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E. E. HILLIARD, Editor and Proprietor.

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SCOTLAND NECK, N. C., THURSDAY, MARCH 12, 1908.

NUMBER 10.

Over-Work Weakens Your Kidneys.

Unhealthy Kidneys Make Impure Blood.

All the blood in your body passes through your kidneys once every three minutes.

The kidneys are your blood purifiers, they filter out the waste or impurities in the blood.

Headache, dizziness, backache, rheumatism, all come from excess of uric acid in the blood, due to neglected kidneys.

Do not make any mistake, but remember the name, Swamp Root, Dr. Kilmer's Swamp Root, and the address, Binghamton, N. Y., on every bottle.

O. F. SMITH, M. D. PHYSICIAN AND SURGEON, Scotland Neck, N. C.

R. J. P. WIMBERLEY, PHYSICIAN AND SURGEON, Scotland Neck, N. C.

DR. A. C. LIVERMON, DENTIST, Office up stairs in Whitehead Building.

H. W. MIXON, REFRACTING OPTICIAN, Watch Maker, Jeweler, Engraver, Scotland Neck, N. C.

J. MCBRYDE WEBB, ATTORNEY AND COUNSELOR AT LAW, 219-221 Atlantic Trust Building Norfolk, Va.

EDWARD L. TRAVIS, ATTORNEY AND COUNSELOR AT LAW, Halifax, N. C.

WILL H. JOSEY, GENERAL INSURANCE AGENT, Scotland Neck, N. C.

Notary Public. Bell Phone 760

Money Loaned on Farm Lands

Full and Complete Line.

offins and Caskets Burial Robes, Etc. Hearse Service any Time N. B. Josey Company, Scotland Neck, North Carolina

HOLLISTER'S Rocky Mountain Tea Nuggets A Bony Medicine for Bony People.

RINGS DYSPEPSIA TABLETS Relieve Indigestion and Stomach Troubles.

ManZan Pile Remedy RELIEVES WHEN OTHERS FAIL

THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

PRESIDENT ROOSEVELT must be a busy man, and withal he is wonderfully resourceful. When the National Education Association held session in Washington two weeks ago Mr. Roosevelt addressed a body of the school men, and amongst other things he gave them chunks of sound advice about training boys and girls as follows: "Teach the boys and girls that their business is to earn their own livelihood; teach the boy that he is to be the home-maker; the girl that she must ultimately be the home-keeper; that the work of the father is to be the bread-winner, and that of the mother the house-keeper; that their work is the most important work by far in all the land. So teach the boy that he is to be expected to earn his own livelihood; that it is a shame and scandal for him not to be self-dependent, not to be able to earn his own in the rough work of actual life. Teach the girl that so far from its being her duty to try to avoid all labor, all effort, that it should be a matter of pride to her to be as good a housewife as her mother was before her."

ACCORDING to some previous announcements there was to have been an anti-prohibition convention in Salisbury Thursday, March 5, but reports from that place said that only three "prominent Democrats" visited the city to attend the convention. They were Hon. Geo. L. Morton of Wilmington, Hon. Harry Stubbs of Williamston and Capt. J. D. McNeill of Fayetteville. Some may be inclined to conclude that because this first attempt of the anti-prohibitionists failed they will leave off effort and not make any strong fight against State Prohibition. Such a conclusion is not at all warranted. Who has ever heard of the whiskey interests giving up a fight so soon? While it is entirely possible for prohibition to carry in North Carolina by a big majority, this will not be done except by strenuous effort and persistent work on the part of temperance people. Nothing short of this will bring the good majority that the very sanguine expect, and it behooves every man who believes that the State needs prohibition to do his full share in the present struggle to free our State from the curse of the liquor traffic.

