

# Home Treatment

J-20

## A Negro on Negro Labor.

(Charleston News and Courier.)  
The negro labor problem is accurately and fully described in a private letter received from a gentleman who lives in a South Carolina village not far from Charleston. In this village dwells a negro carpenter, who is a friend to the "white folks." He is a hard-working man, owns his home and two or three cabins, which he leases to members of his race. In his building operations he employs two or three other negroes. A month ago Sam was making some repairs about the house of our friend and we quote from the letter of the former:

"Sam—has been doing some work for me. I asked him why it was that we could not hire a negro at all. He replied that it was because wages were so high, that any kind of negro could earn a dollar a day now and that \$3, or the money received for three days' work, was about as much as any of them cared to have in a week. 'Most of that,' said Sam, 'goes for whiskey. The only way to make them work all the time is to put up the price of whiskey to \$1 a drink.'"

"Then Sam illustrated with this anecdote: 'Three years ago a negro jack-leg carpenter was working for me at 75 cents a day when his wife died, and he begged me to advance him three dollars, promising to work it out. At the end of the week I owed him \$1.50, and was about to pay him \$1.50, taking out the \$3, when he said that it did not suit him to pay the debt, and that he would pay me ten cents a week interest on the dollar if I would give him more time. The following week he offered to do the same thing, though I advised him against it. He didn't take the advice and I deducted the 30 cents. Since then wages has gone up and I now pay this man \$1.40 a day, or \$8.40 a week, but he still owes me the three dollars, and I deduct thirty cents a day. He does not work for me steadily by any means, but does enough work to pay me about \$3 a year in interest.'"

Our friend adds: "It has never entered Sam's mind that he is a usurer. He is an honest man, according to his lights, is perfectly trustworthy, observes his obligations and stands by his friends. He merely condemns the other negro for being 'so no account.'"

This story is merely corroborative of what The News and Courier has often said about the negro labor question in the South, but we think it is interesting as showing the relation of the ambitious, shrewd and industrious negro to his race. "Sam" may be able to write his name, but he was born a slave and is not an educated negro. Moreover, notwithstanding his unscrupulous practice of usury, he is a "desirable citizen," if negro is. We vouch unqualifiedly for the truth of the tale.

## BADLY MIXED UP.

Abraham Brown, of Winterton, N. Y., had a very remarkable experience; he says: "Doctors got badly mixed up over me; one said heart disease; two called it kidney trouble; the fourth, blood poison; and the fifth stomach and liver trouble; but none of them helped me; so my wife advised trying Electric Bitters, which are restoring me to perfect health. One bottle did me more good than all the five doctors prescribed." Guaranteed to cure blood poison, weakness and all stomach, liver and kidney complaints, by E. T. Whitehead & Co., druggist, 50c.

Jennie—She's horrid. That Wilson girl has been saying that I paint, Clara—Don't you care. If she had your complexion, maybe she'd paint too.—St. Joseph News-Press.

Bees Laxative Cough Syrup for coughs, colds, croup and whooping cough grows in favor daily with young and old. Mothers should keep it on hand for children. It is prompt relief to croup. It is gently laxative, driving the poison and phlegm from the system. It is a simple remedy that gives immediate relief, guaranteed. Sold by E. T. Whitehead & Co.

Senator Tillman says that he believes the President to be a patriot. What would the Senator say about him, we wonder, if he thought him a scoundrel.

Trial Catarrh treatments are being mailed out free, on request, by Dr. Shoop, Racine, Wis. These tests are proving to the people—without a penny's cost—the great value of this scientific prescription known to druggists everywhere as Dr. Shoop's Catarrh Remedy. Sold by A. C. Peterson.

You naturally would prefer to treat yourself at home, for any form of female trouble, wouldn't you? Well, it can be done. No reason why you should not be able to relieve or cure your suffering, as thousands of other women have done, by proper use of the Cardui Home Treatment. Begin by taking

# Wine of Cardui

the well-known female tonic. For sale at all drug stores.

