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E. E. HILLIARD, Editor and Proprietor. "Excelsior" is Our Motto. Subscription Price $1.00 Per Year.

VOL. XXIV. New Series Vol. 11.--6-18 SCOTLAND NECK, N. C., THURSDAY, JANUARY 9, 1908. NUMBER 1.

Thousands Have Kidney Trouble and Never Suspect It.

Prevalency of Kidney Disease.

Most people do not realize the alarming increase and remarkable prevalency of kidney disease. While kidney disorders are the most common diseases that prevail, they are almost the last recognized by patient and physicians, *who constant themselves with doctoring the effects*, while the *only back of them* undermines the system.

What To Do.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. Its mild and the extraordinary effect of **Swamp-Root** is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in fifty-cent and one-dollar sizes.

You may have a sample bottle and a book that tells all about it, both sent free by mail. Address Dr. Kilmer & Co., Binghamton, N. Y. When Remember writing mention this paper and don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y.

L. R. MILLS
LAND SURVEYOR
Scotland Neck, N. C.
B-28-tf

O. F. SMITH, M. D.
PHYSICIAN AND SURGEON,
Scotland Neck, N. C.
Office in the New Bank Building.

DR. J. P. WIMBERLEY,
PHYSICIAN AND SURGEON,
Scotland Neck, N. C.
Office on Depot Street.

DR. A. C. LIVERMON,
DENTIST.
Office up stairs in Whitehead Building.
Office hours from 9 to 1 o'clock and 2 to 5 o'clock.

H. W. MIXON,
REFRACTING OPTICIAN,
Watch Maker, Jeweler, Engraver,
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ATTORNEY AND COUNSELOR AT LAW,
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ATTORNEY AND COUNSELOR AT LAW,
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Money Loaned on Farm Lands

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GENERAL INSURANCE AGENT,
Scotland Neck, N. C.

PARKER'S HAIR BALSAM
Cleanses and beautifies the hair. Promotes a luxuriant growth. Never Fails to Restore Gray Hair to its Youthful Color. Cures scalp diseases & hair falling. 50c and $1.00 at Druggists.

Day & Hedges,
Livery
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Tarboro, North Carolina

KILL THE COUGH AND CURE THE LUNGS
WITH Dr. King's New Discovery
FOR COUGHS COLDS
PRICE 50c & $1.00. Trial Bottle Free
AND ALL THROAT AND LUNG TROUBLES.
GUARANTEED SATISFACTORY OR MONEY REFUNDED.

BINGS DYSPEPSIA TABLETS
Relieve Indigestion and Stomach Troubles.

THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

THE old year has closed and the advance into the new year has begun in real earnest. Some have started out on the work of the new year with the effect of good success during the year which has just closed, while others have started with depression that comes from failure. But all have started again; and whatever has been the result of last year's efforts the new year must stand for itself. We need not look back upon the old year for any special help, neither need we fear in the new year any particular hindrance from the old year. Horace's "Carpe diem"—seize the opportunity—is the only true motto for any time, and those who act well upon that principle will soon lose sight of disappointments or elations from last year's experience and will be engrossed with the things immediately at hand. Already plans are laid and a good stride has been taken to prosecute the plans for 1908, and here's to the best for one and all in every good work that may engage our energies. Starting out in earnest and looking ahead for something better, we may hope for much before another year shall close. Good will and the true fellowship that will keep every man in the best attitude towards others are a mighty force for bringing great and good things to pass. Let us hope that such may obtain amongst us all through the year that lies ahead of us.

Starting Again.

DURING the past three months, one fourth of the year just closed, the people of this country have talked hard times more than anything else. To be sure, the money stringency, frequently called a "panic," but with less application than many think, has caused many people to become financially depressed and embarrassed; but many a man has chimed in with the talk of hard times who really did not know what it meant. It is easy to fall into the habit of thinking as others think and talking as others talk. Talk has always been cheap and still is cheap. And while many people have really suffered in the press of sure enough hard times, it may be that many others have taken advantage of such conditions to hold on to what they should turn loose. When we are passing through a season like this, which by most people is called "hard times," it is difficult for many to meet their financial obligations but some dodge behind the cry of hard times and refuse to pay debts when they could pay them easily enough without any regard to the hard times. This is very wrong. The truth is, at a time like this every man who can do so should pay his obligations in order that others may have the money he turns loose with which to pay their bills and accounts also. To dodge behind hard is another way of putting off your creditors with a plea that is not really true and with a motive that is not really honest. The better and braver thing is to strive with all one's might to forget "hard times," be grateful for what is at hand and make the best of it. By all means at a time like this, let us all be honest with ourselves and with each other.

