

At the Waist

Pains at the waist, back, front, or side, are nearly sure proof of female trouble. Some other signs are headache, pressing down pains, irregular functions, restlessness, cold limbs, nervousness, etc. These pains may be allayed, the system braced and the womanly functions regulated by the use of

Wine of Cardui

Mrs. Annie Hamilton, of Stetsonville, Wis., writes: "Cardui saved me from the grave after three (3) doctors had failed to help me. It is a good medicine and I recommend it to all suffering women." For sale at all druggists, in \$1 bottles.

WRITE US A LETTER

Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn. J-17

The Paris Gaulois says of Mrs. Longworth: "Always graceful and enthusiastic, it is to her noble efforts that Mr. Taft's nomination is due." How nice! And how very French!--New York World.

G. B. Burhans Testifies After 4 Years.

G. B. Burhans, of Carlisle Center, N. Y., writes: "About four years ago I wrote you stating that I had been entirely cured of a severe kidney trouble by taking less than two bottles of Foley's Kidney Cure. It entirely stopped the brick dust sediment, and all symptoms of kidney disease disappeared. I am glad to say that I have never had a return of any of those symptoms during the four years that have elapsed and I am evidently cured to stay cured, and heartily recommend Foley's Kidney Cure to any one suffering from kidney or bladder trouble." E. T. Whitehead Co.

Slow Walter—Have I ever been in the country, sir? No, sir. Why do you ask? Tired Customer—I was just thinking how thrilling you'd find it to sit on the fence and watch the tortoise whiz by.—Harper's Weekly.

HERE IS RELIEF FOR WOMEN.

If you have pains in the back, urinary, bladder or kidney trouble, and want a certain, pleasant herb cure for woman's ills, try Mother Gray's Australian-Leaf. It is a safe and never-failing regulator. At Druggists' or by mail 50 cents. Sample package FREE. Address, The Mother Gray Co., LeRoy, N. Y.

"What a sour old fellow Gotrox is. No body will ever be brighter or better at his living." "I don't know about that. Glum husbands make merry widows."—Baltimore American.

Pain will depart in exactly 20 minutes if one of Dr. Sloop's Pink Pain Tablets is taken. Pain anywhere, Remember! Pain always means congestion, blood pressure—nothing else. Headache is blood pressure; toothache is blood pressure on the sensitive nerve. Dr. Sloop's Headache Tablets—also called Pink Pain Tablets—quickly and safely coax this blood pressure away from paid centers. Painful periods with women get instant relief. 20 Tablets 25c. Sold by A. C. Peterson.

"I'm afraid there must be insanity in your family." "Why so?" "I hear that your daughter jilted the man who runs the elevator in your apartment house to marry a poet!"—Young's Magazine.

Farmers, mechanics, railroaders, laborers rely on Dr. Thomas' Electric Oil. Takes the sting out of cuts, burns or bruises at once. Pain cannot stay where it is used.

"Will ye accept a year's subscription in advance?" "That depends, Peleg," answered the editor of the Plunkville Palladium. "What is it that ye want suppressed?"—Kansas City Journal.

Pineules for Backache, little golden globules, easy and pleasant to take. Act directly on the kidneys purify the blood and invigorate the entire system. Best for backache, lame back, kidneys and bladder. 30 days' trial \$1.00. Guaranteed. Sold by E. T. Whitehead Co.

"Ain't your vaccination healed up yet?" asked Jimmy. "Naw," replied Tommy. "Gee! don't it make you feel bad?" "Naw, the doctor told mom I mustn't take a bath till it healed up."—Philadelphia Press.

There is one preparation known today that will promptly help the stomach. This is Kodol. Kodol digests all classes of food, and it does it thoroughly, so that the use of Kodol for a time will without doubt help any one who has stomach disorders or stomach trouble. Take Kodol today and continue it for the short time that is necessary to give you complete relief. Kodol is sold by E. T. Whitehead Co.

"That man is simply crazy about me." "Is he? Why not have him take something for it?" "I shall." "Indeed! What?" "Me."—Nashville American.

