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---WHAT STEAM IS TO-

Machinery,

THAT GREAT PROPELLING POWER.

VOL. X.

SIMMONS

REGULATOR

The Old Friend

And the best friend, that never

fails you, is Simmons Liver Regu-

lator, (the Red Z)—that's what

you hear at the mention of this

excellent Liver medicine, and

people should not be persuaded

cines; is better than pills, and

takes the place of Quinine and

Calomel. It acts directly on the

Liver, Kidneys and Bowels and

MEVERY PACKAGE TO

J. H. ZEILIN & CO., Philadelphia, Fa.

BY THE WAVES.

Crisp and curling, soft unfurling

Haste the breakers, frolic makers,

Chasing playmates home.

Ip the shingle, toes a-tingle—

Wavelets creaming, sunshine glean

lay and merry, bold and cheery,

Delve the small brown hands,

Drifting, lifting, rifting, sifting,

On the shingle pleasures mingle,

Eyes deep yearning see the burning

Home we gather, O! Our Father,

Peanuts For Food.

chemists in analyzing this secondary

product have discovered that the horses,

sheep and cattle have been furnished

with a goods which is of such extraor-

dinary richness in nitrogenous elements

as to be of great value for human con-

sumption. The servants have set

of this discovery. As a result Consul

General Mason, at Frankfort, reports as

Four preparations have been on the

market for a year, and they have been

tried on 120 patients in a hispital.

Over half of these found peanut-meal

soup palatable and excellent. All throve

well on it. Its sustaining power is re-

and assimilated even by invalids, its

durability-for want of a better term-

surpasses even that of the hitherto un-

equaled "Soja bean" of Japan and Chi-

of careful experiment by the military

sons at Frankfort and elsewhere the

men have been supplied with soup

made from peanut grits, and the re-

sults carefully noted in official reports

which have been recently made to the

Ministry of War at Berlin, and which

are not yet accessible. The first series

of experiments, which was made some

months ago, was announced by the Min-

istry of War as having proved quite

satisfactory and if the later trials are

equally favorable it is probable the pea-

nut meat will be included in the future

garrison rations and "field sausage" of

It the peanut, after the oil bas been

expressed, be a good army ration in

Germany, and makes good the lack of

meat at the board of the peasants who

cannot get sufficient nutrition from

bread and potatoes, the whole peanut

ought to find a greater measure of fa-

vor as an addition to the American die-

tary. There are those who insist

that eating peanuts is conducive of

sound sleep. Perhaps the Germans

have discovered the true cause of this

satisfying and soothing quality.

the German army.

authorities of Germany. In the garri

follows:

-Mary Ruth Rogers.

'Neath the smiling sky

And the day goes by.

Night draws on apace;

Lamps in starry space.

And the day goes by.

Flying, sighing, low replying,

Thoughts salute the sky:

Caps of silvery foam,

Fast the children fly

So the day goes by.

In the shining sands,

gives new life to the whole sys-

It is the King of Liver Medi-

that anything else will do.

dry or made into a tea.

Write up a nice advertisement about your business and insert it in

THE DEMOCRAT,

and you'll "see a change in business all around."

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not professionally engaged elsewhere. 7 6 ly R. A. C. LIVERMON,

Office-Over J. D. Ray's store. Office hours from 9 to 1 o'clock; 2 to 5 o'clock, p. m. SCOTLAND NECK, N. C.

NR. J. H. DANIEL,

——Dunn, N. C.

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Attorney at Law.

ENFIELD, N. C.

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Attorney and Counselor at Law,

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of Virginia. PHRISTIAN & BARRAUD,

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that is expected of a

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Spectacles and Eve Glasses Properly Fitted to the Eye.

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SCOTLAND NECK, N. C., THURSDAY, OCTOBER 25, 1894.

NO. 47.

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SEXD YOUR ADVERTISEMENT IN NOW.

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YOU WILL

THAT YOU

Wish your Advertisement TO REACH

the class who read THE DEMOCRAT.