Hiding Behind "Hard Times."

ON the first day of January electric power was transmitted from Buckhorn Falls on Cape Fear river to Fayetteville, a distance of thirty-five miles. This shows considerable development in that part of the State and is a precursor of greater things. The Fayetteville Observer's first paragraph concerning the occasion says: "January the first, 1908, and the Buckhorn electric power is actually being transmitted to Fayetteville, as promised by Mr. Eugene Maxwell, the Manager of the Phoenix Construction Company, the name under which the big power plant at Buckhorn Falls has been constructed. Very little ceremony attended this momentous event in the history of Fayetteville. A few prominent citizens, by invitation, were gathered in the distributing house, which is situated on Winslow street, near the silk mills, when Mr. Egbert Douglas, a representative of the power company, 'phoned Mr. Maxwell, who was at Buckhorn, that all was ready. Mr. Maxwell gave the word of command for the three great wheels to be set in motion, and in a few minutes, and at exactly 10 o'clock Mr. Douglas threw on a switch. At once the building was brilliantly lighted with a number of incandescent lights, and a little motor engine was set in motion, these being visible signs of the tremendous power, enough to run all the machinery in Fayetville and more, that was being sent from Buckhorn, 35 miles away, with a voltage strength of 60,000."

Electric Power to Fayetteville.

IN the midst of what pessimists often call a wicked and perverse generation, it is refreshing to find many who believe in the trend of humanity for better things. This is well and truthfully set forth in the following from the Charlotte News: "At some period or other in every man's life there comes a call for better things. A 'still small voice' whispers and some reform or other is suggested. Nor does man ever reach a plane so low as to escape the voice of this monitor of Conscience. If the call is hearkened unto the result is that some resolution is made, either quietly with one's self or proclaimed aloud. But the man who refuses to act upon the suggestion of his soul's monitor then and there resolves to remain as he is, spurns the call to a betterment of himself and this is what we speak of as a bad resolution. Every person either resolves to change, to reform, to turn about, or to stand still. The new year season is considered the time when this change, broadly spoken of as "reform," takes place, but the call of the inner man may come as well at any other time. With most of us it is an ever present influence,—an omni-present voice inviting us upward, and onward. Sometimes it is spoken of as hope, but by whatever name it may be called it is the same subtle appeal to the will, to the conscience, to change about, to do things, to be something worth while! If you have followed us in the above, you must realize, then, that the matter is not one for jest, but of sternest reality, holding as it does the destiny of each individual in its settlement. Then let us make resolutions. Let us quietly or publicly determine to build up rather than deteriorate; to act rather than loaf away existence; to succeed rather than fail!"

Something Better.

If a cold once gets into your system it acts on every muscle and fibre of the body and makes you ache all over. It especially affects the intestines and makes you constipated, so in order to get rid of a cold thoroughly and without delay you should not take anything that will tend to constipate. Kennedy's Laxative Cough Syrup acts upon the bowels and thereby drives the cold out of the system. It contains no opiates—it is pleasant to take and is highly recommended for children. Sold by E. T. Whitehead & Co.

The finest Coffee Substitute ever made, has recently been produced by Dr. Shoop, of Racine, Wis. You don't have to boil it twenty or thirty minutes. "Made in a minute," says the doctor. "Health Coffee" is really the closest Coffee Imitation ever yet produced. Not a grain of real Coffee in it either. Health Coffee Imitation is made from pure toasted cereals or grains, with malt, nuts, etc. Really it would fool an expert—were he to unknowingly drink it for Coffee. W. T. Tyler.

A Sign Board.

(By Request.)

I will piant you a sign board, rumseller,
And hang it above your door,
A truer and better sign board
Than ever you had before.
I will paint with the skill of a master,
And many shall pause to see
This wonderful peice of painting,
So like the reality.

I will paint yourself, rumseller,
As you wait for that fair young boy,
Just in the morn of manhood,
A mother's pride and joy.
He has no thought of stopping,
But you greet him with a smile,
And you seem so gay and friendly
That he pauses to chat awhile.