THE people of the South are becoming greatly interested in good roads. Mecklenburg county, in this State, is said to have the finest road system in the South. The Tradesman, as quoted by the Charlotte News, thinks that investments in good roads are most excellent. It says: "This investment first yields a return in an enhanced value of all lands that are served by good roads, and the State finds its immediate return for its outlay in that direction, while the owners of these lands can add greater variety of crops as they can more readily place their products in local markets. And then the residents of the towns and cities can be more easily and more economically supplied with food products from nearby farms, and so there is an endless chain of benefits resulting from good roads that brings a compensating return to all classes in the State, and so all are interested in this movement and should help it along. The South is waking up to these facts, and it only requires proper persistency on the part of those who most clearly recognize the need of good roads in order to secure what is desired in this direction."

It has been given out that the New York World asked ex-Governor William L. Douglas, of Massachusetts, what the Democratic party must do to win. Mr. Douglas instantly turned from his desk—he is a large manufacturer—and replied that trusts must be throttled. Here is his platform and a few of his comments: "First, the Democratic party must make tariff reform the foremost issue. Second, it must oppose the increase of Federal power and revert to the old doctrine of State rights. Third, it must fight special privileges in every form. Fourth, its leaders must get together on the common ground with the fundamental principles of Democracy as a basis, casting aside extreme radical doctrines on the one hand and ultra conservatism on the other. With such a platform and with a candidate chosen to represent principles rather than fads and isms, the Democracy will stand a strong chance of winning. I have said repeatedly that tariff reform must be the leading issue. That reform must come now, not with promises of revision in the distant, uncertain future. The present tariff system is at the root of most of our national evils. It is the source of that monstrous iniquity—special privilege—which saps the very foundation of government and of business life. Special privileges foster a class that feeds on the productiveness of the masses."

ACCORDING to statistics sent out from Washington by the Department of Commerce and Labor, the United States last year received much from its noncontiguous territories. The following is noted with interest: "Of the 32 million dollars' worth of merchandise received from the Hawaiian Islands over 30 millions was raw sugar. Of the 23 million dollars' worth of manufactures coming from Porto Rico 154 million dollars' worth was raw sugar, nearly 4 millions' worth of cigars, 11 millions' worth of unmanufactured tobacco, and about 1 million dollars' worth of fruit. Of the nearly 13 million dollars' worth of merchandise received from the Philippine Islands over 11 million dollars' worth was Manila hemp, less than a half million dollars' worth sugar, and nearly a quarter of a million dollars' worth cocanut meat (chiefly in the form known as copra used in the manufacture of oil). Of the 11 million dollars' worth of merchandise received from Alaska, 84 million was fish, chiefly salmon in cans, nearly a million dollars' worth copper ore, and about a half million dollars' worth furs and fur skins, in addition to which there was practically 12 million dollars' worth of gold, the product of mines in Alaska, and 21 millions of gold from foreign territories, presumably produced in the Canadian Klondike region and sent into Alaska for shipment to the United States."

Harsh physics react, weaken the bowel, cause chronic constipation. Doan's Regulents operate easily, tone the stomach, cure constipation. 25c. Ask your druggist for them.

In a Little While.

(Chicago Record-Herald.) On the hillside lambs will gambol In a little while; Down the lane the cows will amble In a little while; Fragrant blossoms will be awaying In the gentle breeze; Lovers will go forth a-maying Full of ecstasies, In a little while. Robins will be blithely singing In a little while; Maids in hammocks will be swinging In a little while; Foolish fellows will be rocking Overladen boats; Glib spellbinders will be flocking Out to capture votes, In a little while. Bumble bees will gladly bumble In a little while; Into pitchers flies will tumble In a little while; Passing people will be hearing Golfers crying "Fore;" Wall street will be busy shearing Trusting lambs once more, In a little while. All the woods will ring with gladness In a little while; People will forget their sadness In a little while; Doves will be serenely cooing Kites will cleave the air; Maddened mobs will be pursuing Umpires here and there, In a little while.

Who Should be Our Next Governor?