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Ints. Bruises, Ulcers, Salt Rheum, Feer Sores, Tetter, Chapped Hands, Chilblains, Corns, and all Skin Eruptions, and positively cures Piles, or no pay required. It is guaranteed to give perfect satisfaction or money refunded. Executors. Price 25 cents per bux. FOR SALE BY E. T. WHITE HEAD & CO.

English Spavin Liniment removes Having qualified as executor under all Hard, Soft or Calloused Lumps and the will, on the estate of Jno. R. Her- and Clemishes from horses. Blood ring deceased, I hereby notify all persons | Spavin Surbs, Splints, Sweeney, Ringhaving claims against said decedent to worm tifles. Sprains, and Swollen present them to me for payment with-Through, Coughs, the Bave by use of one bottle. Warranted the most wondrful Blemism Cure ever known. Sold bo E. T. Whitehead & Co., Druggists, Scotland Neck, N. C. 10 1 ly.

## Farm and Garden notes.

Too much rich, soft food when fowls

are confined is one of the chief causes

The French have discovered that ve

cow means health, vigor and profit.

of infertile eggs.

Never give fattening animals more ALL MAY NUT BE GREAT. long array of dogmas which no ordina food than they can eat up clean.

All May Do Good.

DO WHAT YOU CAN.

New York Herald.

seems to have regarded it as of some teaches as truth. mportance.

want. Sold by all Druggists in Liquid, or in Powder to be taken to assist Him in any great way, but many things." she improved her narrow opportunity and extended to Him a most gracious and trust to the love of God rather than

Tripping, skipping, slipping, dripping, life can be conspicuous, but every life apportunity to lend a helping hand to can be beautiful. We are working for some forlorn soul. Men and women or applause of men, and though the filled with trouble, So far as lies in world takes no note of our little acts of your power do good by word or deed, benevolence He sees them, and that or both and when you wake from the should be satisfaction enough. No last sheep the angels will lead you into man ever lived in so small a sphere the presence of One who will give you that he could not be helpful to some- a kindly welcome. Great clouds glowing, wild winds blowbody at some time either by word or deed, and these scattered words and deeds are the seed corn whence springs

the heavenly harvest. Great men and women are doubtless needful to the progress of society, but not more so than little men and women who perform their humble tasks with serene faith and unswerving fidelity. A general directs the battle, and when the strategy of his genius has Peanuts are largely imported into wrought a victory we place his statue Germany for the purpose of expressing in our parks, but after we have given the oil. The oil is used as a salad oil him all due credit we must not forget and for various ordinary purposes, and that the victory was nearly won by the residue of oil cake or meal is sold the courage of the common soldiers as a food for cattle. But the German whose names are never mentioned.

When we travel over the country road we look with awestruck wonder at the range of hills on the horizon line, their tops empurpled by the setting sun. The clouds rest on their brows like crowns filled with diamonds, whose facets flash with many colored lights. But need we be unmindful of the graceful ferns, the thousand wild flowers which Nature has woven into a carpet for our feet? While admiring the one shall we ignore the other? The same creative force which lifted the hills from the valley has fashioned also the pimpernel which peeps from the sod to give us cheer. What are hills markable. Although easily digested bud, serves to make the picture perfect; and who is rash enough to say that the moss on a fallen trunk has not a mission as well as the stately pine, the to the hygiene of the locality for a sona. All this has been made the subject

pride and glory of the forest? We need not be discouraged because we live near the ground rather than near the sky. Our prime duty to recognize our limitations, and not fret ourselves into restlessness through envy of those who can do easily what we can not do at all. Aspiration and ambition are well enough in their way, and we should always be prepared for a larger opportunity when it presents itself; but it is a fatal mistake not to do the little things of to-day because we expect to do great things to-morrow The logic of happiness teaches us to be content with what we have and to make the most of ourselves in our present surroundings. Then, if wider chance happens to come our way, we shall be

equipped to make good use of it. It is a great pity that the popular theology should dampen our ardor to do what we can. It has wrested the saying of the prophet Isaiah, that "all our righteousness is as filthy rags," from its proper interpretation and bidden us believe that, however honest our

daily lives, they count for nothing in the sight of God, unless we accept a ry mind can comprehend and about which theologians themselves differ.

