VOL. XXIII. New Series Vol. 11 .- 6-18

SCOTLAND NECK, N. C., THURSDAY, AUGUST 29, 1907.

Subscription Price \$1.00 Per Year.

NUMBER 34.

DO YOU GET UP WITH A LAME BACK?

Kidney Trouble Makes You Miserable.

Almost everybody who reads the newsknow of the wonderful cures made by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy. It is the great medical triumph of the nineeenth century; dis-

covered after years of scientific research by Dr. Kilmer, the eminent kidney and bladder specialist, and is wonderfully successful in promptly curing lame back, kidney, bladder, uric acid troubles and Bright's Disease, which is the worst

form of kidney trouble. Dr. Kilmer's Swamp-Root is not recommended for everything but if you have kid-Rey, liver or bladder trouble it will be found just the remedy you need. It has been tested in so many ways, in hospital work, in private practice, among the helpless too poor to purchase relief and has proved so successful in every case that a special arrangement has been made by which all readers of this paper who have not already tried it, may have a sample bottle sent free by mail, also a book telling more about Swamp-Root and how to and out if you have kidney or bladder trouble. When writing mention reading this generous offer in this paper and send your address to Dr. Kilmer & Co., Bing-hamton, N. Y. The

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THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

ANDREW CARNEGIE has made sufficient achievement in the world for his counsel to any class of persons to be valuable. But young men especially ought to be glad to listen to him, for he has

Carnegie to Young Men.

become a shining example in this age not only of financial success, but of philanthropy as well. He has not forgotten the moral side of life, and his observations on morals are full of good counsel and wisdom. He recognizes that liquor drinking is the curse of the age. Recently in an address to young men he said: "The first and most seductive peril, and the destroyer of most young men, is the drinking of liquor. I am no temperance lecturer in disguise, but a man who knows and tells you what observation has proved to him; and I say to you that you are more likely to fail in your career from acquiring the habit of drinking liquor than from any or all other temptations likely to assail you. You may yield to almost any other temptation and reform-may brace up. and, if you recover lost ground, at least remain in the race, and secure and maintain a respectable position."

THE two great mediums through which the world does business are money and confidence. Money is current value with every one for what is wanted or what is desired to be done, and confi-

dence is current value for the same things with all who exercise it and can afford it from a financial standpoint. Few people place the proper value on confidence, either that which they place in others or that which others place in them. So far as the world's transaction of business is concerned, more is done on the basis of confidence in some form or another than on the basis of cash. But apart from the financial consideration of confidence, people do not place the proper estimate upon it. Confidence sustained, everything will have a chance to move on well; but confidence lost, nothing can do so well. Every young person starting out on life's course should mark well the true and proper value of confidence. The young men or young women who begin to disregard things in early life in such way that confidence in what they say, propose or promise will be shaken, will sooner or later find that they made a great mistake when they first allowed themselves to fall into any error which would cause their confidence to be discounted. Many times engagements or promises which in themselves seem to indicate little whether kept or broken, prove to be an index of what may broaden in after life into great breaches of promise which may be fraught with fearful consequences. All persons should be careful about making engagements and promises, and when once made they should be kept, unless there is more virtue in the breaking than in the keeping. The latter proposition may sometimes be true, however paradoxical it may seem. Many a professional career is biighted in the life of one who promises well simply because some one has lost confidence in the word or the promise. With all confidence maintained amongst all people this world would be a different place, many a life would be multiplied into success a thousand times over. and many a home would be transformed into a scene of intense happiness instead of a humdrum and aimless inactivity. Oh, that all could be able to maintain the confidence to which every good and noble life is entitled. and with which every such life might doubly bless the world!

IT HAS been stated that Ole Bull, the great violinist, whose magic stroke held thousands more than spell-bound as they listened to the matchless strains of his music, had to practice constantly What an Editor Reads. to keep his skill equal to the demands upon it.

