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AND MUSICAL INSTRUMENTS.  
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fitted to the eye, free of charge. All  
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NOW ON HAND.  
WILL SELL THEM CHEAP.

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SUBSCRIPTION PRICE \$1.00.

VOL. XI.

SCOTLAND NECK, N. C., THURSDAY, JULY 11, 1895.

NO. 31.



Are you taking SIMMONS' LIVER REGULATOR, the "KING OF LIVER MEDICINES?" That is what our readers want, and nothing but that. It is the same old friend to which the old folks pinned their faith and were never disappointed. But another good recommendation for it is, that it is BETTER THAN PILLS, never gripes, never weakens, but works in such an easy and natural way, just like nature itself, that relief comes quick and sure, and one feels new all over. It never fails. Everybody needs take a liver remedy, and everyone should take only Simmons' Liver Regulator.

Be sure you get it. The Red Z is on the wrapper. J. H. Zeilin & Co., Philadelphia.

THOU ART BUILDING.  
Each man is surely building up a monument of deeds—  
And the stones are swiftly gathered as the glad year onward speeds;  
Be they smoothly dressed and chiseled, be they broken and unhealed  
On the soiled, neglected esplanade, with splintered fragments strewn;  
Bring the trusty square and plummet, try the pitch, with steady hand—  
For without a true foundation no life monument may stand.

Has the block of mortal weakness found a place amid the rise?  
Or does selfishness shine boldly in the shimmer of the skies?  
Has the gloomy tint of avarice crept like a serpent in?  
And the rearing of the structure, are there yet another blocks of sin?  
From thy heart lift out the plummet—try the pitch, with steady hand—  
For without a true foundation no life monument may stand.

Shines there but one block of sorrow from a brother's helpless cry?  
Is there yet another tainted by the lonely widow's sigh?  
Gleam there now some orphan's curses, swiftly crumbling from the side?  
Rises up thy mighty structure on a corner stone of pride?  
Bring the straight-edge of thy conscience, try the pitch, with steady hand—  
For without a true foundation no life monument may stand.

Freely strewn along the wayside rich materials there be—  
Rightly used would bring the blessings of a thankful world to thee:  
Life, and hope, and love, and sunshine; honor, truthfulness and prayer—  
Thought, and trust, and noble impulse, let thy rising structure share—  
Bring love's gilded square and plummet—try the pitch with steady hand—  
For without a true foundation no life monument may stand.

—J. H. Mackley in Plain Dealer.  
Endorse the Union Central.

Law office of  
BATTLE & MORDICAE,  
Raleigh, N. C., May 1, 1895.

Mr. Carey J. Hunter,  
Gen. Agt. Union Central Life Insurance Company.

Dear Sir:—From my experience, as executor of W. H. Pace, of the promptness with which your company meets its losses, and from some enquiry I have formed a high opinion of its reliability. If I were of an age to make it possible to increase the insurance on my life, I would be glad to take a policy in the company. I should think it perfectly safe. Yours truly,  
R. H. BATTLE.

ROANOKE, VA., Dec. 3, 1894.  
Carey J. Hunter,  
Supt. Union Central Life Ins. Co.  
[for N. C. and Va.]

My Dear Sir and Friend:  
During my four years' medical practice I was medical examiner for several of the strongest insurance companies in the country—I was of course more or less intimate with the policy contracts, &c., but I am free to say without solicitation, that the Union Central in my judgement has the best and easiest form of contract that I have yet found.

L. G. BROUGHTON,  
Pastor Calvary Baptist Church.

GRAND SUCCESS.  
Gaddysville, Robeson Co., N. C.—  
Some time last summer, Curtis & Co., with whom I am employed received a sample bottle of Chamberlain's Colic, Cholera and Diarrhoea Remedy, which has been used with grand success.

J. T. WILLIAMS.

## BITS OF GOLD.

Learn These Suggestions When You Visit.

*Biblical Recorder.*  
When you are invited to pay a visit to a friend, you should, if possible, find out how long your visit is to be, so that you may not interfere with any other plans your hostess may have made. It would facilitate matters very much if every one that invites a friend to stay with her would state the limit of the invitation as well as the time of coming.

