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E. E. HILLIARD, Editor and Proprietor.

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NO. 45

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Nourishing food comes next. Then a medicine to control the cough and heal the lungs. Ask any good doctor.

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You can eat whatever and whenever you like if you take Kodol. By the use of this remedy disordered digestion and diseased stomachs are so completely restored to health, and the full performance of their functions naturally, that such foods as would be a burden to a weak stomach become a pleasure and enjoyment. And what is more—these foods are assimilated and transformed into the kind of nutriment that is appropriated by the blood and tissues.

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Kodol cures indigestion, dyspepsia and all disorders arising therefrom.

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Makes the Stomach Sweet.

Bottles only. Regular size, \$1.00. Holding 24 times the trial size, which sells for 50 cents.

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Restores and beautifies the hair. Removes dandruff and itching. Keeps the scalp cool and healthy. Makes the hair grow thick and glossy. Sold by all druggists.

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Prepay Freight on all Work  
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### To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. *E. T. Whitehead*  
This signature,  
Seven Million boxes sold in past 12 months.

## EDITOR'S LEISURE HOURS.

### OBSERVATIONS OF PASSING EVENTS.

It seems to be a most extraordinary season for fish along our North Carolina waters, as indicated by the following which appeared in the New Bernes Journal some days ago: "Another extra train was run by the Atlantic and North Carolina people yesterday to transport the immense catch of fish from Morehead and Beaufort. It is reported that more fish are being caught down there now every day than can be handled; one hundred and fifty barrels of mullets were allowed to spoil at a fishery a day or two ago because of the want of facilities for handling them. Another crew gave away a hundred barrels of the same kind of fish to any one that would carry them away. The largest hauls are made at some fisheries about twenty miles down the coast from Beaufort. A member of a crew, as his share of roe taken from one day's catch, received enough to bring him \$110 in cash right on the shore."

AN English woman has written some very pointed things about the restless American, and to the question, "Can a man who hurries be a good husband?" she gives answer that it is doubtful. The World To-day, a bright magazine published in Chicago, takes it up, and while agreeing that Americans may seem all in too much hurry, still thinks that a man who hurries need not necessarily be a bad husband. It says that there are some American husbands who run to catch trains and even "hustle" for a seat who treat their wives and children as kindly as do their English brethren. Continuing, The World To-day says: "Nevertheless, there is an element of truth in the criticism. The American has a great deal to struggle against when, after the constant strain of the day's work, he tries to relax, to play the lover to his wife and to enter into the simpler life of the home. That he so often succeeds in the attempt is a tribute not only to the essential manliness of the American man, but to the tact and patience of the American woman. We get along a great deal better than might be expected by an unsympathetic observer, but we could get along better if we gave more time to the effort."

"BRAINS MAY BE MORE IMPORTANT THAN MONEY, BUT NOWADAYS THE BEST WAY TO CONVINCE THE WORLD THAT YOU HAVE BRAINS IS TO MAKE MONEY."

Francis Bellamy says in Everybody's Magazine that such was the declaration of a distinguished and scholarly lawyer before a class of law students within the past year. And there is no question about the truth of the statement. A man's power to make money is the criterion by which the world judges him. It is a humiliating fact, but nevertheless a fact, that in these latter years character does not always count as much in a man's favor as his money. It has not always been so and it is to be hoped that there will yet be a reversal of the world's opinion and that the power of money making will not remain the standard by which a man's ability is judged. "Worth in character makes worth in life," we remember was the subject of an anniversary oration by a student at Wake Forest college some twenty years ago or more; and even within that period such a theme was regarded as most fitting for such occasion. But if that same student could call back the years and stand before an audience on a similar occasion his theme would be just as appropriate to the thought of the times if he were to make it: "Ability to make money is the world's standard of a successful life." There is no question that the tendency to make money the chief good among men is becoming dangerous to the real manhood of this land. Nay, it is not only becoming dangerous, the break-neck speed of the race for money is already a serious menace to the maintenance of good character. Men everywhere are selling their bodies and their souls for a mess of pottage in the form of mortgages, checks and bonds; and it is not an uncommon thing to hear one man say of another, "He will stoop to anything for the sake of a dollar." Right about us every day men judge their fellows by their power to make money, and men who are regarded as good men freely place this false estimate on their neighbors. It is high time that we should throw aside this false standard and place value on men's real character rather than upon their ability to drive sharp bargains whereby they get the credit of being successful. There are some other things by which to judge a man's real value to the world besides property which he controls or the bank account to his credit.