This is what Hon. Jake Moore, State Warden of Georgia, says of Kodol for Dyspepsia: "E. C. DeWitt & Co., Chicago, Ill.—Dear Sirs—I have suffered more than twenty years from indigestion. About eighteen months ago I had grown so much worse that I could not digest a crust of corn bread and could not retain anything on my stomach. I lost 25 pounds; in fact I made up my mind that I could not live but a short time, when a friend of mine recommended Kodol. I consented to try it to please him and was better in one day. I now weigh more than I ever did in my life and am in better health than for many years. Kodol did it. I keep a bottle constantly, and write this hoping that humanity may be benefitted. Yours very truly, Jake C. Moore, Atlanta, Aug. 10, 1904." Sold by E. T. Whitehead Co.

SPEECHMAKING CANDIDATES.

William Henry Harrison the First Presidential Candidate on the Stump.

(Boston Globe.)

It was important to have for running mate to Mr. Taft a spellbinder, inasmuch as the President's heir is, on the stump, no match for his probable opponent. Governor Guild would have proved ideal in this respect. But Sherman is no amateur, and no doubt will be required to bear the brunt of the oratorical contest impending, for it is not unlikely that Mr. Taft, warned by his Memorial Day experiences, may choose to avoid formal speeches during the campaign, as did his illustrious predecessors, George Washington, John Adams and Thomas Jefferson. The latter so the Federalists said, could not talk if he wanted to. Even when elected, instead of addressing Congress in person, as his predecessors had done, he sent it a written message because, as his opponents charged, he was incapable of making a speech.

Neither Madison nor Monroe went on the stump, and John Quincy Adams was so reluctant to make an appeal for votes that he even refused to contradict campaign slanders about himself.

No man was ever more bitterly assailed than Andrew Jackson when he first ran for President. He was excoriated personally and abused politically, but, although, he doubtless would have liked to silence his slanderers with a pistol shot, he maintained a dignified silence, so exalted was his opinion of the office to which he aspired. During his second campaign he was again bitterly assailed, but made no reply, leaving that task for his supporters.

Van Buren, silent in two campaigns, as candidate of the Democrats, was also silent when he ran on the free soil ticket.

According to Charles M. Harvey, of The St. Louis Globe-Democrat, the first candidate for President to appear on the stump was William Henry Harrison. He is said to have been effectively humorous. Lincoln was one of his boomers, too, but had not then attained any distinction as a politician or orator. Harrison spoke in Dayton, Cleveland, Indianapolis and Vincennes.

Polk kept in the background during his canvass, and his opponent, refused many appeals to take the stump. He wrote letters, though, and one of them, that on Texan annexation, cost him the prize he coveted.

Heat prostrates the nerves. In the summer one needs a tonic to offset the customary hot weather Nerve and Strength depression. You will feel better within 48 hours after beginning to take such a remedy as Dr. Sloop's Restorative. It is surprising. Of course, you won't get entirely strong in a few days, but each day you can actually feel the improvement. That tired, lifeless, spiritless feeling will quickly depart when using the Restorative. Dr. Sloop's Restorative will sharpen the falling appetite; it aids digestion; it will strengthen the weakened kidneys and heart by simply rebuilding the worn-out nerves that these organs depend upon. Test it a few days and be convinced. Sold by A. C. Peterson.

Mrs. Westend—You'll not find me difficult to suit, Norah. Norah (the new maid)—I'm sure not, ma'am; I saw your husband as I came in, ma'am.—Illustrated Bits.

"Health Coffee" is really the closest Coffee imitation ever yet produced. This clever Coffee Substitute was recently produced by Dr. Sloop, of Racine, Wis. Not a grain of real Coffee is in it either. Dr. Sloop's Health Coffee is made from pure toasted grains, with malt, nuts, etc. Really it would fool an expert—who might drink it for Coffee. No 20 or 30 minutes tedious boiling. "Made in a minute" says the doctor. Sold by Howard Grocery Co.

"This hot weather must bother you." "It does," answered the fat man. "It makes every scrawny dyspeptic feel so sorry for me that he becomes annoying."—Philadelphia Ledger.

Was in Poor Health for Years.