Joe Moorhead, of Archibald, I. T., writes: "My wife had suffered for years from female trouble. On your advice, I gave her the Cardui Home Treatment, and now she hardly suffers at all." Sold by druggists.

## WRITE US A LETTER

Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, state your age, and reply will be sent in plain sealed envelope. Address: Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

## The Habit of Kindness.

(Success Magazine.)  
A large part of our unkindness is sheer thoughtlessness. Few people mean to be unkind. In fact, most people are kindly disposed toward others, and would be glad to help them; but they simply do not think. They are so intent upon their own affairs, their minds are so focused upon themselves that all thought of others or their needs are crowded out.

There is no other thing which will give greater satisfaction than the forming of a kindly habit, the habit of holding a kindly spirit toward everybody, and of cheering and encouraging others.

If we persist in this habit it will drive out all petty little jealousies, all moroseness and gloom, envy and selfishness, everything that would seriously mar our lives.

If we hold the right mental attitude, sow the right mental seeds, sow the right thoughts, we should get the right habits.

What a splendid opening there is in the cheering up business for all sorts of people! Everybody ought to be in it, and especially at Christmas time. It is the grandest occupation in the world. See what a harvest it brings of satisfaction, joy, and helpfulness!

In addition to all this, it is a real money-maker, for it increases one's power of efficiency wonderfully. It keeps life's machinery lubricated so that it runs more harmoniously and consequently can turn out a great increase of product.

How many good things this kindly spirit brings to us, and how many unpleasant things it keeps away from us!

No efforts we ever make can bring such splendid returns as the endeavor to scatter flowers as we go along, to plant roses instead of thorns; no investment will pay such fat dividends, as the firm effort put into kind words and kindly acts, the effort to radiate a kindly spirit toward every living creature.

Do not be discouraged, even if the people you try to help and encourage are ungrateful and unresponsive. You will be enlarged by your own shining, by your efforts to help others, just as the life of the one who loves is always enriched, even if the love is not appreciated or returned. Such efforts can never be lost, no matter how coldly they may be received. No one can honestly try to help another in vain. He is sure to be a larger, richer man himself for the effort.

## A REAL WONDERLAND.

South Dakota, with its rich silver mines, banana farms, wide ranges and strange natural formations, is a veritable wonderland. At Mount City, in the home of Mrs. E. D. Clapp, a wonderful case of healing has lately occurred. Her son seemed near death with lung and throat trouble. "Exhausting coughing spells occurred every five minutes," writes Mrs. Clapp, "when I began giving Dr. King's New Discovery, the great medicine that saved his life and completely cured him." Guaranteed for coughs and colds, throat and lung troubles, by E. T. Whitehead & Co., druggists, 50c and \$1.00. Trial bottle free.

What's the use of telling the man without a dollar, to do his Christmas shopping now.

It is very important and in fact it is absolutely necessary to health that we give relief to the stomach promptly at the first signs of trouble—which are belching of gas, nausea, sour stomach, headache, irritability and nervousness. These are warnings that the stomach has been mistreated; it is doing too much work and it is demanding help from you. Take something once in a while, especially after meals—something like KODOL FOR DYSPEPSIA AND INDIGESTION. It will enable your stomach to do its work properly. Sold by E. T. Whitehead & Co.

Mr. Bryan has "a fair field" for the fight and we expect he is in "fine trim" for it.

Don't let the baby suffer from eczema, sores or any itching of the skin. Doan's Ointment gives instant relief, cures quickly. Perfectly safe for children. All druggists sell it.

The high price of eggs is a blessing in disguise to some of the Congressional orators.

Everybody loves our baby, rosy sweet and warm. With kissy places on her neck and dimples on her arms. Once she was so thin and cross, used to cry with pain. Mother gave her Cascasweet, now she's well again. Sold by E. T. Whitehead & Co.

