



Give nature three helps, and nearly every case of consumption will recover. Fresh air, most important of all.

Cherry Pectoral Nourishing food comes next.

Then, a medicine to control the cough and heal the lungs. Ask any good doctor.

1 first used Ayer's Cherry Pectoral 53 years a. I have soon terrible cases of lung dis-ises cured by it. I am never without it." ALBERT G. HAMILTON, Marietta, Ohio. J. C. AYER CO. Lowell, Mass for Consumption

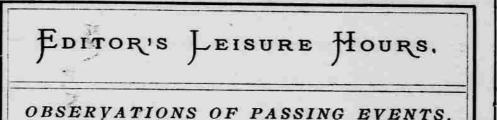
Health demands daily action of the bowels. Aid nature with Ayer's Pills.

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You can eat whatever and whenever you like if you take Kodol. By the use of this remedy disordered digestion and diseased stomachs are so completely restored to health, and the full performance of their functions naturally, that such foods as would the one into a double-bow-knot are eaten vithout even a "rumbling" and with a positive pleasure and enjoyment. And what is more-these foods are assimilated and ransformed into the kind of nutriment that appropriated by the blood and tissues. Kodol is the only digestant or combination of digestants that will digest all classes of ood. In addition to this fact, it contains, in ssimilative form, the greatest known tonic and reconstructive properties. Kodol cures Indigestion, dyspepsia and all disorders arising therefrom. Kodol Digests What You Eat Makes the Stomach Sweet. Lottles only. Regular size, \$1.00. holding 2% times the trial size, which sells for 50 cents.

Pretared by E. O. DeWITT & OO., Ohicago, IL E. T. WHITEHEAD & CO.

PARKER'S



In most of our courts there are some cases of larceny, though most of the criminal actions are in some way a result of too much imbibing of strong drink. The Littleton News Reporter gives That's Very Good. the following pleasing paragraph about the honest county of Warren, and we doubt if any other county in the State has such a record. The Reporter says: "There has not been a case of larceny for trial in Warren Superior court for two years. This is a record of which every good citizen of the county and State has just cause to be proud. We challenge the State to show another county with such a record. Warren county is in what is known as the black belt, and has a great many negroes in it, and the fact above stated does credit to their general improvement in morals."

1111

THE present extremely cold winter has been felt more keenly in its results by the truckers than perhaps any other class in North Carolina. The Trucking Interests Suffer. been a rough one indeed, and it seems to have Clinton Democrat says this: "The winter has reinforced itself right here at the last. Usually the truckers are all giving their strawberries their spring fertilizing at this time, planting turnips, potatoes, etc. Last week we had two or three spring-like days and there was quite a rush by the truckers for fertilizers, and all of a sudden, along came a freeze-up and took the wire edge off the truckers and drove them all doubled up back into winter quarters. During the winter of 1902 and 1903 quite a lot of fine berries were shipped from this section, but not so now; not a terry has been seen, not even a bloom, so far as we know, and it has been about all the plants could do to live, and they could not grow at all, and the young plants seem to be well-nigh killed. When the earth warms up they will grow mightily, but the crop will be short."

1111

COL. OLDS recently sent out from Raleigh the following interesting correspondence which appeared in the Charlotte Observer and the Atlanta Constitution : "There has been placed in the Said She Loved the state museum an extremely interesting letter to South. the late Daniel R. Goodloe, a native of North

yuth's Compani Among the enty highways of Italy Her Lack in What Should Make the was the road leading from Monteleone to Norcia, the ancient Etruscan city of Nursia. Une of the charlots that once rumbled along it has recently been Some of the Fashions in Which She prought to light.

Well Brought-up Young

Woman.

Might With Profit Imitate the

Women of an Earlier

Period.

BY CHRISTINE TERHUNE HERRICK,

the Young Housekeeper," "Housekeeping Made Easy," "What to Eat."