He has been quoted as saying that if he neglected his practice one day he felt it and realized it before an audience; if he neglected to practice two days in succession a skilled musician, like himself, could detect it; and if for three days in succession he neglected to practice, a general audience could detect it. An editor's experience is something like this to-day, as it Thom. relates to his reading. If he neglects to read pretty carefully and closely the news of the times day by day, he losses the connection of current events, and sensibly feels it when the moment comes for him to decide upon what to write for the next issue of his paper, whether it be a daily, a tri-weekly, a semi-weekly or a weekly. And if he does not read closely those who are skilled in the art of newspaper making, for it is an art in many respects; will soon discover his want of touch with the current events of the times. And if he is not careful to read about what is happening in news circles and what other editors and writers are saying, his read ers will soon feel that his paper is dull, perhaps without knowing the cause; and if this neglect is allowed to fasten itself upon the editor too long he will lose his readers, for they will turn to something more interesting. Few people, in a general way, have the faintest conception of the vast amount of reading an editor has to do in order to "keep in touch with the world," as we say; and no one who has not had close observation or experience in the work, has any conception of the "grind" there is in this reading. If you should peep into the editor's sanctum some sweltering hot day and see him rapidly opening and scanning the columns of his exchanges-papers and magazines-you would perhaps envy him his ease in the shade. Nine times out of ten he is as much fatigued as the man who has been following the plow or shoving the plane. And should you chance to peep into his study at his home some night when most men's work is over for the day you would think he is just revelling in ease, with his books on one side and his papers piled about him; but even then he perhaps pert." has just commenced a three hours' task of preparing copy for his printers with a tired brain and an aching brow, while most people are turning in to pleasant dreams and refreshing slumbers.

THE LIMIT OF LIFE.

The most eminent medical scientists are unanimous in the conclusion that the generally accepted limitation of ily," Wm. M. Dietz, editor and pubhuman life is many years below the lisher of the Otsego Journal, Gilbertsattainment possible with the advanced ville, N. Y., "is Dr. King's New Disgeneral State traffic. Is that so?" knowledg of which the race is now pos- covery. It has proved to be an infalsessed. The critical period, that de- lible cure for coughs and colds, making mean it costs more to stop a train at out exception during this hot weather, coffee disturbs your Stomach, your work as cheerily as you can. If you sessed. The critical period, that de- lible cure for coughs and colds, making mean it costs more to stop a train at out exception during this not weather, because it is hard for food, even in the work of the work of the work of the work of them. We short work of them. We short work of them. We short work of them in the way of others.—Selected. being fatal to longevity. Nature s oust helper after 50 is Electric Bitters, the scientific tonic medicine that revitalizes every organ of the body. Guarantizes every organ of the body. Guarantizes every organ of the body. Guarantizes every organ of the body. T. Whitehead & Co., Drugtes by E. T. Whitehead & Co.

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Scription known to Eding and Thioat diseases. Indigestion or Dyspepsia, stomach as much as possible by the use of a little Kodol For Indigestion and Dyspepsia, which will rest the stomach grains or each meal, and overcome the disagree-able trouble. It will improve the appearance by digesting the food itself. Sold by digesting the food itself. Sold by W. T. Teler bead & Co. gists. 50c

ENDORSED BY THE COUNTY.

"The most popular remedy in Otsego County, and the best friend of my fam- State, Mr. Evans was asked:

Mearing in New York.

The hearing of the Southern Railroad rate case is being held before special master, Judge W. A. Montgomery, in New York and some interesting features of railroad interest have been brought out. The following spicy paragraphs appeared in a dispatch to the Baltimore Sun:

George E. Evans, fourth division superintendent of the Louisville and Nashville Railway, the first witness of the day, testified that he began his railroad career as a telegraph operator and advanced through thirtysix years of hard work to his present position. The Southern's general counsel, Captain Thom, asked Mr. Evans whether he could testify as to the cost of operating a railroad as interstate as well as intrastate, and also a through-state line. Mr. Evans nodded in the affirmative, but James E. Sheppard, who appears in the interests of Governor Glenn and the State authorities, objected.