We are wounded "past all surgery She hath done what she could .- Mark xiv., 8. | by such a statement. It is utterly in Mary, the sister of Lazarus and Mar-credible that God should reject the tha, whose home was in Bethany, of man who believes a little and lives ac fered to Jesus a token of her personal cording to that belief, refusing to allow affection and confidence. It was a him to enter heaven because he can small thing to do, and yet the Master not accept everything which the church

Besides, it is false; it is unreasonable. are forced and are ready to be marketed very early. She had an alabaster box of costly It does not commend itself to the comointment made from the roots of the mon sense of mankind. A good deed East Indian nard, and according to the done with a pure motive will never, usage in Oriental lands she poured it under any circumstances, be disapon the head of Jesus. Its perfume fill- proved on high. No matter how long sult showed that it was equivelent to ed the house, and some of the disciples or how short your creed may be, if you selling milk at thirty-five cents a hunwere indignant at what they called the love your fellow men and preserve your dred. waste of a precious substance which personal integrity amid temptation and might have been sold for three hun- hardship, the dear God who is our Faaway as soon as the fruit is gone to tem. This is the medicine you dred pence for the benefit of the poor. ther will not regard you as clothed in Jesus rebuked their complaints by filthy rags, but on the contrary will saying that Mary had "done what she say, "Thou hast been faithful in a few could." It was not within her power things; I will make thee ruler over high.

Do what good you may, therefore, the caprice of men. If you live in a The lesson is very significant. We narrow circle, fill it full of holy may not be able to do large things, but thoughts and noble actions. No day we can all do something. Not every will pass that shall not give you the the approval of God, not for the praise need encouragement, for our years are

# Coffeeism.

Pacific Med. Journal.

The evil effects of coffee on many constitutions are matters well known. Many a case of persistent pruritus has been made to disappear by simply interdicting the use of coffee. On the other hand, coffee taken without milk and with but little sugar, exercises the whose twenty years' experience in most Leneficial influence in many cases of migraine, especially if a little lemon or lime juice is added to the decoction. Some weeks before his death the late Professor Charcot was attending upon a family composed of the father, mother, and six children, who had become the victims of an uncontrollable mental irratability upon the least provocation. Hardly a meal passed at the family board without an explosion. Upon the least pretext the father became furious, the mother scolded, and the children would give away to hysterical crying. The family were all hypochondriacal. The strangest part of the history consisted in the fact that domestics employed and residing in the family would soon partake of the general cachexia and join in the pandemo-

In the middle ages, this house would have been considered haunted, and mons, goblins, fairies and vampires are Philadelphia, P. no longer the fact, Charcot looked inlution of the difficulties. On investigation he found that the father was a well as the manufacturing of the essence and of the extract of coffee, being carried on in the lower floors of the premises. In the apartments above the odor of coffee permeated every nook; the furniture and clothing smelt strongly of coffee. The inmates were suffering from chronic coffeeism. few weeks' residence in the purer air of the seashore and change of habitation soon brought about a change for the better.

# It May do as Much for you.

that he had a severe Kidney trouble for many years, with severe pains in his back and also that his bladder was affected. He tried many so called Kidney cures but without any good result. About a year ago he began use of Electric Bitters and found found relief at once. Electric Bitters is especially adapted to cure all Kidney and Liver troubles and often gives almost instant relief. One trial will prove our statement. Price only 50c for large bottle. motives and however self-escrificing our At E. T. Whitrhead & Co's Drugstore.

## The best way to checkmate low pri ces for feed stuffs, says a writer, i to keep good stock to eat them. It is bad policy for the farmer to do the hard work and let the commercial feed-

ENFIELD, N. C.

FOR SALE! W. C. WHITAKER,

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er make all the profit.

