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Gray Hair

"I have used Ayer's Hair Vigor for over thirty years. It has kept my scalp free from dandruff and has prevented my hair from turning gray."—Mrs. F. A. Soule, Billings, Mont.

There is this peculiar thing about Ayer's Hair Vigor—it is a hair food, not a dye. Your hair does not suddenly turn black. look dead and lifeless. But gradually the old color comes back,-all the rich, dark color it used to have. The hair stops falling, too. \$1.00 a bettle. All drigelats.

If your druggist cannot supply you, end us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

Dyspepsia Cure Digests what you eat.

This preparation contains all of the digestants and digests all kinds of food. It gives instant relief and never fails to cure. It allows you to eat all the food you want. The most sensitive stomachs can take it. By its use many thousands of dyspeptics have been cured after everything else failed. Is unequalled for the stomach. Children with weak stomachs thrive on it. First dose relieves. A diet unnecessary. Cures all stomach troubles Prepared only by E. C. DEWITT & Co., Chicago The \$1. bottle contains 2½ times the 50c. size.



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EDITOR'S LEISURE HOURS.

VOL. XIX, Saries--Vol. 6, (6-1 8)

OBSERVATIONS OF PASSING EVENTS.

This is the season of school commencements, and judging from the great number of such occasions reported in the newspapers, the schools and col-School Commencements, leges of the State have done well. One reads of almost every school that it has had better attendance than the previous year and that prospects are good for increased numbers next session. Altogether, it is pretty clear that North Carolina is on the up-grade in education and the work done in the various schools in the State shows well for the educational interest. But after all, many young men and young women who doubtless could make a turn to go to school. are satisfied with what they are doing and seem to care little for the improvement of their minds.

Those who are inclined to think that the bulk of life's work has been done by the time they are forty or fifty, and that the limit for enterprise comes with the three-score year line, may per-Enterprising Old Age. haps profitably contemplate the following from the Elkin Times: "The boys go West and sometimes induce the girls to follow. But the old people are catching the Western fever, too. Mr. Billy Mendenhall, one of Yadkin's oldest citizens, 85, packed his trunk to try his luck in one of the far Western States. He had lived on the road from Elkin to Boonville from the time whence the mind of man runneth not to the contrary, so far as we know, and we admire the pluck of a man who is trying to better his condition in life, even if he is 85."

THE Duplin Journal says that while the berry crop this season has been short, the acreage had been so increased there were 300 car loads more shipped than last season. The Journal expresses the

About Berries.

fear that there will be too great increase in berry acreage next season, and offers the following observations: "There is danger of too large an acreage another season, and there should be co-operation among the growers to limit if possible the acreage grown; but this is quite difficult to do, and failure here may work a serious disadvantage to the growers. Along these lines of co-operation, first with the National League of Commission Merchants for the best transportation and co-operation with the growers for a limited acreage and a better quality of berries, there is much for the growers, through their association, to do, and such work should immediately begin for the next season."

More and more men of great thought and moulders of public opinion are giving free expression concerning the duty of all good citizens in helping to stamp out the drink eyil. In his address

The Drink Evil. to the graduating class at Wake Forest last week, President C. E. Taylor called the attention of the class to the question in the following strong and ringing paragraph: "What have the college men of this State to do with banishing from our borders the drink evil in its protean forms? They have everything to do with it. What they can do is shown by the achievemets already of some of our younger alumni. But the labors of more than one Hercules will be required to sluice the cleansing waters through these Augean stables. If the alumni of the colleges of this State will with tongue and pen and with social and religious influence strive for wise and practical legislation the next General Assembly will take still further steps toward the suppression of this blighting curse and the protection of home and womanhood."

THE Atlanta Constitution says that the South needs more of a desirable

class of immigrants, either from the North or West or the old world. In this connection it quotes the Texas Houston Post concerning the good class of foreign immigrants who have been of great value to Tex 4s. The Post as quoted says: "The foreign citizenship of Texas has been a powerful factor for good. First the Germans, then the Swedes and next the Bohemians who have settled among us are responsible for much of our prosperity. By indu-try and thrift they have in a majority of instances accumulated a fair measure of this world's goods and demonstrated beyond question that honest toil is sure of a rich reward in this section. Peacefully inclined and naturally lawabiding, the immigrants who have come to Texas have proven a valuable addition to its population. Many of their number have made their mark in our history, becoming prominent in professional and political life. Names foreign in orgin are common in Texas commercial circles, success being the usual attendant of their possessors. On the farm the German and his fellows from across the ocean know no superiors."