## Are we too Particular.

The overparticular housekeeper should not be too severe in keeping the house in order. Let it be kept clean and orderly, so that no one will suffer discomfort for lack of these things; but it has been observed that "a home is not rightly governed and quite falls in its true mission when conducted in a spirit of combat, even against dirt.

"Cleanliness does not stand next to godliness when gained at a constant expense of nerves and labor, at the cost of every other comfort."

## SPECIAL ANNOUNCEMENT REGARDING THE NATIONAL PURE FOOD AND DRUG LAW.

We are pleased to announce that Foley's Honey and Tar for coughs, colds and lung troubles is not affected by the National Pure Food and Drug Law as it contains no opiates or other harmful drugs, and we recommend it as a safe remedy for children and adults. E. T. Whitehead & Co.

The Grand Duke Constantine of Russia is said to be the most cultured Romanoff now living.

## A CARD.

This is to certify that all druggists are authorized to refund your money if Foley's Honey and Tar fails to cure your cough or cold. It stops the cough, heals the lungs and prevents serious results from a cold. Cure the grippe, coughs and prevents pneumonia and consumption. Contains no opiates. The genuine is in a yellow package. Refuse substitutes. E. T. Whitehead & Co.

Recently the Victorian railway authorities received 5,000 applications for seven hundred vacancies.

If a cold once gets into your system it acts on every muscle and fibre of the body and makes you ache all over. It especially affects the intestines and makes you constipated, so in order to get rid of a cold thoroughly and without delay you should not take anything that will tend to constipate. Kennedy's Laxative Cough Syrup acts upon the bowels and thereby drives the cold out of the system. It contains no opiates—it is pleasant to take and is highly recommended for children. Sold by E. T. Whitehead & Co.

An agitation is being promoted in South Africa to hold a pageant in Cape Colony next.

Do you have backache occasionally, or "stitches" in the side, and sometimes do you feel all tired out, without ambition and without energy? If so, your kidneys are out of order. Take DeWitt's Kidney and Bladder Pills. They promptly relieve backache, weak back, inflammation of the bladder and weak kidneys. Sold by E. T. Whitehead & Co.

Every few days we have a mine explosion that is worse than the War with Spain.

**DISTURBED THE CONGREGATION**  
The person who disturbed the congregation last Sunday by continually coughing is requested to buy a bottle of Foley's Honey and Tar. E. T. Whitehead & Co.

Food commodities in Belgium have risen twenty per cent.

**HOW TO AVOID PNEUMONIA.**  
You can avoid pneumonia and other serious results from a cold by taking Foley's Honey and Tar. It stops the cough and expels the cold from the system as it is mildly laxative. Refuse any but the genuine in the yellow package. E. T. Whitehead & Co.

Australian jewelers rent engagement rings to their customers.

**AN INSIDIOUS CANCER**  
One of the worst features of kidney trouble is that it is an insidious disease and before the victim realizes his danger he may have a fatal malady. Take Foley's Kidney Cure at the first sign of trouble as it corrects irregularities and prevents Bright's disease and diabetes. E. T. Whitehead & Co.

These compromises show that the rate legislation was hasty.

"Had dyspepsia or indigestion for years. No appetite, and what I did eat distressed me terribly. Burdock Blood Bitters cured me."—J. H. Walker, Sunbury, Ohio.

Well, it's never too late to shop some more—within business hours.

Constipation causes headache, nausea, dizziness, languor, heart palpitation. Drastic physics gripe, sicken, weaken the bowels and don't cure. Doan's Regulents act gently and cure constipation. 25 cents. Ask your druggist.

Santa Claus offers the only sure get-rich-quick scheme.

Never can tell when you'll mash a finger or suffer a cut, bruise, burn or scald. Be prepared. Dr. Thomas' Electric Oil instantly relieves the pain—quickly cures the wound.

## A New Anaesthetic.

New York, Dec. 16.—Announcement of the discovery of a new anaesthetic according to The American to-day, will soon be made by the Rockefeller Institute for Medical Research.

