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E. E. HILLIARD, Editor and Proprietor.

VOL. XXIII. New Series Vol. 10.--6-18

Thousands Have Kidney Trouble and Don't Know it.

How To Find Out.
Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys are diseased.

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There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp Root, the great kidney remedy fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer; and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of Swamp Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in 50c. and \$1. sizes. You may have a sample bottle of this wonderful discovery and a book that tells more about it, both sent by mail, absolutely free by mail, address Dr. Kilmer, Home of Swamp Root, Binghamton, N. Y. When writing mention reading this enterprising offer in this paper.

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A Daily Medicine for Every People.
Rocky Mountain Tea is known all over the world.
It is a powerful Cough Remedy, a real Medicine, a
Great Tonic, a real Health Restorer, a
Great Remedy for Consumption, Impair-
ed Health, Rheumatism, Neuralgia, Headache,
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It is a genuine product of the Rocky Mountains, made
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GOLDEN NUGGETS FOR SALLOW PEOPLE

KILL THE COUGH
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WITH Dr. King's
New Discovery
FOR CONSUMPTION
COUGHS AND TUBERS. Price
50¢ & \$1.00
Guaranteed for all THROAT and
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THE ORIGINAL LAXATIVE COUGH SYRUP
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Elixer and Syrup on Every Bottle

THE COMMONWEALTH.

"Excelsior" is Our Motto.

SCOTLAND NECK, N. C., THURSDAY, APRIL 25, 1907.

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An advertisement in this paper
will reach a good class of people.

Subscription Price \$1.00 Per Year.

NUMBER 17.

THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

EASTERN CAROLINA has suffered a great financial loss in the destruction of truck by the cold weather. All kinds of truck have been injured, but the greatest loss perhaps has been in straw.

The Great Loss in Truck. berries. The crop will probably not be worth half as much this year as usual, and this will be a loss of many thousands of dollars. With favorable seasons Eastern Carolina can always realize great profit on truck, and the Jamestown Exposition this year makes the Norfolk market quite advantageous to the truckers in this region. With a good season they would have realized much profit.

It will sometimes happen that newspapers are caught by a fake story. Perhaps no persons at all, considering the many things and difficulties.

It Will Sometimes Happen. careful than newspaper editors about what they say of their own knowledge or through other informants; but they sometimes are caught napping. Only last week a number of papers published a story that a young physician in the western part of the State had killed his wife, but they had to correct the story next day. It was a little difficult to see how such a story without foundation could get into the papers, but it did. And the papers which published it were, so far as we have observed, entirely blameless. It was simply an instance in which some of the most watchful were imposed upon.

By the time this issue of THE COMMONWEALTH reaches its readers, some of them perhaps will be starting to Norfolk to be present at the opening

Better Carry a Lunch or Two. appeared in the papers and the general talk about how the Norfolk hotels will probably attempt to "guage" whom they may, it might be well to take along a lunch or two. You know one can get lodging sometimes without "feeding;" and these cool days and nights are thus far quite favorable to the lunch idea for the first day or two out. In all earnestness, it would be serving right those who should attempt to extort on visitors. It is hoped that all this agitation about very high rates at hotels in Norfolk during the exposition may blow over and that the visitors will find things agreeable and cheap enough. It will not do to say that there has been nothing of the probability of very high rates, for there has been a good deal of it. There has been much said and written and printed about it, and here the adage holds good that "where there is so much smoke there must be some fire."

A NUMBER of young Scotchmen have come over to this country recently to find work. Some of them went to Raleigh and from there to different

they Have the Men, We the Work. says that one went to Mecklenburg county, one

went to Wilkesboro and another to Cedar Grove. They are said to be very clever and well educated. The one who went to Mecklenburg said that many Scotch lads would come here if they knew they could get work and pay their way as he did. He said that if this country has the work his country has the boys. The willingness of these educated Scotch boys to work ought to be suggestive to some lads in this country. There is plenty of work lying all about us for every one. The trouble with some people is they can't quite see the work. We remember once to have come upon a young fellow whom we knew, and he seemed to be in idleness. We said to him: "What are you doing these days, —?" He answered: "I'm not doing anything right now. I can't find work to do." And almost in any direction he would look from the box car in which he was standing there were broad fields inviting laborers, and the owners of those fields would gladly have paid the fellow for every honest day's work he would do.

