"Excelsior" is Our Motto.

Subscription Price \$1.00 Per Year.

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will reach a good class of people.

VOL. XXV.

SCOTLAND NECK, N. C., THURSDAY, DECEMBER 2, 1909.

NUMBER 48.

no You Get Up with a Lame Back?

Trouble Makes You Miserable. knows of Dr. Kilmer's rent kidney, liver and dadder remedy, because of its remarkble health restoring properties. Swamp-Root fulfills almost every wish in overcoming rheumatism. , pain in the back, kid eys, liver, bladder corrects inability to hing pain in passing it, fellowing use of liquor, wine

he day, and to get up many ing the night. inp-Root is not recommended for ing but if you have kidney, liver der trouble, it will be found just ie iv you need. It has been thortested in private practice, and has i so successful that a special arent has been made by which all s of this paper, who have not altried it, may have a sample bottle free by mail, also a book telling bout Swamp-Root, and how to indder trouble.

1 overcomes that unpleasant

being compelled to go often

nton, N. V. The regular fifty-cent ne-dollar size bottles are sold by ruggists. Don't make any mistak tember the name, Swamp-Root, Kilmer's Swamp-Root, and the ad ss, Binghamton, N. Y., on every bottle.

A PAUL KITCHIN, ATTORNEY AT LAW,

Scotland Neck, N. C.

Practices Anywhere.

DR. J. P. WIMBERLEY,

PHYSICIAN AND SURGEON, Scotland Neck, N. C.

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Money Loaned on Farm Lands

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HAIR BALSAM
trace and beautifies the hair
trace a invariant growth.
Fails to Restore Gray
i to its Yenthul Color,
agent decause hair rains.





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Made to Suit YOUR EYES.

Tucker, Hall & Co., The Expert Opticians, 53 Granby St., Norfolk, Va.

Catalogue on Application. 

HOLLISTER 3 Rocky Mountain Tea Nuggets A Busy Medicine for Busy People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Live and Kidney Troubles, Pimples, Eczemu, Impure Broad, Bad Breath, Shugrish Bowels, Headache and Baskacke. It's Rocky Mountain Tea in tables form, 35 cents a bex. Genuine made by Hotmaren Dana Company, Madison, Wis

GOLDEN NUGGETS FOR SALLOW PEOPLE

knew his Shepherd would care left the city and failed to take Thoughts on The Twenty-Third Psalm. Written and read for the B. Y. P. U. by Mr

Clarence Chamblee, Wakefield, N. C., Octobe The twenty-third Psalm has been termed the "Nightengale

of Psalms." It fills the earth with melodious joy-greater and every part of the than heart can conceive. It has charmed griefs, driven out doubts and fears and sorrows: it has comforted a host of poor; it has encouraged great armies f people; it has poured the balm of consolation into the hearts of sick; it has comforted widows and orphans; it has visited and broken chains of prisons (as in the case of Peter): it has illuminated hospitals and carried a message of peace. All this, and its work is not done. It will sing on to the people of this generation and he next, nor will it fold its wings 'till the last pilgrim is safe on the eternal shore.

> Near the close of his life, David summed up his blessings in this Psalm. He was a shepherd boy and knew the relationship of a shepherd to his flock-how the shepherd loved his sheep and would risk his life for them.

The sheep in the Eastern herd knew the voice of their shepherd. A great number of herds may gather about a watering place and mix and mingle together, but a shepherd may pronounce certain words and all his sheep will separate themselves from the great company and follow their master.

The good shepherd has skill in pasturing his sheep. In the Old Country the hot summer's sun kills out all the grass on the hill-sides, and pasture can be found for the herds of sheep only in the valleys and near skillfully leads his flock from pastures where all is calm and herd who had so abundantly place to place and keeps them supplied with good grazing.

