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E. E. HILLIARD, Editor and Proprietor.

VOL. XX. New Series--Vol. 6. (7-1 8)

"EXCELSIOR" IS OUR MOTTO.

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Your doctor will tell you that thin, pale, weak, nervous children become strong and well by taking Ayer's Sarsaparilla. Small doses, for a few days.

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The change is very prompt and very marked. Ask your doctor why it is. He has our formula and will explain.

"When 13 years old, for many months no one thought I could live because of thin blood. But, in a few weeks, Ayer's Sarsaparilla com-pletely restored me to health." MRS. E. BUCKMINSTER, Vineland, N. J.

Billiousness, constipation prevent re covery. Cure these with Ayer's Pills

### Do You Enjoy What You Eat?

You can eat whatever and whenever you like if you take Kodol. By the use of this like if you take Kodol. By the use of this remedy disordered digestion and diseased stomachs are so completely restored to health, and the full performance of their functions naturally, that such foods as would tie one into a double-bow-knot are eaten without even a "rumbling" and with a positive pleasure and enjoyment. And what is more—these foods are assimilated and transformed into the kind of nutriment that is appropriated by the blood and tissues.

Kodol is the only digestant or combination of digestants that will digest all classes of food. In addition to this fact, it contains, in

assimilative form, the greatest known tonic and reconstructive properties.

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Bottles only. Regular size, \$1,00, holding 2% times the trial size, which sells for 50 cents. Pre; ared by E. O. DeWITT & CO., Chicago, IL E. T. WHITEHEAD & CO.



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# Menta

Strain Affected General Health.

Doctor's Doses Weak-

ened Stomach. Dr. Miles' Nervine Cured

Dr. Miles' Restorative Nervine brings rest and sweet sleep to the tired brain worn out with the cares and anxieties of the sick room. Read the following:

"I have always been healthy with the exception of a touch of rheumatism since my

age came on, up to the time of my husband's last illness some years ago. I assisted in nursing my husband for nearly three months when he departed this life and the mental strain I think caused my trouble. Aside from extreme nervousness my trouble commenced with sore throat and neuralgia. My menced with sore throat and neuralgia. My physician gave me purgative doses which weakened me very much and my stomach for a time seemed inactive. Mental strain and the dormant condition of my stomach soon told upon my general health. I had little appetite and was soon forced to stay in bed a greater part of the time. Within a week after the time I began taking Dr. Miles' Restorative Nervine and Tonic I was up about the house. I continued their use until completely cured. My faith in Dr. Miles' Remedies has been strengthened by experience of other people, our daughter having used Restorative Nervine with splendid results in a case of paralysis and a friend to whom I sent a box of the Anti-Pain Pills reports that she has been completely cured of neuralgia by their use. I know of a number of others whom your medicine has helped in a large degree. I wish you continued success."

—Mrs. Frances Coffman, Dayton, Va.

All druggists sell and guarantee first bot-

All druggists sell and guarantee first bot-tle Dr. Miles' Remedies. Send for free book on Nervous and Heart Diseases. Address Dr. Miles Medical Co., Elkhart, Ind.

EDITOR'S LEISURE HOURS.

OBSERVATIONS OF PASSING EVENTS.

IF YOU are a citizen of North Carolina and wish to vote in the next election you must pay your poll tax before the first of May. And the law Do You Want to Vote? does not mean that if you prefer to lose your vote by failing to pay poll tax by the first of May, you will be excused from the tax because you lost your vote. You will have to pay the tax anyway; and so it would be better to pay in time to save your privilege to vote. Casting a free ballot is one of the glories of American citizenship, and the good citizens of North Carolina ought not to forfeit this privilege by failing to pay poll tax in time.

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THE frequency of divorces and the ease with which they may be obtained are attracting attention of people all over the country. Rev. Dr. Mc-'Progressive Polygamy." Kim, rector of an Episcopal church in Washington, D. C., recently said in a sermon:

"In nothing has American life suffered such serious damage as in the lowering of the ideal of marriage which has been seen during the last two generations. We shudder at the revelations unblushingly given in our national capital here recently of Mormonism, the plague spot in the body politic, but it is humiliating to reflect on the frightful relaxation of the bonds of matrimony all over the land. Our courts are grinding out divorces every day in such a manner as to build up practically a system of progressive polygamy."

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THIS is the way Farmer H. M. Daniel, of Madison county, thinks of God, who sends the heavy and frequent rains which have so hindered farm labor this season. In a letter to the Progressive Farm-A "Divine Partner." er he speaks of the disappointments which have so often come this spring to the farmers when they were about ready to start their plows, but have been hindered again by the rains. He says philosophically: "We farmers cannot afford to complain of the decisions of our Divine partner. Without him we indeed can do nothing." And this is a most wise and sensible view to take of the weather. It is a wonder that God lets some prosper at all-they grumb'e so much about weather, heat and cold, and whatever does not suit them exactly.

