tarising
zusiness

## The Commonwealth.


professional.
Dentist.

Mother
Reason After
LaGrippe.
Lughter Had Frequent Spasms.
r. Miles' Nervine Cured Them Both


CHAS M WAiSH
Stum Madle and Gurity 4

## 

 Prepay Freight on all Wor our Cempeetior ospitality at mall Expense.


 ,

| Fiditor's feisure fiours. |
| :---: |
| observations of passing events. |

erywhere at the same time, say as many nice things for one as he does for
They Expect Everything. ${ }^{\text {. }}$ wother no mattinees of the two persons in question. The
"The country editor who wanted to attend the Press Aseociation and
three picnics at the same time found that he was deficient in the quality I ubiquity and had to forego them all, because it was court weelk at nome
nd for other reasons. But there are people who expect the editor to he
$\ddagger \ddagger \ddagger \ddagger$
This is the season for excursions. Along the main hines of railroads al- Excursions Galore, ter. However, the difection changes occasionalcorthampton to Raleigh some days ago, and another scheduled from Dare
coigh. This is said to be the first ever run from that part of ine State to Raleigh. Last week several excursions were run fntt Norfolk
in one day. While some excurstons are not particularly desirable because
they are so crowided, and now and then some fellow makes the occasion unpieasant by getuing drunk and becoming disorderly, makes the occasion un-
furnish many the opportunity to vieit a city or large town at a very small
fanal cost when perhaps they could not afford a trip at rogular raten. The
trouble about excursions is that being out of shedule time there is more
danger of collisions and mishaps than on regular runs by regular schedule. they are attractive to many people. Great care should be exercived, how rigidy keep down all rowdyism

Qutre naturally we haye been reading what the editors have had to say
about the meeting at Morebead two weeks ago. Rev. J. O. Atkinson, of
High Estimate of North the Christian Sun, published at Elon College, High Estimate of North
Carclina Editors.
among other things said:
"The one noie of the editore, sounded most often among one another last week was: Bea man, have sand; let courcannot find the truth and tell it, lay down your pen and quit the newspa-oin some otber, protession. Dare to stand up and proclaim the eternal verl-
ies it it costs you a hundred subsoribers a whack. Who fawns should go wth his folly and leave the editor's chair forthwith. Take your order
from no man ; dare to think some on your own account, have an idea to sponsibility. Don't shirk ; don't quueal ; don't swallow greased bate. Have regard for the feelings of others; stab no man in the back; sting no man
for the sake of the writhing, for the man who pours bitterness and dregs for the sake of the writhing, for the man who pours bile an editor's pen. Charity as well as courage, traternity as weil as tearlessnesse are among the
noble virtues. Such the strain, such the burden of public otterance and private counsel among the editors at Morehead last week. There is certainly no fault to be found with their ideal. We do not belieye there is a coward in the lot. They do not took it; they meet you with open face and
rrank speech. They are afraid to be cowarde, alraid they will loee their standing in the fraternity and their prestige in the profosslon."

$$
\ddagger \ddagger
$$

Permars no feld of human endeavor in the South bas made greater improvement during the past decade than agriculture. We believe this is
Change in Agriculture, especially true in North Caroltna. New and Imed, and farmers are coming to learn the folly of cultivating land which will not produce anything. Formerly it was not an uncommon thing to see
great areas of poor land which would not much more than "make seed," poorer and poorer every year. During the past tew years farmers have
cbanged their methods and now for the most part they try to have all their cbanged their methods and now for the most part they try to have ail their
lands manared or fertilized so that every aore will produce something. While there is yet room for much improvement Mr. N. Biggs of Sootpresent plan of work is hopeful and encouraging. Mr. N. Bigge of sool
land Neck, some years ago commenced to fertilize heavily a three-aere lot land Nect, some years ago commenced town and has been succeseful in
of bottom land on the surburbs ot the
bringing it to a yery high state of culivation. He makes twenty-five barbringing it to a very high state of culivation. He makes (wenty.ive bor he
rels to the acre and plants a very prolific kind of corn. A few sears ago he commenced to adyertise his corn avd people throughout the State have
bought seed corn from him in liberal quantities. Besides improving their variety of corn, the farmers who have bought seed corn from Mr. Biggs
$\qquad$ as large yield as they can and so manure or fertulize with that end in view.
This has shown them the wisdom of heavy manuring, and so Mr. Biggs bas done good in his example as well as improved the variety of corn. Nuthing

 | ACID DYSPEPSIA A VERY COMA- |
| :--- |
| MON DISEASE. |

## PATTI AND HEBR PAY. <br> Mme. Path always Instited on hav- ing her fee for alnging in her hand be Tore she would sing a note. Napleson, the lamous imprearilo, told the follow-