"In City Tents," Etc,

A band of peasants, while making an excursion near the hill "Il Capitano," at the base of which the road ran, unearthed an old sepulcher. In it was this biga, or chariot. The wood-work of the body, of which enough remained to show that black walnut was the material used in its construction, had almost entirely crumbled away, but the bronze sheathing and most of the other parts remained practically intact. The Metropolitan Museum of New York, which purchased the relic for orty-eight thousand three hundred and eighty-three dollars, has succeeded in restoring it, and it is now on exhibition in that institution.

family possess means and she has had ended for use in war, but for ceremo- of New England's high schools and nial or festival purposes. It was evi- there acquired freedom from snobbish- view. We know too many girls who dently the property of some Etruscan ness-a character trait that is impart-

'blood," who, two thousand five hundred years ago, used to race his smart pair of ponies by the very spot where the biga was found. That the horses were hardly more than ponies in size, is shown by the shortness of the pole. The bits of the little beasts have been preserved, and it is interesting to note that they are jointed, a form commonly supposed to be of modern origin. Probably most of us think of the utilitarian works of the ancient artisans as massive and rather clumsy, sacrificing lightness to strength; but this biga is of very fine workmanship, and could hardly have borne the weight of more than one man.

Its entire height is not more than four feet : the front higher than the sides; the wheels so low-about two eet in diameter-that the driver could easily step from the road to the ed to the right type of 13m . 2 "seo- day be a rather different product? sides were sheathed in bronze, barely students. When she les. hest Gru to press the value of dcas thick as a thin sheet of cardboard, school she was taken abroad the on which are three scenes in strong re- having traveled extensively, was give is IN evit is it not the case? If duties of her position as joint hostess. ief. According to General Di Cesnola, a year in an English and French director of the museum, these repre-school near Paris. From this she tain home cares fall to her lot as a sent three deeds of Hercules. The came home to the small town in which matter of course, will she not adapt bronze plates are further covered with she was reared and went happily to herself to the home making work?

As a matter of course, the two girls of whom I spoke first have as good a right as the third to claim to be girls of the period. That is, they would have if there were as many of them as there are of her. This sounds in volved, but I fancy the meaning is tolerably clear. The girls who have an undue sense of their own importance, who are lacking in deference to their elders, in unselfish thoughtfulness for those HER FAILINGS AND VIRTUES about them and in a modest esteem of their own importance, are in the majority. I don't like to own it, but] uthor of "Cradle and Nursery," "First Aid to am afraid it is the truth. If it is, what is the matter?

There will be found a large number Copyright, 1894. by Christine Terhune Horrick.] of conservatives who will lay it all, or HERE are few creatures in the nearly all, to athletics. They will deworld more charming than a really c'are that the outdoor sports for which nice girl. One such girl comes to my girls have become so keen during the mind as I write. She has led what past few years are responsible for a loss may be called a sheltered life. Her of what the old writers would have called feminine delicacy. Those of us Judging from its delicacy and wealth all the advantages any girl could de- who think that a healthy body and a of ornament, the chariot was not in- sire. She studied in one of the best healthy mind and soul should go to gether are not inclined to hold this

> play basket ball and row boats and ride wheels and take part in track and held meets and are yet gentlewomen, to yield credence to any such sweeping condemnations of athletic pursuits. And yet, what is the matter?

It is a hard thing for one woman to criticise other women and still harder and in even poorer taste for one mother to pick flaws in other mothers. But are not the mothers in a measure rcsponsible for some of the faults of the girls? Have they not made a mistake somewhere in the early training of their daughters? It cannot be altogether the sins of the latter, either hereditary or acquired. If the mothere had held the right relationship with the girls from the time the little creatures left the nursery, along through vice gratis. school life and out into society, would

The Remarkable Experience of a Prominent Statesman-Congressman Meekison Gives Pe-ru-na a High Endorsement.



Congressman Meekison of Chio.

