1. C. NARDY, Editor and Proprietor.

"Excelsior" is Our Motto.

Subscription Price \$1.00 Per Year.

NUMBER 18.

# Hen The Kidneys Are

Weakened by Over-Work thehealthy Kidneys Make Impure Blood.

> at and unhealthy kidneys are refor much sickness and suffering, therefore, if kidney trouble is permitted to ( ) continue, serious resuits are most likel; to follow. Your other organs may need attention, but your kidneys most, because they do most and should have attention first, Therefore, when I evalue that or out of order, ow quickly your en-

Acted and how every organ or that the its date selek or "feel bodly," begin at kidney remedy, Dr. is loot. A trial will conof its great merit. immediate effect of Root, the great kidney and resterly, is soon realized. It I sing the song of work, of men who hust because its remarkable ring properties have been thousands of the most distress-If you need a medicine you

I at if you have kidney or mulile. Mention this paper g to Dr. Kilmer & Co., a. N. V. Don't make any misnember the name, Swampn't let a dealer sell you in place of Swamp-Root-if New York Times.

### A. PAUL KITCHIN,

ATTORNEY AT LAW.

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All the lands formerly owned by The North Carolina Lumber Company, against hunting, fishing, or trespassing of any kind. S. F. DUNN, Agent 1 k-468-tf for Dr. H. H. Fries.

# The Business what Steam is to Machinery, that great propelling the paper gives results. Let COMMONWEALTH.

SCOTLAND NECK, N. C., THURSDAY, MAY 5, 1910.

### The Hero.

Go sing your song to him who To men who carve or paint or play, Whose splendid vision ever seems To keep our grosser world at bay; Such souls, you say, possess the lar-

ger view-I sing the virile, common men who

Go sing your song to those who reap A golden harvest of acclaim, Who gallantly to glory leap,

Whose herald is the trumpet. Fame! sing the quiet man with fur-

Go sing your praise of Art Divine,

rowed brow.

Of Color, Form, and Atmosphere, Sing of the mystic Muses Nine, And of the men They hold most

keep Their faithful watch and ward that we may sleep!

Go crown ye him whom all revere. The Rich, the Strong, the Proud,

No room for common mortals here-But laurels for the great—who dare.

I crown that man, responsible and can get the rea' article.

me or you!

### The Cows.

Into the barn at the close of day The mild-eyed cattle come, one by

Munching their cuds, at the set of

Bess and Daisv stand close beside Molly and Susan with quiet pride

Into their stanchions at random stray. Maud and Nancy in awkward haste Stumble in turn through the wide

barn door; Wandering Gypsy is homeward chas-The last to blunder across the floor

Swish, swish, into waiting In rythmic motion of hands well

Splashes the milk, while the nervous

Flap and flop till the pails are filled Then quiet reigns and the cattle rest: Through the dark the barn rat

roams unawed, By Bess or Daisy or mild-eyed Maud -By Helen M. Richardson, from May Farm Journal.

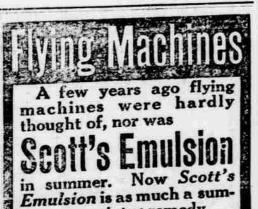
### Be Kind.

Be kind to the stranger who comes to your door, whom trouble and danger have buffeted sore; if struggle and worry have driven him gray, don't be in a hurry to chase him away. But feed him and lend him a On ins slice of your pile, and in the morn Guarantee prices and send him away with a smile. For ip. All our work done life is uncertain, and nothing is ing on Main Street, Scot- sure; and Fortune is flirtin' with rich and with poor; to-day Colonel Croesus is frisky and gray, and slicker than grease is, things coming his way; the colonel, tomorrow, may be in the hole, the comrade of sorrow, with gall in his soul. And you, who ties. The tramp you are feeding (if kindly you are), next year may be speeding along in his car. Thus ing in vain; and life is distressingdon't add to its pain; be kind and be gentle to stranger and friend, and call for a mantle and a harp in the Walt. Mason.