The shepherd knows his sheep and can tell when one is absent. When he misses one from his herd he goes out and is not satisfied until he restores it to the flock. When this Psalm was written there was a people, and especially by stealing sheep and other animals. Then wild beasts were in great abundance, and they frequently broke in upon herds and carried some away. The shepherd defended his sheep against them, sometimes at the risk of his life. He would carry on his back the wounded ones or any that were too weak to rejoice to have them back in the fold.

David had in mind this tender relationship of shepherd and flock when he sang this Psalm-"The Lord is my Shepherd". He felt the full force of what he was saying, and ousness-not because of our

000	13	G 1			
10.4			-2020		300 lbs.
Pleat	•		100		240 qts.
DARK	•••		•		. 100 lbs.
Euiter				600	27 doz.
Eggs					. 27 doz.

This represents a fair ration for a man for a year.

But some people eat and eat and grow thinner. This means a defective digestion and unsuitable food. A large size bottle of

equals in nourishing properties ten pounds of meat. Your physician can tell you But the christian need fear no

how it does it. FOR SALE BY ALL DRUGGISTS

Send 10c. name of paper and this ad. for our beautiful Savings Bank and Child's Sketch-Book. SCOPT & BOWNE, 409 Pearl St., New York | fore David knew it. He hastily any substitute.

ist, "I shall not want."

untold blessings, both temporal greatest honor of the time conand spiritual, he was enjoying, ferred upon him-he was and compared his blessed estate crowned king. He gave God to that of the contented sheep the credit for it. All who aclying down in the green pas- cept Jesus and become his fol- Life may be a load of trouble ture. If we think of the many lowers are kings with Jesus. blessings we are enjoying to-blessings we are enjoying to-blessings of freedom of head with the oil of grace in To the man who loves his work; day, blessings of freedom of head with the oil of grace in thought and worship, blessings this life, and in the life to come Life's an everlasting effort of schools and churches, bless- we will be joint heirs with ings of home and community Jesus Christ our Lord. The life, blessings of prosperity, greatest honor to a Christian is Life is what we try to make it and then remember we have to be annointed with the Holy the Bible, God's Eternal Truth, Ghost, and this annointing for our souls to feed upon, and must take place if the Chrisremember that the Scripture is tian has any influence for good always fresh and can never be in this world. exhausted. Can we not say tures"?

gratify their peculiar desires. runneth over"! So it is with our great Shep-

not disturbed by doubts and throughout eternity. fears and where there are still All Christians who are living it. Some one commits a crime in the woman, if I must say so, I ever knew.

lifted him from the bitter depths | ber Pastoral Visitor. of deep despondency and caused him to rejoice and praise God. Trouble, SERIOUS trouble, too, will sooner or later come to every one of us. The Christian has the advantage over the ungodly persons, because God

The Psalmist recognizes the fact that God is leading him, not because of any merit on his part, but for His name's leads us in the paths of right- aright. in whose name we pray-for Jesus' sake.

the shadow of death. As you to every woman. stand on the rocky hillside and ly through dark places in life, people on the farm. and how He will be with him What more fruitful career than She-The West Point boys are so everything? in death, he uses this valley this can be desired?-Mrs. C. S. handsome. figuratively for the death of Everts, in Raleigh (N. C.) Progresour bodies. We must all pass sive Farmer. through the valley of death. evil, because they can say with the Psalmist: "Thy rod and thy staff they comfort me."

army was near Jerusalam be- Sold everywhere, 25c. Don't accept it becomes troublesome. Sold by E. Address, The Mother Gray Co., Leftoy,

for him. Godly persons can provisions for himself and his talk with certainty and posi- body guard. He soon found To the preacher life's a sermon, tiveness about what God will himself a good distance from do for them. If we look to Jerusalam, amongst enemies worldly affairs we shall want, and without food. God moved because worldly affairs must a few faithful ones to prepare perish. Lands, merchandise, food and all things necessary To the doctor life's a patient art, trade, profession, all these for his comfort. He thinks of nay fail us at any time and we this and remembers that God To the soldier life's a battle, be reduced to want; but if we had prepared a table for him are letting the Lord be our right in the presence of his en-Shepherd, and if we are look | emies. So God will take care ing to him for everything, we of his followers in spite of all To the man upon the engine may boldly say with the Psalm- our enemies, if we only trust It's a gamble to the gambler,

