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SCOTLAND NECK, N. C., THURSDAY, FEBRUARY 7, 1907.

NUMBER 6.

Over-Work Weakens Your Kidneys.

Unhealthy Kidneys Make Impure Blood.

All the blood in your body passes through your kidneys once every three minutes.

Kidney trouble causes quick or unsteady heart beats, and makes one feel as though they had heart trouble.

Don't make any mistake, but remember the name, Swamp Root, Dr. Kilmer's Swamp Root, and the address Binghamton, N. Y., on every bottle.

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Surest and Quickest Cure for all THROAT and LUNG TROUBLES, or MONEY BACK.

THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

In the General Assembly there is much consideration given to what some years ago came to be the familiar phrase of "Senatorial Courtesy."

That Little Courtesy. In many things this courtesy is correct and should be observed; but it is a little dangerous to become wedded to it too tightly.

It seems hard for the public, and even for some of the members of the General Assembly, to understand the relations between the newspapers and the railroads.

Railroads and Newspapers. That the railroads give the newspapers in this State unlimited transportation for the publishing of little half-column schedules.

THE Smithfield Herald has the following to say editorially concerning the raise in the salary of Congressmen:

Salaries at Washington. Representatives are to get seven thousand five hundred dollars per year after March 4th, 1907, instead of five thousand as heretofore.

It looks well. The members in both branches are well dressed, well regulated in their work and the body impresses one as being dignified and conservative.

How the Legislature Looks. Many of the members are young men, but not of the light-headed class. They are intelligent and seem to be willing to do their work well.

Your money refunded if after using three-fourths (3/4) of a tube of Manzan, you are dissatisfied, return the balance of the tube to your druggist, and your money will be cheerfully returned.

How "Johnny" Got His Blanket.

The pension examiners who are working all over the country pick up many little stories of the Civil War, some of which throw a pleasant light on those dark days.

Once we were camped in the mountains of East Tennessee. I didn't know it could be so cold down South till I tried it for myself.

I knew the enemy was in camp not far away, so I raised my gun in an instant; but the voice called again, "Don't shoot, Yank! I'm all alone, and I don't mean any harm."

"Who are you, then, and what do you want?" I asked as quiet as I could.

"I'm a 'Johnny,'" said the voice again, "and I want to see if you can't spare me a blanket."

"You are crazy," said I. "I'd be shot if they caught me giving you a blanket."

"There's no need for you to get shot," says "Johnny," "and I'm 'bout to freeze, picketing out here in the snow. My uniform's nothing but rags, and I haven't got any overcoat or blanket or anything. Blankets are scarce over in our camp, and it's awful cold, Yank."

He said it solemnly in that soft voice of his—the Southerners have a soft, easy way of talking—and, well, the upshot of it was that I promised him I would bring a blanket with me when I came back the next night and leave it to him to get it.

Next night when I went to saddle up—our picket-line was so far from camp that we had to ride—I got half a dozen blankets out of the commissary and put them under my saddle, and was just about to get away with them when the sergeant spied me.

"Hello, there!" said he. "What you going to do with all those blankets?"

My heart was in my mouth, but I knew he couldn't see how many I really did have, and so I answered back, cool enough, "You don't suppose it's warm out there picketing a night like this, do you?" and with this he turned away.

I tell you I was glad to see his back! Well, I got safe out to the woods with my blankets, and pretty soon I heard the same voice calling again, "Yank, Yank, have you got that blanket?"

"Yes," I said. "I have six of them, and came near getting caught, too."

"Glory," said "Johnny." "Glory! Now, you jest slip down to the creek and unfold them a little, and drop them in one at a time, and I'll do the rest."

I did just as he told me—I didn't have to get off my beat to do it—and he went a little way down the creek and fished the blankets out as the current brought them along.