I will paint you again, rumseller,
I will paint you as you stand,
Holding a glass of liquor,
Sparkling in either hand.
He wavers; but you urge him—
"Drink! pledge me just this one,"
And he lifts the glass and drains it,
And the hellish work is done.

And next I will paint a drunkard,
Only a year has flown,
But into this loathsome creature
The fair young boy has grown.
The work was sure and rapid,
I will paint him as he lies
In deathlike drunken slumber,
Under the wintry skies.

I will paint the form of the mother,
As she kneels at her darling's side;
Her beautiful boy who was dearer
Than all the world beside.
I will paint the shape of coffin,
And label it one word—lost,
I will paint all this, rumseller,
I will paint it free of cost.

The sin and the shame and the sorrow,
The crime and the want and the woe,
That were born there in your rum-shop,
No hand can paint, you know.
But I will paint you a sign, rumseller.
And many shall pause to view
That wonderful swinging sign board,
So terribly, fearfully true.

If I Were A Boy.

(Bishop Vincent.)

If I were a boy I should put no unclean thoughts, pictures, sights or stories in my imagination, and no loud words on my tongue.

I should treat little folks kindly, and not tease them; show respect to servants; be tender toward the unfortunate—all of this I should strive to do for the sake of being a comfort to people, a joy to my parents, and a help to the next century.

If I were a boy I should play and romp, sing and shout, climb trees, explore caves, swim rivers and be able to do all the manly things that belong to manly sports; love and study nature; travel as widely and observe as wisely as I could; study hard with a will when the time came for study; read the very best literature—work of the imagination, history, science, and art according to my taste and need; get a good knowledge of English; try to speak accurately and distinctly; go to college even if I expected to be a clerk, a farmer, or a machanic; spend my Sabbaths reverently; try to be a practical every-day Christian; help on every good cause; never make sport of sacred things; be "about my Father's business," like the boy of Nazereth; "use the world and not abuse it;" treat old men as fathers, "the young men as brethern, the elder women as mothers, the yonger as sisters, with all purity," and thus I would try to be a Christian gentleman, wholesome, sensible, cheerful, independent, courteous.

Two Kinds of Girls.

(Exchange.)

"There are two kinds of girls in the world," says somebody, "the girl who works and the girl who gads." Commend us to the former. Work lends dignity to a pretty girl—is an added charm to her. The girl who works—God bless her—combines the useful and the ornamental. She might gad about or roll on sofas, but she prefers to be some account in the world and goes out stenographer, teacher, saleslady, etc., and bravely makes her own way. Such are the salt of the earth and of such is the kingdom of Heaven.

Do you have backache occasionally, or "stitches" in the side, and sometimes do you feel all tired out, without ambition and without energy? If so, your kidneys are out of order. Take DeWitt's Kidney and Bladder Pills. They promptly relieve backache, weak back, inflammation of the bladder and weak kidneys. Sold E. T. Whitehead & Co.

Ptomain-Poisoning.

(Youth's Companion.)

Food-poisoning is uncommon, if we consider the number of persons who eat more or less heartily from two to four times a day; yet it occurs with more frequency than is ordinarily supposed, the symptoms in the majority of cases being very slight, and the poison being thrown off by a single attack of vomiting or a slight diarrhœa.

Even in cases of severe and widespread poisoning, such as are mentioned occasionally in the papers as occurring at picnics or church festivals from the eating of sandwiches or ice-cream, the number of fatal cases is small.

The greatest mortality is from mussel and mushroom-poisoning, the number of fatal cases in epidemics of this sort being sometimes as high as thirty per cent.

The first thing to do in a case of food-poisoning, if seen early enough, is to get rid of the offending material. Vomiting may be induced, if it has not already occured through nature's effort to cure, by a drink of mustard and water or tepid salt and water, or by tickling the back of the throat with a feather or a rod of paper.

As soon as the stomach has been emptied, or immediately, if the patient is not seen until some time after the meal of poisonous material, the bowels should be moved by salts and by an enema. If diarrhœa is present and excessive, a single dose of salts may be given, and after that remedies tending to quiet the action of the bowels.

No food should be given, but the patient may be allowed plenty of water, at the same time that free perspiration is induced by hot bottles or hot bricks in the bed, in which he lies, covered with several blankets. In short, the treatment is directed to the removal from the system as rapidly as possible of the poisonous matters.

