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E. E. HILLIARD, Editor and Proprietor. "Excelsior" is Our Motto. Subscription Price $1.00 Per Year.

VOL. XXIV. New Series Vol. 11.--6-18 SCOTLAND NECK, N. C., THURSDAY, JULY 16, 1908. NUMBER 28.

Over-Work Weakens Your Kidneys.

Unhealthy Kidneys Make Impure Blood.

All the blood in your body passes through your kidneys once every three minutes.

The kidneys are your blood purifiers, they filter out the waste or impurities in the blood.

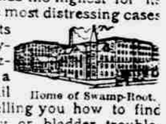
If they are sick or out of order, they fail to do their work.

Pains, aches and rheumatism come from excess of uric acid in the blood, due to neglected kidney trouble.

Kidney trouble causes quick or unsteady heart beats, and makes one feel as though they had heart trouble, because the heart is overworking in pumping thick, kidney-poisoned blood through veins and arteries.

It used to be considered that only urinary troubles were to be traced to the kidneys, but now modern science proves that nearly all constitutional diseases have their beginning in kidney trouble.

If you are sick you can make no mistake by first doctoring your kidneys. The mild and the extraordinary effect of Dr. Kilmer's **Swamp-Root**, the great kidney remedy is soon realized. It stands the highest for its wonderful cures of the most distressing cases and is sold on its merits by all druggists in fifty-cent and one-dollar sizes. You may have a sample bottle by mail free, also pamphlet telling you how to find out if you have kidney or bladder trouble. Mention this paper when writing Dr. Kilmer & Co., Binghamton, N. Y.



Home of Swamp-Root.

Don't make any mistake, but remember the name, Swamp Root, Dr Kilmer's Swamp Root, and the address Binghamton, N. Y., on every bottle.

L. R. MILLS

LAND SURVEYOR

Scotland Neck, N. C.

5-14-tf

DR. J. P. WIMBERLEY,

PHYSICIAN AND SURGEON,

Scotland Neck, N. C.

Office on Depot Street.

DR. A. C. LIVERMON,

DENTIST.

Office up stairs in Whitehead Building.

Office hours from 9 to 1 o'clock and 2 to 5 o'clock.

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PARKER'S HAIR BALSAM

Cleanses and beautifies the hair. Promotes a luxuriant growth. Never Fails to Restore Gray Hair to its Youthful Color. Cures scalp diseases & hair falling. 50c, and $1.00 at Druggists

New Market.

I am prepared to serve my old customers and the public generally with the very best of fresh

Beef, Pork, Sausage, &c.

All orders filled promptly, and every customer's wants regarded.

J. D. HILL,

Main St., next to Prince's Stables.

1-2-2m

PAIN

Pain in the head—pain anywhere, has its cause. Pain is congestion, pain is blood pressure—nothing else usually. At least, so says Dr. Shoop, and to prove it he has created a little pink tablet. That tablet—called Dr. Shoop's Headache Tablet—coaxes blood pressure away from pain centers. Its effect is charming, pleasingly delightful. Gently, though safely, it surely equalizes the blood circulation.

If you have a headache, it's blood pressure.

If it's painful periods with women, same cause. If you are sleepless, restless, nervous, it's blood congestion—blood pressure. That surely is a certainty, for Dr. Shoop's Headache Tablets stop it in 20 minutes, and the tablets simply distribute the unnatural blood pressure.

Bruise your finger, and doesn't it get red, and swell, and pain you? Of course it does. It's congestion, blood pressure. You'll find it where pain always is. It's simply Common Sense.

We sell at 25 cents, and cheerfully recommend

Dr. Shoop's Headache Tablets

A. C. PETERSON.

THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

Political Enthusiasm.

PERHAPS political enthusiasm is not different from enthusiasm in other things except that its waning sometimes is felt more than in other things. It makes the various aspirants for office feel good, as we say, and it really gives them courage many times to press on and do their best, whereas they might lose hope and fail without it. It is well for those who "wade deep" into the wave of enthusiasm for the friends of their political choice, to make effort to keep it up after the more listless and less serviceable ones fall away and seem to forget their ardor for the men they have helped to select. A long pull and a steady pull is what is needed in political contests as well as in all others. We believe that in a large measure enthusiasm runs this world; but it takes well-measured enthusiasm to do the best and most telling work. The enthusiasm of those who just shout because others shout and clap because others do so, is not of the substantial kind. Give us the man who believes something and who stands by it because he believes it is the best thing he can believe.