Separate the Brood Sow. The brood sow should early be separated from the herd which is to be BEST KIND OF PIG LITTERS Stomach Misery for Over Sixty Years. sent to market; she is to serve a vastly different purpose and should receive a correspondingly different treatment. Corn, which is probably the most cheaply produced of all cereals, must continue to be an important foodstuff for swine. It is rich in fat and carbohydrates, and as such is especially adapted for fattening purposes.

Proper Ration of Feed.

It is not the worth of food that stock eats that gives the most profit. If first-class hay is fed a ration of roots that cost only half as much as teats. more profit than a ration of grain by teats, and really the very large litter ever. Since the cure by Mi-o-na I loosely and let dry, then drop into the



mer as a winter remedy.

Science did it. All Druggists



LIVE STOCK NOTES.

Do not sell ha'f fattened hogs. "Pigs is pigs" at present prices. At present prices hogs offer a mighty

good market for corn. The character of the feed determines the character of the meat.

Stinting the brood sow often re-Who does his homely duty, here and sults in stunting the pigs. Fully developed breeding stock brings the strongest offspring.

The hog appreciates a clean, dry bed. Change the litter frequently. had not sold his stock hogs off so

Field peas have been made to take the place of corn in the cornless sec-

Many mares are unable to supply their colts with sufficient milk, parcases they should be helped out. If you cannot afford to buy pure-

See that the colts get exercise every Who bears the brunt of Life for day. Feed them oats, bran and clover Roll out paste three times and use hay. If you have any roots an occa-

Eli!abeth Newport Hepburn, in | sional feed of them will be beneficial. Do not always be obliged to go to some other farmer for improved blood, seed grains, etc. Provide some of the best yourself and thus reap the first

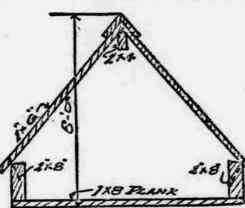
Are the calves kept in a warm stable? This is important. It should should be dry under foot at all times. Bed them well and change it often.

Feed the live stock a mixed ration at all times. Do not feed one kind Switching their tails in a friendly of grain or one kind of forage until it is all gone and then begin on another. growth.

Oats, clover hay and corn fodder FOR DELICIOUS BLANC MANGE make an excellent combination for breeding ewes during winter. They should not get much corn. A little will do no harm with the oats. A little wheat bran added is also ex-

Illustration Shows One Easily Constructed and Can Be Put to Various Uses.

The cut shows a good sow and pig iced tea or coffee. brooder house made and used by Mr. All undisturbed in its midnight quest one of the best breeders and growers and a dash of sait; add two table- pound of nut meats, almonds, pecans



Portable Pig House.

tire house should be painted with two an hour. good coats of paint, especially the roof, to prevent leaking. At the price of lumber here, Mr. Gognet constructs these at approximately \$5 each, ex-Copyright, 1909, by George Matthew clusive of paint, doing the carpenter work himself. The house contains no

Sow with Ordinary Care Cannot Properly Nourish More Than Eight or Ten-Six Is Better.

(By A. J. LEGG.) one with a large number of teats in order to accommodate a large litter of pigs. I had an inquiry from a cus-

more than eight or ten pigs, and I am not sure but six or seven is better

then ten. I have had sows with ten and eleven pigs, but there are always some runts which do not grow fat. It takes just about all that the sow can digest to keep the pigs making satisfactory growth. The sows with six or eight of pork as the large litters, and there is not such a strain on the sow's system to provide food for the pigs.

The Commonwealth is \$1 a year.

SOME FAMOUS ENGLISH TARTS

Ideas from Across the Water That Are Worth Copying by American Housewives.