THE COMMONWEALTH has so often insisted on farmers raising all home supplies that it is possible some may think that we are making it a hobby, and we said as much two weeks ago. One of the oldest and clearest headed men in this community said to us a few days ago that if we have mids the subject of home supplies for farmers a hobby, it is a proper one. He advised us to continue the admonition to farmers, and agrees with us that there is no truly successful farming without it. And so it we had not intended to do it before we should teel inclined to keep insisting on this system. We have been insisting on it for several years, and we propose to keep on insisting. It is the only wise course for farmers. As we have said time and time again before, it matters not what is the price of the farmer's money crop it is a losing business to buy home supplies with money he makes from cot-

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Sometimes items of news or editorial items are taken from one newspaper by another and used without credit. This is either the result of carelessness or a disposition to plagainsm; either of Don't Care About Credit. which is a bad example and bad practice by an editor. Occasionally when an editor's news item or editorial is used by another editor without credit, the editor whose work is thus used refers to it in a pointed way, but winds up the paragraph by saying that he doesn't care anything about having credit for anything clipped from his paper, but just thought he would call the other fellow's attention to it. Well. such an editor has a bigger bump for patience than we have. It makes us a little puffy-yes, quite so-for another paper to clip any original item from these columns, news or editorial, and not give credit for it. Now. this is the truth all over and the most of the other editors just about as well say so too. Of course, now and then a slip occurs, and the failure to give credit is an oversight. In such case, however, it does not cost much to make the correction in the next issue. The practice of clipping from other papers without giving credit looks bad in any editor-and the whole

truth is, it is bad treatment, and men ought not be expected to like it. 1111

Some weeks ago THE COMMONWEALTH said in this column that there is just as much reason for Congress to make appropriations for the improvement of public roadways as for public waterways. National Appropriation No one questions the principle of making arto Our Roads.

propriations for our streams of commerce, although the amount of some appropriations may be questioned. Neither do we believe that there is any room to question the principle of national appropriatious for the improvement of our roads. Here is what Congressman Pou, of the Fourth district, thinks of it as quoted in the Progressive

"Senators and Members of Congress may as well make up their minds to deal with the good roads question at an early day. The people are demanding better roads all over the country. I do not believe there is any constitutional obstacle in the way of government aid. Congress appropriates millions for rivers and harbors and for rural delivery routes. Certainly Congress has the power to appropriate money to improve the roads over which mail is carried, and in a few years mail will be carried over every important road in the country.

"Most of our rural communities are too poor to raise money sufficient to build good and enduring roads, but if the government would pay one-half as provided by the Brownlow bill, the county or community might be able

"The last river and harbor bill carried an appropriation of over sixty millions of dollars. Large cities received the benefit of nearly all the vast sum. Now let Congress appropriate an equal amount of money to aid the States in building good, hard, dry roads, and the farmers of the country. for whom both political parties profess such great solicitude, will feel that they are not entirely neglected."

Take Laxative Bromo Quinine Tablets. 6. % 4.

To Cure a Cold in One Day

PART I

Choosing Suitable Dress for Different Occasions.

How the Woman Who Has Modes Means Must Plan to Make One Costume do for Various Occasions and Must Arrange This Accordingly.

Correct Out-Door Dress for Exercise of Different Kinds .-Suitable Dress for Social Functions.

BY CHRISTINE TERHUNE HERRICK. uthor of "Cradle and Nursery," "First Aid to the Young Housekeeper," "Housekeeping Made Easy," "What to Eat." "In City Tents," Etc.

Copyright, 1904. by Christine Terhune Herrick.] NEVER yet was there a normal woman who did not wish to dress well. What dressing well means is determined by each one for herself. In the early stages it probably meant unlimited fig leaves, and a little later a new pelt from this or that animal or a new style in a garment woven of the bark of trees.

Such simplicity has unfortunately



reached where a woman cannot dree as she pleases, but must please to dress like the majority of women. It is a blessed dispensation that she usually likes to be in the fashion, or somewhere near it, and feels it no hardship to conform to prevailing modes. In fact, she usually likes it. Her chief difficulty is how to manage to conform when she has not enough money to do

Appropriate dressing should be an easy matter for the woman who has a generous allowance for her wardrobe. Then it is her own fault if she does not have suitable costumes for every emergency. Appropriate dressing is also of her attire must be selected, not for up where you can see them. Look at Suspicion may arise for naught, without complications for the women its beauty alone, but because it will them every day. They are written by But malice, envy, want of thought, who never go anywhere except to harmonize with the rest of her cos- Burgess Charles H. Pennypacker, of Who whisper what they dare not say? by working frocks and one gown for best. Even such an one doubtless thinks she has her troubles, but they are as nothing to those of the woman who must, so to speak, serve two masters,-or who, in other words, must fill more functions than those of the housekeeper and church goer, and must dress for these other things without exceeding a comparatively small sum. Such a woman finds dressing well more or less of a problem-usually more rather