DR. BASSETT, instructor in History in Trinity college, has recently and suddenly come into prominence by reason of an extraordinary utterance in print. He is editor of the South Atlantic Quarterly, and in an article in that journal headed "Stirring up the Fires of Race Antipathy," he gave expression to ideas that are not held by any Southern man yet heard from. Dr. Bassett's article was a long one and there is not space here to review it even. Among the striking things he said were these: That the negro race will yet gain equality with the white race; and that Booker Washington is the greatest man born in the South during the past hundred years except Robert E. Lee. To be sure, the press of the State and the whole South is exclaiming Dr. Bassett for his mistaken views and ill-timed expressions. He has been drubbed on all sides and that vigorously, and he ought to be. He is represented as being an able man and a high-toned Christian gentleman, but somehow he has missed the mark a long way in his opinion of the negro race and in his judgment of great men in the South. About the most expressive comment we have seen on his article is the following taken from the Biblical Recorder, which is mild and yet pungent: "As we surmised, Dr. Bassett's article 'Stirring up the Fires of Race Antipathy,' has become the subject of sensation. It is the most radical, deliberate utterance that has been heard from a Southern man, and we are not surprised that the protests against it are vigorous and passionate. Dr. Bassett holds that the negro will yet win equality; and he declares Booker Washington the greatest man born in the South in a hundred years. He also predicts conflict and trouble. The negro never will win equality, North or South. He has lost for years steadily in the North, and he has had nothing to lose in the South. We deeply regret that Dr. Bassett arises at this time to fire the negro race with this delusion—a time when the negro is getting rid of it. Nor do we believe Booker Washington so great a man. He is the greatest negro up to date, but any comparison with white men is defective and unequalled. If Washington were a white man and had white men to cope with, a comparison could be made. How much of his distinction and eminence is due to the dark background against which he stands, no one can estimate; but our impression is that were he white he would be practically unknown. Of his good intentions there can be no doubt. He is acting under humane impulses; but his conclusions are false to the facts and to his better nature."

## OH, WHY SHOULD THE SPIRIT OF MORTAL BE PROUD?

WILLIAM KNOX.

William Knox, a young poet of considerable talent, was born in Scotland, in 1789, and died in Edinburgh in 1825, at the age of 36. Author of The Lonely Hearth, Songs of Israel, The Harp of Zion, etc. His father was a respectable yeoman, and he himself succeeding to good farms under the Duke of Buccleuch, became too soon his own master, and plunged into dissipation and ruin. His talent then showed itself in a fine strain of pensive poetry. Knox spent his later years in Edinburgh under his father's roof, and amidst all his errors was admirably faithful to the domestic affection, a kind and respectable son, and an attached brother. The poem here quoted was much admired by Abraham Lincoln, who often repeated and referred to it.

Oh, why should the spirit of mortal be proud?  
Like a swift-fleeting meteor, a fast-flying cloud,  
A flash of the lightning, a break of the wave,  
He passeth from life to his rest in the grave.  
As the young and the old, the low and the high,  
Shall crumble to dust and together shall lie.  
The leaves of the oak and the willow shall fade,  
Be scattered around, and together be laid;  
The infant a mother attended and loved,  
The mother that infant's affection who proved.  
The father that mother and infant who blest—  
Each, all, are away to that dwelling of rest.

The maid on whose brow, on whose cheek, in whose eye,  
Shone beauty and pleasure—her triumphs are by;  
And alike from the minds of living erased  
Are the memories of mortals who loved her and praised.  
The head of the king, that the sceptre hath borne;  
The brow of the priest, that the mitre hath worn;  
The eye of the sage, and the heart of the brave—  
Are hidden and lost in the depths of the grave.  
The peasant, whose lot was to sow and to reap;  
The herdsman, who climbed with his goats up the steep;  
The beggar, who wandered in search of his bread—  
Have faded away like the grass that we tread.  
So the multitude goes, like the flower or weed,  
That withers away to let others succeed;  
So the multitude comes, even those we behold,  
To repeat every tale that has often been told.

For we are the same that our fathers have been;  
We see the same sights that our fathers have seen;  
We drink the same stream, and we feel the same sun,  
And run the same course that our fathers have run.  
The thoughts we are thinking our fathers did think;  
From the death we are shrinking our fathers did shrink;  
To the life we are clinging our fathers did cling,  
But it speeds from us all like a bird on the wing.

They loved—but the story we cannot unfold;  
They scorned—but the heart of the haughty is cold;  
They grieved—but no wall from their slumbers will come;  
They joyed—but the tongues of their gladness is dumb;  
They died—but they died—we, things that are now,  
That walk on the turf that lies over their brow,  
And make in their dwelling a transient abode,  
Meet the things that they met on their pilgrimage road.