Hon. David Meekison is well known not only in his own State, but throughout America. He was elected to the Fifty-fifth Congress by a very large majority, and is the acknowledged leader of his party in his section of the State, Only one flaw marred the otherwise complete success of this rising statesman. Catarrh with its insidious approach and tenacious grasp, was his only unconquered foe. For thirty years he waged unsuccessful warfare against this personal enemy. At last 1' suna came to the rescue. He writes:

"I have used several bottles of Peruna and I feel greatly benefited thereby from my catarrh of the head. 1 feel encouraged to believe that if I use it a short time longer I will be fully able to eradicate the disease of thirty years' standing."-David Meekison, Member of Congress.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable ad-

Address Dr. Hartman, President of The Hartman Sanilarium, Columbus



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KANAR HARARIAN HARARIAN

Carolina, but for many years a resident of Washington city and widely known throughout the United Statce, this letter being from Mrs. Harriet Beecher Stowe, the authoress of 'Uncle Tom's Cabin.' The letter sheds an interesting light upon some of the views on in these of Mrs. Stowe. It is dated at Andover, Mass., January 27, 1853. It says in part : 'My health is so very frail that I ought to make no engagements. To do what I have been doing this winter has been most prostrating. I shrank from this work and never desired it. All that determined me to do it was this: I saw if I did not do it somebody else would, and I did not wish it to be done in any other spirit than that in which my book was written. So much that is dreadful ought not to be told except one feels a true love for the South, a capability of appreciating what is good and admirable in her and an ability to discriminate between institutions and individuals. I thought I felt that in me and therefore assumed what to me has been a most exhausting, harrassing and onerous labor. In April I must go to England and endeavor to recruit by six months spent in Europe generally. What my health will be, what my ability to write, is wholly uncertain,' Mrs. Stowe's reference was to her writing of 'Uncle Tom's Cabin' and her statement about her views and her purposes in writing it is interesting to people on both sides of Mason and Dixon's line. In other words. she says in effect, that she loved the South, and intimates that this was the cause of her writing this notable book, which, it has been said, was the chief cause in bringing about the civil war."

1111

CONGRESSMAN SHAFROTH, from Colorado, voluntarily relinquished his seat because recently he learned that there had been fraud in his election. It was the first case of the kind on record in

Conscientious Conthat body. The report of the incident said in gressman. part : "Mr. Shafroth, in his statement to the

House, said that investigation showed fraud in 29 precincts. He did not believe the number of illegal votes was in excess of his plurality, but said the tainted polls gave him a greater plurality than returned. The law was that when a poll is tainted by fraud and it is impossible to purge the poll of the fraudulent yotes the vote of the entire precinct must be thrown out. Mr. Shafroth said his inspection of the ballots convinced him it was impossible to separate the illegal vote, and if he were a judge on the bench he would be compelled to find against himself. As he announced the conclusoin of his eight years' service his voice betokened the emotion he felt. The hush which spread over the floor and galleries when the purpose of his remarks was realized became almost painful. But when he set down with words of thanks on his lips for the treatment he had received from his colleagues on both sides of the chamber, applause burst forth and continued long and heartily. The Democratic members arose en masse and surrounded his seat to extend personal expressions of sympathy and encouragement. Mr. Olmstead, chairman of the committee in charge of the contest, re cognized the unusual position Mr. Shafroth had taken. He said the investigation by his committee exonerated Mr. Shafroth from any connection with the irregularities which had been shown. The stand taken. he said, was a most manly and courageous one. Following out the suggestion of Mr. Shafroth in his speech to the House Mr. Olmstead hastily drew up the proper resolution for his unceating and the seating of Mr. Bonynge and this was agreed to with silent assent. Secretary James Wilson, of the Agricultural Department, relinquished a seat in the House to a contestant on the last day of the seesion in order that the bill to make Gen. Grant a

