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THE COMMONWEALTH.

E. E. HILLIARD, Editor and Proprietor. "EXCELSIOR" IS OUR MOTTO. SUBSCRIPTION PRICE \$1.00.
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Lost Hair

"My hair came out by the handful, and the gray hairs began to creep in. I tried Ayer's Hair Vigor, and it stopped the hair from coming out and restored the color."—Mrs. M. D. Gray, No. Salem, Mass.

There's a pleasure in offering such a preparation as Ayer's Hair Vigor. It gives to all who use it such satisfaction. The hair becomes thicker, longer, softer, and more glossy. And you feel so secure in using such an old and reliable preparation.

\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

Kodol Dyspepsia Cure

Digests what you eat.

This preparation contains all of the digestants and digests all kinds of food. It gives instant relief and never fails to cure. It allows you to eat all the food you want. The most sensitive stomachs can take it. By its use many thousands of dyspeptics have been cured after everything else failed. It is unequalled for the stomach. Children with weak stomachs thrive on it. First dose relieves. A diet unnecessary.

Cures all stomach troubles

Prepared only by E. C. DEWITT & CO., Chicago
 The \$1.00 bottle contains 2 1/2 times the 50c. size.

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Compare our Work with that of our Competitors.

ESTABLISHED IN 1865.
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Steam Marble and Granite
WORKS,
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Monuments, Tombs, Cemetery Curb-ing, &c. All work strictly first-class and at Lowest Prices.

I ALSO FURNISH IRON
FENCING, VASES, & C.
 Designs sent to any address free. In writing for them please give age of deceased and limit as to price.
I Prepay Freight on all Work

THE EDITOR'S LEISURE HOURS.

Points and Paragraphs of Things Past, Present and Future.

It is indeed gratifying to see the statements made in able and trust worthy journals that the country is in a prosperous and hopeful condition. To be sure prices for almost everything are high; but if high prices bring prosperity we ought to do our best to be content with it so. The crop outlook is certainly flattering, and so far as we are informed, outside of the regions where strikes prevail, laborers are paid a good wage and are satisfied.

South Carolina hot blood is manifesting itself thus early in the political campaign. Ex-congressman Hemphill and congressman Latimer are both candidates for Senator McLaurin's place in the United States Senate, and during a discussion at Gaffney a few days ago, ugly words passed between them and they tried to fight. Friends interposed and held them apart. This was a bad example, and it is hoped other aspirants for office will not follow it.

It seems that at a lynching here in Maryland recently the wrong man was lynched. Evidence has been discovered showing that the man was not guilty of the crime for which he was lynched. The News and Observer makes the following clear and sensible comment:

"This terrible mistake ought to put an end to lynching. It is awful enough illegally to deprive a guilty brute of life. It is a crime too great to give a name for men to lynch an innocent man. "The crime of lynching is less common. Public sentiment ought to put a stop to it."

Young man, young man! You are now eighteen years old, twenty years perhaps twenty-one. You are beginning to look away to the future and plan for what you will do and what you will be some day. Doubtless you head sometimes whirls in your wild dreams of wealth and high position by reason of your future. Two things you will do well to learn now even before you cross the threshold: First, money and what money can buy are not the greatest things in the world; second, somewhere in the future before you, either near by or in the distant year ahead, there awaits a crisis in which you will need all the reserved force possible to master the situation then and make the most out of life. When that crisis comes, whatever it may be, you will need the best balanced mind of which you are capable. Fall not, then, to store your mind with whatever knowledge will serve you best.

No young man can afford to risk his chances for the future without the best trained intellect which his circumstances and energies will give, and if properly understood and wisely used, the brighter the intellect the more useful and helpful one becomes to the world, and the more nearly and fully he may fulfill the designs of his Creator. Young man, be not content to know nothing or little; but be ambitious to know much.

Hancock's Liquid Sulphur is endorsed and prescribed by many leading physicians through the country, for all blood and skin troubles. Hundreds of cases have been permanently cured, after many years standing, by the use of Hancock's Liquid Sulphur. At the present day authorities—on skin diseases concede and have demonstrated that at skin diseases of every nature are caused by microscopic germ, bacilli, bacteria, microbes, or other forms of animal decomposition. Hancock's Liquid Sulphur arrests animal decomposition in every form, and is an absolute destroyer of all germs in such diseases as Eczema, Salt Rheum, Tetter, Acne, Pimples, Ringworm, Diphtheria, Sore Throat, and Open Sores. For Sale by E. T. Whitehead & Co.