MARION BUTLER manages to bob up now and then in such a way as to get his name into the papers. The Richmond Dispatch gives the following paragraph with reference to the statesman Dusting From Sampson. from the huckleberry region: "Ex-Senator Marion Butler, of North Carolina, who was the head center of the Populist party at the time of its demise, a few days ago shook some of the sands of Sampson county from his boots and went to Washington. He doubtless had some other kind of business there, but the main thing he did while tingering in the capital city was to get himself well interviewed by the newspaper reporters. It is easy to do that at this dull season, when live matter is searce about the newspaper offices. In the course of his talk to the reporters, Mr. Butler deslared that it was a great mistake to suppose that the Populist party had kicked the bucket. He said that the Pope do not care to keep in the scramble, but'if the other parties do not behave themselves his folks will rally and whip out both of them, or words to that effect. Mr. Butler thinks it absurd to suppose that any Populist will support Mr. Roosevelt, and so that is an end of that idea. And then he says: 'If the Democrats nominate a man of Mr. Cleveland's way of thinking we will have a ticket of our own and get a world of Democratic votes.' Mr. Butler added that these are the things be expecis to see happen."

MY LAST GLASS.

SCOTLAND NECK, N. C., THURSDAY, JUNE 4, 1903.

I have drank my last glass. No, comrades, I thank you, not any

My last chain is riven ; henceforth I'm I will go to my home and my children to-night

With no fumes of liquor their spirits to blight; And with tears in my eyes I will beg

my poor wife

To forgive me the wreck I have made of her life. I have never refused you before. Let that pass, For I've drank my last glass, boys I have drank my last glass.

Just look at me now, boys, in rags and disgrace, With my bleared, haggard eyes and my

red, bloated face; Mark my faltering step, and my weak, palsied hand, And the mark on my brow that is worse than Cain's brand;

See my crownless old hat and my elbows and knees, Alike warmed by the sun or chilled by the breeze, Why, even the children will boot as

But I've drank my last glass, boys, I have drank my last glass. You would scarce believe, boys, to look at me now,

That a mother's soft hand was pressed on my brow When she kissed me and blessed me, her darling, her pride,

Ere she laid down to rest by my dear tather's side : But with love in her eyes she looked up to the sky, Miss Louise Bertsel, 19½ Second street, Brooklyn, N. Y., writes:—"My health was excellent until about six months ago, when I seemed to have a collapse from overdoing socially, and the doctor ordered an entire change of scene and climate. As this was an absolute impossibility at the time, I had to try and regain my health in another wny and was induced by a friend, who gave Peruna such a good recommend, to try Peruna. I cannot tell you the condition of my nerves when I began to use it. The least noise irritated me, and I felt that life was not worth living, but Peruna soon changed me into a well woman, and now I do not know I have nerves."—Louise Bertsel. Bidding me meet here and whispere:

"Good-bye." And I'll do it, God helping! Your smile I let pass, For I've drank my last glass, boys, I have drank my last glass.

Ah! I reeled home last night; it was not very late, For I'd spent my last sixpence, and landlords don't wait

fellow who's left er their till, And has pawned his last bed their coffers to fill.

A newspaper contributor was lately admitted into the extensive suite of offices which constitute the headquarters of Dr. Hartman, who treats catarrh patients by the thousand. Among the busy swarm of assistant doctors, clerks, stenographers and bookkeepers, Dr. Hartman stopped long enough to say a few words. Oh! the torments I felt and the pangs And I begged for one glass, just one

would have cored But they kicked me out of doors. let that, too, pass, For I've drank my last glass, boys,

I have drank my last glass. At home, my pet Susie, with her rich golden hair, saw through the window, just kneel-

"A large number of female patients visit me every year, but the number who are entered on my books as regular patients and are treated by correspondence is very much larger. Hundreds of letters are received and answered free every day. A yet greater multifude take my catarrh remedy, Peruna, and are cured, of whom I never hear. Some of this latter class write me years after their cure. ing in prayer; From her pale, bony hands her torn sleeves were hung down; While her feet, cold and bare, shrank

beneath her scant gown; And she prayed, prayed for bread, just a mere crust of bread, For one crust, on her knees, my poor

darling rlead, I heard, with no penny to buy But I've drank my last glass, boys I have drank my last glass.

For Susie, my darling, my wee six-Though fainting with hunger and shiy-

ering with cold, There on the bare floor asked God to bless me!

