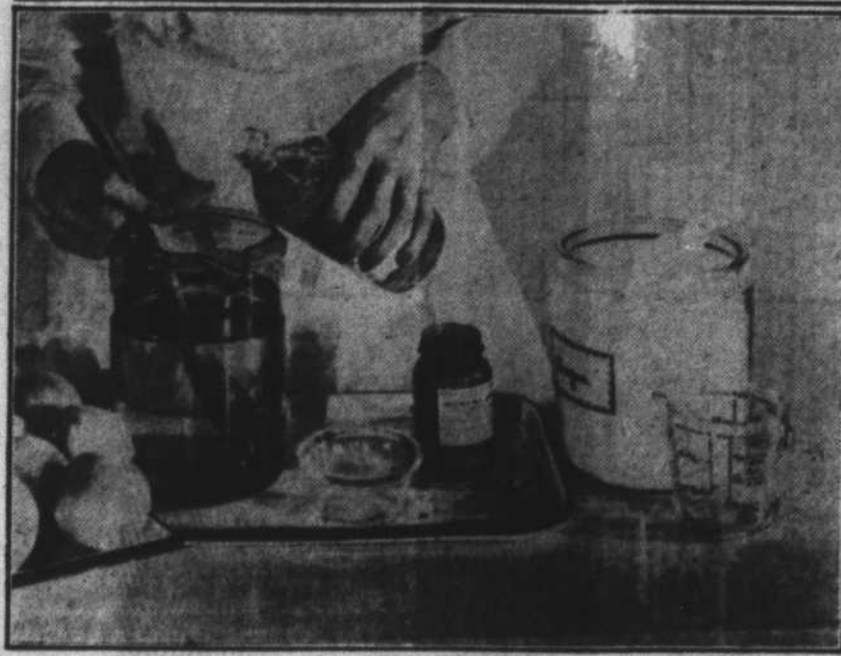


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Everything's Peachy!



By JANE ASHLEY

Why not take full advantage of this summer's peach crop? You may be one of the lucky people who owns a home freezer or has a freezing locker available. Then you surely will freeze peaches to bring summer sunshine into the long winter months ahead. The lush juiciness of the golden peach is emphasized if you use a combination of sweeteners — light corn syrup and sugar — for packing the fruit. Apricots, plums, pineapples and apples are also delicious frozen, using the same syrup as for peaches. Try some of these other recipes, too!

Frozen Peaches

(12 Pounds Fully Ripe Peaches) (Yield, 12 Pints)
Combine 4 cups cold water, 3 cups sugar and 2 cups Karo Syrup, Red Label. Dissolve 1/2 teaspoon ascorbic acid in 2 teaspoons cold water and add to syrup. Stir until enough to mix well. Set aside until fruit is prepared.

To Prepare Fruit: Put peaches, six at a time, in wire basket or cheesecloth. Place in boiling water 20 to 60 seconds. Plunge into ice water. Remove skins; halve, pit. Immerse at once in lemon juice and water (1 tablespoon lemon juice to 1 qt. water).

Four cold syrup immediately over fruit to within 1/2 inch of top of container to allow for expansion in freezing (1 to 1 1/2 inches, if glass jars are used). This will take from 1/2 to 3/4 cup freezing syrup for each container. Press fruit down lightly with spoon or knife to make sure fruit is covered with syrup and air bubbles are removed.

For moisture-vaporproof cartons which have no inner lining, or for glass jars or cans, a piece of crumpled waxpaper should be placed under the cover. This helps keep fruit from

floating above level of syrup and becoming discolored. Seal immediately according to manufacturer's directions for containers.

Peach Preserves

4 cups sliced peaches
1 1/2 cups sugar
1 1/2 cups light corn syrup
Wash about 2 pounds fully ripe peaches. Remove skins, halve and pit. Slice about 1/2 inch thick. Combine with sugar and corn syrup in large kettle. Stir constantly over low heat until sugar is dissolved. Boil rapidly, stirring constantly, until syrup sheets from metal spoon and fruit is clear (about 20 minutes). Remove from heat; skim. Pour into hot 1/2-pint jars. Seal immediately, according to type lid and jar. Process in Boiling Water Bath 5 minutes. Makes 3 1/2-pint jars.

Pickled-Peaches

3 cups sugar
3 cups light corn syrup
2 cups water
2 cups vinegar
4 2-inch sticks cinnamon
2 teaspoons whole cloves
4 pounds peaches, peeled, whole or half

Combine sugar, corn syrup, water, vinegar and spices tied in cheesecloth in saucepan. Boil 15 minutes. Remove spice bag. Wash about 4 1/2 pounds peaches. Dip in boiling water one minute. Plunge into cold water. Remove skins. Cut in half, if desired. Add peaches to syrup and simmer about 10 minutes or until fruit is tender. Pack peaches in clean hot jars. Cover with boiling syrup. Seal immediately according to type lid and jar. Process in Boiling Water Bath 10 minutes. Makes 6 pints.

Four any left-over syrup in clean hot jars. Seal immediately according to type lid and jar. Process in Boiling Water Bath 10 minutes. Use as a glaze for ham or as a syrup for waffles or griddle cakes.