full general on the retired list might be passed. Samuel J. Randall brought

lecorations. When it was new the chariot must because, as she sensibly says, that is idea to scorn, but if she does, it is bahave been a gorgeous sight. There the work by which she would live if cause she was started wrong. From are traces to show that the eyes and she had to support herself and she her childish years she should have ips of the various figures had been does not wish to let her accomplish- been called upon to do her share in brightly enameled. The reliefs were ments become rusty. But she is also taking care of the home and making it ightly gilded, and there seems to have the daughter of the house, in the old attractive. While she is still very een an ivory rim for the chariot fashioned meaning of the phrase, yound she can be instructed in the body. The wheels have no decoration taking her share in the housekeeping mysteries of dusting and in such small except eagles' heads at the ends of the and home making, helping her mother duties and as she grows older she can ful spirits are all well enough in their axles. They are made of stout wood, when it is necessary, being a compan- look after her own room and keep the way and we would not have her withand have each nine spokes. Both ion to her lather and a friend to her living rooms attractive. pokes and felly are sheathed with younger brothers and sisters. The bronze. The pole of the chariot gentleness of manner which makes her nearly every girl finds interesting, carry her too far. merges from a bronze boar's head, and charming to strangers may be due when she is allowed to do a little cookpartly to nature and training, but a por- ing. Now that the sensible plan has erminates in that of an eagle. Like Egyptian art, the art of the tion of it is surely the result of effort been introduced of giving cooking les-Greeks, Romans and Etruscans in its on her own part. She has "found sons in public schools there is a chance earletst stages was so severely fettered bereelf."

by religious conventions that it is a I know another girl of the same cookery cutside of their own homes. matter of no great difficulty to deter type, although of a different environ. The effect is often very noticeable. mine the time to which a given work ment. The second is a Middle States The child goes home eager to attempt have a tendency to make her self conof art belongs. We know that it was girl and comes of parentage in very some of the new dishes she has made only after 600 B. C. that the head moderate circumstances. Always the

dress of Hercules was a hon's head, and girl knew that when she left school she and before that time the lion was also would have to earn her own living. placed upon his shield. We also know By the time she was eighteen she had that in the earlier statues he appears mastered stenography and type-writing with a pointed beard. It is by the and had obtained a position. All day study of such details that the date to she is in her office working hard. But which this chariot belongs has been when she leaves the office, she throws placed with a fair degree of certainty it aside entirely. One who met her would never suspect that she, too, did between 700 and 600 B. C.

Probably in its time it was "the last not lead the sheltered life. Gentle, ry of fashton." Its noble owner would considerate, deferential to her seniors, have opened his eyes pretty wide if he not vehement in pressing her own could have caught a prophetic glimpse opinion upon others. She is thoughtof our whirling, puffing automobiles. ful about doing "the little kindnesses But a time may come when distant that most leave undone or despise." generations will consider our steam and gasoline carriages quite as archaic as call a really nice girl. There are a under the teacher's supervision. The we think the Etruscan biga.

MYSTERIOUS CIECUMSTANCE.

One was pale and sallow and the the other fresh and rosy. Whence the difference? She who is blushing with health uses Dr. King's New Lite Pills one will serve as an example. She is a is trying to escape. Her effort should them. Unly 25c at E. T. Whitehead & Co.

teerer. "What for?" demanded the has done, man can do.'"

HAVE YOU INDIGESTION?

If you have Indigestion Kodol Dys- mission that you may have a grain of MOTHER GRAY'S SWEET POW-

not the young woman of the present Ohio,

pleasant for them. She need not thrust herself forwards, but she should let them see that she appreciates the in making the girls more When her own friends are invited to from the first that certhe nouse it snound not mean that the parents are to be banished. In the habit of Young America of putting "the old folks" to one side when girls minor symbolic figures and minute work to live her life. She has taken The girl who intends to go out and one or two small classes in languages, seek a career will doubtless laugh this and boys are met socially may be found

the cause of many of the defects wo lament in the girl of the period.