"The witness, I believe, has not yet qualified as an expert," said Mr. Shepherd, "and I want that answer stricken from the record."

The special master decided against the State, letting the answer go in, to the evident satisfaction of the

Southern's attorneys.

SAYS ROAD COULDN'T OPERATE. enforcement of the 2 1-4 cent a mile a pressing one, indeed, before I will rate, a road constructed so peculiarly ask a friend to lend me anything, would practically have to give up should lose my purse or get caught operations. The witness said it out in a hard rain, I should borrow "We'll sing this old familiar air, costs more for local traffic than to a car fare or an umbrella; or if I carry through traffic, corroborating should be taken with a pain in the 'All hail the power of Jesus' name the testimony of Mr. Barr, the midst of me when I had no one to Let angels prostrate fall." North Carolina lumber merchant, go for the pain-killer, I should ask who at one time was president of the one nearest to me for a remedy; the Seaboard Air Line.

jections to the following out of law neighbors. regarding passenger traffic in North Carolina to 21-4 cents a mile, Mr. Evans answered:

"On information I have received." "Be specific an tell us on what in-

"Don't you know," asked Mr. you know that the total earnings on article in a torn or soiled condition, all its lines in all States, when oper- or to crimp the measure. ating, were \$1.58 per train a mile, and don't you know that the total expense on all its lines was \$1.12 per

founded, and Captain Thom jumped to a fashionable refreshment place to his feet.

fact? I want that book," said Mr.

"You can't have it," said Mr. Justice, "and I will not be catechised

Mr. Justice was correct, then he night and wore it to a place of amusehimself was wrong earlier in the ment, just as though it were her own. day, when he said a 2 1-4 cent rate One woman made a practice of borwould bankrupt the Southern Rail- rowing a thimble every day for a

to give an expert opinion on all a thimble. Another sent over at bedmatters pertaining to railroading time on many evenings for a scuttle and to the Southern Railway Com- of coal to start the fire in the mornpany in particular?"

"I do," was the reply.

cars on short runs?"

At this the members of the State be returned. committee, with Mr. Justice, smiled,

Walter E. Daniels on behalf of the If you must borrow, do not abuse the

"You have said that local traffic service costs more to maintain than

Abuse of Borrowing.

(Southern Agriculturist.)

It is one thing to be neighbors, and another to be near-by dwellers who borrow. Of all the practices of a country neighborhood, I think that the greatest abuse to the habit of borrowing. And on certain streets, in intimate neighborhoods, in most towns the custom amounts to a positive evil. Solomon, the wise man, declares that "the borrower is ser- Are those my mother used to sing vant to the lender," and Shakespeare does not hesitate to advise against either being a borrower or a lender on the ground that borrowing dulls the edge of friendship and interferes with the proper management of domestic affairs. Think a minute, and you will agree with me that a borrowing neighbor is a nuisance. To be interrupted at all hours and when in the midst of any and all occupations by a voice at the door begging "And shall I fear to own his the loan of a cup full of this or a little piece of that, or the use of your scissors or your patterns or your And hearts that never throbbed with latest magazine, does not always put you in a pleasant frame of mind. And when it comes to borrowing a quarter or a dollar or five dollars, the test of friendship is strained. No matter how friendly we are, we don't like to be eternally called on for the use of our goods or our money. So, I say, the habit of borrowing is bad Mr. Evans then said that with the in the extreme. The need must be as the Southern in North Carolina even for a moment. I suppose if I but nothing short of an emergency Asked on what he based his ob- will induce me to borrow of my

I read in a paper the other day where some one was giving advice on this subject, and three rules were laid down for those who must borrow. They were these: First, do not formation," said E. J. Justice, who borrow unless it is absolutely neces- And up from many a bearded lip, is Speaker of the House of Represen- sary; second, return promptly; third, tatives of the State, and the witness return in as good condition as you frankly admitted that he could not receive. It is best to do without what you need until you can send to the store and buy; it is unkind and in-Justice, "that the gross earnings of excusable to keep others from the the Southern Railway last year from use of what belongs to them by keepoperating trains on all lines in North ing their property over time; and it Carolina were \$1.98 a mile, and don't is disgusting to return a borrowed

