### Cancer, BIOON TROUDIES: Scrofula, Old Sores, Rheumatism,

As the blood contains all the elements necessary to sustain life, it is important that it be kept free of all impurities, or it becomes a source of disease, poisoning instead of nourishing the body, and loss of health is sure to follow. Some poisons enter the blood from without, through the skin by absorption, or inoculation; others from within, as when waste products accumulate in the system and ferment, allowing disease germs to develop and be taken into the circulation. While all blood troubles have one common origin, each has some peculiarity to distinguish it from the other. Contagious Blood Poison, Scrofula, Cancer, Rheumatism, Eczema and other blood diseases can be distinguished by

Chronic Ulcers. a certain sore, alcer eruption or inflammation appearing on the skin. Every blood disease shows sooner or later on the outside and on the weakest part of the body, or where it finds the least restance. Many mistake the sore or outward sign for the real disease, and attempt a cure by the use of salves, liniments and other external applications. Valuable time is lost and no permanent benefit derived from such treatment.

PLCOD TROUBLES PEQUIRE BLOOD REMEDIES; the poison must be completely and permanently eradicated—the blood reinforced, purified and cleansed, or the disease goes deeper and saps the very life. Mercury, potash and arsenic, the treatment usually prescribed in this class of diseases, are violent poisons, even when taken in small doses—never cure, but do much harm by adding another poison to the already overburdened, diseased blood. S. S. S., Nature's own remedy, made of roots and herbs, attacks the disease in the blood, antidotes and forces out all impurities, makes weak, thin blood rich, strong and healthy, and at the same time builds up the general health. S. S. S. is the only purely vegetable blood purifier known, and the only one that can reach deep-seated

blood troubles. A record of 50 years of successful cures proves it to be a reliable, unfailing specific for all blood and skin troubles. Free Medical Treatment.—Our Medical Department is in charge of skilled physicians, who have made blood and skin diseases a life study, so if you have Contagious Blood Poison, Cancer, Scrofula, Rheumatism, Eczema, an Old Sore or Ulcer,

**Contagious** 

Blood Poison,

or any similar blood trouble, write them fully for advice about your case. All correspondence is conducted in strictest confidence. We make no charge for this service. Book on blood and skin diseases free. SWIFT SPECIFIC CO., Atlanta, Ga.

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CONDENSED SCHEDULE.

Dated Jan. 19th, 1898.

No. †103	No. *49	ACCUMULATION OF THE PARTY OF TH	No.   No. 48   †102	
Р. М.	A.M.	P.	M.	А. М.
2 20	9 00	Lv Norfolk Ar.	5 55	10 05
2 40	9 20	Pinners Point	5 30	9 50
3 03	9 46	Drivers	5 05	926
3 17	10 00	Suffolk	4 50	12
3 50	10 34	Gates	4 20	8 39
4 15	10 50	Tunis	4 00	8 21
4 36	11 06	Ahoskey	3 41	8 04
4 58	11 21	Aulander	3 27	7 48
5 35	12 00	Hobgood	2 53	7 08
6 00	12 21	Ar. Tarboro Le	2 31	6 45

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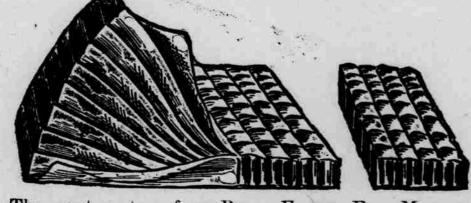
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### Essentials in Public Schools.

Mr. Thomas Brenan, one of the trusees of the Chicago public schools, who has for more than thirty years been a careful observer of educational methods and their results, brings a serious charge against the schools of that city. He declares that the avarage country boy coming in from the backwoods, is more valuable to the business man than the boy graduate from the Chicago schools. The reason asigned for the alleged sup- play for children is the reason why erior value of the boy from the country will be interesing to the parents of band and I used to read history, and arranging and carrying out the course looked up if not given correctly. We reading, writing and arithmetic. They some kind, to make the evenings at have tried to make everything of the home more attractive than they can be

him from becoming anything."

edly a good deal of truth in it. Al- to arrange something entertaining. pupils and to reduce the time devoted ture, or entertainment, we all go toto the rudimentary and Indispensable gether and enjoy it; and whatever is urban and rural sections, it has been er people, is equally valuable to the far more pronounced in the former children, and we let them see that we than in the latter. Other things be- spare no expense where it is to their ing equal, the city boy ought to be advantage to be out of an evening. more useful and successful in business another reason why the former ought best of myself to my family." to be worth more than the latter in almost any department of business. The school graduate fresh from the country has before him temptations to evil which have faced the city boy ever since he emerged form cradlehood. Of entered, destroying our old high, ideals the two-the city graduate and the and making us pretentious and vulter is far more likely to fall a victim to "How we Lead a Simple Life," in the the lures of vice in town.

and the consequent neglect to teach them to read well, to write good Enlish in a good hand and to give them pears to have subsided. That is cer- tion of rank confined to the leisured tainly the case in this city.