When he'd got the last one out, he fell down on his knees—I could see him in the dim moonlight—and I never heard anybody pray such a prayer as that Southern soldier prayed for me, kneeling there in the snow in his ragged old uniform. I took off my hat and stood still till he was through, and then he faded away in the darkness.—Youths' Companion.

Rising From the Grave.

A prominent manufacturer, Wm. A. Fertilizer of Lucama, N. C., relates a most remarkable experience. He says: "After taking less than three bottles of Electric Bitters, I feel like one rising from the grave."

Two boys in New York, having read about cowboys and western life, played a wild west game in a room, and one shot the other through the head. They were dressed like cowboys and carried guns, and accidentally a gun went off. So much for reading trash.

A Valuable Lesson.

"Six years ago I learned a valuable lesson," writes John Pleasant, of Magnolia Ind. "I then began taking Dr. King's New Life Pills, and the longer I take them the better I find them."

Always In A Hurry.

I know a little maiden who is always in a hurry; She races through her breakfast to be in time for school;

She scribbles at her desk in a hasty sort of flurry, And comes home in a breathless whirl that fills the vestibule.

She hurries through her studying, she hurries through her sewing, Like an engine at high pressure, as if leisure were a crime;

It seems a contradiction until you know the reason, But I'm sure you'll think it simple, as I do, when I state

That she never has been known to begin a thing in season, And she's always in a hurry, because she starts too late.

Drinking Water.

Water is the universal solvent, and it preserves this property inside the human body as well as without. It is therefore a useful, indeed indispensable, substance; but it must be taken with discretion.

If one drinks a hard water—one already saturated with salts—it does little good, for all its energy must be expended in removing from the system the mineral matter which it already holds in solution, and the animal waste is left where it was before.

A drinking water to be of any use, must be pure, or comparatively so. Distilled water is the best drink, but unless it is aerated—shaken up so as to absorb air—it is flat and most unpalatable.

Rain-water, in the country, is distilled water, and if properly collected and stored, is excellent for drinking purposes. The first fall should be allowed to run away, for it contains the dust and other impurities in the air, and also the bird droppings and dirt from the roof or other collecting surface.

The cistern in which it is stored should be protected from the surface drainings, and should be tightly covered to keep out dust. Water so kept is greatly preferable to well water, which is almost never beyond the possibility of contamination, no matter how far it may be from the barn or the out-houses, and no matter though it may be at a higher level.

There are often seams and cracks in the earth which give free way to water, and in this way surface washings may be carried to the bottom of a deep well a long way off and on a higher level.

Many persons will not trust any natural supply, and drink only bottled water, either natural or artificial. But this is not always as safe as it seems to be. The maker of the artificial water may not filter it before charging it with carbonic acid gas, and then of course it is no better than the water of the town where it is made.

The natural waters may be pure and they may not, just as any spring may be pure or contaminated. Those who live in cities where the water is filtered may safely drink it, if they can be sure the water supplied is always that which came through the filter-beds.

Those in charge of public water-supplies have been known to mix unfiltered water with the filtered, or to substitute it entirely, without warning to the users.—Selected.

The relief of Coughs and Colds through laxative influence, originated with Bee's Laxative Cough Syrup containing Honey and Tar, a cough syrup containing no opiates or poisons, which is extensively sold. Secure a bottle at once, obtain a guarantee coupon, and if not fully satisfied with results, your money will be refunded. Sold by E. T. Whitehead & Co., Scotland Neck, Leggett Drug Co., Hobgood.

A Thought for The Day.

The aphorism, "As a man thinketh in his heart so is he," not only embraces the whole of a man's being, but is so comprehensive as to reach out to every condition and circumstances of his life.

"I've lived in California 20 years, and am still hunting for trouble in the way of burns, sores, wounds, boils cuts, sprains, or a case of piles that Bucklen's Arnica Salve won't quickly cure," writes Charles Walters, of Albany Sierra Co. No use hunting, Mr. Walters; it cures every case. Guaranteed at E. T. Whitehead & Co.'s drug store.

