

# THE COMMONWEALTH.

E. E. HILLIARD, Editor and Proprietor.

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NO 12

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**Ayer's**  
For hard colds, bronchitis, asthma, and coughs of all kinds, you cannot take anything better than Ayer's **Cherry Pectoral**. Ask your own doctor if this is not so. He uses it. He understands why it soothes and heals.

**Cherry Pectoral**  
Cherry Pectoral. Ask your own doctor if this is not so. He uses it. He understands why it soothes and heals.

**Coughs, Colds**  
You will hasten recovery by taking one of Ayer's Pills at bedtime.

### Do You Enjoy What You Eat?

You can eat whatever and whenever you like if you take Kodol. By the use of this remedy disordered digestion and diseased stomachs are so completely restored to health, and the full performance of their functions naturally, that such foods as would be one into a double-bow-knot are eaten without even a "rumbling" and with a positive pleasure and enjoyment. And what is more—these foods are assimilated and transformed into the kind of nutriment that is appropriated by the blood and tissues.

Kodol is the only digestant or combination of digestants that will digest all classes of food. In addition to this fact, it contains, in assimilative form, the greatest known tonic and reconstructive properties.

Kodol cures indigestion, dyspepsia and all disorders arising therefrom.

**Kodol Digests What You Eat**  
Makes the Stomach Sweet.  
Bottles only. Regular size, \$1.00, holding 2 1/2 times the trial size, which sells for 50 cents.

Prepared by E. C. DeWitt & Co., Chicago, Ill.  
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Cleanses and beautifies the hair. Promotes a luxuriant growth. Never falls to restore gray hair. Cures scalp diseases, hair falling, itching, and dandruff.

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Money Loaned on Farm Lands.

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**A POSTAL CARD**  
Sent today—costs one cent—will bring you and your six neighbors, whose names and addresses you send us.

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Send only heads of families. This is the South's Great Literary Weekly, published at Atlanta, Ga., only 50 cents a year. Circulation now over 75,000.

The sample copy you receive will make you a regular Sunny South Reader. The paper is not devoted to news, but literature, romance, fact and fiction, and gives the best of all within this wide field. The most noted southern writers are among its contributors.

Two good serials are always in progress. One is the story of a nation's life.

**The Sunny South** tells the life of the great South. The genial sunshine warms everything into activity, and the season is never cold enough to check the hand of industry. The paper comes fragrant with the breath of the magnolia and pine, and gives out the very air of the orange, palm and bay. The beauty and pathos, the romance and mystery of the land where the fern stalks up the golden sunshine and the cotton whistles in the moonlight, will be given in the well-filled columns of this fascinating weekly.

Send on a Postal Card the names and addresses of six of your neighbors who would appreciate the opportunity to read a copy of The Sunny South, and one sample will be mailed free to each.

Address All Communications to **The Sunny South, Atlanta, Ga.**

### EDITOR'S LEISURE HOURS.

#### OBSERVATIONS OF PASSING EVENTS.

WHETHER W. K. Hearst gets the nomination for President or not he will perhaps do a little good to the country by spending his money freely. Hearst Spends Money. Propositions have been sent out to newspapers by a syndicate concern to supply them with "ante-convention" sheets to be used by the papers as supplements. And all these sheets will be furnished to the papers who will use them free.

FREQUENTLY one hears the question asked, "Will there be much of a tobacco crop this year?" There are different answers, of course, for each man has a shade of difference of opinion with every other man on any subject; but the general tenor of all the answers to all the questions about tobacco is that the crop in North Carolina will be small. One tobacco man said here a few days ago that he believes the crop here will not be more than one-fourth of what it has been. Another tobacco man said that there will not be much planted, but he believes this is the year to plant it. Farmers surely can have poor encouragement to plant tobacco. We doubt seriously whether in the end they would be benefited. Only those who already have barns can afford to take the risk. Those who do not have barns will hardly incur the expense of building barns.