And she said, "Don't cry, mamma He will; for you see I believe what I ask for!" Then, sobered, I crept

Away from the house; and that night when I slept Next my heart lay the pledge. You

smile! Let it pass, For I've drank my last glass, boys, I have drank my last glass. My darling child saved me. Her faith

and her love Are akin to my dear sainted mother's above! I will make my words true or I'll die

in the race And sobered I'll go to my last resting-And she shall kneel there, and weep-

ing thank God No drunkard lies under the dalsystrewn sod! Not a drop more of poison my lips

shall e'er pass, For I've drank my last glase, boys, I have drank my last glass.

TO MOTHERS IN THIS TOWN.

Children who are delicate, feverish and cross will get immediate relief from Mother Gray's Sweet Powders for Children. They cleanse the stomach act on the liver, making a sickly child strong and healthy. A certain cure for worms. Sold by all druggists, 25c. Sample free. Address, Allen S. Olmsted, LeRoy, N. Y.

Mexico raises 50,000 balse of the 100,000 bales of cotton used every year makes her feet look smaller. in that country.

"I have been troubled for some time with indigestion and sour stomach." says Mrs. Sarah W. Curtis, of Lee, Mass, "and have been taking tham-done. that now I can eat many things that take these tablets and get well? For for his age then. sale by E. T. Whitehead & Co., Scotland Neck, and Leggett's Drug Store, Hobgood.

Thousands of Chronic Ailments of Women Cured Every Month-Disguised Internal Catarrh the Enemy of Women-Pe-ru-na the Only Internal Systemic Catarrh Remedy Yet Devised-Prominent Cases in Illustration.

MISS HELEN ROLOF.

Nervous Depression. Summer months are peculiarly the months of nervous diseases, especially nervous prostration and other depressed states of the nervous system. People who are not at all inclined to be nervous or suffer from weak nerves find this time especially trying. Sultry heat and electrical disturbances of the atmosphere are probably the cause of this.

Invalids need to be particularly careful to fortify the nervous system by the use of Peruna.

Miss Helen Relof, Kaukauns, Wis, writes:—"Several times during the past two years or more my system has been greatly in need of a tonic, and at those times Peruna has been of great help in building up the system, restoring my appetite and securing restful sleep. I know a great number of women who are using it for the troubles peculiar to the sex, and with the best results."—Helen Rolof.

MISS LOUISE BERTSKL.



time. The medicine only is obtained by each patient at her own drug store. Those desiring to become regular patients have only to send address, duration of disease and treatment previously received, and directions for the first month's treatment will be sent

Over half the women have catarrh in some form or another. And yet, prob-

Miss Jennie Finley, 79 Madison Street, Memphis, Tenz., a popular young society lady of that place, writes:—"Three years ago I had very poor health, and while I was only sick abed occasionally, I was unable to only life, and lacked vitality and strength. I was an easy subject to cold and malarin. Four bottles of Peruna changed my entire physical condition. My head stopped aching, my strength returned, and the poison was driven out of my blood till I feit like a new and well woman once more. It is a truly great medicine and well worthy the good things its friends say about it, and it will always have my indorsement."—Jennie Finley.

MISS JENNIE FINLEY.



ably not a tenth of the women know that their disease is catarrh. To distinguish eatarrh of various organs it has been named very differently.

One woman has dyspepsia, another bronchitis, another Bright's disease, another liver complaint, another consumption, another female complaint. These women would be very much surprised to hear that they are all suffering with chronic catarrh. But it is so, nevertheless.

ing with chronic catarrh. But it is so, nevertheless.

Each one of these troubles and a great many more are simply catarrh—that is, chronic inflammation of the mucous lining, of which organ is affected. Any internal remedy that will cure catarrh in one location will cure it in any other location. This is why Peruna has become so justly famous in the cure of famale diseases. It cures catarrh wherever located. Its cures remain. Peruna does not palliate—it cures.

"Health and Beauty," sent free by The Peruna Medicine Co., Columbus, Ohio.

Brain Leaks.

"I never allow a name published ex-

cept by the written consent of the patient. We make no charge at any

All honest work is ennobling. The clean heart never grows old.

Doubt is the dutiful slave of the devil.

flattery. Christianity never does.

the men who rail at fate.

easy to give adylce to parents.

never sees the white sails of peace. average man is not much of a digger.

make it attractive.

mountains with his brains.

without getting the fidgets.

cause it is not here: nor about to-day ter element among them. because there is too much else to be perlain's Stomach and Liver Tablets The middle-aged man who can read which have helped me very much to the letters he wrote during his court you much good. Kodol Dyspepsia or weman for a work that they should that now I see set many things that

youd a doubt that you have a freasure

Are You Using Allen's Foot-Ease? Shake into your shoes Alleg's FootOld-Fashtored Biligion.