Pastry in English assumes various forms; but the one pre-eminently favored is the tart with top crust only. This is baked in a deep oval pudding dish, in the center of which is placed a small inverted cup to support the been previously covered with a strip of pastry and moistened ,the top is then firmly pressed down upon it. Next in favor is the tartlet. Patty pans, lightly greased, are lined with paste, and a piece of buttered paper filled with raw rice, kept for this purpose, is placed in each tartlet to prevent the center puffing up. The paper and rice are replaced by fruit when the pastry is partially or quite done. Many a farmer wishes now that he Open tarts, much farger, are made in the same manner.

Cream Paste.-Cream pazte is much in vogue for special occasions. The ingredients called for are one pound of flour, one-half teaspoonful salt, one teaspoonful sugar, one-quarter pound of fresh butter, one-half cupful of ticularly when hard worked. In such cream. Sift the flour, mix in salt and sugar, rub in the butter; add cream, gradually formbred mares at the start, buy the best ing into smooth paste. The flour you can, then trade and buy until you may take up more or less cream. The yolks of two eggs beaten in a little milk may be substituted for cream. at once.

Queen's Apple Tarts.-One cupful of apple sauce, three tablespoonfuls of currant or other jelly, four eggs, sugar to taste. Line a deep pie plate with puff paste and bake a delicate brown. Have ready a boiled custard made from the yolks of the not freeze in their quarters, and it eggs and milk sweetened to taste. When the pastry is baked put into it a layer of half the apple sauce, one of jelly, one of custard, then the rest of the apple sauce. Whip the whites of the eggs to a stiff froth, beat in two tablespoonfuls of Aim to give variety and to balance the sugar. Spread over tarts, and bake a

Try This Method the Next Time You Have a Few Friends in for the Afternoon,

A good dish to serve as a change at an afternoon affair is a chocolate USEFUL PORTABLE PIG HOUSE blanc mange or sponge cake. Make ordinary plain cake or snonge cake in layers, having but two of them, and fill and cover with the blanc mange, which in turn must be covered with whipped cream. Serve with tea,

For the blane mange scald two cups pieces about a quarter of an inch J. P. Gognet, near St. Francesville, Ill., of milk with one teaspoonful of butter square. Have ready a third of a of hogs in that locality. Mr. Gognet spoonfuls of arrowroot dissolved in and English walnuts, ground in a a little of the milk and two table- meat grinder. Mix these by stirring spoonfuls of melted chocolate, or in lightly the white of one egg more; cook 10 minutes; now turn into whipped to a stiff froth. Have ready this two yolks mixed with half a cup- a rather shallow cut glass bowl. Put ful of sugar and return to double boil- a layer of the marshmallow mixture er and cook for a moment. Pour this first, then one of Malaga grapes, seedinto a bowl and beat a few minutes, ed, another layer of marshmallows ner of the eighteen-eighties.-London then fold in the stiffly beaten whites and nuts, and finally a sprinkling of Sketch. of the eggs and flavor with a tea- shredded pineapple-the canned is spoonful of vanilla. This should be best-or Maraschino cherries, cut fine. very cold before it is spread upon the | Chill in the ice-box and serve with cake and it should be just stiff enough | whipped cream, the latter in a separnot to run and yet not as stiff as a jelly.