It is a serious and sad reflection that the spirit of gambling is spreading. Some think it now touches and contaminates almost every phase of life and influences people in every part of the country. It is a fearful thing for a man to fall into the habit of gambling—trying to get something for nothing. We clip the following strong and impressive paragraph from Charity and Children, the organ of the Baptist orphanage at Thomasville:

"The gamblers are not all in Wall street. They may be found in Trade and Tryon, Elm and Davis, Market and Front, Fayetteville and Wilmington, and on no street at all, but in one-horse towns with crooked roads without side walks which pass for streets, and even out in the broad open country where a few years ago the only 'stock' known was in the stable and the only 'craps' were growing in the fields. Now, the spirit of getting something for nothing is everywhere. The short cuts to wealth have no ending, it is true, but how they are crowded with eager feet! The gambling spirit is the curse of our country and our age. We need to get back to the old doctrine that the way to get a dollar is to earn it—not beat it out of somebody. Our children growing up around us are worthy of better examples than many of us set them. We lend our ears to the voices of avarice and greed that fill the air, forgetting that there are little ears around us keener than our own. It is high time that a lofty and wholesome public sentiment were forming that will not tolerate the frauds and fakirs of the day, that infest almost every section. 'In the sweat of thy face shalt thou eat bread' needs to be re-enforced. No mining scheme, no matter by whom promoted, no cotton future speculation, no catch-penny device with which some papers are filled, should be tolerated in any family to whom has been committed the care of an immortal soul!"

On February 24th and 25th K. S. Finch, of New York, who claimed to be a stockholder in the Atlantic and North Carolina Railroad, went before Judge T. R. Purnell of the Federal court, and through formal complaint asked that a receiver be appointed for the road. Judge Purnell was in Norfolk, Va., at the time and so the order for the receivership was made by Judge Purnell in Norfolk. V. E. McBee was appointed receiver and soon changes began to take place in the management of the road. Various officials and employees were dismissed and other radical measures began to be inaugurated. The News and Observer at once took up the matter and declared that the State of North Carolina and the private stockholders in the Atlantic and North Carolina Railroad had been grossly imposed upon. That paper charged that there was a conspiracy between complainant Finch and receiver McBee to take the management of the road out of the hands of its owners and place it in the hands of McBee. Petition was made before Judge Purnell to set aside the order for the receivership, and C. H. Simonton, United States Circuit Judge at Charleston, S. C., was asked to come to Raleigh and sit with Judge Purnell in hearing the petition to set aside the order for the receivership. Thursday, March 17th, was the day Judge Simonton set for the hearing at Raleigh. Before that time a warrant was sworn out before Chief Justice Walter Clark for the arrest of McBee and Finch as conspirators against the property of the State and private stockholders in the Atlantic and North Carolina Railroad. McBee was arrested in New Bern and was taken to Raleigh for a hearing before Chief Justice Clark. It was shown that Finch proposed to Mr. Ed. Chambers Smith, of Raleigh, to purchase from him (Smith) 47 shares of stock in the Atlantic and North Carolina Railroad at \$100 per share. The stock had been selling at \$35 per share. Mr. Smith agreed to sell for the price offered—\$100 per share. He took Finch's note for \$4,700, passed the stock over to Finch who at once passed it back to Mr. Smith as collateral. So Finch had possession of 47 shares of Atlantic and North Carolina Railroad stock without paying out a cent. With this stock in hand he at once went to Norfolk, hunted up Judge Purnell, had the order for a receiver issued, and had McBee appointed receiver. And then trouble began for the men the News and Observer called "conspirators". The outcome of it all was that when Judge Simonton sat with Judge Purnell in Raleigh March 17th to hear the case, Judge Simonton read a decree setting aside the order for a receiver and returned the Atlantic and North Carolina Railroad to the hands of its president, specifying that Finch should pay all costs of the case and that McBee should have no compensation at all for the brief receivership which he had held since February 25th. The attorneys on either side had agreed upon such decree the night before Judges Simonton and Purnell heard the case. When McBee's case for conspiracy was heard before Chief Justice Clark, he sent it on to the grand jury of Wake county. And now that the receivership has been annulled, McBee and Finch are still subject to the action of the Wake county grand jury.

### HEALTH SUGGESTIONS.

#### PART I.

The Evils of Over-dosing. The Ways in Which Health May be Found in Exercise, Correct Diet, Clothing and Habits. Harm Done to Women and Children by Neglect of Ordinary Health Precautions.

BY CHRISTINE TERHUNE HERRICK, Author of "Cradle and Nursery," "First Aid to the Young Housekeeper," "Housekeeping Made Easy," "What to Eat," "In City Tenets," Etc.

AS a nation we have never learned that an ounce of prevention is worth a pound of cure. We forge gaily ahead, doing what pleases us and fail to awake to the fact of our folly until we reach a point where we have to go to work to repair injuries.