David was thinking of the The shepherd boy had the Life's a picture to the artist,

David has been trying to rewith the Psalmist, "He maketh count the blessings he has had me to lie down in green pas- in this life; as he thinks they do not like to cross running over"! Here the music of the to ruin and destroy. water, nor do they like to drink | Psalm bursts forth in its grand- | People seem to take special delight sheep to drink, and thus try to join the sweet refrain, "My cup

The Psalm is simply the times, in order to make us hap- for the life to come. David and the evil is done. py and more contented in our was nearing the end of his life. How many of our pure, innocent tion would gladden him sufficiently in

They are best contented out in the future that the same Shep- solely because some vile tongue has perfectly serene. Thus God provided for him in the past leads the Christian into a calm would certainly care for him and serene life where they are not only until death but

There had been times in THEIR OWN every blessing discreet act; people without regard head and stares back at me to see David's life when he was pointed out in this Psalm, and to what is to be the outcome, reach what I've got on and how it sets from broken to pieces by trouble- with David rest assured that conclusions and then stand on the behind. such as when Absalom rebelled they "shall dwell in the house street corners, gather around their made their living by robbing and was killed. But God had of the Lord forvere."-Novem-

# The Country Woman's Career.

House work, instead of drudgery, is a beautiful science capable of development into art. She whose mind is alert to learn the best ways of caring for house and premesies, to helps the Christian to bear preserve the family health, and who trouble. What a blessed privi-studies the food problem that her lege to be able to say with the table may offer the variety to prowalk, and care for them and Psalmist, "He restoreth my vide for growth and repair, underlargely dependent on food, may be strong and vigorous, or weak and ailing according to the food and its preparation, is filling a career surpassed only by the ability to mentalsake. So it is with us, God ly and morally train her family

It is a beautiful thing to write a relationship - not because of book, to sing a song or paint a picour social position, not because ture, but it is more beautiful, more of our wealth or power and not helpful and far-reaching to give to because of our works, but for the world a family possesing bright His name's sake-for his sake discriminating minds in sound, healthy bodies, whose moral preceptions will keep them on the side of the right and justice, and whose There is a valley east of Christian training will urge them to Jerusalem called the valley of helpful deeds. This is a career open

One beautiful home in a neighborlook down into this valley, hood will awaken emulation, result-

# This is an Easy Test.

## What is Your Life?

Hole hetery

To the joker it's a jest; To the miser life is money, To the loafer is rest.

To the lawyer life's a trial, To the poet life's a song; That needs treatment right along.

To the teacher life's a school; Life's a good thing to the wise one, It's a failure to the fool.

Life's a long and heavy grade; To the merchant life's a trade.

To the rascal life's a fraud; Life perhaps is but a burden To the man beneath the sod.

Life is lovely to the lover, To the player life's a play; To the man upon the dray.

To shun duty to the shirk.

To the heaven-blessed romance Life's a story ever new; Brother, what is life to you?

## Slanderous Words.

—S. E. Kiser

The Daily News believes one of the greatest sins committed today is the slander of one's fellowman. This rave about sunsets and mountains and tween three and five. Boston Tranpractice has become so general of old, old masters, but to the German crowd into his mind so fast he late years, a day hardly passes but railway guard the world can show Sheep have a natural aver- realizes how impossible it is what you hear the good name of ansion for running water. They and exclaims, "My cup runneth other blotted with words calculated

where there are ripples on the est melodies, and every Chris- flinging darts of defamation rather surface. The good shepherd tian can try in vain to count than words of praise. Bad news weakness of theirs, and B. and I dewould find still waters for his his blessings, but will have to spreads quickly, and when it reaches cided that it would be only kind to the end of the rope is surprised to humor them in it during our stay. see how much the original scandal has been magnified and colored. For no seeming foundation whatever. herd-Jehovah. He is willing Christian's experience and people hatch up some trival thing, to gratify not only our needs, closes with an abiding faith in scatter it broadcast in the ears of but our peculiar WHIMS, at God, not only for this life but others who are ever ready listeners, at the time, we went and bought one.