CIGARETTE SMOKING.

REASONS FOR OPPOSING THE PRACTICE BY BOYS.

Given by Charles E. Stowell, M. D., Treasurer and General Manager of the J. C. Ayer Co., Lowell Massachusetts.

[A rational consideration of the effects of smoking cigarettes on boys and young men. By Chas. H. Stowell, M. D., Treasurer and General Manager of the J. C. Ayer Co., Lowell Mass.]

I would give the following reasons for opposing the smoking of cigarettes by boys under 21 years of age:

1. It Lessens the Natural Appetite for Food and Injures Digestion.—Any close observer will know at once how true is this statement. The boy who smokes has a bad digestion and a poor appetite. Because of this interference with appetite and digestion, the food is not properly digested and assimilated, cellular activity is checked, and the growth and development of the body seriously interfered with by this early poisoning.

2. It Seriously Affects the Nervous System.—We often hear about the "tobacco heart" of the adult. If tobacco is strong enough to affect the beating of the adult heart, how much stronger must be its effect on the heart of a young person, long before tissues have become fixed. The rush of blood to the head, the dizziness, the unsteady beating of the heart, the distressing dreams—all show how seriously is the nervous system affected.

But a more serious charge can be brought against it under this heading. This effect on the nervous system is sufficient to produce the most marked changes in the mental activity. Recent statements from the University of Michigan, Northwestern University, Yale College, Union College, together with scores of other institutions and hundreds of the most eminent teachers of the country, all testify to the fact that cigarette smoking interferes with scholarship. If it interferes with scholarship of young men over twenty-one years of age, how much more seriously must it interfere with the mental activities of those under this age!

3. It Lowers the Moral Tone.—Another most serious charge against the cigarette is that it lowers the moral tone. Boys who would not tell a lie on any other matter, not for a fortune, our best and noblest boys, do not seem to hesitate a moment to tell any kind of a falsehood in order to keep from their parents the fact that they are smoking cigarettes. They hide the cigarettes. They smoke them away from home. They try in every way to conceal the truth. Indeed, they will do all manner of things in order to deceive those who are nearest and dearest to them.

4. It Creates a Craving for "Strong Drink."—There has been a great deal of discussion on this point, but I am convinced that the statement is logically true. The hot smoke from the cigarette tends to make the mouth and throat dry and create a peculiar sinking sensation in the stomach. Water may temporarily relieve this dryness and may temporarily check the sinking sensation. But with the moral tone lowered and the mental power weakened, the desire to yield to the first temptation is strengthened, because of the slimy excuse that the boy must have something to wet his throat. And so it goes, from bad to worse. In other words, the boy who smokes more easily accepts an invitation to a treat than one who does not smoke.

5. It is a Filthy and Offensive Habit.—No matter how stealthy the boy may do his work, sooner or later his clothing becomes saturated with the odor of tobacco. And let me add right here, of the most inexplicable things in this world is that a well dressed, highly accomplished young lady will sit by the side of a young man in a carriage or street car, or will walk by his side in the street, or will submit to inhaling this most offensive odor—bad at all times, but of course increased a thousand fold when the smoking machine is in full operation.

6. It is Expensive.—Boys should not be taught how to uselessly expend money. Parents, friends, and teachers should give directly the opposite advice.

7. It is Unlawful.—In nearly every State in the Union there are most stringent laws forbidding the furnishing of cigarettes or tobacco to minors under a certain age. In most of these States there are laws against selling to such minors: Take the District of Columbia; we find that 257 physicians, 524 officers and teachers of the

public schools, and 86 pastors of churches petitioned Congress for the passage of a bill prohibiting the selling, giving, or furnishing tobacco to any person under sixteen years of age.

ANNOUNCEMENT.
 Believing that smoking cigarettes is injurious to both mind and body, thereby unfitting young men for their best work; therefore, after this date we will not employ any young man under 21 years of age who smokes cigarettes.
 J. C. AYER CO.
 February, 1902.

8. Cigarette Smoking not Allowed.—It seems to me that these reasons are sufficient for the action taken in posting throughout our buildings the above announcement. A close observation for many years among the boys employed by this company has shown that those who are most energetic, active, alert, quick, spry, do not smoke, while the listless, lazy, dull, sleepy, uninteresting and uninterested boys are those who smoke.—Reprint from The Business World, May, 1902

Catholic Churches in Wake.

Raleigh Times.
 The members of the Catholic church have been very active for the past year in building churches and spreading their faith in this county, and this has created some excitement among the ignorant in a few localities. In one place the Roman Catholics were confronted with the Mormons and the people were advised accordingly. A farmer from one section recently said that his neighbors were discussing nothing else hardly now.