It would be a great comfort if those who take a deep and peculiar joy in saying, "I told you so," could feel that this sort of blunder was confined to men. But women hold a prominent place in the ranks of those who pos-



essed a capability for recklessness and a faith in remedies. Several causes have joined to produce this state of affairs.

In the first place, women are too busy. They always cut out more than they can accomplish and go on the principle that there are at least twenty-seven hours in every day. If their work were purely selfish one might condemn them unreservedly. But as a rule a big share of it is done for others. Had the ordinary woman a sense of proportion she would see that sometimes she does more for those about her when she does less, so to speak. In other words, if she would spare herself a little there would be a likelihood that she would be able to stand for more in her family and social life. But this is something that is hard for her to learn.

A woman almost always means well. If she didn't there would be more chances for her. She might be converted from the error of her ways. But her ways are so good that there seems no ground for criticism. Yet even while she justifies herself in her course of overwork she feels that something is wrong, somewhere. I heard one woman voice the opinion of many not very long ago.

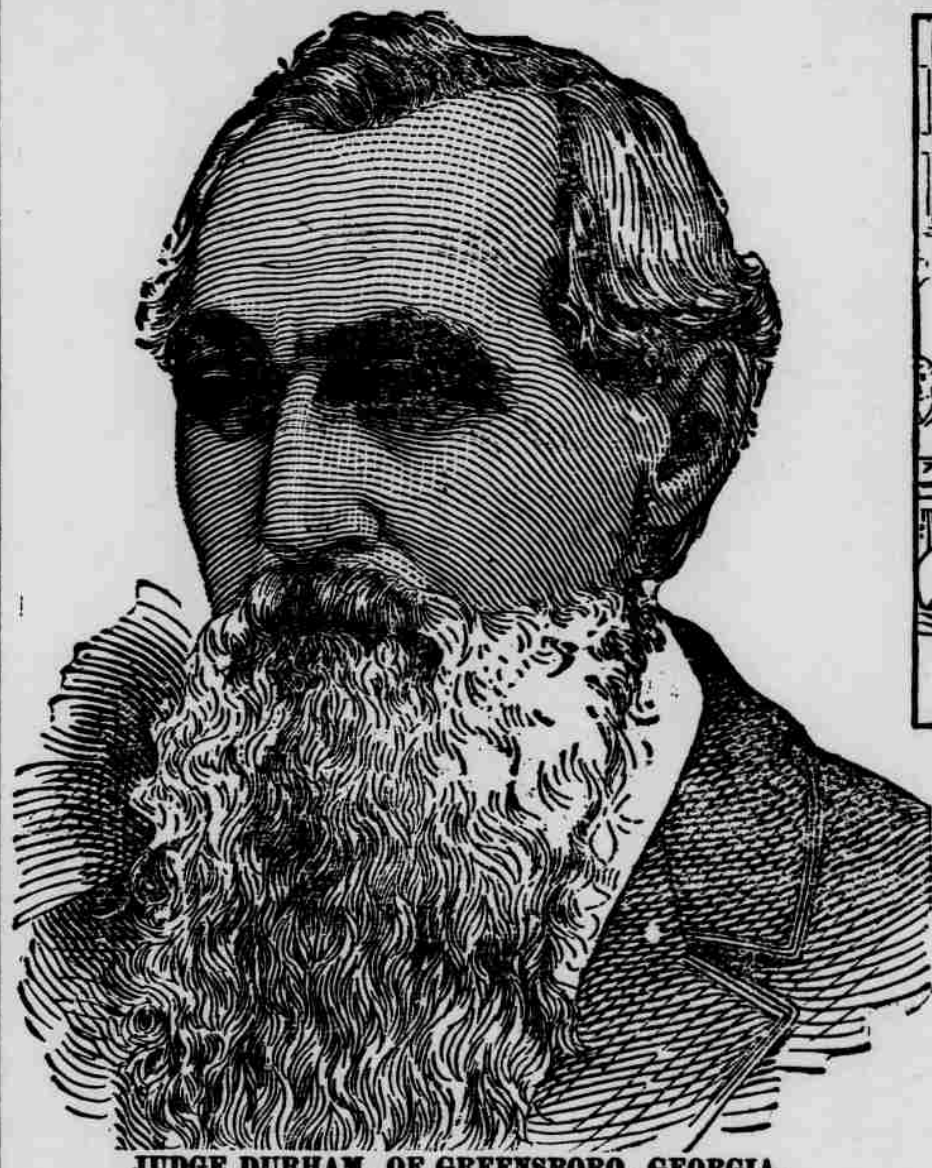
"I have so much to fill my hands," she said. "I work all day and have comparatively little time to be with my children. And when the active employments are out of the way and I want to give myself to my family there is nothing left worth giving."