### To Make Sandwiches.

has many of these simple houses a caterer make up the sandwiches for spoonful of soda, one quart milk, one which he uses for sows rearing a lit- an evening entertainment yielded slice onion, four tablespoonfuls of ter of pigs. Being roof-like in struc- some profitable information. With a flour, one teaspoonful of salt, oneture and easily movable, he uses them sharp knife he first cut up all his eighth teaspoonful of pepper, two the inquisitive person. "They got in late autumn for covering potatoes bread into thin slices, trimming off tablespoonfuls of butter. Cook the toin piles in the field on frosty nights the crusts from a dozen slices at a matoes with the sugar and onion 15 mies," explained the man who had got and rainy weather. They may be sim- time. Then into a bowl of freshly- minutes, add the soda and rub through the short end of it. ilarly used for temporary storage of made mayonnaise he stirred the con- a sieve. Scald the milk in a double are camping where lexury lies, next other fruits and vegetables, or as a tents of a can of deviled ham. It was boiler and thicken with the flour, the year may be tramping along on the shelter for any small farm animals. the work of a moment to spread this amount given above, wet with water The house is 6x8 feet inside, and rich paste upon two slices of bread. to make a paste. Cook 20 minutes, 5 feet high, on runners 2x8 inches A slap with the big knife pressed stirring constantly at first, then com-9 feet long. The rafters are 2x4-inch them into a thin wedge and a sharp bine the mixtures, add the butter and stuff and the lath 1x3 inches. The cut divided the sandwich square in seasoning and serve. Fate keeps us guessing, and guess- roof is matched inch pine boards and two triangles. Sandwiches for 50 peothe gables common siding. The en- ple were made thus in less than half

> Sport-Loving Australians. Australia's love of outdoor sports flourishes greatly on a very favorable climate and the universal half-holiday on Saturday.

Read what Mr. Hoffman, landlord of the Webster Hotel, writes.

"I suffered misery and intense pains from stomach trouble for over It is customary with hog raisers six years, and all the doctoring that when selecting a brood sow to want I did or medicines I used were of no avail until about two years ago, pared in the following manner: when I used a treatment of Mi o-na. tomer some time ago for two sow The first few days' treatment helped ed flour as it will take up, with a litpigs, and the buyer said that people me greatly and upon using it a while the salt. Roll out as thin as a wafer told him that a sow should have 14 I was made entirely free from any over and over into a large roll and stomach trouble or complaint what- cut thin from one end. Shake out.

aiding a more perfect digestion of the is not, in my opinion, the most profit have gained my weight, I eat and boiling soup. able one, anyway. A sow with ordi- sleep well, am never nervous, and nary care cannot properly nourish my entire general health is much One heaping quart of pastry flour, better."-Max M. Hoffman, Webster four even teaspoons of cream of tar-N. Y., Aug. 2, 1909.

distress in five minutes. They act times and it is ready for use and equal like magic. They are guaranteed to cure sour stomach, gas eructations, heartburn, dizziness, biliousness and large box.

Try Booth's Pills for constipation; they never disappoint, 25c.

### PASTE THESE IN COOK BOOK

Ideas for Addition to the Menu That Will Be Sure to Come Handy Some Time.

crust. The edge of the dish having other tasty sandwich is of white bread cream cheese.

> combination is the chopped yolks and whites of hard-boiled eggs. A variation of the ordinary club

> chicken or turkey. mush is cooked a whole day in a double boiler set on the back of stove. Water must be renewed when it

dered sugar.

### The Home.

Boil vinegar in the fish skillet or oan to destroy the fish odor. Sprinkle granulated sugar on top of jellies to prevent mold.

Add a pinch of salt to starch. will keep the irons from sticking. To remove the odor of fish from hand, and, leading her to where hung steel knives wash them in hot vine a string of bologna sausages, she put gar, then suds.

hot chocolate. Dry salt and a brush will take dust off from velvet, plush and heavy em broidery that cannot be washed.

ening the curied edges and pressing Nearly all metal teapots will corrode or rust slightly when put away for a time. A woman who travels says she preserves such articles by filling

Marshmallow Cream. tractive dessert. Buy half a pound

Cream Tomato Soup. One-half can tomatoes, one Fifteen minutes spent in watching spoonful of sugar, one-quarter tea-

### surely like this.

good soup after straining; they will cook in 15 or 20 minutes and are pre-

To one beaten egg add as much sift-

### Prepared Flour.

to any you can buy.

### Sunday Evening Tea.

Sunday evening tea may be served pigs will keep them growing rapidly nervousness, or money back. For in the library. It may be composed of and I believe, making as many pounds sale by druggists everywhere and by sandwiches, chocolate and fruit. This E. T. Whitehead Company for 50c a saves the arranging of the dining-

The Commonwealth is \$1 a year.