Ira W. Kelley, of Mansfield, Pa., writes: "I was in poor health for two years, suffering from kidney and bladder trouble, and spent considerable money consulting physicians without obtaining any marked benefit, but was cured by Foley's Kidney Cure, and I desire to add my testimony that it may be the cause of restoring the health of others." Refuse substitutes. E. T. Whitehead Co.

BRIAN THE SOURCE OF YOUTH.

Maintain Its Activity and Preserve Suppleness of the Body.

(Berbers Magazine.)

Vital as is the physical side of conserving youth, however, its true fountain is in the brain. If we maintain activity of its cells it quickens the circulation of the blood, the vital organs, gives light to the eyes, preserves the suppleness of the body, removes to a distance illness, age, death itself.

Remember the lesson of the bicycle, how the laboring man and the busy housekeeper, ready to drop from the day's work, would go for a spin and return, after an hour's exercise of those same weary leg muscles, rested. Body ache is often nothing but brain rust.

"He looks much older than he is," said Von Moltke of a fellow-officer, "he has used his body more than his mind." Age was to the French woman of the salons no excuse for dullness. To the very last one must be pointed, animated, alert. Because an age has come when ordinarily the crust of custom begins to incase our free spirits is exactly the reason for keeping them elastic.

One of the most remarkable things in the career of Dr. Richard Storrs was that by far the greatest portion of that career was after he had passed the age of fifty. The Duke of Marlborough began his career as a great commander in 1702, when he was fifty-two years old. Lord Lyndhurst on the eve of his eighty-ninth birthday made a brilliant speech in Parliament. Sophocles wrote his masterpiece at eighty. Goethe finished "Faust" in his eighty-second year. Alfieri began Greek at forty-seven, and at fifty-four mastered it.

Mrs. Poizze preserved her fine faculties, imagination and unexcelled vivacity to the end. On her eightieth birthday she gave a great ball, concert and supper in the public rooms at Bath to over 200 persons and opened the ball herself. Old Lady Grey painted beautifully though she only began to be an artist when she was quite an old woman. She always went out sketching with a servant called over at the door, another murmuring "Here" for each article, to make sure that nothing should be left behind.

Pat—Are ye engaged to Mike Dooley? Biddy—Faith, an' I'm not. Are ye after wantin' me? Pat—Not unless I can't git ye.—Peola Advocate.

Don't think that piles can't be cured. Thousands of obstinate cases have been cured by Doan's Ointment. 50 cents at any drug store.

The Indignant One—The idea of 'im a-telling me 'ow children ought to be fed! Why, I've buried ten o' my own!—The Tatler.

Pinesalve Carbolyzed acts like a poultice. Quick relief for bites and sting of insects, chapped skin, cuts, burns and sores, tan and sunburn. Sold by E. T. Whitehead Co.

"What makes Jones so economical these days?" "Someone gave him a pair of goggles, and now he's saving up for an automobile."—Lippincott's.

JUST EXACTLY RIGHT.

"I have used Dr. King's New Life Pills for several years, and find them just exactly right," says Mr. A. A. Felton, of Harrisville, N. Y. New Life Pills relieve without the least discomfort. Best remedy for constipation, biliousness and malaria. 25c. at E. T. Whitehead Co.'s drug store.

ANECDOTES OF TAFT.

Little Stories Showing the Kindly Side of the Big Candidate.

(Brooklyn Eagle.)

Mr. Taft's habit of using plain language to subordinates occasionally got him into hot water when he was governor of the Philippines. One day he had occasion to take to task the officials of a province in which there had been considerable trouble. Shaking his finger at them he said angrily:

"If you cannot keep better order than you have been keeping, your heads will go off!"

The horrified Filipinos shrank back in alarm and felt nervously at their throats. Mr. Taft could not restrain himself at their horror-stricken countenances, and burst into a hearty laugh. Then proceeded to explain that the term he had employed was only an Americanism, and that their official and not their physical heads were in danger.

The Republican nominee is very, very human, and not entirely averse to the wiles of flattery. A mother once called upon him to urge the granting of a commission for her son, asking him to waive a slight physical obstacle to the appointment.

"His mental qualifications are so high that I am inclined to do as you ask," replied Mr. Taft.

The mother, of course, was delighted. In her ecstasy she exclaimed: "Oh, Mr. Secretary, you are not half as fat as they say you are."