As examples of the borrowing neighbor, I will recite a few instances which have come under my knowledge. One young woman met an-Mr. Evans appeared to be dumb- other on the street and invited her for a treat. When the eatables and "Where does the counsel get the drinkables were disposed of she borrowed the price from her friend's purse, and that was the last mention ever made of the matter by the borrower. Another sent a servant to ask for a few minutes' inspection of ADMITTED HE WOULD BE MISTAKEN. a pretty hat just sent home from the Mr. Evans said if the statement by milliner's. She kept the hat over week, although it was known that "You still insist," said Mr. Justice, some of her family went to town 'that your experience entitles you every day and might have bought her ing. One invariably waited until she was all ready to make a cake before "Then tell us why, if I should ship seeing that she possessed the necesnardware to Greensboro, N. C., the sary ingredients; then had to borrow last 114 miles of the journey should something in a hurry. I know a girl not be cheaper than the first 114 who borrowed another's skirt to wear miles of this same journey, if, as you to a funeral, and kept it all winter say, longer hauls with full cars are and wore it out.

cheaper in operating than empty As to books-well, I grow wrathy when I begin to say what I think of "I can't answer that question, for people who borrow books. Some in-I don't want to sit here as an ex- dividuals seem to think a book common property, and therefore not to

If you are a borrower, my friend, the hands of others, take warning, gists. 25c. Cross-examined by State Senator and do not fall into the evil way.

"We never repent of eating too little," general State traffic. Is that so?"

"Yes;" was the reply, "and I mean it costs more to grow a train of the unit of the United States, and the rule applies to every one withthe blood is at high temperature. At this ly matched Old Java and Mocha Coffee

His Mother's Songs.

stat redrow

Beneath the hot midsummer sun The men had marched all day; And now beside a rippling stream Upon the grass they lay.

Tiring of games and idle jests,

As swept the hours along. They called to one who mused apart

"Come, friend, give us a song." 'I fear I cannot please." he said: "The only songs I know For me long years ago."

'Sing one of those," a rough voice cried, "There's none but true men here; longer distance. To every mother's son of us

A mother's songs are dear." Then sweetly rose the singer's voice Amid unwonted calm: "Am I a soldier of the cross,

A follower of the Lamb? cause?"

The very stream seemed stilled,

With tender thoughts were filled. Ended the song; the singer said, As to his feet he rose,

Thanks to you all, my friends; good God grant us sweet repose."

"Sing us one more," the captain begged The soldier bent his head. Then glancing 'round, with smiling

"You'll join with me?" he said.

Sweet as the bugle call. Ah! wondrous was the old tune's

As on the singer sang: Man after man fell into line, And loud the voices rang.

The songs are done, the camp is still Naught but the stream is heard But, ah! the depths of every soul By those old hymns are stirred,

In whispers soft and low, Rises the prayer the mother taught The boy long years ago.

Our Dnmb Animals. Over-Eating.

to the fuel which is burned. We county: eat in order to supply our bodies with "A \$100,000 cotton mill, located most cases than too little, for the Daniel, 50." best stomach, like the best furnace can be over-stocked, and when an excessive amount of food is taken, even if it be the proper kind, it clogs the system and bad results follow which may easily become serious. I verily believe that more ill-health comes from over-eating than overdrinking of intoxicants. I am leaving out the moral question entirely, for the gourmand does not become the moral degenerate that the drunkard does. No absolute rules of diet can be made to suit all conditions, as we are not all situated alike and what might be quite healthful for one might be wholly improper for another, and, moreover, various occupations require different foods. The purely brain worker needs something of a different diet from the outdoor laborer; the hearty woodchopper needs different rations entirely from the lawyer, the author, or the bank manager.