Dainty, delicious sandwiches for afternoon tea are made of thin slices of buttered bread filled with a mixture of raisins and nuts chopped very fine, moistened with whipped cream and seasoned with a pinch of salt. Anspread with rich jam and topped with

A despised frizzled beef takes on quite an air of festivity when mixed with chopped green peppers. Another

sandwich is to cut a boneless sardine in half and spread it over the slice of Fried mush is much better if the

threatens to boil away. A nice home-made confection can be made from prunes with the seeds removed and stuffed with peanuts, browned in the oven in butter or olive oil. Do not salt the peanuts. Cover the prunes when cooked with pow-

If your rugs curl up at the edges. they can be made to lie flat by damp-

them with flour. It is dry and will not admit the least moisture.

Here is a very delicious and atof fresh marshmallows and cut into

Onion Pie. Peel, wash and slice one quart of onions and put into kettle with one heaping tablespoon of melted butter. Cover tightly and stir often to keep from burning. Let them steam until tender, then add two level teaspoons of salt, one level teaspoon of caraway seed, one-fourth teaspoon of black pepper and one-half cup of sour cream. A good biscuit dough is better than a pie crust dough. This makes two pies. It is very nice and if anybody likes fried onions they will

Noodle Soup. Add noodles to beef or any other

tar, two even teaspoons of soda, two Mi-o-na stomach tablets relieve heaping teaspoons of salt. Sift several

# For making fine, rich, or plain food, equally valuable and saving. Indispensable For Home Baking

"Be Good."

Beware of making your moral staple consist of the negative virtues. It is good to abstain from all that is hurtful and sinful. But to make a business of it leads to emaciation of character, unless one feeds largely also on the more nutritious diet of active sympathetic benevolence. - Oliver Wendell Holmes,

Little Gertrude, entering a butcher's shop for the first time, stood gazing around her in silent absorption. Presently she took her mother by the a tiny finger on one big sausage and Whipped cream tinted with any veg- gravely inquired: "Mamma, what was etable matter is tempting on a cup of this when it was alive?"-Exchange.

Thirsting for Information.

Chance for a Bandmaster. Conway, which is in need of a bandmaster, has issued the following advertisement: "He must be a cornet player, and between performances he will be required to act as a range minder, inspector of hawkers, boats and carriages, storekeeper and such other duties as the town clerk may from time to time direct."-Western Mail.

Jimmy (reading)-"Casey swatted de leather into left garden for a brace of sacks, an' den pilfered thoid base an' dented de pan on Mulligan's lallipaloosa dat sailed over Outfielder Shaughnessy's nut." I tell yer, Willie, dat's word-paintin', dat is! Shakespeare never could beat dat!

Word Painting.

Unobservant Male Dramatists. Masculine dramatists are old-fashioned enough to make their women

"catty." It shows a lack of observa-

tion to make the feminine character

in a modern play behave in the man-Thing Greatly Worth Having. The one thing supremely worth the having is the opportunity, coupled with the capacity, of doing a thing

well and worthily, the doing of which

is for the welfare of mankind.-Theo-

dore Roosevelt. Friends Seized Opportunity. "How did it happen that your friends got the best of you?" queried

Output of One Shoe Factory. Ten thousand pairs of shoes are produced daily from a single eastern factory. Every 24 hours it uses the bides and skins of 7,800 kids, 300 horses and colts, 300 calves and 425 Express.

Don't Let Problems Worry. Of course life is full of problems. The only way to get any comfort is to throw them all in the wastebasket and to do the things we can see clearly in daylight.

steers.

For Married Men. Don't expect to have your own way in life. You must yield one-half at least. Let your wife have her way once in a while and experience a throb of generosity.-Exchange.