The Convention Not Satisfactory.

IN the State Democratic Convention at Charlotte, every interest gave way for four days to the nomination for Governor. No other candidates could get a hearing from the delegates until that question was settled. And under the circumstances, the race for that honor being so intense, it was not to be expected that the delegates would pay heed to much else until that question should be settled. There could be no objection to that course, but after the Governor was named there seems not to have been quite so much consistency. The delegates commenced to leave and the balance of the work of the convention was done by a largely reduced delegation. We believe the papers stated that on Monday morning, after the convention had adjourned over from Saturday night, there was not a single secretary present at the opening of the convention. A private letter from a gentleman who was present and deeply interested in the proceedings says: "The convention plan must go. It is demoralizing and if continued it will certainly destroy our party." The desire for State-wide legalized primaries on the same day is pretty general, and a large majority of the voters of the State now feel that it is the only satisfactory plan.

Farmers' Institute July 28.

THE following notice of a Farmers' Institute has been received and we gladly give it space in this column: The annual Farmers' Institute for Halifax county will be held at Scotland Neck Tuesday, July 28th, 1908. There will be two or three speakers present, furnished by the State Department of Agriculture and probably one from the United States Department of Agriculture in addition to local speakers. These institutes are for a free and informal discussion of every day farm problems and no farmer can attend and take part in these discussions without receiving more than enough benefit to pay for the time spent. Under the present management of the Farmers' Institutes no attempt is made to lay down hard and fast rules for farming and no lecturer at these institutes is expected to discuss or recommend any practice which he himself has not done successfully or that dozens of farmers in this part of the State are not also doing successfully at this time. The institute lecturers this year will be selected from among the State's most successful farmers; the workers in our State Department of Agriculture; the United States Department of Agriculture and the faculty of the North Carolina College of Agriculture. Do not forget the date of this meeting and see that your neighbors know of it and attend. The farmers of the Scotland Neck section and in other sections of the county should attend this meeting and get all the benefits possible.

Why Not the Farm?

NOT in many decades, if ever before, have the interest and dignity in agricultural pursuits been so carrefully considered by the people of North Carolina and the South. Really, the work of a sure-enough farmer is coming to be regarded as a profession, and there is less prejudice against the farmer's life as a calling or vocation than ever before. The truth is, there is no work or profession more noble in its influence and development, and many young men, even, who a few decades ago would have spurned it, now look upon it with favor. Some young men get an exaggerated view of things in their early life which is hard to change. For instance, many young fellows who are about to start out in life, just as they have completed their school course, it may be, look at the young farmer and then at the young merchant and draw comparisons. Several things enter into the comparison. The young merchant perhaps lives in a more attractive home than the farmer; he perhaps wears a little finer clothes than the farmer; it may be he looks a little more "spick and span"; and his hands are tender, well-shaped and fair to look upon, while the farmer's are sun-tanned, a little rough, it may be, and his general appearance not so "band-boxy". Well, it is all right for persons to look well when they can and when it is absolutely necessary; but a little difference in the appearance of a man's dress or a little sun-burn on his hands and face should not discount the great and high calling which he follows. There is nothing under the canopy of heaven that is nobler in its essentials than the life of a farmer, and the man or woman who would discount a man because of the evidence on his person that he lives in God's open air and health-giving sunshine, is of small calibre, and their opinions are not worth the consideration of those against whom they may be prejudiced for such cause. Glorious are the fields, glorious are the songs of the birds, glorious is the touch with Nature and glorious is the life of a real farmer.

One application of ManZan Pile Remedy, for all forms of piles, relieves pain, sooths, reduces inflammation, soreness and itching. Price 50c. Guaranteed to give satisfaction. Sold by E. T. Whitehead Co.

Sick Headache and Biliousness relieved at once with Rings Little Liver Pills. A rosy complexion and clear eyes result from their use. Do not gripe or sicken. Good for all the family. Sold by E. T. Whitehead Co.

SOME THINGS TO DO.

Many Things to be Learned by The American Boy Graduates.

CAPABLE WORKERS NEED NOT BE IDLE.

(The American Boy.)