"REGULAR AS THE SUN"

is an expression as old as the race. No doubt the rising and setting of the sun suicide" agitation-another instance and the special master asked the let me insist that you be a careful is the most regular performance in the witness if he did not want to with- one, and return your neighbor's prop- universe, unless it is the action of the draw his earlier statement of being erty at the right time, and in proper liver and bowels when regulated with watches and patterns after the an expert, and Mr. Evans said, "No; condition. If you are a sufferer at teed by E. T. Whitehead & Co., drug- World.

> He married money, didn't he? He thought he was marrying take. Sold by E. T. Whitehead & Co.

North Carolina Expensive For Railroads.

New York August 17.-John M. Daley, of Chicago, an accountant, was a witness today before former Judge Montgomery, who has been appointed by Judge Pritchard, of North Carolina, to take testimony that will determine the constitutionality of the 2 1-4 cents Passenger Rate law of North Carolina.

Mr. Daley gave various figures showing the cost of running a railroad. He said it costs three times as much for local hauling trains over a direct one hundred mile stretch or a

Former Congressman Woodard. one of the representatives of the North Carolina Corporation Commission, cross-examined Mr. Daley, who said that North Carolina was one of the most expensive States in which to operate a railroad. He said there were few large cities in North Carolina, and, consequently, there was no very large volume of business either from freight or passenger

standpoints. Mr. Daley said that in Illinois, 80,-000 pounds of grain or 100,000 pounds of coal were loaded on a car, while in North Carloina 1,600 pounds of tobacco constituted a car load. The witness said he thought about 70 per cent. of railroad business in North Carolina was in hauling lumber.

Pearls At Panacea Springs.

The Enfield Ledger of last week said:

"The county read hands have been employed at Panacea Springs some days and recently while opening a ditch leading from the spring Mr. Cal Braswell noticed a mussel shell and decided to open it to look for pearls. Upon doing so he found seven small pearls inside. Others were opened as they were dug up and other pearls of considerable size were found. Some of the pearls have been sent to Tiffany, New York to polish and appraise. The stream below the springs is said to contain many mussel shells and if the pearls found are of sufficient value Dr. Harris, the owner of the land, will have it systematically work-

Weldon's \$100,000 Cotton Mill.

Friday's Raleigh Evening Times The stomach may justly be com- gave the following item of news, pared to a furnace and foods we eat which will interest all of Halifax

nourishment, or in other words, to at Weldon, was chartered today, the nake blood, as that is the life-giving name of the corporation to be known fluid; hence the quality of our blood as the Shaw Cotton Mills. This condepends upon the kinds of food we cern, besides manufacturing cotton eat and their proper digestion. The goods, may manufacture wool, silk, stomach should be quite as carefully hemp or other fibre substance. The ruarded as the furnace, not only as corporation may begin business with to the kinds of food used but the \$25,000, which has been subscribed quantities as well. There is much by W. T. Shaw, 50 shares; W. A. greater danger of eating too much in Pierce, 100; A. C. House, 50; W. E.

205 Wood's Grass and Clover Seeds. Best Qualities Obtainable and

of Tested Germination. Fall is the best time for sowing. You rest and improve your land, and rest yourself, by putting fields

down in permanent grasses and Write for Wood's Descriptive Fall Catalogue, telling best kinds to sow, quantities to sow per acre, and giving full information about

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The Largest Seed House In The South.

Berlin reformers now have a "race of how closely Imperial Germany

DeWitt's Little Early Risers don't sicken or gripe. Small Pills, easy to

money, he merely married something It is the cheery worker that suc else that talks.-Philadelphia Press. ceeds. No one can do his best, or

the body during tims uccan can believe it to be the most valuable pretoo strongly urged; carelessness then
too strongly urged; carelessness then
being ital to longevity. Nature's best
being ital to longevity. Nature's best
being ital to longevity. The scription known for Lung and Throat
being ital to longevity. Shoop's Health Coffee Imitation is
to be the most valuable preseason we should eat sparingly and in flavor and taste, yet it has not a
properly. We should also help the
sour stomach, Indigestion or Dyspepsia,
stomach as much as possible by the use.
Shoop's Health Coffee Imitation is