and spoke from a rich experi- women, ambitious young men, are most cases; but if the poor fellow ap-Then sheep do not like noise. ence, and had bright hopes for made to hang their heads in shame wanted more than ordinary cheering given credence rumors lacking in foundation and wanting in truth just for the purpose of having something to talk about.

> such practice and seem to gloat over the most aggravatingly inquisitive obedient lives can claim as community, or some one does an inscatter poisonous rumors, ones liable tell you?" inquired Mr. Tolker, innoto depreciate and destroy. They cently don't wait a moment to see if Mr. A or Mr. B is rightfully accused; oh, no, they just take things for granted and go right ahead with their nefarious pactices, not caring about the sequence. What a shame; what a disgrace to modern civilation. It's time enough to condemn when one is accused and convicted. A slanderous tongue is more dangerous than the poisonous serpent. The villificastanding that the body, being so tion of one's neighbors has become that a dude couldn't run. Said t'wa's to be most popular pastime in this day and age.-Washington News.

The next time one of the children eatch cold, give it something that will promptly and freely but gently move the bowels. In that way the cold will air city dude who boards with the at once be driven out of the system. Kennedy's Laxative Cough Syrup moves the bowels promtly and freely. yet gently, and the same time heals irritation and stops the cough. It is especially good for children. Sold by E. T. Whitehead Co.

"Shay, choofer, how much do l

"Seven dollars and fifty cents, sir." "Well, say, back up till ye come to 30 cents. That's all I got."-Life.

A sprained ankle will usually disable which is dark and gloomy, it ting in the improvement of each the injured person for three or four brings the thought of death, home's surroundings. One church weeks. This is due to lack of proper have you got to say?" because of its dismal appearance. David had passed through this valley and as he thinks this valley and as he thinks strengthen the love of country life one of the best and most remarkable over how God has led him safe- and keep more of our best young preparations in use. Sold by E. T.

> He (sourly)-Yes, uniformly goodlooking.-Cornell Widow.

# Absolutely Pure Makes the finest, most deliclous biscuit, cake and pastry: conveys to food the most healthful of fruit properties

# SHOW THEM YOUR TICKETS

This Will Surely Relieve the German Rallway Guard of His

Whenever a German railway guard feels lonesome, and does not know what else to do with himself, he takes a walk round the train and gets the passengers to show him their tickets, after which he returns to his box cheered and refreshed. Some people nothing more satisfying, more inspiring, than the sight of a railway ticket.

Nearly all the German railway officials have this same craving for the blood, clears the skin, restores tickets. If only they get somebody to show them a railway ticket, they are happy. It seemed a harmless

man railway official standing about, looking sad or weary, we went up to sight was like a ray of sunshine to him; all his care was immediately forgotten. If we had not a ticket with us A mere single third to the next stapeared very woe-begone, and as if he up, we got him a second-class return -Jerome K. Jerome, "Diary of a Pilgrimage."

How She Knew

"I do think," exclaimed Mrs. Tolk-All grades of society indulge in er, indignantly, "that Mrs. Gadabout is but what she invariably turns her

"How-er-that is, I was wond-ing; my dear, how you found out that the mean thing looked back. Some one

And Mrs. Tolker straightway turned the stream of her indignation, seething hot, from Mrs. Gadabout to her "insinuating wretch of a husband," as she fondly termed him, and after the first pyrotechnic outburst steadily refused to speak to the unfortunate man for the rest of the evening.

Conducive to Speed. Farmer Nubbins-I wuz readin' a piece in one of these air comic papers t'other day, Maria, which allowed that a dude couldn't run. Said t'wa'nt seen anything to convince ye to the Post. contrary?