What a great and splendid army of the very flower of the land all the American boy graduates would make if they could by massed together in one great company. I suppose that a good many of them would resent the imputation that they are still boys, and it is really time that the should "put away childish things" and begin to see and feel as men feel and see. Now comes the time of testing, and we have no shadow of doubt that some of them will meet this test bravely and well. The next few years will prove whether they are made of the right stuff or not—the stuff of which the real men of the world are made. All this education has been nothing but a developing of the natural powers of the boy and a strengthening through the development of his character. If this character-building process has been omitted the most important part of your education has been sadly neglected. There's just no use talking, boys, if you lack character you lack the most essential element in the achievement of the only kind of success worth having in this life. And you want to set it down on the tablets of your hearts that money is a secondary consideration when it comes to making a success of one's life. One trouble with our American boy of today is that he has an idea that money represents the highest standard of success. Recent developements in the great world of finance have given proof of the fact that it is a standard so low that it has brought some who have acheived this kind of great success down to the dirt itself in the estimation of the great mass of the American people. Just take note of the fact that the men our nation has always delighted to honor have never been men of great wealth. Some have been prosperous men, but it is for the things growing out of the nobility of their characters that they hold such a high place in the esteem of their countrymen.

The American boy graduate will do well to bear in mind that he must now pull off his coat and do a lot of mighty hard work if he is to do all that the world expects of him. Why not? You have used all the brawn and muscle of yours at football and baseball and rowing and other "stunts" of strength long enough. The school and college "gym" didn't develop all that muscle of which you are so proud just for football and other games requiring muscle. It developed it for the purpose of helping to make you more capable of pushing to the front in the real work of life. And there is plenty of work for you to do. The willing worker and the capable worker need not be idle for long in our land. But if you have not learned any regular trade or profession while you have been in school you must do as the Bible says and "whatsoever thy hand findeth to do, do it with thy might." Don't dawdle. And don't complain. If your work does not "suit" you keep at it just the same until you can find something that does "suit" you.

Every American boy graduate should start out in life determined that he will not actually "loaf" a single day while he lives. The "loafer" is about as poor a spicemen of humanity as any country can produce. You can find work of some kind to do if it is of a no more cash-producing kind than studying at home or working around the house. Don't wait for something to "turn up." A great, strong man who has been idle for months told me only the other day that nothing seemed to "turn up" for him. The shores of time are strewn with the life wrecks of men who have sat in idleness waiting for something to "turn up." You'd better run an elevator or do something for fifty cents a day than to sit in idleness waiting for someone to offer you a job.

And the American boy graduate must learn to posses his soul in patience. Get that get-rich-quick nonsense out of your head, and don't be vain enough to think that somehow or other Nature has been so generous in her gifts to you that you are ready to begin at the top instead of at the botton of the ladder. You kown that Franklin said that "he that can have patience can have what he will," and another wise man who knew just what he was talking about said: "There is no road too long to the man who advances deliberately and without undue haste, there are no honors too distant to the man who prepares himself for them with patience."

The trouble with so many of you boys is that you are too impetuous, too eager to "arrive," too anxious to "get there" at a single bound. You can't do it. A lot of your talent powers are still to be developed even if you have a diploma, and nothing on earth can develop them but the slow-moving process of learning by doing. You have been learning by reading and study for lo these many years, now you must begin to learn by doing. Daniel Webster was just right when he said: "Knowledge does not comprise all that which is contained in the large term of education. The feelings are to be disciplined; the passions are to be restrained; true and worthy motives are to be inspired; a profound religious feeling is to be instilled, and pure morality inculcated under all circumstances. All this is comprised in education."

Now all this is not comprised in the education the young graduate has thus far received. A part of the rest of it must come as a life experience. Take note of the fact that the best men of all ages have believed in God and have tried to impress upon the young the beauty and the duty of this belief. There is an old proverb that says that "a man devoid of religion, is like a hosre without a bridle." Religion is a mighty good armor, boys, and you should start out in life with faith in God and a willingness to obey His will. And so we wish all the great and splendid army of American boy graduates God-speed in their honest efforts to be true to themselves, to their country and to their God.

A Peculiar Well in Florida.

(Selected.)

In their investigration of the wells and underground waters of Florida the geologists of the United States Geological Survey have noted many interesting things. Among these is a well at Welaka on St. Johns River. from which two kinds of water are obtained.