Of course these directions for treatment are for the guidance of the family of the sufferer while waiting for the physician, for so serious a condition as food-poisoning calls for the doctor's care just as soon as it can be secured.

Collapse is to be treated by warmth, by rubbing of the extremities, and by stimulation. Very strong black coffee, as hot as it can be drunk, is an excellent stimulant of the heart in these cases, and one or two small cups may render great service.

A Curious Fact About Heating.

(Healthly Home.)

This explains why we are sometimes cold, and even chilly, when the thermometer stands at 75 or 80 degrees. It has been fouud that one is perfectly comfortable in a temperature of 60 degrees if the relative humidity is 60 per cent.

Some one asks what is meant by 60 per cent. humidity. It is explained in this way: At 60 degrees Fahrenheit a cubic foot of air will hold nearly six grains of water in the form of vapor. Sixty per cent. humidity means that a cubic foot of air contains six-tenths as much moisture as it is possible for it to hold. It is not uncommon in hot rooms heated by direct raditation to find the humidity dropping as low as 20 per cent., which of course is exceedingly dry.

People will often be chilly in a room where the thermometer shows over 70 degrees. Place a boiling tea-kettle in the same room for fifteen minutes, and, without raising the temperature, and it will be found to be enterely comfortable. This is because the air has become saturated with moisture, and hence does not abstract the moisture from the skin and so make the uncomfortable chilly sensation.

It will be seen that as a mere means of saving fuel, without any regard to health, it is economy to keep the air of the house moist. In a general way this is understood, for every furnace is equipped with a little reservoir for holding water, the purpose being to supply moisture to the air by evaporation. Recently more effective devices have been invented and are being used now in nearly all good houses. It wouldn't be a bad plan for people who are interested it this matter to hang a hydrometer beside their thermometer. This is a little instrument which registers the amount of humidity or moisture in the air, and is likely to prove of very great value.

DISTURBED THE CONGREGATION

The person who disturbed the congregation last Sunday by continually coughing is requested to buy a bottle of Foley's Honey and Tar. E. T. Whitehead & Co.

In Our Father's Care.

(Unknown.)

The ships glide in the harbor's mouth,
And the ships glide out to sea,
And the wind that sweeps from the sunny South
Is as sweet as sweet can be.
There's a world of joy and a world of pains.
There's a world of trouble and care;
But, oh, in the world where our Father reigns
There is gladness everywhere.

The earth is fair in the breezy morn,
And the toilers sow and reap,
And the fullness comes to the tasseled corn
Whether we wake or sleep;
And far on the hills, by feet untrod,
There are blossoms that scent the air;
For, oh, in this world of our Father, God,
There is beauty everywhere.

The babe lies soft on the mother's breast,
And the tide of joy flows in;
He giveth, He taketh, He knoweth best—
The Lord to whose home we win.
And, oh, when the soul is with trial tossed,
There is help in the lifted prayer,
For never a soul that loves is lost,
And our Father is everywhere.

The ships sail over the harbor bar,
Away and away to sea,
The ships sail in with the evening star
To the port where no tempests be;
The harvest waves on the summer hills,
And the bands go forth to reap;
And all is right, as our Father wills,
Whether we wake or sleep.

How Advertising Paid.

(Baldwin Bulletin.)

Don't advertise if you believe you are wasting money. Let your competitor waste his money on advertising, and perhaps in this way you'll soon "put him out of business." Fix his clock for him. Just stand back and laugh at him when you see him squandering his money for printer's ink. Once there was a boy named John—we think his last name was Wannamaker, or maybe it was Moneymaker, anyhow his name was John with some sort a maker attached to his name. He owned 500 yards of calico, three pairs of pants, a half dozen pairs of boots. He called this a dry goods store and offered to sell a pair of socks for 37 cents. The don't-believe-in-advertising merchants laughed. Young John spent $65 with the Philadelphia Ledger to advertise just one time and had less than $100 worth of goods. He was cautioned by the merchants who "knew it didn't pay!" It was through sympathy that they offered him advice. But John didn't listen to them, and went and blew his money in foolishly; and to-day poor John sees the result of his misdoings—he has so many large dry goods stores that he can hardly find time to study his Sunday-school lesson.