To women like this the fashion of separate skirts and waists has come as a positive boon. In the days when one must have a whole gown of one material, dressing was more complex even than it is now. Every one whose memory goes back to those times can recall how the waists gave out before the skirts and left one with a supply of the latter in tolerable order and a painful dearth of the former. Now, when one has a skirt of which the body part is past worthy, a shirt waist

possible for women to make mistakes in their dressing. One of the chief of these they commit when they buy conspicuous clothing. (I am speaking | we'l in a fashion plate or on a figure | room, doors and windows wide open. now of the woman who must wear one gown a long time). The striking of- that it will do as much on every wofeet may be charming at first, but be- man. One would not believe the fore the frock or the hat or the coat is half worn out the woman who wears it not one see illustrations of such and the friends who see her wear it "breaks" on every side. The stout woare tired to death of it.

Another blunder that women make ometimes is in buying articles of apparel which will not go together well. We all know the woman who has bought a snuff colored gown and a drab jacket, or a dark green gown and a hat trimmed with a blue that makes

Cures Grip In Two Days,

OR EVERY - box. 25c.

## APPROPRIATENESS IN DRESS. THE POPULAR GOUNTY CLERK OF THE CITY OF SAN FRANCISCO.



Hon. Wm. A. Deane, Clerk of the city and county of San Francisco, was Chief this trouble came from whooping cough; Deputy in the office of his predecessor during the latter part of his term. He is a Native Son, having been born and raised in the city of San Francisco, and has for many years been prominently identified with the Order of Native Sons of the Golden West, as well as other fraternal organizations. He is an exceptionally popular young man, socially and politically also, as evidenced by the ballots cast at the late election, he having defeated his opponent for the office of County Clerk

by nearly 8,000 votes.
In a letter written January 28, 1899, from San Francisco, to Dr. Hartman, Mr. Deane has the following to say of Peruna: The Peruna Medicine Co., Columbus, Ohio.

Gentlemen:-" I would not be without Peruna, as I have found it to be the best remedy for catarrhal complaints that I have ever used. catarrh wherever located. Its cures last. I have tried most all of the so-called catarrh remedies advertised, and can conscientiously say that of all the remedies for catarrhal complaints recommended to me none have been so beneficial as Peruna."—WILLIAM A. DEANE.

There is, therefore, four quite well-mark-ed varieties of catarrh. Winter catarrh, spring catarrh, summer catarrh, and quent in the head, throat and respiratory lumbus, Ohio.

edge. The woman who must econo-

that go together well and every piece

limited wardrobe. Extremes in fash-

her. Because a certain garment looks

in a show window, it does not follow

blunders which women will make, did

that cut themselves in two in the mid-

dle by conspicuous belts or by a glar-

ing contrast between the hues of the

[Continued on fourth page.]

CASTORIA
For Infants and Children.

CATARRH assumes different phases autumn catarrh. In each of these varieties different organs seem to be the prin-

a discord of tints that set the teeth on Some Good Rules. mice on her clothing must buy things Here are some rules that are worth

West Chester, Pa., and published in the Simple styles should also be chosen Philadelphia Ledger : by the woman who can have only a

First. Don't get mad. Leave that to the dogs. Second. Walk a mile a day.

Third. Abstain from pork. Few Jews have cancer tuberculosis or small-Fourth. Be clean-in person, abode

and conversation. Fifth. Eat moderately of good food. Get bread baked at home. Get butter from some honest farmer. Eat all the

apples you can. Sixth. Don't forget to speak to everybody. The salutation of a good re-

membrauce is joy to the soul. Seventh. Stand up straight; look people in the eye while conversing and speak the truth.

Eighth. Respect age, honor age; treat older people courteously. Their hearts are tender and true, and they ler, of Frankville, N. Y. "They act wish you well. Seek the advice of old gently and without any unpleasant ef-

Ninth. Get to heaven by staying at home and making your heaven there. Leggett's Drug Store, Hobgood. can be made to take the place of the ion should be avoided. There is the Make comrades of your children. You same objection to these that there is don't need to go from home to get Even with this expedient it is still to the startling effects to which I re- good fellowship. No club, no society ferred a moment ago. More than this, can supply the place of the fireside, by such a woman should study what suits the evening lamp at home.