MUSS LUCY M. RILEY.

It is true that a good many people have lost faith in late years. They Brandt, principal of the Central High have been swept from their feet by the School, Philade!phia, high-school teach-Content is the soil in which love display and glitter and manifestation ers find that pupils are frequently sent of worldliness and they have despaired to them from the grammar schools A fool with money is never without of reaching any of the so-called classes, with what might be called "skim-milk upper, middle or lower, through the brains." Religion may make a man sour, but channel of fifteen or twenty-five years That a good many boys and girls are ago. All this accounts for the place graduated from the grammar schools Men who neglect opportunity are which the brand-new pulpit instruct- possessing only a theoretical knowledge ions have made for themselves—the of the studies that they have pursued If all children were alike it would be church with the fiddle and the pews is undoubtedly true, and this will be reserved for golfers on the way to the the case as long as the present system The heart that is a harbor for hate links, and the theory that everybody of teaching is followed in the public is as good as saved, even if everybody schools. Beauty is only skin deep, but the hates saivation. There has been no These persons are very properly end of drivel about the "drift of dubbed fadists, an appellation that they It's a wise man who can keep things the times" away from religion. resent, but the appropriateness of which running smoothly during house-clean- But, as intimated, unless the signs are is realized more and more by the best misleading, religion has not lost its educators of the country, who are grid-We are yearning to see the champion hold, and the old-fashioned religion ually turning back to the simple methbiscuit-maker and the champion kind- has not been side-tracked for good-or ods of teaching employed in the disfor eyil. Moreover, it would not be triet school of fifty years ago and in Truth needs no frills to make it surprising if the first to return to this many instances of to-day. powerful, but it sometimes does to kind of religion were the butterflies of "Statistics show," says Dr. Braudt, fashion. We mean the butterflies with "that about 6,000,000 children in the A man cannot think a single thought brains, who have never been satisfied United States between the ages of fitwith his bicepe, but he can move with their gauze wings and diluted re- teen and nineteen years do not attend ligion, let in through a billiard room high school. They are lost somewhere A man never sees an old pair of in the vestry and a sensational minist in the grasp of commercialism." trousers hanging in a closet without ter at the altar. They can see for them- It is a significant fact that in this

If you don't your food does not do before I could not." If you have any ship days and not feel silly is either too Cure is the remedy that every one be made capable of performing by the trouble with your stemach why not young for his age now or was too old should take when there is anything public school teacher. wrong with the stomach. There is no Suggest to your wife that she visit some distant friends for a few days and if she doesn't immediately say that she has nothing to wear you will know bement. There is no way to nourish ex- by enabling the digestive organs to

"Skim-Milk Brains."

Trenton (N. J.) Gazette. According to Dr. Francis Burke

teeling in the pockets to see if he can selves, this upper crust, that there is a commercialism that swallows up so plane which they must occupy with many boys and girls "skim-milk brains" A lot of people who can sit for hours the crude and vulgar and ostentations are not wanted; theories are not desirwithout stirring in a theatre seat can- so long as they do not care to climb ed. Practical common sense, reinnot sit forty minutes in a church pew higher, and that there are circles which forced with a thorough knowledge of they cannot enter while they choose to reading, writing and arithmetic, is We have often wondered if the wo- to devote their lives to the worship of what counts in the sphere of business man who wears her heels in the mid- mammon. Their ambitions, if not the activities, and for that reason the dle of her shoes really imagines that it promptings of an inner consciousness, methods of teaching in the public that can't be silenced with externals, schools should be so simplified as to Don't worry about yesterday, because will drive them back to the old church, obviate the possibility of sending a it is gone; nor about to-morrow, te- and already it is driving back the bet- pupil out into the world with "skimmilk brains," excepting in rare in-

DO YOU ENJOY WHAT YOU EAT? It is now left to the business or commercial college to fit the young man

KODOL GIVES STRENGTH

cept through the stomach. The stom-ach must be kept healthy, pure and sweet or the strength will let down and into the kind of blood that nourishes Using Allen's Foot-Ease?

disease will set up. No appetite, loss of the nerves, feeds the tissues, hardens the muscles and recuperates the organs of the entire body. Kodol Dyspepsis and all the entire body. Kodol Dyspepsis and all the stemach troubles are calculated by facts of the Stemach and all the stemach troubles are calculated by



Cares Grip in Two Days.