The well is 309 feet deep. The length of the casing is 110 feet. The well was first drilled to 160 feet, and from this depth ordinary "sulphur" water was obtained. The drill was then carried to a depth of 309 feet, where it encountered a strong mineral water, having a disagreeable, salty taste. In order to use both kinds of water an inner tubing was run nearly to the bottom of the well. Both this and the outer casing were connected with pumps, so that ordinary water and mineral water can be pumped at the same time. A favorite joke played on visitors is to give them a drink of the waker water in the first glass and to replace it with the brine in the second.

Not more than a half a dozen wells of this kind are known in the country, but there is no reason why similar wells can not be obtained in regions where the waters in the upper strata differ from those lying deeper.

In these investigations of the waters of Florida the Nation aud State surveys are cooperating and much valuable information has been gathered during the winter's work.

The Discovery of Bret Harte.

(Atlantic.)

A copy of the Overland Monthly had fallen into my hands, and I was exceedingly interested in a sketch, "The Luck of Roaring Camp," by an author whose name I had never before heard. I asked Mr. Fields to read it, and he cared more for it even than I, being much older and wiser, and he very soon dictated a letter to Mr. Harte, begging him to send something to the Atlantic. The reply, which came in due time, I think, not only expressed a willingness to become a contributor, but spoke of the writer's probable departure from California. I cannot say how long it was before the Harte family reached Boston and became the guests of Mr. Howells in Cambridge. I only know that it was the time when every man was quoting from "The Heathen Chinee" and generally carrying the verses in his pocketbook. There was, I thought, a good deal of curiosity felt about the office as to the sort of man the suddenly popular author would prove to be. He was found good looking and exceedingly well dress, extremely self possessed, with a gracefully friendly and even effectionate manner to the new business and literary acquaintances of his own age in the establishment, with whom he speedily became intimate.

"You get a good many kicks from dissatisfied patrons, don't you?"

"Yes," replied the facetious laundryman, "but we get more cuffs."—Kansos City Times.

ABOUT CARD-PLAYING.

Few Persons Investigate the Root-Principles Involved.

THE ASSOCIATION ALWAYS DANGEROUS.

The Messenger of Hope, organ of the Thompson Orphanage at Charlotte, N. C., and edited by Rev. W. J. Smith, formerly rector of Trinity Church in Scotland Neck, prints the following from the South Carolina Times:

Comparatively few persons investigate the root-principles involved in the so-called "border line" practices and amusements. Yet the only satisfactory way of determining one's attitude toward such a practice is to do so on the basis of the underlying principle which is there; any other basis of settlement is likely to be temporary, therefore unsatisfactory and unsafe. A New York reader, noting with approval a recent editorial statement of the root trouble with the theater, seeks similar information on card-playing. She writes:

"I should like to get an opinion fully as positive concerinng the fundamental objections to, or the underlying benefits of, card-playing as practiced at the present time."

There are two fundamental objections to card playing, which would seem to outweigh heavily any benefits that it may offer. The two are: Its recognition of chance as an important factor; its association with a gambling, dissolute element of society.

Most games of cards are based upon chance as the leading factor, rather than skill. There is, of course, plenty of opportunity to use skill in playing the cards which chance has given one; but there is a well-recognized, sharply defined line of distinction between cards and checkers, chess, tennis, bowling and the like. The latter are games of skill; the former is a game of chance. And the practical question for young people and adults alike to consider is this:

Do I want to cultivate, in my amusement an element—chance, or luck—which has no recognition by sensible, successful people in any other branch of life; or shall I make my amusements contribute to my general efficiency by their cultivation of skill? And when parents are considering the question of their children's amusements at the most impressionable time of life, the choice of these two opposing tendencies, choice and luck, as tendencies of life to be encouraged and developed by the children's games, offers food for pretty serious thought.

Cards and card playing are peculiarly associated with gambling, drinking, dissolute elements of society. Probably no other form of game has this association to any such degree. The chance of luck element makes a strong appeal to those human beings who have little to do with honest effort and clean, high-class skill as their chief asset in life. Inasmuch as cards have been appropriated, therefore, by the worst and lowest elements of society, do we want to open our own home to a debauched amusement? Do we want our boys to become adepts, in the home, at a game which, in college or out in the world, will make it easy and tempting for them to get in close association with men whose life and practices are wholly unworthy?

Even if the amusement were innocent and harmless in itself, its associations are the logical outcome of its inherent unworthiness; and the combination of these two facts is sufficient, in the minds of many, to put the game clean over the borderline and into the realm of practices that are beyond debate.