However, this interest took a more serious form at St. Theresa church, between here and Cary. A few nights since the church was destroyed by an incendiary fire. (The fire occurred only a short time before the hour for service. A man traveling in that direction saw the door open and a light in the church. Before he reached there the entire building was a blaze. The church, the organ and everything in the house was destroyed. The loss is placed at between \$300 and \$500. There had been, it is said, some threat to burn the building. However, this was only among a few ignorant people and the community in general is very indignant over the crime and will assist in rebuilding the church which will be done immediately.

There are now six Catholic churches in Wake county besides in Raleigh. They are St. Theresa, near Method; St. Mary's, at Holly Springs; St. Hughes, at Vance X Roads; St. Joseph's, at Garner; and one being finished at Apex and Fuquay Springs. The Church of the Holy Name of Jesus is also being erected at Nazareth. Communicants in these country churches and those under a course of construction are now estimated at 70 or 80. The total number of Catholics in the county including those in Raleigh, is about 250 or 300.

The steeple of the church at Nazareth is 75 feet, and being on a hill can be seen for many miles.

Butler The Chameleon.

Concord Standard.
 A Washington correspondent to the Louisville Evening Post describes Marion Butler as now a man of affairs, that he has grappled with fortune and has thrown her, that he is conventionally dressed with beaver hat and looks the millionaire.

He has an office in New York. He is of course out of politics and into getting all the money he can which is not a crime in itself but so unlike the stuff he was packing into people but a few years ago.

Marion was the very apostle of discontent and abuse of money making meq, but it was always clear that his apparent convictions were but skin deep. Contrary to Butler's raving he is all right to get rich if he can do so honestly, but it is not comforting to a good many that he fanned and lashed into partisan fury till the Democratic party was not half Democratic enough for so many of our people and they went off into a third party then into coalition and are now in the party opposed to what they contended for at the outset of the discussion. It is strange how we can be influenced by those without sincerity who leave us when fortune beckons in another direction. Who does not know though that those who dislike me because they are successful in business and accumulate money would gladly come into the possession of these fortunes themselves if they knew how to do so?

THIS WILL INTEREST MOTHERS.

Mother Gray's Sweet Powders for Children, Cure Feverishness, Bad Stomach, Teething Disorders, Break up Colds, move and regulate the bowels and Destroy Worms. At all druggists.

SUMATRA TOBACCO.

To be Grown in North Carolina.

OF INTEREST TO FARMERS.

The following special was printed in the Raleigh Post from Washington a few days ago. It will be of special interest to farmers:

The culture of Sumatra tobacco in North Carolina, the growth of which has yielded net profits of one thousand an acre in other states, was discussed today by Representative Blackburn with Professor Whitney of the department of agriculture. It was the desire of the North Carolina congressman to begin these tests with the growth of Cuban and Sumatra tobacco in his district. He had heard of the efforts of the department of agriculture in experimenting with the growth of these fine tobaccos in the states of Connecticut, Pennsylvania and Ohio, where most remarkable success has been obtained. Mr. Blackburn told Professor Whitney that his district was possibly the finest tobacco producing section in the South and he expressed the hope that experts could be sent there for the purpose of instructing the farmers how to grow this extra quality of tobacco.

Professor Whitney's answer was very favorable, but he is handicapped in his tobacco culture experiments by reason of the fact that congress failed at the last session to make ample provision for this work.

The experiments in the culture of Sumatra tobacco were first begun in Connecticut, then in Ohio and Pennsylvania. Success resulted, and now the growth of this tobacco is a well established industry in each of these states. Three experts were sent to each state and many of the farmers netted \$1,000 an acre for their crops.

It was the intention of the department to send a party of experts to North Carolina this year to begin experiments with both Cuban and Sumatra tobaccos, but the failure of congress to make the necessary appropriation prevented this. However, Professor Whitney sent a lot of Cuban and Sumatra tobacco seed to Professor Kilgore to be experimented with on the test farm of the state agricultural department in Edgecombe county. It is understood that a good crop was grown, and it is Professor Whitney's intention to send an expert to the state to give instructions in curing this crop. Only an expert can cure Sumatra tobacco, for it has to go through a process of fermentation.

Professor Whitney told me that the section beginning in Wake and extending direct to Craven was possibly the best adapted to the growth of Sumatra tobacco in North Carolina. He frankly stated that upon the result of the experiment at the test farm depended the future culture of Sumatra tobacco in North Carolina. If it is successful next year a party of experts will be sent to the state.