(Communicated to The Commonwealth.) There is one candidate that the preachers can't find any fault with and when they can't you may know he is a pretty good man and can be trusted with the ship of State. I haven't heard of but one set of people who do find fault with him and they are the rich bond and stock holders of the railroads or some other oppressive corporations who try to crush out honest competition, or their servants. He is a friend to the farmer. How can he help it, being brought up on the farm, taught by a noble Confederate soldier, Capt. Buck Kitchin, his father, how to do hard labor? His record for ten years in Congress, trying at all times to secure legislation favorable to the farmers, is why he is so vigorously opposed by the American Tobacco Company and railroad interests. Who ever knew of either of these interests to help the farmers, except to get gain for themselves. Farmers, he is your friend. His record in Congress verifies this statement and being your friend and for you he is for the "bone and sinew" of this land. It all depends upon the farmer and you are in the majority. So think for yourselves. Don't let county politicians, corporation and railroad lawyers tell you how to vote. You have just as big brains as they have, capable of producing good, honest, pure thoughts, thoughts that are not polluted with bribe money from railroads and other oppressive corporations. I have confidence in your thinking capacity. I have confidence in your action at the primary. "Be not deceived." If you want to live and do well you must get good prices for your tobacco and other products. This you can do if you vote for and elect to office such men to execute and make laws for your country as Hon. W. W. Kitchin. Everything good comes through the kitchen. Some of the Democratic newspapers that oppose him are really not Democratic; "they are wolves in sheep's clothing," and when found out they will be Republican papers or railroad organs.

N. B.—Some people (who would oppose him anyway) say he has held office ten years. Well, if people of his own district know him well enough to honor him five times isn't it good proof that he is worthy and can be trusted outside of his own district? Don't be disturbed by such opposition. It's tommy rot. Haven't you thought that railroad money may be producing some of these arguments? It certainly is not good Democratic doctrine. Good Democrats should want some one for their governor who has accomplished something like Kitchin; one who has been tried, tested and weighed in the balance and "found not wanting." The very fact that certain so-called Democratic newspapers, oppressive corporations, the American Tobacco Company, the railroads and their attorneys oppose him is proof enough that we need Hon. W. W. Kitchin for our next governor.

IRA M. HARDY, M. D. Washington, N. C.

A healthy man is a king in his own right; an unhealthy man is an unhappy slave. Burdock Blood Bitters builds up sound health—keeps you well.

LEARN TO SAVE.

The First Step Toward Freedom and Independence is Economy.

A writer on the subject of saving and spending says this: Volumes have been written, sermons have been preached and even songs have been sung from time immemorial regarding the different classes into which the human race is divided, but after all, there are only two classes between whom there is a real and distinct dividing line; the spenders and the savers. The accomplishment of the works of any age—the building of the houses, the mills, the bridges, the railroads, the ships and everything that has furthered man's advancement and happiness has been done by the savers. The spenders carried up the brick for the savers who built the house. The man who never has a dollar laid away for the proverbial "rainy day," or in readiness for opportunity's knock, is a slave. He cannot help being a slave, for he is in constant peril of falling under the bondage of those others who have money. The first step toward freedom and independence is economy. Economy means the avoidance of all extravagance and the application of money to the best advantage. The starting point of economy is the first nickel, dime or dollar that is saved as a nucleus around which the whole future may be built.

The trouble with most men is that they are not willing to climb the road to wealth by industry, temperance, frugality and honesty, but spend all their time looking for the royal road that will enable them to attain the desired goal without sacrifice or effort on their own part. Consequently, they go through life dragging after them a load of debt and obligations that cripples their independence and makes of them servile, ering creatures who cannot stand up boldly and look the world in the face because they have not a dollar in their pockets and the independence that goes with it. It does not require superior courage or virtue to be economical. Economy is satisfied with the ordinary energy and efforts to the ordinary mind. Economy means to do without some little thing today, so that we may have something greater and better in the future.

Let us look back for ten years over the life of the spender. How easily he could have saved a dollar each week, without depriving himself of one single comfort or pleasure. Had he done so, his bank account would now amount to \$550 plus the interest. No matter how small the income, a portion of it should be religiously saved. To the spender I say: Begin now—today, at once—purchase independence and throw off the yoke of slavery by starting a bank account. If you cannot spare \$5, start it with \$1. If you cannot spare a whole dollar, begin it with ten cents, and before another year rolls around you will know how good it feels to have a real bank account.