Do not begin your visit with a disappointment. If you have signified your purpose to arrive on a certain train, let nothing but illness prevent your taking that train. If you are ill, telegraph at once so that no one may be put to the trouble of meeting you.

Be punctual at all meals. Get up as soon as the rising bell rings, and do not let the breakfast be delayed on your account. It should be unnecessary to say this, but I have known girls that would "lie just a minute after being called, then dawdle over their dressing, and be ten minutes late, making all of the rest wait for them, since the hostess naturally does not wish to serve breakfast before the appearance of her guests. A visitor becomes an unwelcome one if she does this, and she will not speedily be asked to repeat her visit.

Keep your room in order. Before you go down to breakfast see that your bed is taken apart, and the clothing put to air. Take care of all your toilet articles and your own clothing.

If your hostess has more than one servant, you will probably find your bed made and your room arranged when you go upstairs from your chat with your hostess after breakfast. If she does her own work, or has only one servant, whose duties keep her in the kitchen, go quietly to your own room, and take care of it yourself.

Do not exact constant attention from your hostess. While she is about her household duties, you may write your letters, read, or do anything to amuse yourself; only be amused, and do not act bored or hurt because you are left to yourself. If you are sufficiently intimate with her to ask to go with her while she is busy, offer to help her, make the tasks pleasant by doing them together.

Before you leave home provide yourself with all the little toilet necessities: pins, safety pins, darning silk and cotton, thread, silk, scissors, and plenty of stationery and stamps.

Do your part in entertaining. Be bright and cheerful. If you have any pleasing accomplishment, be ready to display it if asked by your hostess, and respond to her request as if it were a pleasure to confer a pleasure.

In short, be thoughtful and considerate, be sensible and helpful, be natural and be amiable, which, I hope, is being natural. You will in such a case be a model visitor.

Table Manners.

*Good Housekeeping.*  
The use of a knife, fork and spoon and fingers undergoes considerable modification from time to time, and singularly enough, as it would seem, more articles are allowed to be handled at the table than formerly for many years. Among these we may name bread, olives, cheese, radishes, celery, asparagus, berries served with the stems, and most fruits, while it is no violation of polite usage to take tines of sugar with the fingers. Generally, however, what is considered the proper usage will be indicated by the hostess in the utensils supplied with the various articles, and when none are furnished it may be accepted as an indication that the fingers are expected to do the duty. The knife is to be used only for cutting, spreading butter and the like; the spoon conveys to the mouth fluids and semi fluids only—everything else is relevant to the fork.

The tree that has stopped growing has begun to decay. There is no resting place in nature. Where do you stand?

## Marriage and Home.

*C. J. Norman in Plymouth Beacon.*  
Let us remember that the union of husband and wife is the chosen type of the relation between Christ and the believer. It ought then to be the tenderest and noblest of all relations. Nothing to my mind is lovelier than to see two young people well mated, beginning life with the high purpose to contribute to each other's happiness. Marriage is the vestibule of home and home is the vestibule of Heaven. There is no word in the English language sweeter than home; at the mention of which every heart vibrates in tenderest sympathy; it holds within its warm grasp the family secrets of sorrow and joy, it is an oasis in life. The husband annoyed all day with business reaches home where its burdens are removed and love is law; for awhile he forgets the day and its cares, for home with its happiness swings upon his mind and heart, as the morning swings in upon darkness and makes it day. It may be an humble home, but a wife's industry and care can make it attractive. The sacrifice of the husband to make home comfortable, and the sacrifice of the wife to utilize every means in her power to make home attractive, combine to make it sacred. Home is the place of ten thousand sacrifices. The husband may be making just sacrifices, but the true wife is by his side.

*A Cheerful Heart.*  
*Selected.*  
I once heard a young lady say to another, "Your countenance to me is like the shining of the sun, for it always gladdens me with a cheerful look." A merry or a cheerful countenance was one of the things which Jeremy Taylor said his enemies and persecutors could not take away from him. There are some who spend their lives as if shut up in a dungeon. Everything is dark, gloomy, and forbidding. They mourn from day to day that they have so little, and are in constant fear lest what little they have should escape out of their hands. They look always upon the dark side, and can never enjoy the good of the present, for fear of the evil that is to come. This is not piety. True religion makes the heart glad, and when its noble principles are felt and exercised, men will be happy in spite of themselves.