You are a subscriber to your home pa per; then don't delay a day in sending your name to us for

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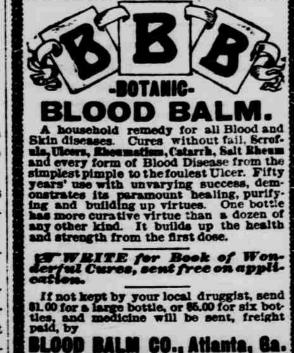
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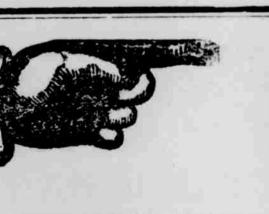
FITS.—All fits stopped free by Dr. without verdure? Every tree and somebody would have been burned, or Kline's Great Nerve Restorer. No fits ed the premises. This was the nine- Treatise \$2.00 trial bottle free to Fit teenth century, however, and as de- cases. Send to Dr. Kine, 931 Arch St

# FOR OVER FIFTY YEARS

AN OLD AND WELL-TRIED REMEDY Mrs. Winslow's Soothing Syrup has been used for over fifty years by milmanufacturer and a dealer in coffee; lions of mothers for their children the roasting, grinding, and packing, as while teething, with perfect success. It soothes the child, softens the gums, allays all pain cures wind colic, and is the best remedy for Diarrhea. Is pleasant to the taste. Sold by Druggists in every part of the World. Twenty five cents a bottle. Its value is incalculable. Be sure and ask for Mrs. Winslow's Soothing Syrup, and take no other kind.



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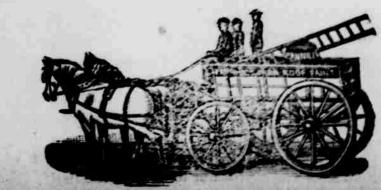
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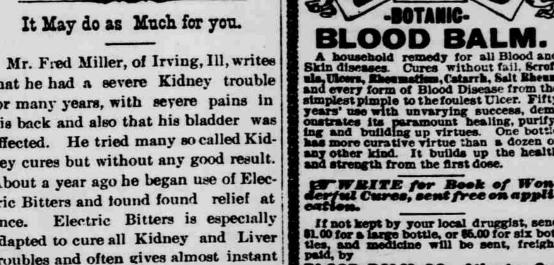
Endorsed by the Norfolk & Western Railroad and the Atlantic Coast Line Railroad. Send for testimonials and references.

Read What R. C. Josey & Co. and E. T. Whitehead & Co. say About it.

SCOTLAND NECK, N. C., October 17, 1894. Mr. Henry Pannill arrived here last Monday from Petersburg, Va., with his Expert Roof Painters and painted the roof of our stores, which is long and flat, and has given us a great deal of trouble. It leaked so bad at times that an uinbrella had to be used in the store below. But since Mr. Pannill painted it with his Roof Paint we have not seen a sign of leak. It stood the test of THRUE DAYS AND TWO NIGHTS HARD RAIN, but no water came through. We have tried many times to get the leak stopped but all failed to stop the leak except Mr. Pannill.

R. C. Josey & Co. E. T. WHITEHEAD & CO.





nety in the bill of fare of the milch Market gardeners dig up the rheubarb roots in the fall and place them in a cellar or greenhouse. The shoots It has stood the test of a quarter of century of cures—Dr. Sage's Catarrh Remedy. That's why the proprietors take the risk; they say: "If we can't cure your Catarrh, we will pay you— \$500 in cash!"

The Massachusetts Experiment Station made an experiment in feeding skim milk to calves and pigs. The re Administrators' Notice.

all persons holding claims against his I. S. D. SAULS, Mange, of Goldsborn, Raspberry canes may as well be cut estate to present same to them at Scotland Neck, or to their Attorney, W. A. Dunn, on or before the 21st day of make room for the new shoots. To September, 1895. We will be glad if make the raspberries branch out, top all persons will present their claims at the young canes when about three feet once as payment may be made without Fruits, Vegetables, and other Produce. delay. This September 20th, 1894.

MARY E. GRAY, E. T. WHITEHEAD, Administrators.

Executors' Notice.

The undersigned, having qualified as Executors of the last will and testament of D. Edmondson, notify all per sons who have claims against said testator to present same to them at Scotland Neck, or to their attorney, W. A. Dunn, by or before the 21st day of September, 1895. This September 20, '94. MARY P. EDMONDSON,

R. C. Josey, THOS. E. POWELL,

in twelve months from this date. All persons indebted to the estate will please make payment. This Sept.

Executor's Notice.

18th, 1894. RICHARD H SMITH. Executor. 9-20-6t.