Pinules for Backache, little golden globules, easy and pleasant to take. Act directly on the kidneys purify the blood and invigorate the entire system. Best for backache, lame back, kidneys and bladder. 30 days' trial $1.00. Guaranteed. Sold by E. T. Whitehead Co.

An engineer on the 'Frisco road, according to a newspaper printed in Perry, Kas., dropped a wrench from his locomotive, and stepping out of the cab to search for it, got lost in the high weeds along the line, and after half an hour's trudging found a fisherman, who piloted him back to the railroad.—Baltimore News.

Get my "Book No. 4 For Women." It will give weak women many valuable suggestions of relief—and with confidential medical advice is entirely free. Simply write Dr. Shoop, Racine, Wis. The book No. 4 tells all about Dr. Shoop's Night Cure and how these soothing, healing, antiseptic suppositories can be successfully applied to correct these weaknesses. Write for the book. The Night Cure is sold by A. C. Peterson.

In the Hay-Loft.

(Annie L. Muzzey, in Youth's Companion.)

O sweet, still noontide of the summer day,
In the cool harbor of this fragrant bay
Flooded with billows of the new-mown hay.
Engulfed among the perfumed waves I lie,
Catching dream glimpses of the sea-blue sky
With phantom cloud-ships passing softly by.

Across my vision, in her loving quest,
The swallow skims and rises to her nest,
Brooding her fledglings in her tawny breast.

From orchard boughs the catbird, mocking, flings
A challenge which from bob-o-lincoln brings
A trill of glee as thro' the air he swings.

Far off the bleat of lambs upon the hill
Blends with the whirring of a distant mill—
Half-glad, half-sad, like mingled good and ill.

But underneath the sounds afar and near
A flow of silence that I bend to hear
Hath finer message for my inner ear.

Soft on the scented reeds of new-mown hay
The fairies of the grass field faintly play
The airs they sang to buttercups in May.

And all the year their elfin notes shall tell
Of secret haunts where sleeping grass-roots swell
With life no frost nor scythe of death can quell.

Thro' endless time, whatever winds may blow,
One happy and eternal truth I know:
The grass may wither, but the soul shall grow.

"Generally debilitated for years. Had sick headache, lacked ambition, was worn-out and all run-down. Burdock Blood Bitters made me a well woman."—Mrs. Chas. Freitoy, Moosup, Conn.

"Figures don't lie," remaaked the man who utters aphorisms. "That's true só far as mathematics is conceaned," answered the campaigner. "But in politics a back number is liable to prevaricate some."—Washington Star.

During the summer kidney irregularities are often caused by excessive drinking or being overheated. Attend to the kidneys at once by using Foley's Kidney Cure. E. T. Whitehead Co.

The Lady—Look here, you said that if I'd give you your dinner you'd mow the lawn for me. The Hobo—I'd like to do it ma'am, but I gotter teach yer a lesson. Never trust the word of a total stranger.—Cleveland Leader.

Kennedy's Laxative Cough Syrup acts gently upon the bowels and thereby drives the cold out of the system and at the same time it allays inflammation and stops irritation. Children like it. Sold by E. T. Whitehead Co.

"Poor man!" said the kind lady. "How did you go blind?"

"Well, mum," answered Tired Treadwell, "de foist time dat I noticed it was when I was out lookin' fer work."—Chicago Record-Herald.

DeWitt's Witch Hazel Salve is good for cuts, burns, bruises and scratches. It is especially good for piles. Recommended and sold by E. T. Whitehead Company.

Brigg: They say the French are deteriorating.

Griggs: I know it. The last time I was over in France I couldn't ever make them understand their own language.—Life.

Stimulation Without Irritation.

That is the watchward. That is what Orino Laxative Fruit Syrup does. Cleanses and stimulates the bowels without irritation in any form. E. T. Whitehead Co.

After Arthur Dany became an expert knife-thrower from practicing on his wife, she sued him for divorce.

(Isn't that just like a wo nan?)—Montgomery Advertiser.

WAR AGAINST CONSUMPTION.

All nations are endeavoring to check the ravages of consumption, the "white plague" that claims so many victims each year. Foley's Honey and Tar cures coughs and colds perfectly and you are in no danger of consumption. Do not risk your health by taking some unknown preparation when Foley's Honey and Tar is safe and certain in results. The genuine is in a yellow package. E. T. Whitehead Co.