

In to Business what Steam is to Machinery, that great propelling power. This paper gives results.

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E. E. HILLIARD, Editor and Proprietor.

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SCOTLAND NECK, N. C., THURSDAY, JULY 25, 1907.

NUMBER 29.

Over-Work Weakens Your Kidneys.

Unhealthy Kidneys Make Impure Blood.

All the blood in your body passes through your kidneys once every three minutes.

The kidneys are your blood purifiers, they filter out the waste or impurities in the blood. If they are sick or out of order, they fail to do their work.

Kidney trouble causes quick or unsteady heart beats, and makes one feel as though they had heart trouble, because the heart is over-worked in pumping thick, kidney-poisoned blood through veins and arteries.

It is used to be considered that only urinary troubles were to be traced to the kidneys, but modern science proves that nearly all constitutional diseases have their beginning in kidney trouble.

If you are sick you can make no mistake by first detaching your kidneys. The mild and extraordinary effect of Dr. Kilmer's Swamp-Root, the great kidney remedy is soon realized.

Q. F. SMITH, M. D. PHYSICIAN AND SURGEON, Scotland Neck, N. C.

DR. J. P. WIMBERLEY, PHYSICIAN AND SURGEON, Scotland Neck, N. C.

DR. A. C. LIVERNON, DENTIST, Office up stairs in White-head Building.

W. W. MIXON, REFRACTING OPTICIAN, Watch Maker, Jeweler, Engraver, Scotland Neck, N. C.

J. MCBRYDE WEBB, ATTORNEY AND COUNSELOR AT LAW, 216-221 Atlantic Trust Building Norfolk, Va.

EDWARD L. TRAVIS, ATTORNEY AND COUNSELOR AT LAW, Halifax, N. C. Money Loaned on Farm Lands

WILL H. JOSEY, GENERAL INSURANCE AGENT, Scotland Neck, N. C.

THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

Mr. HODGKINSON, of England, an inventor of merit, will soon put into operation in Charlotte a roller cotton gin to take the place of saw gins. The process is different from the saw gin which cuts the lint from the seed.

The speech of Judge Alton B. Parker before the North Carolina Bar Association at Hendersonville, called forth some criticism by the New York World. The Norfolk Landmark replies to the World, its closing paragraph being the following: "Alton B. Parker was a worthy candidate and would have made an excellent President."

If there is a man in the State who can aptly use the long-worked phrase "I told you so," it is president C. C. Moore of the Southern Cotton Association. Last year he urged the farmers of the State not to put all their cotton on the market but to hold a good portion of the crop for better prices.

LAST week Editor Josephus Daniels of the Raleigh News and Observer asked a number of editors of the State their opinion of the mission of a newspaper in North Carolina. The News and Observer printed a symposium of their replies, and it was interesting reading.

VERY long quotations are not generally used in this column of editorial observations, but the following from the Baltimore Sun has so much of good, hard sense we are glad to appropriate it here; and we urge every parent to read it and ponder it well.

Children and Child Labor. "The principal of a Chicago public school expresses the opinion that the agitation against child labor—taking child to mean a person of any age up to 14 or 16—should be more discriminative.

The Charming Woman is not necessarily one of perfect form and features. Many a plain woman who could never sever as an artist's model, possesses those rare qualities that all the world admires: neatness, clear eyes, clean smooth skin and that sprightliness of step and action that accompany good health.

Electricity as a Field For invention.

(Electric News.)

By far the greatest activity in invention during the past few years has been in the electrical field. Thousands of patents have been taken out but there are still a great many things which are needed, and needed badly.

The world wants a more economical electric light. The present incandescent lamp wastes 90 per cent of the electrical energy. Scientists are trying to discover how to produce electric light without heat.

What Cotton Has Done. (Charlotte Observer.) The South, in the production of cotton, commands the attention of the world. She has developed out of the soil and the air a fibre which has surpassed linen for cheapness and utility.

Preud of His Dog. "He's the most pestiferous little pup in town, sir," exclaimed the angry neighbor, "and you've got to keep him at home or I'll take a club to him the next time he comes over here and tramples my flower beds and—"

For Over Sixty Years Mrs. Winslow's Soothing Syrup has been used for sixty years by millions of mothers for their children while teething with perfect success.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN, Successfully used by Mother Gray, nurse in the Children's Home in New York, Cure Feverishness, Bad Stomach, Teething Disorders, move and regulate the Bowels and Destroy Worms.