Tenth. Sleep in a well ventilated

"Wouldn't hurt a baby." Rheuma cide is entirely vegetable, and instead of hurting the digestion, tones up the the entire system. Patience-I always think of all the

women who adopt styles with long, trice-Gracious! Do you stay awake always be called. It should be borne severe lines, the short dumpy figures as long as that?-Yonkers Statesman, in mind, however, that pneumonia al-INFLAMMATORY RHEUMATISM tack of the grip, and that by giving CURED.

bed for several weeks with inflammato- pneumonia with the best results. Dr. ry rheumatism. "I used many reme-dies," he says. "Finally I sent to Mc-also a druggist, says of it: "I bays Caw's drug store for a bottle of Chamberlain's Cough berlain's Pain Balm, at which time I Remedy any prescribing if in my pracwas unable to use hand or foot, and in tice for the past six years. I use it in The Kind You Have Always Bought oue week's time was able to work, as cases of pneumonia and have always happy as a clam." For sale by E. T. Whitehead & Co., Scotland Neck, and Leggett's Drug Store, Hobgood.

Leggett's Drug Store, Hobgood. Legett's Drug Store, Hobgood.

the liver and kidneys seem to be particularly subject to the ravages of catarrh. Of course it is not meant by this that catarrh is absolutely confined to these parts of the body during the season to which we have assigned them. Catarrh may attack any organ in any season of the year, but the liabilities are so much greater for catarrh to attack particulr organs in certain seasons that these four distinct varieties have become recognized. Mr. Robert Douglas, Homeopathic Specialist, cor. 6th and F Sts., N. W.,

to chiefly affect the stomach and nerv-

ous system. In the summer the bowels

suffer the oftenest; while in the autumn

Washington, D. C., in a recent letter to the Peruna Medicine Co., of Columbus, O., has the following to say concerning their noted catarrh remedy, Peruna: "I have been a practicing physician for some years, during which time I have administered Peruna to a number

of my patients for colds, cataria and general debility with great benefit to them. I have paid particular attention to its effects, and I have absolute confidence in its curative qualities, and have no hesitation in giving it a most Hon. Clement M. Hammond is one of

the best known newspaper men in New

York City. He was for years editor of one of the principal papers in Hartford, Conn., later was prominently connected with the New York Recorder and New York World. He has traveled extensive-

ly and is known all Hon. C. M. Hamu over the United

States for his talent as a newspaper man. Writing to The Peruna Medicine Co., he says: "For about six years I have had

trouble every fall and winter with my voice. At times it has extended to my bronchial tubes and lungs. I think all to." Mr. Hammond's address is "The Arlington," 64 Montague street, Brook-

Peruna is an internal remedy-a scientific remedy for catarrh. It cures Peruna gives strength by stopping waste. By saving the mucus it enriches the blood. By cleansing the mucous membranes it preserves the vital forces.

No remedy can possibly supply the place of Peruna. Just upon having Peruna. Take no other remedy. There is no substitute for this catarrh meetcine. Send for a free look on enterrh.
Address the Peruna Medicine Co., Co-

### THEY SAY.

"They say"-ah! well suppose they do ; keeping. Cut them out. Put them But can they prove the story true?

"They say." But why the tale rehearee And help to make the matter worse? No good can possibly accrue From telling what may be untrue; And is it not a nobler plan To speak of all the best you can?

"They say." Well, if it should be so,

Why need you tell the tale of woe? Will it the bitter wrong redress, Or make one pang of sorrow less? Will it the erring one restore, Henceforth to "go and sin no more?" "They say"-Oh! pause and look with-

See how your heart inclines to sin. Watch lest in dark temptati n's h ur You,too, should sink beneath its power. Pity the frail, weep o'er the fall, But speak of good "or not at all."

BEST REMEDY FOR CONSTIPA-

"The finest remedy for constipation I ever used is Chamberlain's Stomach and Liver Tablets," says Mrs. Eli Butfect, and leave the bowels in a perfectly natural condition." Sold by E. T. Whitehead & Co., Scotland Neck, and

If troubled with weak digestion, weak or sour stomach, use Chamberlain's Stomach and Liver Tablets and you will get quick relief. For sale by E. T. Whitehead & Co., Scotland Neck, and Leggett's Drug Store, Hobgood.

New York dogs without collars are to be exterminated. Why not? Most of the men bere wear them-linen or political.-New York Herald.

PROPER TREATMENT OF PNEU-

Ppeumonia is too dangerous a dismen who wear light fabrics of large mean things I have said during the himself, although he may have proper and flaring patterns, the slim "slanky" day, before I fall asleep at night. Paways results from a cold or from an at-Chamberlain's Cough Remedy the threatened attack of pneumonia may William Shaffer, a brakeman of be warded off. This remedy is also Dennison, Ohio, was confined to L:s used by physicians in the tseatment of