The industrious bee does not stop to complain that there are so many poisonous flowers and thorny branches in his road, but buzzes on, gathering the honey where he can find it, and passing quietly by the places where it is not.

There is enough in this world to complain about and find fault with, if we have the disposition. We travel often in a hard and uneven road, but with a cheerful spirit and a heart to praise God for his mercies, we may walk therein with great comfort, and come to the end of our journey in peace.

*A Matter of Mere Patience.*  
*Washington Star.*  
"Well," said Mr. Sorkins, "I've quit worrying about the fate of the country and the destiny of our present social system and things."

"Have you solved all the problems?"  
"No, I haven't solved any of 'em. But my daughter Minerva Jane will be at work on her graduation essay pretty soon, and I guess I may as well make my mind easy and find out all about it when she gets through."

Made \$3 Extra.  
*Wilmington Star.*  
That Cincinnati boy who was told by his employer to fix up the show window so that every woman who passed would be sure to stand and look in, didn't mean to cast any reflections on the women, but he struck a happy idea when he hung a black velvet cloth in the back-ground, thus converting the window into a mirror. It worked like a charm, and his boss gave him \$3 extra that week.

When Baby was sick, we gave her Castoria.  
When she was a Child, she cried for Castoria.  
When she became a Woman, she clung to Castoria.  
When she had Children, she gave them Castoria.

## A LIST WORTH PRESERVING.

North Carolina Governors from 1710 to date.

The following list of Governors of North Carolina was copied from the records of the town of Edenton, Chowan county, by Mr. J. H. Ellwies, of Statesville, while on a visit there:

- 1719 Charles Eden.
- 1729 Sir Richard Everard, Bart.
- 1734 Gabriel Johnson.
- 1753 Mathew Rowan.
- 1758 Arthur Dobbs.
- 1766 William Tryon.
- 1773 Josiah Martin.
- 1777 Richard Caswell.
- 1780 Abner Nash.
- 1782 Thomas Burke.
- 1784 Alexander Martin.
- 1785 Richard Caswell.
- 1788 Samuel Johnson.
- 1790 Alexander Martin.
- 1793 Richard D. Spaight.
- 1796 Samuel Ashe.
- 1798 William R. Davie.
- 1799 Benjamin Williams.
- 1802 James Turner.
- 1805 Nathaniel Alexander.
- 1807 Benjamin Williams.
- 1808 David Stone.
- 1810 Benjamin Smith.
- 1811 William Hawkins.
- 1813 William Miller.
- 1817 John Branch.
- 1820 Jesse Franklin.
- 1821 Gabriel Holmes.
- 1824 Hutchings G. Burton.
- 1827 James Iredell.
- 1828 John Owens.
- 1830 Montford Stokes.
- 1832 David L. Swain.
- 1835 Edward D. Spaight.
- 1837 Edward B. Dudley.
- 1844 John M. Morehead.
- 1845 William A. Graham.
- 1849 Charles Manly.
- 1850 David S. Reid.
- 1855 Thomas Bragg.
- 1859 John W. Ellis.
- 1861 Warren Winslow.
- 1861 Henry T. Clark.
- 1862 Zebulon B. Vance.
- 1865 William W. Holden.
- 1866 Johnathan Worth.
- 1868 William W. Holden.
- 1871 Tod R. Caldwell.
- 1874 Curtis H. Brogden.
- 1876 Zebulon B. Vance.
- 1880 Thomas J. Jarvis.
- 1884 Alfred M. Seales.
- 1888 Daniel G. Fowle.
- 1890 Thomas M. Holt.
- 1893 Elias Carr.

## The Necessity of Composure.

*Demorest's Magazine.*  
One thing that, if not a necessity, is at least conducive to comfortable living, is hardly appreciated even by those who most need it. This is the need of having some time each day entirely alone.

It is impossible to live comfortably without composure of mind, and there is no way of securing it so surely as to spend a short time each day (and a long time is even better) in silence, and free from interruptions. It is soothing to a tired mind. The person who does not like to be alone once in a while is already on the highroad towards ill-health.

It is the only way to have relief from the confusion of always being in some one's presence, which will, sooner or later, either affect the nerves or weaken the mind.