SOME people have commenced to predict the next panic and think it will come. Trade conditions have made such demands on capital during the past few years, some think that there will

Will There be a Panic, and When? have to be a hold up in order for capital to catch up. Panics are figured out to be due

about every twenty years, and so the next one will be due sometime between 1909 and 1913. A writer in Collier's makes some interesting observations concerning the probable panic as follows: "Upon the theory of periodical crises it is not yet time for a great industrial depression. We had such disasters beginning in 1819, in 1837, in 1857, in 1873, and in 1899. The normal interval between them is twenty years. The shortest hitherto has been sixteen years, between 1857 and 1873, and the effects of the Civil War furnished ample explanation of the curtailment in that case. According to experience we should not expect another severe crisis until some time between 1909 and 1913. There has usually been a mild reaction from the prevailing prosperity about half-way between two great panics. We had one in 1884, a little over half-way from 1873 to 1899. The corresponding break in the present period of good times came in 1903, just ten years after the panic of 1893. According to precedent that ought to last us for nine or ten years longer. Those who say it will lay the blame for the abnormal conditions they think they see upon the Roosevelt agitation or the Harriman revelations, or some other trouble of our times which previous periods of disturbance did not have. But previous periods had troubles of their own. For fifteen years before the panic of 1893 there was an era of silver inflation, which seemed worse to the financiers of that day than any of our difficulties with corporations would have appeared. In the United States prosperity is largely dependent upon the state of the crops. The Baring panic of 1890 would have brought on our panic of 1893 two years ahead of time if the disaster had not been stayed by the bonanza harvests of 1891. The present crop prospects, therefore, are of vast importance in estimating the prospects for 1907."

"Pneumonia's Deadly Work" had so seriously affected my right lung," writes Mrs. Fannie Connor, of Rural Route 1, Georgetown, Tenn., "that I coughed continuously night and day and the neighbors' prediction—consumption—seemed inevitable, until my husband brought home a bottle of Dr. King's New Discovery, which in my case proved to be the only REAL cough cure and restorer of weak, sore lungs." When all other remedies utterly fail, you may still win in the battle against lung and throat troubles with New Discovery, the REAL cure. Guaranteed by E. T. Whitehead & Co., druggists. 50c. and \$1.00. Trial bottle free.

For Over Sixty Years

Mrs. Winslow's Soothing Syrup has been used for sixty years by millions of mothers for their children while teething with perfect success. It soothes the child, softens the gums, allays all pain, cure wind colic, and is the best remedy for Diarrhoea. It will relieve the poor little sufferer immediately. Sold by druggists in every part of the world. Twenty-five cents a bottle. Be sure and ask for Mrs. Winslow's Soothing Syrup. Guaranteed under the Food and Drug Act, June 30th, 1906, Serial Number 1097.

Spring-Song.

[By Miss Lucy Wheelock.]
Old mother earth woke up from sleep;

And found she was so cold and bare:

The winter was over, the spring was near,

And she had not a dress to wear!

"Alas!" she sighed with great dismay,

"Oh, where shall I get my clothes,

There's not a place to buy a suit,

And a dressmaker no one knows."

"I'll make you a dress," said the springing grass,

Just looking above the ground;

"A dress of green of the loveliest sheen,

To cover you all around."

"And we," said the dandelions gay,

"Will dot it with yellow bright;"

"I'll make it a fringe," said forget-me-not,

"Of blue, very soft and light."

"We'll embroider the front," said the violets,

"With a lovely purple hue;"

"And we," said the roses, "will make you a crown

Of red, jewelled over with dew;"

"And we'll be your gems," said a voice from the shade,

"Where the ladies' ear-drops live—

Orange is a color for any queen,

And the best that we have to give."

Old Mother Earth was thankful and glad,

And she put on her dress so gay;

And that is the reason, my little ones,

She is looking so lovely to-day.

—Our Dumb Animals.

The Panama Mosquito.

The famous Panama mosquito with a record of perhaps a greater number of deaths than that of the late conflict between the Japanese and Russians; has been conquered. Joe Mitchell Chapple tells about it in his great story which will appear in the National Magazine for April. The following is a paragraph from his story:

While we were there, it was reported by one of the guests at the hotel that a "mosquito" had been discovered, and immediately Inspector Le Prince began to think of sending for the lizards to eat it up. Much

has been said of the insect pests on the Isthmus. I was not there long enough to gain much experience in that line, yet I did discover that residents have to guard against the white ants, which rapidly destroy all articles of soft wood. It sometimes happens that a chair will look all right until someone sits upon it, when down it comes with a crash, having been completely honey-combed by the white ants. Soft wood is often perforated by these pests so that it is a mere sponge, easily penetrated by the finger. For this reason, hard wood only should be used for furniture and other articles. Yes, the tropics have their terrors as well as their luxuries. The negroes have to be careful of their feet, because of the "chigoe," or "jigger," which works its way under the nails of the toes and hands, giving more or less pain, and likely to cause dangerous ulcers. The army ants will encircle a building and go right through it, if not barred out, eating everything that has life, and have even been known to devour an unprotected baby. They enter a house and remain a few hours cleaning out rats, mice and cockroaches, and then leave as suddenly as they arrived—but no living creature that they can overwhelm escapes them.