For after all, the young girl, no matter how charming she may be, is an untried creature. She is full of life and vigor and shows these in an overflow of animal spirits that manifests itsell in strange fashions. The youthout them. But they must be directed Then there comes the time that and checked when they threaten to

The average young girl is too self absorbed to grasp the idea that there ara other points of view besides her own. She knows what her impulses incline her to do and she does not stop for children to learn something of

to consider how her actions impress those about her. If she dwelt too much upon this consideration it might scious, but a little thought of herself in

relation to others is an admirable thing. When she has been taught from early childhood to be unufish and to seek the comfort of others ... ler than her own enjoyment, pure and simple, she is pretty sure to be womanly and gentle.

Yet this does not mean that sha may not be a breezy, out-doors little somebody. In fact, we would not like her it she were not rather "up and coming." The American girl 18 not prone to be lacking in "go" and sparkle. Her recent devalopment along athletic lines has improved her physically and mentally as well. If to her splendid bodily health and her eager mind she adds the gentleness and thoughtfulness for others which make her lovable, there will be no one to cast even

WHAT ARE THEY ?

Chamberlain Stomach and Liver Tablets. A new remedy for stomach troubles, billiousness and constipation, and a good one. Price 25 cents. For deprecate the flaws which are so much It is an excellent plan to give the sale by E. T. Whitehead & Co, Scotland Neck, and Leggett's Drug Store, Hobgood.

"Po you think he is really in love with you?" asked Maud. "I don't advance your own judgment you are present the girl must consider it in- he is; but his letters don't sound a bit



Here are two specimens of what I good many of them in the world-for mother is guilty of a grave blunder which we may thank heaven and judi- who does not encourage this sort of cious mothers. But, alas! there are thing in the home. What if it does the shadow of a criticism on the girl of I know several of the latter sort, but profit? Bother is not what the mother

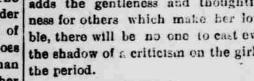
to maintain it. By gently arousing college graduate and a splendid look- be to induce her daughter to care for the lazy organs they compel good di- ing woman. She has her good points the purely womanly pursuits of making gestion and head off constipation. Try and they are many. Those who know the home and all that therein is of these and love her because of them comfort and pleasure.

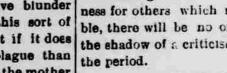
"Better keep away from that jay- more conspicuous than the virtues girl a sense of responsibility when hawker." cautioned the first bunco that the latter sink almost out of sight. there is entertaining to be done. This other. "I worked that old fellow my- no doubt that she knows all there is to her guests slone while her mother and self last month." "Well, 'what man know. Question any statement made father retire to the background. Quite by her and no matter how gently you the contrary. When older guests are know," answered Mamie. "He says

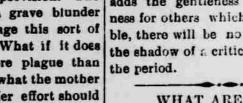
This girl is self assertive. She has does not mean that she is to receive

summarily snubbed. There is no ad- cumbent upon her to help make things silly."-Washington Star.

for a while make more plague than the period.







in a bill for General Grant, but the Democrats, who were in the majority, insisted that there should be a vote on the contest against Wilson. The

Republicans were filibustering against such a vote being taken, but Mr.

Wilson got up and stated that he did not want to stand in the way of the

Grant bill and asked that the contestant be seated. This was done and the Grant bill nnanimously passed."

pepsia Cure will cure you. It has right on your side. Has not the girl DERS FOR CHILDREN, CASTORIA cured thousands. It is curing people every day-every hour. You owe it to been to college? Is she not young? Successfully used by Mother Gray yourself to give it a trial. You will Does she not keep up with the times? nurse in the Children's Home, New For Infants and Children. continue to suffer until you do try it. Go to, ye back numbers! The girl of There is no other combination of di-York, Cure Feverishness, Bad Stomach Teething Disorders, moye and regulate The Kind You Have Always Bought the The Kind You Have Always Bought gestants that digest and rebuild at the the Bowels and Destroy Worms. Over 30,000 testimonials. They never fail. At all druggists, 25c. Sample FREE. Signature of Chart H. Flitcher. 30,000 testimontals. They never fail. same time. Kodol does both. Kedol Bears the curse, strengthens and rebuilds. Sold Char H. Flitcher Address Allen S. Olmsted, Le Boy, N.Y. by E. T. Whitehead & Co.