Yes, hope and despondency, pleasure and pain,  
Are mingled together in sunshine and rain;  
And the smile and the tear, and the song and the dirge,  
Still follow each other like surge upon surge.  
'Tis the wink of an eye; 'tis the draught of a breath  
From the blossom of health to the paleness of death,  
From the gilded saloon to the bier and the shroud;  
O, why should the spirit of mortal be proud?

YOU KNOW WHAT YOU ARE  
Taking when you take Grove's Tasteless Child Food because the formula is purely medicinal every bottle showing that it is simply Iron and Quinine in fastidious form. No Cure, No Pay. 50c.

## SISTERS OF CHARITY

RELY ON PE-RU-NA TO FIGHT CATARRH WHEREVER LOCATED IN THE SYSTEM.



MISS BEATRIX CALLAN.

Interesting Letters from Catholic Institutions.

In every country of the civilized world the Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs. With so many children to take care of and to protect from climate and disease, these wise and prudent sisters have found Peru-na a never-failing safeguard.

A letter recently received by Dr. Hartman from Sister Beatrix B. Callan, 413 W. Thirtieth street, New York, reads as follows:

"I cannot say too much in praise of Peru-na. Eight bottles of it cured me of catarrh of the lungs of four years' standing, and I would not have been without it for anything. It helped several Sisters of coughs and colds and I have yet to find one case of catarrh that it does not cure."—Sister Beatrix.

From a Catholic Institution in Central Ohio comes the following recommendation from the Sister Superior:

"Some years ago a friend of our institution recommended to us Dr. Hartman's Peru-na as an excellent remedy for the influenza of which we then had several cases which threatened to be of a serious character.

"We began to use it and experienced such wonderful results that since then Peru-na has become our favorite medicine for influenza, catarrh, cold, cough and bronchitis."

Another recommendation from a Catholic Institution of one of the Central States written by the Sister Superior reads as follows:

"A number of years ago our attention was called to Dr. Hartman's Peru-na, and we have since used it with the most successful results."

Ask your Druggist for a free Peru-na Almanac for 1904.

since then we have used it with wonderful results for grip, coughs, colds and catarrhal diseases of the head and stomach.

"For grip and winter catarrh especially it has been of great service to the inmates of this institution."

### SISTERS OF CHARITY

All Over the United States Use

Pe-ru-na for Catarrh.

Dr. Hartman receives many letters from Catholic Sisters all over the United States. A recommendation recently received from a Catholic institution in the Southwest reads as follows:

A Prominent Mother Superior Says: "I can testify from experience to the efficiency of Peru-na as one of the very best medicines, and it gives me pleasure to add my praise to that of thousands who have used it. For years I suffered with catarrh of the stomach, all remedies proving valueless for relief. Last spring I went to Colorado, hoping to be benefited by a change of climate and while there a friend advised me to try Peru-na. After using two bottles I found myself very much improved. The remains of my old disease being now so slight, I consider myself cured, yet for a while I intend to continue the use of Peru-na. I am now treating another patient with your medicine. She has been sick with malaria and trouble with leucorrhoea. I have not a doubt that a cure will be speedily effected."

These are samples of letters received by Dr. Hartman from the various orders of Catholic Sisters throughout the United States.

The names and addresses to these letters have been withheld from respect to the Sisters but will be furnished upon request.

One-half of the diseases which afflict mankind are due to some catarrhal derangement of the mucous membrane lining some organ or passage of the body.

A remedy that would not immediately upon the congested mucous membrane restoring it to its normal state, would consequently cure all these diseases. Catarrh is catarrh wherever located, whether it be in the head, throat, lungs, stomach, kidneys, or pelvic organs. A remedy that will cure it in one location will cure it in all locations.

If you do not receive prompt and satisfactory results from the use of Peru-na, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address: Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

### The Emptiness of Ambition.

Winston's Weekly.  
Humboldt says: "Though a man strive and strive until he be eighty years old, yet he must confess at last that he has striven in vain."

The desire for glory is illimitable. Plutarch relates that Cicero, when a young man, on returning to Rome from Sicily, where he had gone to take part in a great trial, asked an eminent citizen what the Romans said of his conduct of the case? Where did you say you had been? replied his friend. His actions had sunk into the city of Rome as into an immense ocean, without visible effect or result.

Juvénal declares that even to our sepulchres themselves fate has foreordained their day of doom.

Ovid says: "Fame has her seat of honor on the summit of a lofty tower built of rattling brass, rumbling day and night and giving back echoes."