The new anaesthetic is nothing else than plain, common Epson salts, or to give its scientific name, sulphate of magnesia. It was discovered by Dr. Samuel J. Meltzer, one of the Rockefeller experimenters. Its greatest value is that it permits any sort of an operation without any danger to the heart of the patient.

Either local or general anaesthesia, it is said, may be produced by the injection of a 20 per cent. solution of the familiar drug into the nerve tract governing the sensations of the part to be operated upon.

## HERE'S GOOD ADVICE.

O. S. Woolver, one of the best known merchants of Le Raysville, N. Y., says: "If you are ever troubled with piles apply Bucklen's Arica Salve. It cured me of them for good 20 years ago." Cures every sore, wound, burn or abrasion. 25c. at E. T. Whitehead & Co.'s drug store.

Mrs. Knag (viewing house)—Oh, how beautiful! The magnificent view makes me perfectly speechless! Mr. Knag—I'll buy the house.—St. Louis Times.

Its virtues have been known for years, and thousands of people have been made happy and well by taking Hollister's Rocky Mountain Tea. Keeps you well and makes you weller. 35c. Tea or Tablets. E. T. Whitehead & Co.

Discouraging—"Why do babies cry anyway?" "Don't you think a sight of the finished product is enough to make them weep?"—Nashville American.

A Ring's Dyspepsia Tablet after each meal overcomes indigestion, dyspepsia and other stomach ills. Two days' treatment free. Ask our dealer. Sold by E. T. Whitehead & Co.

Bill—Is it true that heat ascends? Jill—Oh, Yes; that is why so many hot-headed men get cold feet.—Yonker's Statesman.

No need to fear coughs and colds this year as you can obtain Bees Laxative Cough Syrup now from your dealer. This is good news to mothers who fear croup and whooping cough. It is a gentle laxative that expels the poison from the system in the natural way. Cuts the phlegm and clears the head. Guaranteed. Sold by E. T. Whitehead & Co.

A true friend is one who never lets on he doesn't believe you know what you are talking about.—Washington Post.

The clock ticks and ticks the time away. Shortening up our lives each day. Eat, drink, and be merry. For some day you will be where There is no Rocky Mountain Tea. Free sample at E. T. Whitehead & Co.'s drug store.

Jones—What are you going to give your wife for a Christmas present? Brown—She hasn't told me yet.—Judge.

To stop that pain in the back, that stiffness of the joints and muscles, take Pinules. They are guaranteed. Don't suffer from rheumatism, backache, kidney trouble, when you get 30 days' treatment for \$1.00. A single dose at bedtime proves their merit. Get them to-day. Sold by E. T. Whitehead & Co.

"May Providence be with this Congress," prayed the blind chaplain. Well, strangers are frequently admitted.

A marvellous preparation containing the most healing ingredients. Hollister's Rocky Mountain Tea relieves when all else has failed. 35c. Tea or Tablets. E. T. Whitehead & Co.

San Francisco has tackled the "prize fight trust" and is about to deliver a knock-out.

Steps itching instantly. Cures piles, eczema, salt rheum, tetter, itch, hives, herpes, scabies—Doan's Ointment. At any drug store.

The poker chip that refuses to stack anywhere except in front of the other fellow, ought to be abolished.

**HOW TO AVOID APPENDICITIS**  
Most victims of appendicitis are those who are habitually constipated. Orino Laxative Fruit Syrup cures chronic constipation by stimulating the liver and bowels and restores the natural action of the bowels. Orino Laxative Fruit Syrup does not nauseate or gripe and is mild and pleasant to take. Refuse substitutes. E. T. Whitehead & Co.

## Breaking a Habit.

(Morning Star.)  
As the season for "turning over" that new leaf is approaching we are reminded of a good story.

It is about an English clergyman who offered a prize to the boy in his Sunday School who would write the best composition in five minutes, on the subject, "How to overcome a habit."