Didn't Want the Route.

Selected.
 "Senator Sulloway, of New Hampshire, tells a good one when he gets warmed on the civil service question," said one of the statesmen who came to help the Michigan club celebrate Washington's birthday. "Somewhere in the south a bright colored boy appeared before the commission to be examined for the position of letter carrier. "How far is it from the earth to the moon?" was the first question asked by those who were to determine the young man's fitness for the place he sought. "How lah am it from de earl to de moon?" echoed the applicant. "My Lawd, boss, if you's gwine to put me on dat route I don't want de job."

Very Old Bread.

Sufferers from indigestion are advised to eat stale bread; the staler the better, they are told. There is in the museum at Naples some bread which should be stale enough for anybody. Young People's Paper thinks. It was baked one day in August, 79 A. D., in one of the curious ovens still to be seen at Pompeii.

More than eighteen centuries, therefore, have elapsed since it was drawn "all hot" and indigestible from the oven. So it may claim to be the oldest bread in the world. You may see it in a glass case on the upper floor of the museum. There are several loaves of it, one still bearing the impress of the baker's name.

A PRETTY POSTMISTRESS NARROWLY ESCAPES DEATH.

Was Given Up to Die—Eight Doctors Failed—Peruna Saved Her Life.



THOUSANDS of women suffer from systemic catarrh. This is sure to produce such symptoms as cold feet and hands, sick headache, palpitation of the heart and heavy feelings in the stomach.

Then begins a series of experiments with medicine. They take medicine for nervous prostration, for palpitation of the heart, for dyspepsia. None of these medicines do any good because they do not reach the cause of the complaint.

Peruna at once mitigates all these symptoms by removing the cause. Systemic catarrh is the trouble. Systemic catarrh pervades the whole system, deranges every organ, weakens every function. No permanent cure can be expected until the systemic catarrh is removed.

This is exactly what Peruna will do. Miss Alma Cox, Assistant Postmistress of Crum, S. C., writes:

"I have been a great sufferer from chronic disease and dyspepsia for five years. How I suffered no tongue can tell. I tried eight or ten of the best physicians without receiving much benefit, also tried lots of patent medicines. But still I suffered with sick headache, cold feet and hands, palpitation of the heart, and such a heavy feeling in my stomach and chest. At times I would be so nervous I could not bear anyone around me. I had been given up to die.

"One day a friend sent me one of Dr. Hartman's pamphlets, and I decided to write to him. He advised Peruna and Manalin, and after taking the medicine two weeks I felt greatly relieved. My head did not pain me any more, and my stomach was relieved of its heavy burden.

Dr. S. B. Hartman, President of The Hartman Sanitarium, of Columbus, O., gives advice to women free during the summer months.

Mr. Davis and the Italian.

Saturday Evening Post.
 A pleasant story is told of Mr. Richard Harding Davis, and of how he once forced his ideas of courtesy upon another, even at personal risk.

Walking near old Fulton Market, New York, one morning, he saw coming towards him an Italian fish-dealer, and his wife—the wife with a heavy fish basket balanced upon her head, and the husband walking empty-handed and empty headed, so to speak, by her side.

Mr. Davis flushed with indignation. "See there!" he said to his companion. "Take that basket!" he commanded. "Carry it yourself, and be quick about it. We don't let women do this sort of thing in America."

The woman trembled and looked deprecatingly from one man to the other. It seemed as if she would prefer to carry two baskets rather than be even the innocent cause of her husband's anger.

The Italian slowly gathered what Davis meant, and his big fists doubled up, and with an ugly scowl, he made one step toward the noyellest.

Although Davis is himself a large and athletic man, the Italian towered far above him and seemed made of knotted muscle.

But Davis was undaunted, and something in his look, something in his firm athletic build and posture, made the Italian pause.

"Take that basket, and take it quick!" cried Davis, more mandatorily than before; and the Italian giant hesitated, eyed toward his wife, took the basket from her head, and walked off with it, while the woman trotted silently at his side.

Balsams from the Northern Wood are in Peruna, the certain cure for coughs.

"Where shall I educate my daughter?"

Send her to . . .

VINEHILL FEMALE ACADEMY

It has just closed its most prosperous session. It affords a practical education, or prepares well for college classes. Its MUSIC and ART Departments are excellent.

Write for catalogue.

L. W. BAGLEY, Prin.

June 17, 1902. Scotland Neck, N. C.