Virgil says: "Parent earth, incensed at the anger of the gods, brought forth fame, a monster horrible and huge, to whom as many fathers as there are upon her body, so many sleepless eyes are there beneath."

Hear the great cardinal, at the gate of the Abbey—"An old man broken with the storms of State is coming to lay his weary bones among ye. Give him a little earth for charity."

Listen to Cortez, as old and world weary he writes from Mexico, where he lives in gloom and obscurity—"I had hoped that the toils of my youth would have secured me repose in my old age. For forty years I have lived with but little, have endured all perils, and spent my substance in exploring and conquering distant and unknown regions and now that I am too old to wander about like a vagrant, am overwhelmed with debt and misery."

Rehob Alexander crying for more worlds to conquer.  
See Napoleon begging to be allowed

A SCIENTIFIC DISCOVERY.  
Kodol Dyspepsia Cure does for the stomach that which it is unable to do for itself, even when slightly disordered or over-loaded. Kodol Dyspepsia Cure supplies the natural juices of digestion and does the work of the stomach, relaxing the nervous tension, while the inflamed muscles of that organ are allowed to rest and heal. Kodol Dyspepsia Cure digests what you eat and enables the stomach and digestive organs to transform all food into rich, red blood. Sold by E. T. Whitehead & Co.

### The Home-Builders.

Baptist Union.  
The young people are the home-builders of the world. What is done before the age of forty is the determining factor in the most of our lives. There is a singularly real answer to be given to the question of Nicodemus: Can a man be born again when he is old? No, he cannot; yes, he can come to God for spiritual renewing, but he can go nowhere for a renewing of the years that lie behind him, no matter how great may be his desire. It is the homes where the little children are, where character is being made today. It was a loving mother who said to her son one day: "There was a time when I could make you do things, when my word was law to you. If you disobeyed, I found ways of correcting you. But times have changed—in you. You are a young man, and, although you are yet under my roof, there are some things you must decide wholly for yourself. You are too big to be punished; you ought to be too big to require it. The best work I could do for you was done yesterday; if I failed—it is too late today." And she turned from him with her heart and her eyes full. He understood himself and his mother in that hour as he never understood before.

Read this written by Columbus in his last letter to his son—"I live by borrowing. I do not own a roof in Spain. If I desire to eat or sleep I have no resort but a tavern and for the most times nothing wherewithal to pay my bill."

The thirst for glory is never filled nor fully satisfied. No matter what fame a man achieves, if he lives long enough, the world will abandon him.

A RUNAWAY BICYCLE.  
Terminated with an ugly cut on the leg of J. B. Orner, Franklin Grove, Ill. It developed a stubborn ulcer unyielding to doctors and remedies for four years. Then Bucklen's Arnica Salve cured. It's just as good for Burns, Scalds, Skin Eruptions and Piles. 25c. at E. T. Whitehead & Co.'s drug store.

The expression "printer's devil" formerly was applied to the boy who took the printed sheets from the tympan of the press. An old writer says, "They do so commonly so black and bedaub themselves that the workmen do jocosely call them devils." The errand boy is now so called. It is said Aldo Manuzio, Venetian printer, employed a black slave thought to be an imp.

DOESN'T RESPECT OLD AGE.  
It's shameful when youth fails to show proper respect for old age, but just the contrary in the case of Dr. King's New Life Pills. They cut off malades no matter how severe and irrespective of old age. Dyspepsia, Jaundice, or Constipation all yield to this perfect pill. 25c. at E. T. Whitehead & Co.'s drug store.

"What possessed her to marry him, I wonder?" "Well, you know how hard it is to get good caddies nowadays."—Brooklyn Life.

CHAMBERLAIN'S COUGH REMEDY IS PLEASANT TO TAKE.  
The finest quality of granulated loaf sugar is used in the manufacture of Chamberlain's Cough Remedy, and the roots used in its preparation, give it a flavor similar to maple syrup, making it quite pleasant to take. Mr. W. L. Roderick, of Poolesville, Md., in speaking of this remedy says: "I have used Chamberlain's Cough Remedy with my children for several years and can truthfully say it is the best preparation of the kind I know of. The children like to take it and it has no injurious after effect. For sale by E. T. Whitehead & Co., Scotland Neck, and Leggett's Drug Store, Hobgood, N. Y.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN.  
Successfully used by Mother Gray, nurse in the Children's Home in New York, Cure Feverishness, Bad Stomach, Teething Disorders, move and regulate the bowels and destroy worms. Over 30,000 testimonials. They never fail. At all druggists, 25c. Sample FREE. Address Allen S. Olmsted, Le Roy, N. Y.