At the expiration of the five minutes the compositions were read. The prize went to a lad of nine years. His essay was as follows:

"Well, sir, habit is hard to overcome. If you take off the first letter, it does not change 'a bit.' If you take off another, you still have a 'bit' left. If you take off still another, the whole of 'it' remains. If you take off another, it is wholly used up; all of which goes to show that if you want to get rid of habit you must throw it off altogether."

The finest Coffee Substitute ever made, has recently been produced by Dr. Shoop, of Racine, Wis. You don't have to boil it twenty or thirty minutes. "Made in a minute," says the doctor. "Health Coffee" is really the closest Coffee Imitation ever yet produced. Not a grain of real Coffee in it either. Health Coffee Imitation is made from pure toasted cereals or grains, with malt, nuts, etc. Really it would fool an expert—we're he to unknowingly drink it for Coffee. W. T. Tyler.

"I hope," said the young orator, "that my speeches make people yearn for better things."

"They do," answered the relentless critic. "They make me yearn to be at home, asleep."—Washington Star.

It will be unnecessary for you to go through a painful, expensive operation for Piles if you use Man-Zan. Put up in a collapsible tube with nozzle, ready to apply to the soreness and inflammation. For any form of Piles, price, 50c, guaranteed. Sold by E. T. Whitehead & Co.

Nodd—What does this money stringency mean, anyway?  
Todd—Why, the thing has simply spread from me to the whole country.—Life

"I trust this may be read by many sufferers from Kidney and Bladder trouble," writes Mrs. Joe King, of Woodland, Tex. "I suffered four years and could find nothing to give even temporary relief. Our druggist at last induced me to try your 80 days' treatment of Pinules for \$1. This one bottle has cured me and money could not buy the value it has been to me. Guaranteed. Sold by E. T. Whitehead & Co.

"It's horrid tell," said Uncle Eben "dat politics makes strange bed fellows. An' it sho am a powerful struggle foh de possession of de kivers!"—Washington Star.

A tickling cough, from any cause, is quickly stopped by Dr. Shoop's Cough Cure. And it is so thoroughly harmless and safe, that Dr. Shoop tells mothers everywhere to give it without hesitation even to very young babies. The wholesome green leaves and tender stems of a lung-healing mountain shrub, furnish the curative properties to Dr. Shoop's Cough Cure. It calms the coughs, and heals the sore and sensitive bronchial membranes. No opium, no chloroform, nothing harsh used to injure or suppress. Simply a resinous plant extract, that helps to heal aching lungs. The Spaniards call this shrub which the Doctor uses, "The Sacred Herb." Demand Dr. Shoop's. Take no other. A. C. Peterson.

**HOLLISTER'S Rocky Mountain Tea Nuggets**  
A Best Medicine for Busy People. Bring Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Itch, Headache, Bad Breath, Stomach Bowels, Headache of Backache. It's Rocky Mountain Tea in tablet form. 25c a box. Genuine made by Hollister, Hano Cochrane, Madison, Wis. GOLDEN NUGGETS FOR SALLGW PEOPLE

## Weak Kidneys

Weak Kidneys, surely point to weak Kidney Nerves. The Kidneys, like the Heart, and the Stomach, find their weakness, not in the organ itself, but in the nerves that control and guide and strengthen them. Dr. Shoop's Restorative is a medicine specifically prepared to reach these controlling nerves. To doctor the Kidneys alone, is futile. It is a waste of time, and of money as well. If your back aches or is weak, if the urine is pale, or if dark and strong, if you have symptoms of Bright's or other distressing or dangerous kidney disease, try Dr. Shoop's Restorative mouth-Tablets or Liquid—and see what it can and will do for you. Druggist recommended and sold.

## Dr. Shoop's Restorative

A. C. PETERSON.

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We pay the Freight, and Guarantee Safe Delivery.

Largest Stock in the South. Illustrated Catalogue Free.

The Couper Marble Works, (Established 1848.)