There is the trouble. The woman breaks herself down by over exertion in some good object. She does not take time to preserve her health. She wears her nerves to what is popularly known as a "frazzle", and then she takes medicine to build herself up.

On the ground of "live and let live" her attitude and action might be justified. For what would become of quacks and patent medicines if it were not for the women? Men patronize these, too, but, after all, the women, with their generous confidence that there is a panacea for every evil under the sun, are the best patrons of proprietary medicines. I have said that women lack a sense of proportion. In nothing do they display this more than in the faith that they can labor for years to make themselves physical wrecks.

**THIS WILL INTEREST MOTHERS**  
Mother Gray's Sweet Powders for Children, Cure Feverishness, Bad Stomach, Teething Disorders, Break up Colds, destroy Worms. They never fail. Over 30,000 testimonials. At all druggists, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

## A GEORGIA JUDGE WAS ALARMINGLY AFFLICTED WITH CATARRH OF THE LUNGS. CURED BY PE-RU-NA.



JUDGE DURHAM, OF GREENSBORO, GEORGIA.

**Catarrh of the Lungs the First Stage of Consumption.**

**So All Medical Authorities Agree.**

Judge Durham, a well-known local Judge of Greensboro, Ga., had an experience with Peruna well worth relating. A report had become current among the judge's friends that he was threatened with consumption. It was feared for a time that Georgia was to lose one of its most prominent and influential citizens.

It was also reported that the judge had failed to get any relief from any of the medical aid at his command, that he had made use of the now world famous

remedy, Peruna, and made a prompt recovery. The affair created quite a sensation in medical circles especially, and the many friends of Judge Durham were not only exceedingly gratified at his recovery, but were enthusiastic in their praises of the remedy that had brought him the following:

The following written statement from the judge himself set forth the facts:

*Greensboro, Ga., March 3, 1900.*  
"Some time ago I contracted a severe cold which settled on my lungs and in my head. I tried many remedies, all of which gave me no relief. I concluded that my case was catarrh of the head and lungs, and seeing Peruna so highly recommended I began using it, experiencing the very best results from the first bottle.

A reward of \$10,000 has been deposited in the Market Exchange Bank, Columbus, Ohio, as a guarantee that the above testimonial is genuine; that we hold in our possession authentic letters certifying to the same. Every one of our testimonials are genuine and in the words of the one whose name is appended.

and then restore themselves to health and strength by a few bottles of some well advertised heal-all. If they could once have it borne in upon them that "earth bears no balsam for mistakes," that it takes longer to climb up hill than it does to run down and that it is easier to keep well than to get well, they would have made a long stride towards health and happiness.

Of course it might not be so interesting! There are still plenty of women who "enjoy poor health." If they did not have something the matter with them, what would there be to talk about? They would have lost one of their most absorbing topics of conversation. Moreover, they would miss the delight we all know in being worse off than our neighbors. Every one who has read "The Mill on the Floss" recalls the pride Mrs. Pullet felt in the amount of physic she had taken, a pride which her husband shared.

"Pullet keeps all my physic bottles," said Mrs. Pullet. "He won't have one sold. He says it's nothing but right folks should see 'em when I'm gone. They fill two of the long store-room shelves already. The pill boxes are in the closet in my room—but there's nothing to show for the boluses, if it isn't the bills."



"I continued using Peruna for a short while, and have never felt the least symptoms of catarrh since. Peruna is certainly a good medicine, and deserves the highest praise which is given it by the general public."

Judge Durham has been Secretary and Treasurer of the city of Greensboro, Ga., for the past three years, and has been a local judge for ten years.

**Dread Consumption.**  
There are three roads which lead from health to consumption. Over one of these roads pass all of that great multitude of people who die every year of consumption. Each route begins with health and happiness and ends with disease and death.

First road: a slight cold—neglected—settles in the head or throat—chronic catarrh—extends to the lungs—consumption—death.  
Second road: a slight cold—neglected cough—settles in the lungs—cough gradually growing worse—consumption—death.