Have you a sense of fullness in the region of your stomach after eating?
If so you will be benefited by using Chamberlain's Stomach and Liver Tablets. They also cure belching and sour stomach. They regulate the noble ancestors are in such demand

leave your last place?" Second Cook finds it easy to have a coat-of-arms and Lady-"The missus went and got a hat a pedigree as to have a dress-coat. He like mine."

IT HAPPENED IN A DRUG STORE.

"One day last winter a lady came to my drug store and asked for a brand of cough medicine that I did not have in stock," says Mr. C. R. Grandin, the popular druggst of Ontario, N. Y. "She popular druggst of Ontario, N. Y. "She was disappointed and wanted to know what cough preparation I could recommend. I said to her that I could freely recommend Chamberlain's Cough Remedy and that she could take a bottle of the remedy and after giving it a fair trial if she did not find it worth the money to bring back the bottle and I would refund the price cure impotency, Night Emissions, Loss of Memory, all wasting diseases, all effects of solf-abuse or excess and indiscretion. A nerve to nice and blood builder. Brings the pink glow to pale cheeks and restores the fire of youth. By mail 500 cTS. bottle and I would refund the price paid. In the course of a day or two the lady came back in company with a friend in need of a cough medicine and advised her to buy a bottle of Chamberlain's Cough Remedy. I consider that a wary good recommendation of the company of the company with the course of two courses of two company with the course of two company with the course of two courses sider that a very good recommendation for the remedy." The remedy owes its great popularity and extensive sale in a large measure to the personal recommendations of people who have been cured by its use. It is for sale Clinton & Jackson Sts., CHICAGO, ILL: by E. T. Whitehead & Co. Druggists.

### The Boy That Laughs.

know a funny little boy-The funniest ever born : His face is like a beam of joy Although his clothes are torn,

saw him tumble on his nose, And waited for a groan-But how he laughed! Do you suppose He struck his funny bone?

There's sunshine in each word speaks, His laugh is something grand; Its ripples over run his cheeks Like wayes on snowy sand.

He laughs the moment he awakes. And till the day is done; The schoolroom for a joke he takes The lessons are but fun.

N. C. No matter how the day may go, You cannot make him cry; He's worth a dozen boys, I know, Who pout and mope and sigh. - Wide Awake.

271.16

Sillicus-"The bale tells us to love our enemies." Cynicus-"We do Most of us are our own worst

### Give the Best of Yourself.

A lady gave us a rule, not long since, by which she had succeeded in interesting her lively, fun loving boys, so they preferred to remain at home evenings instead of seeking amusement else-

She said, "I remember that children are children, and must have amusements: I fear that the abhorrence with which some good parents regard any children go away for pleasure. Huschildren at school and to those who at the end of each chapter ask some are charged with the responsibility of questions, requiring the answer to be of study. The reason is that the follow a similar plan with the child-'amount of time spent in the public ren ; sometimes we play one game, and schools upon studies that are not es- sometimes another, always planning sential is fully as great as that given to with books, stories, plays, or treats of school boy, and they have prevented made abroad. I should dislike to think that any one could make my That is, perhaps, too strong a state-children happier than I can, so I always ment of the case, but there is undoubt- try to be at leisure in the evening, and

though the tendency to overload the "When there is a good concert, lecbranches have been apparent in both worth the price of admission to us old-

"But the greater number of our in a city than his cousin from the evenings are spent quietly at home. country. The city schools are kept in Sometimes it requires quite an effort operation for a longer period each year to sit quietly talking and playing with than those in the country. Cities af- them when my work-basket is filled ford many facilities for intelectual and with unfinished work, and books and moral improvement that are impossi- papers lie unread on the table; but as ble in the agricultural regions. And the years go by, and I see my boys and if it is suggested that the city boy is girls growing into home-loving, modmore exposed to temptation than the est young men and maidens, I am glad boy on the farm, the suggestion is but that I made it my rule to give the

### There Are No More Self-Made Men.

"From the highest home to the lowest in America this idea of castle has graduate from the backwoods—the lat gar," writes "An American Mother,"of October Ladies' Home Journal. "The The overcrowding craze, the attempt idle rich man covets high social place to cram the minds of school children with a hunger that is both ridiculous with an infinite variety of knowledge and tragic. If he has money enough he buys a titled busband for his daughter. He tries to establish a precedence for himself over his neighbors by claims a thorough arithmetical training, ap- of high descent. Nor is this appreciaclass in this country. It is universal. No candidate for office finds it neces sary now to pose as a self-made man or

bowels too. Price, 25 cents. Sold by that if we do not have them we invent E. T. Whitehead & Co. Druggists. them as we do air-brakes or motors, or anything else neccessary to our well-be-First Cook Lady-"Why did you ing and comfort. The rich American seldom goes to Burke or the Heralds' College for these things. He plants and grows his own family tree as he does his maple at the front door."

For sale by E. T. Whitehead & Co. Scotland Neck, N. C.

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Use nothing but Macnair's Blood and Liver Pills. W. H. MACNAIR, Tarboro, N. C.

or E. T. WHITEHEAD & Co., 22 tf. Scotland Neck N. C.

### Notice.

Having qualified as administratrix in the estate of Mrs. Mary Jane Hy-man, deceased, I hereby give notice to all persons indebted to said estate to make payment. All persons having claims against said estate will present them for payment within twelve months from this day or this notice will be pleaded in bar.

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