It will be unnecessary for you to go through a painful, expensive operation for Piles if you use ManZan. Put up in a collapsible tube with nozzel, ready to apply to the soreness and inflammation. For any form of Piles, price, 50c, guaranteed. Sold by E. T. Whitehead & Co.

"I don't know which is the greater gossip, Mrs. Lovenews or Miss Scandalmonger." "They say Mrs. Lovenews has a circulation 25 per cent. greater than Miss Scandalmonger."—Brooklyn Life.

When you want the best, get DeWitt's Carbolized Witch Hazel Salve. It is good for little or big cuts, bolls or bruises, and is especially recommended for piles. Sold by E. T. Whitehead & Co.

First Tramp—After all, it pays to be polite, pardner.

Second Tramp—Not always. The other day I was actin' deaf and dumb when a man gave me sixpence. I says, "Thank you sir," and he had me arrested.—Tit-Bits.

Rings Little Liver Pills wake up lazy livers, clean the system and clears the skin. Try them for billious-ness and sick headache. Price 25c. Sold by E. T. Whitehead & Co.

Young Aspirant—Sir, may I count on your supporting me? Practical Citizen—That depends, young man. Are you going to run for office or do you want to marry my daughter?—Philadelphia Ledger.

Bees Laxative Cough Syrup for coughs, colds, crup and whooping cough grows in favor daily with young and old. Mothers should keep it on hand for children. It is prompt relief to croup. It is gently laxative, driving the poison and pheigm from the system. It is a simple remedy that gives immediate relief, guaranteed. Sold by E. T. Whitehead & Co.

LIFE'S JOURNEY

Is Burdensome to Many in North Carolina.

Life's journey is a lonely journey
With a consumptive's cough,
With urinary disorders,
With any kidney ill.
Doan's Kidney Pills will help and cure.

J. H. Hobbs, [illegible] Dryer, of 915 N. Tryon St., Charlotte, N. C., says: "For a long time I suffered with a bad back, and had other symptoms of disorders of the kidneys. The symptoms were all out of order, and I was in a run down condition. I heard of Doan's Kidney Pills and got a box. [illegible] the results were [illegible]. They cured the symptoms, [illegible] my kidneys, made the secretions normal and strengthened the [illegible]. It does not pain me at all. I do not think I had an enlargement of the prostate."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

We Keep on Hand
Burial Cases!

All Kinds all the Time.
Also
Complete
Undertakers'
Outfit.
Hearse Service any Time
Day or night we are ready to accommodate our friends and the Public Generally.
M. Hoffman & Bro.
Scotland Neck, North Carolina

Can Cancer Be Cured? It Can.

We want every man and woman in the United States to know what we are doing. We are curing Cancers, Tumors and Chronic Sores without the use of the knife, by Serum, and are endorsed by the Senate and Legislature of Virginia.

WE GUARANTEE OUR CURES.

KELLAM HOSPITAL,
No. 1612 West Main Street,
Richmond, Virginia.

POSTED!

Having leased [illegible] owned by the NICHOLSON LAND COMPANY, I hereby [illegible] control. I hereby give notice that PERSONS NOT TO HUNT OR TRESPASS in any manner or form, under penalty of the law, on that tract of land as described below, and known as the "Nicholson Lands". The extreme eastern part of the original Clark estate and bounded on the west and northwest by [illegible], on the south by Clark's [illegible] and Roanoke river, on the east and east by Roanoke river, J. [illegible], Fred's and Mike Hardy's land, containing eleven hundred acres, more or less.

4-22-tf J. B. [illegible]

Kennedy's Laxative Cough Syrup

CONTAINS HONEY AND TAR

Relieves Colds by working them out of the system through a copious and healthy action of the bowels.

Relieves Coughs by cleansing the mucous membranes of the throat, chest and bronchial tubes.

"As pleasant to the taste as Maple Sugar"

Children Like It

For sale by E. T. Whitehead & Co.

When a man or woman gets [illegible] Kidneys act too freely [illegible] and painfully, [illegible] always fails. The [illegible] of Kidneys. That's [illegible] Dr. Cut a prescription [illegible] for every-where as Dr. Shoop's Restorative. The Restorative [illegible] by the most [illegible] Dr. Shoop's [illegible] Free sample test [illegible] by Dr. Shoop, Racine, Wis. Your health is surely worth this simple test. A. C. Peterson.