JOHN P. FREY

(Continued From Page 1)
tenant colonel in the Specialist Reserves, U. S. Army, in 1928. He had rendered yeoman service to the armed services of the country, not only during the preceding war, but in the post-war period. He served for many years as the liaison officer between the American Federation of Labor and the War Department of the United States, being appointed to this office by the president of the AFL.

In 1907 John Frey, in company with other leaders of the

trade union movement, instituted a program within the American Federation of Labor providing for the formation of the Metal Trades department. This organization became a reality in 1908, and was officially chartered by the AFL.

John Frey served as secretary of that formative committee. From that period up to 1927, he served as a delegate from the Molders' Union to the Metal Trades department conventions. In 1927 he was elected secretary-treasurer of the department. In 1934 he ascended to the presidency of the department. His accomplishments as president of the Metal Trades department have been many and his effect will be permanently felt by the entire trade union movement and the organizations a part of the department.

It was during this period that he presented lengthy and detailed studies to the Senate Subcommittee of the Judiciary on Interlocking Corporation Directorates. Following the recommendations of this committee, the Pecora Committee was created by the United States Senate, whose findings resulted in the passage by Congress of most necessary regulatory legislation on monopolies and trusts.

For many years John Frey had been calling to the attention of the trade union movement, the Federal government and all within reach, the infiltration of Communists into the trade union movement and Federal departments.

In 1938 he submitted testimony before congressional committees on the infiltration of Communists into the trade union movement and into the various Federal government departments, supporting this testimony with voluminous records and documents.

He further called to the nation's attention the possibilities of Communists occupying key positions in the Department of State, and the Army and Navy.

President Frey was responsible for many other legislative proposals, some of which were enacted into law, and others which were rejected. The Frey Amendment to the National Labor Relations Act prevented the questioning of a trade union contract after such contract had been in existence for three months or more. This legislation saved many organizations great sums of money in not having to defend

valid contracts in effect.

The work of President Frey in being responsible for the Master Shipbuilding and Ship Repair agreements, which brought into one agreement more employees than have ever been covered in the United States under one agreement, is epoch-making in American industrial relations.

CAPITAL REPORTER

(Continued From Page 1)

Since taking it over, he has turned it into a smooth-working organization. In addition, he's carrying the brunt of the load for the Governor's Advisory Committee on Highway Safety. A concrete example of Fisher's work is the reduction in highway deaths during July. That's the first time this year that has happened.

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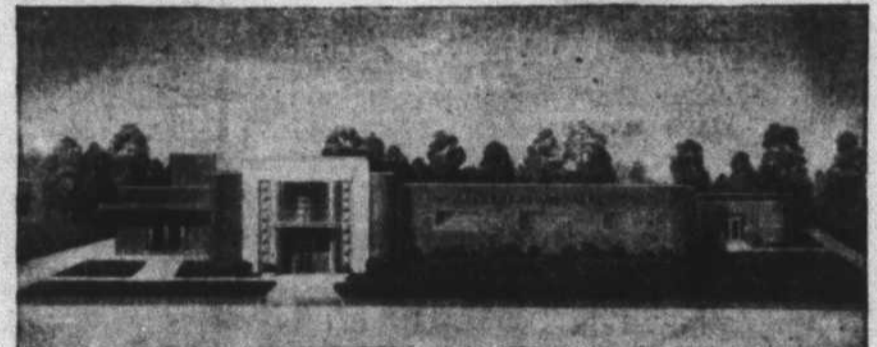
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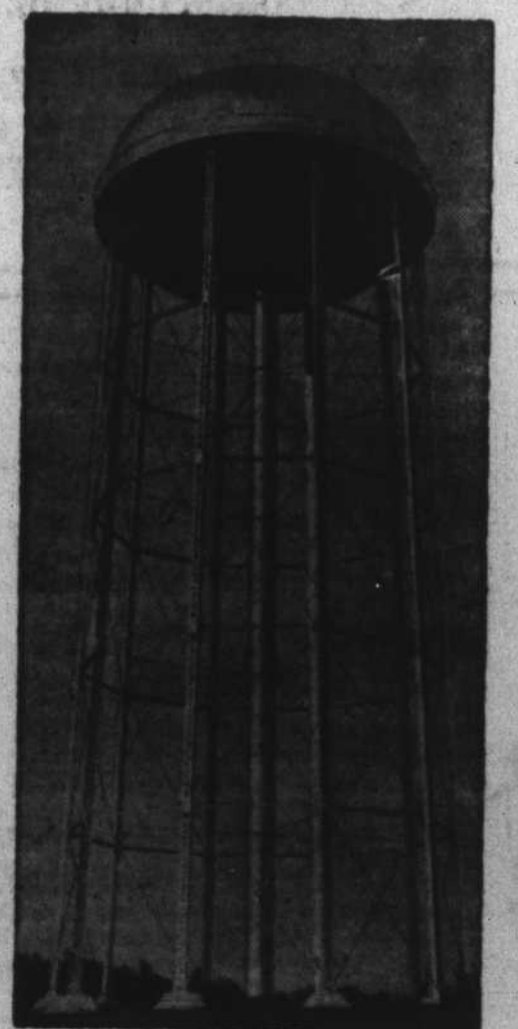
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