The Secretary smiled broadly.

"After that," he said "your boy shall certainly have the commission." Taft's father, who was a judge of the Superior Court in Cincinnati, used to have a stock phrase about his boy, William Howard. It was "Mediocrity won't do for Willie."

He would reiterate this whenever opportunity presented. As there were three other sons, it would seem that some little jealousy might have been caused by the father's expression of preference, but as a matter of fact this was not the case. All the other boys were inclined to agree with this view of "Willie," and one of them has spent thousands upon thousands of dollars to bring about his nomination.

Quick Relief for Asthma Sufferers.

Foley's Honey and Tar affords immediate relief to asthma sufferers in the worst stages. If taken in time will effect a cure. E. T. Whitehead Co.

Editor (in daily office)—Say, Buck, have you read my last editorial? "I hope so," was the crusty reply.—Minnehaha.

Use DeWitt's Little Early Risers, pleasant little pills that are easy to take. Sold by E. T. Whitehead Co.

"I can always remember striking faces." Pat—Begorra! ye'll never wake to recollection av ye poke moine.—Judge.

Operation for piles will not be necessary if you use Man Zan Pile Remedy. Put up ready to use. Guaranteed. Price 50c. Try it. Sold by E. T. Whitehead Co.

"Pa, what's a metrical romance?" "Well, this month's gas bill is one."—Philadelphia Inquirer.

BEST THE WORLD AFFORDS.

"It gives me unbounded pleasure to recommend Bucklen's Arnica Salve," says J. W. Jenkins, of Chapel Hill, N. C. "I am convinced it's the best salve the world affords. It cured a felon on my thumb, and it never fails to heal every sore, burn or wound to which it is applied. 25c. at E. T. Whitehead Co.'s drug store.

Lighting On Your Head.

(William H. Hamby, in Kind Words.)

Once soon after a circus had passed our way, all the boys in the country school began industriously to learn to turn hand-springs. It was pretty easy for a part of us, but some of the fellows had a hard time in learning. Among those who always came down on their backs instead of their feet was Johnnie Marrow.

After two weeks of hard practice and constant failure, Johnnie concluded that it was not his fault at all, but that the ground was too low. He was sure his arms were springy enough, but when he brought his hands down to the ground his head was so low that he had little chance to get his feet over in time to light right.

Therefore, Johnnie decided to try an elevation. He climbed into a wagon, took the end-gate out, and made a run; planning to put his hands down within six inches of the end of the wagon bed, turn in the air, and light nearly on the ground with his feet. Instead, however, he missed the end of the wagon box about six inches and lit nearly on his head.

After he had rubbed him and poured water on him until he came to, he sat up, felt the top of his head, and muttered:

"Guess I knocked a little sense into you, anyway."

I have seen some fellows do like Johnnie more ways than one. A fellow is not doing any good, and concludes that it is the town's fault. "I'm a bright boy," he thinks; "There's nothing wrong with me. The reason I am not doing anything is because the town is too little and dull." So he takes a run and jumps into a big town—and lands on his head instead of his feet.

Every once in a while a fellow takes a notion that he is entirely too good to associate with the people around home. They are too plain and common to suit him; he is made of finer stuff. So he takes a run and jumps for the pool where he thinks all the big fish swim. He lights on his head, and his friends have to pull him out to keep him from drowning.

It is surely all right for a fellow to want to get up higher; but he cannot do it by climbing into band wagons, crowing from high stumps, and jumping into big towns.

Whenever one finds he is not doing anything worth while it is safe for him to lay the blame on himself, and not on his neighbors, the town, or his opportunities. Unless a fellow makes good where he lives, there is very little show for him anywhere else. The big doctors, the statesmen, the great preachers, the successful merchants, nearly all started in little towns, and did so well they attracted attention and were called to the city.

If you want to do anything, drill yourself until you can do it, instead of giving it up and laying the blame on your chances; then when you are ready to leap into a new place, you will light on your feet instead of your head.

"It's bound to come." "What's bound to come?" "That statue of some modern hero in an automobile."—Pittsburg Post.

A Certain Cure for Aching Feet.