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## Why Refer to Doctors

Because we make medicines for them. We tell them all about Ayer's Cherry Pectoral, and they prescribe it for coughs, colds, bronchitis, consumption. They trust it. Then you can afford to trust it. Ask your own doctor.

The best kind of a testimonial—  
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of **SARSAPARILLA, PILLS, HILL VIGOR.** We have no secrets! We publish the formulae of all our medicines.

Ayer's Pills greatly aid the Cherry Pectoral in breaking up a cold.

## Dr. J. E. Masrow



Corrects all defects of the EYE that Glasses will remedy.

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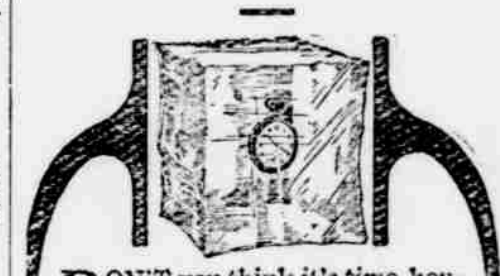
## POSTED.

**POCOSIN LAND.**

All persons are hereby forbidden, under penalty of the law, to Hunt, Trap, Fish or Trespass in any form or manner whatsoever on my land known as the "Pocosin Land," containing about 1200 acres, and bounded as follows: By the land of Chas. Pender, C. W. Albertson, the river road from Spring Hill to Edwards' Ferry, the land of O. K. Moore (known as the Ben Smith land) and the Chas. Turner place. Let it be understood that this notice applies to all persons, friend and foe alike.

S. B. KITCHIN.  
11-28-6t

## The South Bend Watch!



DON'T you think it's time, honestly, to relegate the watch you now carry to the attic along with the other heirlooms and get a watch that you can depend on to meet the conditions of the life you lead? We wish you would call and see our line of beautiful South Bend Watches. The South Bend Watch is sold on what it will do for you, not on the strength of a reputation of a bygone past. We will gladly show you the economy of buying a South Bend Watch if you will ask us. We guarantee them to be satisfactory. Factory time-keepers. Re-member, the South Bend Watch frozen in ice still keeps perfect time.

Don't forget we carry a full line of other watches, jewelry, silverware and cut glass the year round.

Valuable Christmas Presents.

**E. T. Whitehead & Company**  
H. W. MIXON, Mgr.  
Scotland Neck, North Carolina.



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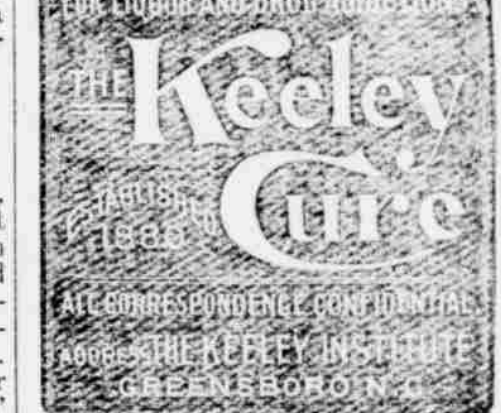
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THE ORIGINAL LAXATIVE COUGH SYRUP

Best for Coughs, Croup, Whooping Cough, Etc.

**BEES LAXATIVE**

No Opiates, Conforms to National Pure Food and Drug Law.

CONTAINING HONEY AND TAR

All cough syrups containing opiates constipate the bowels. Bee's Laxative Honey and Tar moves the bowels and contains no opiates.

Sold by E. T. Whitehead & Co.

## SEEDS.

We have a full line of field seed, such as:

Clover, Timothy, Orchard Grass, Seed Oats of all kinds, Seed Wheat, Seed Rye, etc.

Also sell feed, and poultry supplies. Write us for samples.

**A. R. SAVAGE & SON,**  
Seedsmen

Richmond, Virginia.

**HUDSON'S**

## English Kitchen,

On American and European Plan.

Established 1890.

A nice Roast Beef Dinner for 25c.  
Fish, Oysters and Crabs in season.  
We also have a few nicely furnished rooms for our patrons.  
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