Tendency to Exaggerate.

piness alike. We are never either so

wretched or so happy as we say we

We exaggerate misfortune and hap-

are.—Balzac. Wise Rule in Austria. The government of Austria makes

use of them.

Slaughter of the Birds. It is said that the annual bird slaughter for plumes and other decorations is 300,000,000

Work of Jungle Monarch in India. A year's death rate from tigers in India numbers 698 human beings and nearly 29,000 head of cattle.

ery one that has used it. E. T. Whitehead company.

Chief Justice's Golf Stroke. The lord chief justice, on circuit at Birmingham, had a curious experience while playing golf over the Edgbaston course with Walter Whiting, the local

professional. At the second hole his lordship drove into a bunker, the ball lying badly under the bank. Taking his niblick, he hit hard. The ball jumped into the air and dropped into his right-hand jacket pocket.-London Standard.

An Architect's Patrons.

of architects in New York, said:

'Amazing, the age of an architect's

he begins to build himself a house in

his old age, and his funeral takes

John Merven Carrere, at a meeting

patrons! The average man, in fact, is 35 before he begins to save seriously; his pile isn't made till he is 50;

place about the time the painters are The Smart Boy's Opportunity. In these days farming is becoming more and more a science. It is the smart boy who stays on the farm instead of going to the city. And it is well known that when proper methods are employed the present yield will be doubled. There is not much prospect that in the next century the doc-

seeing this nation lacking for food. "Did you hear the shriek that enine gave as it flew by?" asked the first man, as they approached a rail-

trine of Malthus will be exemplified by

road crossing. "Yes. What caused it?" rejoined his companion. "I presume the engineer had it by the throttle." Smart Set.

Cheapest accident insurance-Dr. Thomas' Eclectric Oil. Stops the pain and heals the wound. All druggists sells it.

"The huck-ter who used to cheat us so," said Mrs. Byers, "has been "Yes," replied Mrs. Naybor; "I hear he's in a peck of trouble now."

"Well, I do hope that peck isn't short measure, at any rate."-Catholic Standard and Times. Chamberlain's Stomach and Liver Tablets will clear the sour stemach, sweeten the breath and create a healthy appetite. They promote the gastric juice, thereby inducing good digestion. Sold by E. T. Whitehead

Company. "May I see my father's record?" asked the new student. "He was in

the class of 1877. "Certainly, my boy. What for?"
"He told me when I left home not to disgrace him, sir, and I wish to see just how far I can go."-Buffalo A touch of rheumatism, or a twinge

of neuralgia, whatever the trouble is,

Chamberlain's Liniment drives away

the pain at once and cures the com-

plaint quickly. First application gives relief. Sold by E. T. Whitehead Company. "Shakespeare says you know, that

some rise by sin and some by virtue "Well, what about it?" "Oh, nothing-nothing. I was going to say that you needn't be afraid of getting a fall of that kind.—Chicago Record-Herald.

### The High Cost of Living.

Increases the price of many necessities without improving the quality. Foley's Honey and Tar maintains its high standard of excellence and its great curative qualities without increase in cost. It is the best remspecial inducements to farmers who edy for coughs, colds, croup, whoopwill reclaim water lands and make ing cough and all ailments of the throat, chest and lungs. The genuine is in a yellow package. Refuse substitutes. Sold by all druggists.

Pat-The census is to foind how

Everybody desires good health all druggists.

### Mike-Feine; then they should hold another to foind now many there ain't.- New York Sun. What Everybody Wants.

many folks there are.

John D. Rockfeller would go broke which is impossible unless the kidneys if he should spend his entire income are sound and healthy. Foley's Kidtrying to prepare a better medicine ney Remedy should be taken at the than Chamberlain's Colic, Cholera first indication of any irregularity, and Diarrhoea Remedy for diarrhoea, and a serious illness may be averted. dysentery or bowell complaints. It Foley's Kidney remedy will restore is simply impossible, and so says ev- your kidneys and bladder to their Sold by normal state and activity. Sold by