Points About the Pulse.

(Chicago Journal.)

The normal pulse has a wide range, but is always faster in females than males and steadily declines from birth to death. Eminent physicians have thought it possible to tell a person's sex and age by pulse alone. The average rate at birth is 160 beats a minute in girls and 150 in boys; at the age of four or five, 110 and 100; in maidens and youths, 95 and 90; in mature women and men, 80 and 72, and elderly women and men, 60 and 50. In one recorded case the pulse of a healthy man of eighty-seven was only thirty a minute. The pulse varies with stature, position of body, exercise and health, and in disease it has been known to fall to fourteen a minute.

In the treatment of piles it becomes

necessary to have the remedy put up in such a form that it can be applied to the parts affected. Manzan Pile remedy is encased in a collapsible tube with nozzle attached. It cannot help but reach the spot. Relieves blind bleeding, itching, and protruding piles. 50 cents with nozzle guaranteed. Try it. Sold by E. T. Whitehead & Co., Scotland Neck, Leggett Drug Co., Hobgood.

A NEW ERA.

The Present Tendencies in the South:

FARMING AND FARM LANDS.

(By S. C. Mitchell in Kind Words.)

As the South is dominantly agricultural, the first tendency we notice has to do with farming. The greatest single material problem before our people at the present time is the enrichment of the land. Owing to the more than three centuries of slave labor, ignorant and shiftless, the fields of the South became impoverished. So long as virgin lands remained to be cultivated, this waste of our basal resources from which mankind must draw all natural wealth continued. Of these the sea does the competition offered by the flat prairie lands of the great Northwest, and the change from the slave to free labor, has compelled the South to seek the largest possible returns from the efforts expended upon the farms. All of this harks back to the fertility of the field.

"There are," says J. J. Hill, in his message to American farmers, "just four sources from which mankind must draw all natural wealth. Of these the sea does not supply more than two or three per cent of man's food, and it may, therefore, be dropped from calculation as it cannot be made much more largely contributory. The forest, once a rich heritage, is rapidly disappearing. Its product is valuable, not for food, but for shelter and as an accessory in the production of wealth. What is taken from the mine can never be replaced.

Within forty-four years we shall have to meet the wants of more than two hundred million people. In less than twenty years from this moment the United States will have one hundred and thirty million people. Where are these young people, not of some dim, distant age, but of this very generation now growing to manhood, to be employed and how supported? . . . Every people is thus reduced in the final appraisal of its estate to reliance upon the soil. This is the sole asset that does not perish, because it contains within itself, if not abused, the possibility of infinite renewal. A self-perpetuating race must rely upon some self-perpetuating means of support. Our one resource, therefore, looking at humanity as something more than the creature of a day, is the productivity of the soil. . . . Only one-half of the land in private ownership is now tilled. That tilled does not produce one-half of what the land might be made to yield without an atom of loss of its fertility. Yet the waste of our treasure has proceeded so far that the actual value of the soil for productive purposes has already deteriorated more than it should have done in five centuries of use."

Alive at last to this serious situation, the Southern people are addressing themselves successfully to the enrichment of the land. For example, Dr. S. A. Knapp, of Lake Charles, Louisiana, has done a vast work throughout certain gulf states, notably Texas, in combatting the boll weevil by properly fertilizing the soils and by better methods of farming.

In Virginia a band of citizens have employed Mr. T. O. Bandy to establish demonstration fields in various sections of this state. Mr. Bandy's own farm is a striking proof of what progressive methods can do in recovering exhausted soils. Twelve years ago, his present tract of land in Nottoway county was advertised widely for sale at four dollars per acre, and found no purchaser. For it, he has recently been offered fifty dollars per acre. At first he got about six bushels of corn to the acre; now he gets from fifty to seventy bushels. At first, little grass could be grown; now he cuts from four to five tons of the best hay off of each acre sown. He has a well-kept herd of cows, whose products he ships daily to Richmond. In a word, beginning twelve years ago without a dollar, on worn-out land, Mr. Bandy received last year from his farm an income of six thousand dollars, while the fertility of his soil is increasing with every crop. He is only a type of what progressive farmers throughout the South are accomplishing. Their name is legion.

The plan for demonstration fields is to get farmers in various counties

to agree to cultivate one or more acres of their land in accordance with Mr. Bandy's suggestions. He will visit these standardizing fields once a month, seeking to assemble all the neighborhood planters at the local plot; and upon this soil; and in the sight of the growing crop, they will talk over agricultural methods. In this manner, the best results of farming will at once be made known in a visual way to the whole community.