\$100.00 paid by Dr. Sheep for any recent case of Grippe or acute Cold that a 25-cent box of Preventives will not break. How is this for an offer? The Doctor's supreme confidence in these little Candy Cold Cure Tablets—Preventives—is certainly complete. It's a \$100 against 25 cents—pretty big odds. And Preventives, remember, contain no opium, no laxative, nothing harsh nor sickening. Pneumonia would never appear if early colds were always broken. Safe and sure for feverish children. 48 Preventives 25c.—A. C. PETERSON.

"He hasn't any heart in his work." "Exactly. That's his liver."—Cleveland Plain Dealer.

HOW TO CURE RHEUMATISM.

It is an Internal Disease And Requires An Internal Remedy.

The cause of Rheumatism and kindred diseases is an excess of uric acid in the blood. To cure this terrible disease this acid must be expelled and the system so regulated that no more acid will be formed in excessive quantities. Rheumatism is an internal disease and requires an internal remedy. RUBBING with Oils and Liniments WILL NOT CURE, affords only temporary relief at best, causes you to delay the proper treatment, and allows the maldy to get a firmer hold on you. Liniments may ease the pain, but they will no more cure Rheumatism than paint will change the fibre of rotten wood. Science has at last discovered a perfect and complete cure, which is called "RHEUMACIDE." Tested in hundreds of cases, it has effected the most marvelous cures; we believe it will cure you. RHEUMACIDE "gets at the joints from the inside," sweeps the poisons out of the system, tones up the stomach, regulates the liver and kidneys and makes you well all over. RHEUMACIDE "strikes the root of the disease and removes its cause." This splendid remedy is sold by druggists and dealers generally at 50c. and \$1 a bottle. In tablet form 25c. and 50c. Get a bottle today; delays are dangerous. For sale by E. T. Whitehead & Co.

Don't be a Growler.

Attmore (Ala.) Spectator.

When one finds he is out of sympathy with his town, and can only say a good word for it coupled with an apology, he ought to get out. Many people fall into a sort of unconscious growling. But it's a miserable habit. Such people make of themselves a dead weight while of course they imagine themselves particularly independent. The individual has about all he can do to get along under his own loads, and he wants help and encouragement from those going his way, and who are identified with him in interest. So with the town. It has its interest to care for and it needs all the co-operation and helpfulness its citizens can provide and bring to bear. Every man is a part of his town. The town embraces the fortunes, and in some measure at least takes on the character of the man. So loyalty to one's self, and this loyalty is in the line of all well-shaped human nature. Therefore it is right to say that the man who does not stand up for his town is in some way dwarfed. There is something wrong about him. His fellows will pass this judgment upon him and the chances are that while he may add to the discomfort of others he will not escape making himself unhappy.

ManZan Pile Remedy comes ready to use, put up in a collapsible tube with nozzle attached. One application proves its merit. Soothes and heals, reduces inflammation and relieves soreness and itching. For all forms of Piles. Price 50c. Guaranteed. Sold by E. T. Whitehead & Co.

"No one knows where lightning is going to strike." "No," sighed the politician, "and what's more to the point, no one knows what the grand jury's going to do, either."—Detroit Free Press.

NO CASE ON RECORD. There is no case on record of a cough or cold resulting in pneumonia or consumption after Foley's Honey and Tar has been taken, as it will stop your cough and break up your cold quickly. Refuse any but the genuine Foley's Honey and Tar in a yellow package. Contains no opiates and is safe and sure.—E. T. Whitehead & Co.

Speaker Cannon's presidential boom has been endorsed by the republican committee of Guilford county, N. C. Mr. Cannon was born in that county.—The Commoner.

NO USE TO DIE. "I have found out that there is no use to die of lung trouble as long as you can get Dr. King's New Discovery," says Mrs. J. P. White, of Rushboro, Pa. "I would not be alive to-day only for that wonderful medicine. It loosens up a cough quicker than anything else, and cures lung disease even after the case is pronounced hopeless." This most reliable remedy for coughs and colds, hoarseness, asthma, bronchitis and hoarseness, is sold under guarantee at E. T. Whitehead & Co.'s drug store. 50c. and \$1.00. Trial bottle free.

