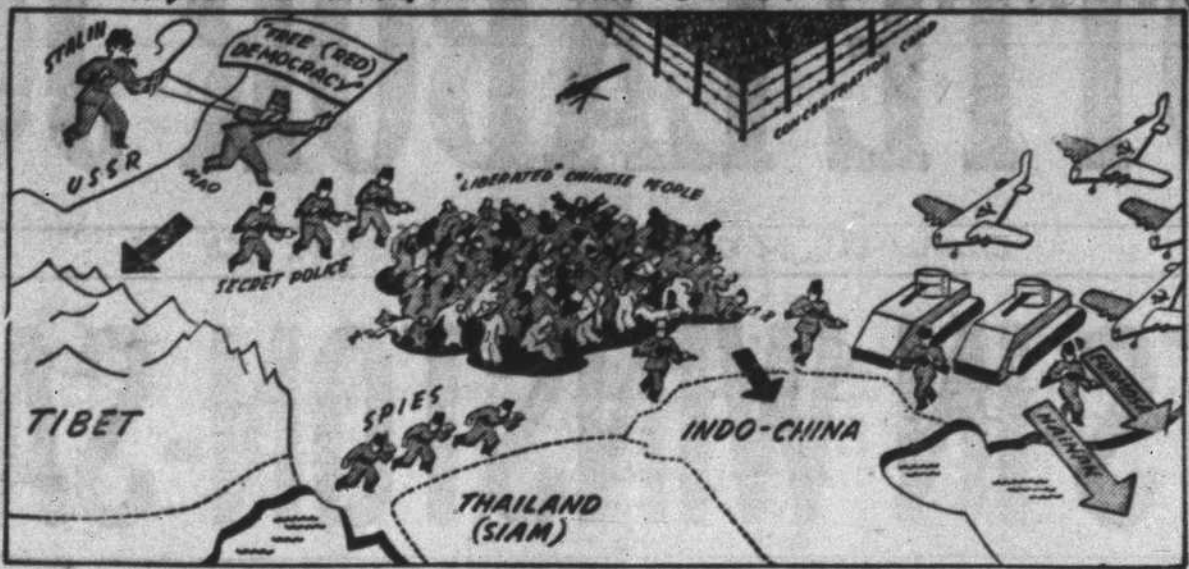
The pot roast recipe presented herewith will give you several good suggestions for making that perfect main-course dish. Perhaps you will find the hint about seasoning one of the most valuable. The addition of the Worcestershire Sauce gives an added and an unusual flavor. Incidentally, it should be kept on hand at all times, for use with vegetables and soups as well as meats. This Sauce, with salt and pepper, constitute the famous table trio of seasoners. It's a trio that should be on your table — always.

Pot Roast

- 4 lbs. rump of beef
- 1 tablespoon salt
- 2 tablespoons flour
- 1/2 to 3/4 cup water
- Small onion
- Potato balls
- Slices of carrot
- 2 teaspoons Lea & Perrins Sauce
- 2 tablespoons ketchup

Have butcher roll meat and tie with string. Wipe with a damp cloth and dredge well with a mixture of the salt and flour. Use a heavy kettle. Brown meat on all sides in a little fat to which a small, minced onion has been added. Pour 1/2 to 3/4 cup water over meat (according to size of bottom of kettle) cover tightly and simmer until almost tender — 50 minutes per pound. About an hour before meat has finished cooking, add vegetables as 1 cup of boiling water. Cover and cook slowly. The gravy will thicken itself if the meat is well floured. Just before removing from fire, stir in the Worcestershire Sauce and ketchup. For added zest, pour a few drops of Worcestershire on the meat a table.

AFTER CONQUEST OF CHINA, STALIN PLANS FURTHER AGGRESSION IN FAR EAST



Hines Labels Peace Petition A Phony

Washington. — AFL Special Representative Lewis G. Hines joined with spokesmen for 12 other American organizations in labeling the so-called "Stockholm Peace Petition" a "phony peace petition to disarm the United States."

The organizations are represented in the All-American Conference to Combat Communism. Mr. Hines and the 12 other spokesmen said:

"The circulation, under the direction of the Communist party, of the phony peace petition to disarm the United States is in keeping with its historic procedure of infiltrating and later par-

alyzing a nation which it wishes to invade.

"This petition was initiated at the recent so-called peace conference at Stockholm. All men kindly disposed toward their fellows favor peace.

"We favor peace, but we are forced to conclude that the nations which have associated themselves with this alleged peace move are aggressors, not peace-makers."

Pointing out that 1,000,000 Americans had already signed the petition, the group expressed the hope that "no other Americans or organizations will be caught in this trap."

FTC ASKED TO CITE RACKETEERING PRESS

Newark, N. J.—The International Labor Press of America has requested the Federal Trade Commission to help eliminate "racket" newspapers.

The appeal followed recent FTC action against a paper published in Philadelphia for misrepresenting its true nature and thereby defrauding the public.

ILPA Secretary-Treasurer Lewis M. Herrman said in a letter to FTC Chairman James Mead that a number of such racket sheets operate in various parts of the country, "fleecing the public and, particularly, employers friendly to labor, of hundreds of thousands of dollars annually by posing as editorial spokesmen for organized labor."

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"I like the Great Days . . . Christmas and Easter and Graduation. Especially this year, with Bobby ready to start college in the Fall (and, thank heavens, his education fund safely put away).

"I like the snug feeling inside our house when I lie awake at night . . . especially rainy nights. Knowing it's *ours*, paid for and secure."

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Imagine Driving Without It

Driving a car without a license is like operating a business without a license—strictly illegal.

To get a license to drive you must show that you know the safety rules of the road . . . and must have a satisfactory driving record free from arrests for serious traffic violations.

And, by the same token, to obtain a license in the beer industry a retailer must meet a number of strict qualifications. He must be financially responsible. He must not only have a "clean" record for obeying the law but must keep his record clean. If he does not maintain a clean, orderly establishment, or if he allows unruliness or sells to minors, he is violating the law. And his license is revoked accordingly.

Working with other police officers, the Malt Beverage Division of the North Carolina ABC Board carefully checks all retail beer outlets for any violation of the law. The beer industry is in hearty accord with this enforcement program . . . which helps the industry keep its best foot forward at all times in your community.

North Carolina Division
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