 ing aneedoto illuatrative of this side othe cantatrite's eharacter:
 performance the sum of $\$ 200$. One
evening I could only five her $\$ 160$, evening I could only give her \$160,
whleh she refused to acchapt. Her which she refused to accapl.
agent announced to me that ence I
had falled to keep the contr ot it would
be annulled. I comforted my melf with be annulled. I comiortod myself with
the thought that I had other resources
and besides had $\$$ sico in my The thought that I bad other resources
and besides had \$1160 in my pooket.
"Two houte latior the agbot taltite on me to say that on reflection Mme on me lo say hat or the the contract.
Patti would; not break and
He was empowered to accept the $\$ 160$ He was empowered to accept the $\$ 160$
and to say that Mme. Patti would be and to say that Mme. Patti would be
on hand in time for the perlormance,
La Travilata' in tult chetume, etcent Lea Travilala in tull chatume, etcept
Lepened and tickets enough were sold I It opened and tiekets enough were sold 1
cound payy the remainder ot the money.
As soon as ste had it in her As soon as she had it in her-band ab
would draw on the eboes and steb woild draw on her cues was given.
thas stage when her the $\$ 160$. Atter
"I gave him the "I gave him the $\$ 160$. After t
box offlesa were opened he came agai Only $\$ 32$ had been taken in. This
gave to nim to hand to the prima do gave to nim wo hand wole ploel fuati-
na, hopingethat Ahe would
fied in giving the word to begin the pertormance without waiting for the remaining \$8. But this expectation wa
ooly partly fulfilled. Wit ooly partly fulfilled. With a content
ed expression on his face, the agent came beek the third time with the
comforting theseage that maduthl hal comforting thessagg that madath hat
put on one shoe.f When you uhow her
the remaining $\$ 8$. the remaining \$8 she will put on the
other shoe. And so she dia when 1
handed her that amount. Then, beam-hang with pleasuru, she stepped on the
ibe tage, the stage, and
brilliantly sung."
Lossons From Japan.

All of us can learn our own privat lessons from the flood of information it upon us since the war began. Or,
if we cannot exactly learn our leesons, If we cannot exactly learn our lesson
we can get new lights with which we can gel new $\begin{aligned} & \text { puzzie ourselves. Most } \boldsymbol{\Lambda} \text { merieans } \\ & \text { past vouth have some digestiye trouble }\end{aligned}$. to oecoupy a portion of their thougbta.
Constantly food is a topic of absorbing Constantly food is a topic of absorbing
interest. Big meals and Ittile meale,
few meals and many meals, are advised few meais and many meals, are advised,
and just now elaborate chewing of tim. thed material is a goopel. On the topic
of water, which has been prominent in of water, which has been prominent is
thls country, and on the topic of meat,
the Japanese contring the Japanese contribations are of interest. As the Japsnese are now and
mitted to be among the healthiest and atrongest people, we naturally become attenive to thenr habrs. mon peopie eat hitie save stenimed begs, veretables and fruit. Little meat
egs eaten and few stimulants need save 1s eaten and few stimulants ued se
weak'; tea. The average Japanese weak': tea. The average Japanese
satd tod drink a gallon of water dail
We cannot take the habits of one c We cannot take the habits of one cl
mate without modification as sultable mate wilhout modifacation as suita
to another,
Japat on eme poinee practice what our doctors $\begin{aligned} & \text { Japaneee practice what our doetors } \\ & \text { rreach. They put great strees, for in- } \\ & \text { stance, on the deep breathing of freab }\end{aligned}$ stance, on the deep breathing of fresh
ain, and anch breathing is a patt of
their ordinary training. They give
much attontion to exercise. Ot the much attention to exercise. Ot the
diet part of their rogimen it may diet part of their regimen tt may b
true that it atrengthens them rather b avoiding errors than by its saperiority
to meat. It is simple and regular Eating is not treated as an amusement Cooktng is not based upon the deeire
to divert the palate. Rules of bygiene to divert the palate. Rules of bygiene
seem to be aetually acceptabbe to the
Japanees, and this difference of splrit in carrying out the rules of health we 1 magine, greater than any differ
ence of opinion among medioal men th ence of opinion amcng medioal men th
the two countries about what to beat The two countries sbout what io beat
The Japanees have no symptoms of doThe Japanees have no symploms of de-
generacy. The way they go to work
to make themeolves physically effect
ive ive is somewhat reminicecnt it the an-
cieat Spartans. Will thay lie able to ceent Spartans. Will thay lie able to
eat and drink only to live, atter they
have been long in contact with the


THOUSANDS OF FAIR WOMEN HERALD PRAISES FOR PE=RU=NA

iod of Intellectual Strength.

## Planting Date Palms in California.

The work of planting the date palms
 Washington star. crop has ita boll weevi!
The cotton
nd tis shedding, the potato has tis nd tis shedding, the potato has its
bug, tobaceo its worm nad whent its
its rust, but the peach, the luscious seach,
has more troubles than all the otherm.
Ito life is a fight againat mier heate it, a fight againgt microbes and
weather, something awful happens it every yeir. There in no doubt
I the geveral es esem in which the
When a maiden to each is held. When a maiden it
wweet and blumbing we do not call her a watermelon, a pumpkin, a stalk of
sugar cane or a sweet potato. We call sugar cane or
her a pench.
THIS WILL INTEREST MOTHERS Mother Gray's Sweet Puwders for
Children, Cure Fevertshness, Bad Stom.

 Jones (who is broke) 1 have one
taithful friend left. Brown (also broke)
$-W$ bo is it? Jones -My plpe. I call $\frac{\text { till draw on that.-Town Topics. }}{\text { TAKEN WITH CRAMPS }}$




 The engiveers remert :32 foct wi.t.
a Charleston bar. That in a pienty