Nubbins (with a reminiscent chuckle) -Hev I? Waal, I jest wish the editor of that comic paper had bin out in the field with me a spell ago an' seen that Hankinses sa'nterin' across the pastur' lot ahead of my two-year-old bull!

Enough Talking Already.

Stebbins-That new congressman of our'n don't amount to much; why, all he does is to set thar an' vote an let the rest do all the talkin'. He ain't offered to make a speech yet. Snoggins-Hain't, eh? Waal, that's the case we orter keep him than right along. We're gittin' plenty of chin music from congress now without havin' him chip in

Business Man's Failing. "The policeman says you stole

Bach-Ever tell a lie? Chumley-Didn't I say I tell her

# Here is Relief for Women.

If you have pains in the back, urina-Many persons find themselves affect, ry, bladder or kidney trouble, and Sprinkle Allen's Foot-Ease in one ed with a persistent cough after an at- want a certrin, pleasant herb cure for shoe and not in the other. and notice tack of influenza. As this cough can woman's ills, try Mother Gray's Austhe difference. Just the thing to use be promptly cured by the use of tralian-Leaf. It is a safe and neverwhen rubbers or overshoes become ne- Chamberlain's Cough Remedy, it failing regulator. At druggists or by When Absolam rebelled, his cessary, and your shoes seem to pinch. should not be allowed to run on until mail 50 cts. Sample package FREY.

### Knew What Was Wanted.

Miserly So that woman doctor charged you \$2 a visit. Well, what did she say?

His Wife-Said I staid indoors too much. Here's her prescription.

Miserly (reading it) - For external use only. One nice walking dress. One new hat. One pair gloves to match. Apply every afternoon be-

Woman loves a clear, rosy complexon, Eurdock Blood Bitters purifies raddy, sound health.

"Little boy," asks the well-meaning reformer, "is that your mamma over yonder with the beautiful set of

"Yes, sir," answered the bright "Well, do you know what poor ani-

mal it is that had to suffer in order that your mamma might have the furs with which she adorns herself so proudly?" "Yes, sir-my papa." Chicago

Evening Post.

If you are suffering from biliousness, constipation, indigestion, chronic headache, invest one cent in a postal card send to Chamberlain Medicine Co., Des Moines, Iowa, with your name and address plainly on the back, and they will forward a free simple of Chamberlain's Stomach and Liver Tablets. Sold by E. T. Whitehead Co.

Mrs. Noah recounted her troubles. "I had to stand on a chair the whole forty days," she complained; "he took two mice aboard." Herewith she rejoiced that it was

over.-New York Sun. Health depends, as nature shows, More on the interior than most sup-

Keep your system from impurities free, By using Hollister's Rocky Meuntain

—E. T. Whitehead Co. "These ankle straps are a big help

to the girls." "Yes; but it looks kind of classy to see a girl able to keep her pumps on Mrs. Nubbins-Well, Hiram, hev ye by mental power alone." Pittsburg

La Grippe

"I had suffered several weeks with LaGrippe. Had pains in my head and eyes. It felt as though there was a heavy weight on the top of my head, until it seemed that my brain would burst. I was so nervous that I could not rest or sleep. When I dozed off I would awake with a sudden jerking of my whole body. Dr. Miles' Nervine, Heart Remedy and Nerve and Liver Pills cured me. A number of friends have since realized the same benefits.

MRS. ALVIN H. LOCKS, Scabrook, N. H.

The after effects of LaGrippe are often more serious than the disease, as it leaves the system in a weakened condition that invites more serious troubles, such as pneumonia, etc.

# Dr. Miles' Restorative Nervine

should be taken for some time to thoroughly restore nerve strength.

Dr. Miles' Nervine Is sold by all drug-gists. If the first bottle does not benefit, your druggist will return your money. MILES MEDICAL CO., Elkhart, Ind.