Third road: a cold—neglected—settles in the throat—hoarseness—short breath—consumption—death.  
Thousands have just started on one of these roads, all of whom could be easily cured by Peruna. Thousands more are half way to the fatal end of one of these roads who are still curable by a course of treatment by Peruna. Yet other thousands are near the end whose last days could be made bearable and hope of recovery more probable by commencing Peruna without delay.

#### HUMAN LIFE.

When I consider life, 'tis all a cheat;  
Yet, fooled with hope, men favour the deceit;  
Trust on, and think to-morrow will repay:  
To-morrow's falser than the former day;  
Lies worse; and while it says we shall be blest  
With some new joys cuts off what we possess.  
Strange cozenage! None would live past years again;  
Yet all hope pleasure in what yet remain;  
And from the drege of life think to receive  
What the first sprightly running could not give.  
—John Dryden.

**A FAVORITE REMEDY FOR BABIES.**  
Its pleasant taste and prompt cures have made Chamberlain's Cough Remedy a favorite with the mothers of small children. It quickly cures their coughs and colds and prevents any danger of pneumonia or other serious consequences. It not only cures croup, but when given as soon as the croupy cough appears will prevent the attack. For sale by E. T. Whitehead & Co., Scotland Neck, and Leggett's Drug Store, Hobgood.

Marriage is like investing money; you have to do it and lose to find out your mistake when it is too late to profit by your experience.

**FOR OVER SIXTY YEARS.**  
Mrs. Winslow's Soothing Syrup has been used for sixty years by millions of mothers for their children while teaching, with perfect success. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for Diarrhoea. It will relieve the poor little sufferer immediately. Sold by Druggists in ever part of the world. Twenty-five cents a bottle. Be sure and ask for "Mrs. Winslow's Soothing Syrup."

It takes more than a bellows in the pulpit to start a fire in the church.

**DO YOU WANT STRENGTH?**  
If you want to increase your strength you must add to and not take from the physical. In other words, the food that you eat must be digested, assimilated and appropriated by the nervous and tissues before being expelled from the intestines. Kodol Dyspepsia Cure adds to the physical. It gives strength to and builds up strength in the human system. It is pleasant to the taste and palatable, and the only combination of digestants that will digest the food and enable the system to appropriate all of its health and strength-giving qualities. Sold by E. T. Whitehead & Co.

#### MANKIND.

Men are but children of a larger growth;  
Our appetites as apt to change as theirs,  
And full as craving, too, and full as vain;  
And yet the soul shut up in her dark room,  
Viewing so clear abroad, at home sees nothing;  
But, like a mole in earth, busy and blind,  
Works all her folly up, and casts it outward  
To the world's open view.  
—John Dryden.

**BEST REMEDY FOR CONSTIPATION.**  
"The finest remedy for constipation I ever used is Chamberlain's Stomach and Liver Tablets," says Mrs. E. T. Whitehead, of Franklin, N. Y. "I used them gently and without any unpleasant effect, and leave the bowels in a perfectly natural condition." Sold by E. T. Whitehead & Co., Scotland Neck, and Leggett's Drug Store, Hobgood.

**INFLAMMATORY RHEUMATISM CURED.**  
William Shaffer, a brakeman of Dennison, Ohio, was confined to his bed for several weeks with inflammatory rheumatism. "I used many remedies," he says. "Finally I sent to McCaw's drug store for a bottle of Chamberlain's Pain Balm, at which time I was unable to use hand or foot, and in one week's time was able to work as happy as a clam." For sale by E. T. Whitehead & Co., Scotland Neck, and Leggett's Drug Store, Hobgood.

**Mrs. Especk**—That new kind of ours has no sense of reverence whatever. Especk—How so? Mrs. Especk—Why, she put the apple food on the plate with old nick in the edge of it.—Baltimore Am. Rev.

"Wouldn't hurt a baby." Rheumatoid is entirely vegetable, and instead of hurting the digestion, tones up the entire system.

**CASTORIA.**  
The Kind You Have Always Bought  
Bears the Signature of *Chas. H. Fletcher*

**To Cure a Cold in One Day**  
Take Laxative Bromo Quinine Tablets. *E. T. Whitehead*  
Seven Million boxes sold in past 12 months. This signature.

**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought  
Bears the Signature of *Chas. H. Fletcher*