In the last act the heroine's tears fell like rain. The villain was surprised. She had been so cold during the preceding acts that he expected nothing less than a hail storm.—Chicago News.

Mr. Wm. H. Anderson, M. D., of Soda Springs, Ida., says that Bee's Laxative Cough Syrup has relieved coughs and colds where all other remedies failed. Its gentle laxative effects especially recommend it for children. It is pleasant to take. For coughs, colds, hoarseness whooping cough. Money refunded if not satisfied. Sold by E. T. Whitehead & Co.

CAN'T BE SEPARATED

Some Scotland Neck People Have Learned How to Get Rid of Both.

Backache and kidney ache are twin brothers. You can't separate them. And you can't get rid of the backache until you cure the kidney ache. If the kidneys are well and strong, the rest of the system is pretty sure to be in vigorous health. Doan's Kidney Pills make strong, healthy kidneys. B. R. Arrington, Church St., Rocky Mount, N. C., says: "For months my sister suffered from kidney trouble and during that time was unable to get out of the house on account of the severe pains in her back. There was also a lameness across her loins and though she doctored extensively and used numerous remedies, nothing improved her condition in the least. At last Doan's Kidney Pills were brought to her attention, and the contents of the first box brought such beneficial results that she continued taking them until entirely relieved. From this experience I think that the merits of Doan's Kidney Pills is unquestionable. For sale by all dealers. Price 50c. Foster-Milburn Co., Buffalo, New York, sole agents for the United States."

Remember the name—DOAN'S—and take no other. On certain lectures a husband always prefers to draw the curtain.

Rings Little Liver Pills for biliousness and sick headache. They clean the system and clear the skin. Price 25c. Try them. Sold by E. T. Whitehead & Co.

Said the man who had skipped his board bill: "The inn-keeper is out."

Here comes the Spring wind to chup, tan and freckle. Use Pinesol Carbolized (acts like a poultice) for cuts, sores, burns, chapped lips, hands and feet. It soothes and heals. Sold by E. T. Whitehead & Co.

The less money a man makes the more he has—it he isn't married. Orino Laxative Fruit Syrup is a new remedy, an improvement on the laxatives of former years, as it does not grip or nauseate and is pleasant to take. It is guaranteed.—E. T. Whitehead & Co.

No man will criticize your singing as long as you sing his praise. DeWitt's Carbolic Witch Hazel Salve is best for cuts, burns, bruises and scratches. It is especially good for piles. Sold by E. T. Whitehead & Co.

Fully Endorsed. Weldon, N. C., Dec. 19, 1907. It gives me pleasure to state that the settlement with me by the Union Central Life Insurance Company for the insurance on my husband's life, is entirely satisfactory, and I earnestly recommend the Company to any one who may wish to secure insurance in one of the safest and best companies in the country. LAURA A. COOK.

The above claim was settled by me on the date of Mrs. Cook's certificate, and she expressed surprise that the claim should have been settled so soon after her husband's death. If you desire Life Insurance you can get it in no better company than the Union Central. Premiums moderate and dividends large. Shall take pleasure in explaining plans. E. E. HILLIARD, Special Agent, Scotland Neck, N. C.

A BIG OFFER To All Our Subscribers. THE GREAT AMERICAN FARMER Indianapolis, Indiana The Leading Agricultural Journal of the Nation, Edited by an Able Corps of Writers. THE AMERICAN FARMER is the only Literary Farm Journal published. It fills a position of its own and has taken the leading place in the homes of rural people in every section of the United States. It gives the farmer and his family something to think about aside from the humdrum of routine duties. Every issue contains an original Poem by Solon L. Goode. We make the exceptional offer of Two for the Price of One: THE COMMONWEALTH and THE AMERICAN FARMER. Both One Year for Only One Dollar. This unparalleled offer is made to all new subscribers and all old ones who pay all arrears and renew.