The Hunter.

O hunter, will I go with you, With your buckskin suit and gun, Killing God's creatures so recklessly, And doing it all for fun.

No, no not any for me, sir, Slaughter is not in my line; God put the deer creatures here, sir, Killing is no mission of mine.

Dr. Osler Tabaco Soup. (From July What to Eat.) Dr. William Osler, to whom is accorded the oft-repeated and oft-declined assertion that people should be chloroformed after becoming 60 years old, is bitterly opposed to the drinking of soup, according to the statements of a New York merchant.

"Well, usually we start with some good, nourishing soup," I began. "Stop right there," interrupted Dr. Osler. "Soup must go. There is a popular fallacy that soup is nourishing. That is a mistake. It is one of the most harmful things one can eat."

The Engineer's Story. "Yes, indeed, we have some queer little incidents happen to us," said the fat engineer. "A queer thing happened to me about a year ago. You'd think it queer for a rough man like me to cry for ten minutes, and nobody hurt, wouldn't you? Well, I did, and I almost cry every time I think of it."

Nature hates narrowness and short sightedness, and beats with many stripes those who either wilfully or carelessly close their eyes to the world of broadness and beauty. Schoolboys have not debated in vain who found food for thought in the question, "Which is the 'greener,' a city girl in the country; or a country girl in the city?"

Secretary Root intimates that the majority of wars are caused by yellow newspapers. That is probably true, but all newspapers are not yellow. (There are fewer wars now than there were when no newspapers existed.)—Norfolk Landmark.

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A Glasgow paper thus analyzes the music of the harp: "Big flies on window, 72 per cent; cats on midnight tins, 11 1/2 per cent; voices of infant pupils, 6 per cent; grunting hungry pigs in the morning, 5 1/2 per cent; steam whistles, 3 per cent; chant of cricket, 2 per cent."

Travel-Study.

(President A. N. Eshman in So. Agriculturist.)

It is well to study books. It is well to travel. Combining the two approaches ideal business development and social cultivation. To depend on either to the neglect of the other, will result in more or less narrowness and awkwardness.

This article would consider travel as a means of study—as an important source of education. Such consideration would bring to view a long-neglected side of the educational question. Behold in our colleges and universities a painfully large percentage of young men and young women—we know they are young!

God gave us "the hills that look eternal," "the clear streams that flow forever," and the stars that glitter in their unapproachable glory, that we might spend much time in "His great out-of-doors," there to drink, only to increase our love till it maketh us to drink again and again of that soul-inspiring beauty of His handiwork—a "foretaste of heaven," as we revel in Nature's fields of freedom and breathe the pure and purifying air of the forest primeval, and drink from the sparkling waters of the mountain springs.

God has given us a great, beautiful world. Let us enjoy it by sometimes pausing to live with books and feed upon the thoughts of other men and legitimately copying what they have done, and sometimes going forth into Nature's great classroom, where one may happily be both student and teacher.

God has given us a world of variety; therefore he that lives among the hills should sometimes descend into the valleys and traverse the plains; and he that dwelleth in the lowland should climb to the mountain top and view the landscape o'er. To a degree, it is a happy philosophy for one to believe that he lives at the best place in the world, and his "claim may be allowed," nevertheless he will be a "green-horn" and a bigot if he doesn't get out now and then to see something of what the rest of the world are doing.

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For that Dandruff

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions.

the busy throng of a crowded city; the desert sands, the perennial meadows; the gardens of abiding summer time, the crest crowned peaks of perpetual snow; the leitering streams of the lowland, the rushing, mighty waters of the mountain gorges; the world at its poorest, the world at its greatest, the world at its best—these things, with books in broken doses, not only "maketh a ready man, a full man, an exact man," but a man of health and a wealth of good cheer—a broad man, a bright man, a gentleman.

On his last visit to his old home in Hannibal, Missouri, Mark Twain told the school children a story of a school boy, the truth of which it was hardly necessary for him to guarantee, though he did so.

"This boy," he said, "awoke one morning very ill. His groans alarmed the household. The doctor was sent for, and came post-haste. "Well," said the doctor, as he entered the sick room, "what is the trouble?" "A pain in my side," said the boy.

"Half an hour later the boy declared himself healed, and got up. Then they packed him off to school, for it was Friday, after all."

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