Wherever, or however, you live, then, see to it that you have at least one hour out of every twenty-four that you can call your own. Some busy people may at first think this is impossible; but we rarely find any one who does not waste more than this every day, and who is not the worse off for the waste.

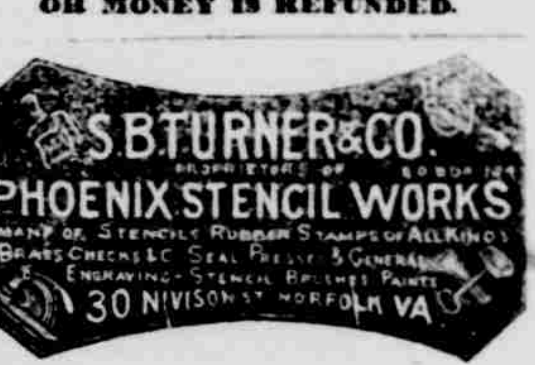
The very act of taking this hour strengthens the will and adds that much to the comfort of living, since a weak-willed person is at the mercy of everything and every person that may encroach upon his rights; and not the least of these is the right to live a healthy, comfortable life.

You cannot tell by the size of a man's hand what kind of a heart he has.

## Carbuncles Large as Hen's Eggs!

Mrs. NANNIE GOLDMAN, of Philadelphia, writes as follows:  
"For about eight or ten years my father, Col. T. U. Fogg, of West Point, Pa., was laid up with carbuncles, the worst that I ever saw. He said everything he heard of, but he could do nothing for him. Had six or seven carbuncles at a time, as large as hen's eggs. He got so weak and suffered so much he could not walk a step. In 1872 he had his bed put in the middle of his room and got on it to die. No one expected him to get well. He saw Dr. Pierce's Golden Medical Discovery advertised for all blood disorders. Before he had taken half a bottle of 'Discoveries' he began to go away. Two bottles entirely cured him. He is now 78 years old, and enjoys good health."

PIERCE GUARANTEES A CURE OR MONEY IS REFUNDED.



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TASTELESS CHILL TONIC  
IS JUST AS GOOD FOR ADULTS. WARRANTED. PRICE 50 cts.  
GALATIA, ILL., NOV. 16, 1892.  
Paris Medicine Co., 25, Rue de la Harpe, Paris.  
GROVES' TASTELESS CHILL TONIC and has brought large gross already this year. In no other medicine of 14 years in the drug business have we received an article that gave such universal satisfaction as your Tonic. Yours truly,  
A. H. CARR & CO.  
—For sale and guaranteed by—  
E. T. WHITEHEAD & CO.,  
6 6 6m  
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is the class who read THE DEMOCRAT.



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U. S. D. SALES, Managers of Goldthorpe, N. C.

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REFERENCES.—The Bank of Commerce, Norfolk, Va.; T. W. Dewey, Cashier, Farmers' and Merchants' Bank, New Bern, N. C.; E. B. Bonds, First Bank of Wayne, Goldthorpe, N. C.  
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English Spanish Liniment, removes all Hard, Soft or Calloused Lumps and all Clems from the face. Blood Spavin, Scabs, Spines, Swellings, Ringworm, Itches, Eruptions, and Scalds Through Coughs, Etc. Save 50 by use of one bottle. Warranted the most wonderful Bleeding Cure ever known. Sold by E. T. Whitehead & Co., Druggists, Scotland Neck, N. C.  
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Hog Cholera.

Cure, which cures and prevents cholera in hogs and poultry is on sale at S. B. Jossey's and at E. T. Whitehead's Drug Store. The medicine is highly recommended by many western farmers as a sure cure. Try a package. At S. B. Jossey's and Drug Store.

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AN OLD AND WELL-TRIED REMEDY  
Mrs. Winslow's Soothing Syrup has been used for over fifty years by millions of mothers for their children while teething, with perfect success. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for Diarrhoea (is pleasant to the taste). Sold by Druggists in every part of the World. Twenty-five cents a bottle. Ask your dealer is invaluable. Be sure and ask for Mrs. Winslow's Soothing Syrup, and take no other kind.

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A Certain, Safe, and Effective Remedy for  
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