Allen's Foot-Ease, a powder; cures Tired, Aching, Swollen Feet. Sample sent FREE, also sample of Foot-Ease Sanitary Corn-Pad, a new invention. Address, Allen S. Olmsted, LeRoy, N. Y.

None Better.

If you seek to protect your wife and children by taking life insurance, you can find none better than the Union Central. Its premiums are lower than many of the other good companies and its dividends outclass them all.

You can carry a good policy in the Union Central for from 6 to 20 cents per day, according to age.

For information call on or write to E. E. HILLIARD, Scotland Neck, N. C.

Is Your Hair Sick?

That's too bad! We had noticed it was looking pretty thin and rough of late, but naturally did not like to speak of it. By the way, Ayer's Hair Vigor is a regular hair grower, a perfect hair tonic. The hair stops coming out, grows faster, keeps soft and smooth. Ayer's Hair Vigor cures sick hair, makes it strong and healthy.

The best kind of a testimonial—"Sold for over sixty years." Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of SASSAPARILLA, PILLS, CHERRY PECTORAL.

"Breakus is looking for you. I think he is going to touch you for a half." "I hope it's a five!" "A five?" "Sure; I've got a half!"—Chicago Daily Journal.

IT CAN'T BE BEAT.

The best of all teachers is experience. C. M. Harden, of Silver City, North Carolina, says: "I find Electric Bitters does all that claimed for it. For Stomach, Liver and Kidney troubles it can't be beat. I have tried it and find it a most excellent medicine." Mr. Harden is right; it's the best of all medicines also for weakness, lame back, and all run down conditions. Best too for chills and malaria. Sold under guarantee at E. T. Whitehead Co.'s drug store. 50c.

"Mamma, may I go out to play?" "No, dear; the children on the third floor have the yard this afternoon."—St. Louis Dispatch.

READY RELIEF.

I write to say I have suffered intensely with womb trouble for several months and could get no relief from any source until a friend told me to try Dr. Hardy Manning's "Ladies' Relief," which I did and in a short time it permanently cured me. It is a remarkable remedy, and I feel it my duty to let others know where they can find an absolute cure for that horrible disease of the womb.—Mrs. B. C. Hamlet, Tarrapin, N. C.

Sold by Geo. N. Mumford, Tillery, N. C.

PINEULES

30 DAYS' TREATMENT FOR \$1.00 Satisfaction guaranteed or money refunded.

FOR ALL KIDNEY BLADDER TROUBLE, RHEUMATISM AND LUMBAGO

A dose at bed time usually relieves the most severe case before morning.

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PINEULE MEDICINE CO. CHICAGO, U. S. A. Sold by E. T. Whitehead & Co.

KILL THE COUGH AND CURE THE LUNGS

WITH Dr. King's New Discovery FOR COUGHS, COLDS AND ALL THROAT AND LUNG TROUBLES. GUARANTEED SATISFACTORY OR MONEY REFUNDED.

Allen's Foot-Ease, a powder; cures Tired, Aching, Swollen Feet. Sample sent FREE, also sample of Foot-Ease Sanitary Corn-Pad, a new invention. Address, Allen S. Olmsted, LeRoy, N. Y.

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Rocky Mountain Tea Nuggets. A Day Medicine for Every People. Brings Golden Health and Pleasant Taste. A specific for Constipation, Indigestion, Biliousness, Headache, Stomach Troubles, Pimples, Eruptions, Itchiness, Itch, Bad Breath, Flatulent Bowels, and all Disorders of the Bowels. It's Rocky Mountain Tea Nuggets, 25 Cents a Jar. (Genuine) Sold by Geo. N. Mumford, Tillery, N. C.

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Manzan Pie Remedy RELIEVES WHICH OTHERS FAIL.

DR. MILES' ANTI-PAIN PILLS

FOR

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FOR NEURALGIA, SCIATICA, RHEUMATISM, BACKACHE, PAIN IN CHEST, DISTRESS IN STOMACH, SLEEPLESSNESS

TAKE ONE of the Little Tablets AND THE PAIN IS GONE.

If you have Headache Try One They Relieve Pain Quickly, leaving no bad After-effects

25 Doses 25 Cents Never Sold in Bulk.