Hunting for Trouble.

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Ann Whitall's "Meddations."

Ann Whitall, an old-time Quakeress, kept a little brown diary or book of "meddations" which has recently served Mr. Logan Pearstill Smith as the basis of an interesting article in the Atlantic Monthly.

"I often think if I could be so fixt as never to laugh nor to smile I shud be won step better; it fills me with sorrow when I see people so full of laf and of prate."

We should scarcely feel that she was human if she did not confess nevertheless to occasional laughter, and—still better—to a saving foible, an excessive liking for goodies.

"I find sum freedom to right whot a tarabel thing this eating of tu much is, and has been to me many times; I think I can say of a truth it is the worst sin that ever I did. I du believe it is as bad as drinking too much, eating too much is the root of all evil in me."

As might be expected, the least leaning of the younger Friends toward luxury or frivolity met with her instant reprehension.

"O the Calico," she wrote tearfully, "we pretend to go in a plain speech and plain dress, but where is our plainness? I think tobacco and tee and Calico may all be set down with the negros (negus), won as bad as the other."

Again she is horrified that "guds in penselvani has got thare necks set off with a black ribbon; a sorrowful side indeed—Six of them gards from Darbe was here from John Hunts, I thought they did not belong to Friends til I was in formed they did, but I a mani times think whot signifies my being concerned about fashion? where is one Friends child or children but som doddry fashion or another is on thare backs or heds; here is this day Josiah Abatsons soun, all the soun he has; his hat is elos up behind."

In 1777 the "gugment" fell; for there occurred the Battle of Red Bank, which raged upon the Whitall farm and about the house, bringing destruction in its train. She sat spinning up-stairs till a cannon-ball burst in the partition at her back; then she merely removed her wheel to the cellar and spun steadily on.

When the turmoil ceased the house was full of wounded, including the gallant young Count Donop, who died there. Ann Whitall moved helpfully among them, soiling the Hessians, it is true, for coming over-seas to butcher people, but tending faithfully wherever she could be of use. Her service is recorded by others; she did not think it worthy of a place in the precious volume that held her "meddations."—Selected.

Nothing will relieve indigestion that is not a thorough digestant. KODOL digests what you eat and allows the stomach to rest—rejuvenate—grow strong again. KODOL is a solution of digestive acids and as neatly as possible approximates the digestive juices that are found in the stomach. KODOL takes the work of digestion of the digestive organs, and while performing this work itself does greatly assist the stomach to a thorough rest. In addition the ingredients of KODOL are such as to make it a corrective of the highest efficiency and by its action the stomach is restored its normal activity and power. KODOL is manufactured in strict conformity with the National Pure Food and Drug Law. Sold by E. T. Whitehead & Co.

Wood's Seeds.

Irish Cobbler Seed Potatoes have proved by long odds the most productive Extra Early Potatoes in cultivation. Read the letters from truckers, in our New Descriptive Catalogue for 1907.

We are the largest dealers in Seed Potatoes in the South; Maine-grown Second-Crop Northern-grown all high-grade stocks selected and grown especially for seed purposes.

Write for prices and WOOD'S 1907 SEED BOOK, telling about all seeds for the Farm and Garden. Mailed free on request.

T. W. WOOD & SONS, Seedsmen, - Richmond, Va.

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Because we make medicines for them. We tell them all about Ayer's Cherry Pectoral, and they prescribe it for coughs, colds, bronchitis, consumption. They trust it. Then you can afford to trust it. Ask your own doctor.

The best kind of a testimonial—"Sold for over sixty years."

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Ayer's Cherry Pectoral in breaking up a cold.

THE ORIGINAL LAXATIVE COUGH SYRUP. Bee's Laxative Honey and Tar. No Opiates, conforms to National Pure Food and Drug Law.

Containing HONEY AND TAR. All cough syrups containing opiates constipate the bowels. Bee's Laxative Honey and Tar moves the bowels and contains no opiates.

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