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C. HARDY, Editor and Proprietor.

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THE COMMONWEALTH.

"Excelsior" is Our Motto.

SCOTLAND NECK, N. C., THURSDAY, AUGUST 4, 1910.

Good Advertisers

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NUMBER 31.

The Cause of Many Sudden Deaths.

There is a disease prevailing in this country most dangerous because so deceptive. Many sudden deaths are caused by it—heart disease, pneumonia, heart failure or apoplexy are often the result of kidney disease. If kidney trouble is allowed to advance, the kidneys become diseased and blood will be filtered through the vital organs, causing catarrh of the bladder, brick-dust or sediment in the urine, head ache, back ache, lame ness, nervousness, sleeplessness, nervous ness of the kidneys themselves break down and waste away cell by cell. Kidney troubles almost always result in the derangement of the kidneys and the health in that organ is obtained by a proper treatment of the kidneys. Swamp-Root corrects inability to urinate and scalding pain in passing it, overcomes that unpleasant necessity, compels to go often through the day, and to get up many times during the night. The mild and immediate effect of Swamp-Root, the great kidney remedy, is soon realized. It stands the highest because of its remarkable health restoring powers. A trial will convince anyone. Swamp-Root is pleasant to take and is sold in all drug stores in fifty-cent and dollar size bottles. You may have a small bottle and a book that tells all about it, both sent free by mail. Address, Dr. J. C. Kline & Co., Birmingham, N. Y. An interesting mention reading this gentleman in this paper. Don't make a mistake, but remember the name, Swamp-Root, and don't let a dealer sell you something in place of Swamp-Root—you do you will be disappointed.

PAUL RITCHIN,

Attorney at Law,
Scotland Neck, N. C.
Practices Anywhere.

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Physicians and Surgeons,
Scotland Neck, N. C.
Office on Depot Street.

R. A. C. LIVERMAN,
DENTIST.
Office upstairs in White
Head Building.

Office hours from 9 to 1 o'clock
and 2 to 5 o'clock.

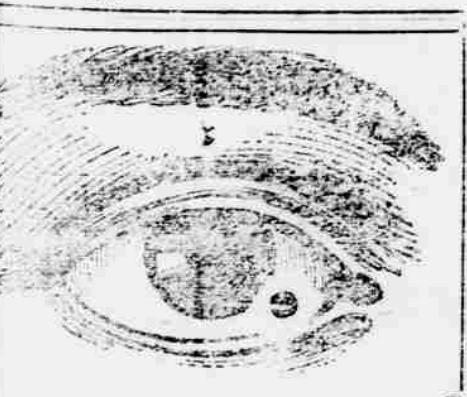
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Attorney and Counselor at
Law,
Halifax, N. C.
Money Loaned on Farm Lands

WILL H. JOSEY,
General Insurance Agent,
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R. R. L. SAVAGE
OF ROCKY MOUNT, N. C.
In Scotland Neck, N. C., on
Wednesday of each month
at the hotel to treat the diseases of
Eye, Ear, Nose, Throat, and fit
cases.

R. C. DUNN,
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DUNN & DUNN
Attorneys at Law
Scotland Neck, North Carolina.

Practice together in all matters
pertaining to railroad
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The Expert Opticians,
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Make our store your head-
quarters while in Norfolk.

PARKER'S
HAIR BALM
Cleanses and restores the hair.
Promotes a luxuriant growth.
Prevents dandruff. Gray
Hair to its Youthful Color.
Sole and only at
25c and 50c at Druggists

THE CANNING INDUSTRY. Every Housewife Should Can Her Own Fruits and Vegetables.

Too little attention is paid by the housewives of North Carolina to the canning of fruits and vegetables. This is an art that needs to be cultivated and the State Department of Agriculture is making a commendable effort in that direction. It has just published a bulletin on the home canning of fruits and vegetables, which should be in every farmer's home. The article is written by the assistant horticulturist, S. B. Shaw, and it is worth quoting from. In rural communities, says Mr. Shaw, it is frequently the case that during the winter months the most delicious and wholesome fruits and vegetables are absent from the daily bill of fare. Possibly some tomatoes are canned, some fruits preserved or dried, but the most nutritious vegetables and the most palatable fruits are allowed to spoil in the garden and orchard because of the impression that it is impossible to keep them. This is a mistake. It is just as easy to keep corn, peas and beans as it is to keep peaches and tomatoes—a fact which has been demonstrated by commercial packers who have canned almost every variety of fruit and vegetable. When the supply of fruit and vegetables is greater than the family needs and a market is not convenient in which to dispose of this fresh produce, the surplus may be made a source of income by selling it in the form of canned goods. Sometimes those living near a convenient market experience difficulty in finding a ready sale for their produce on account of the conditions often existing in the markets of the larger cities. In conditions of this kind, growers can provide themselves with canning outfits, suited in capacity to their needs, put up a clean, reliable grade of goods, market them as judiciously as they do their green stuff, and turn to profit that which otherwise might have been complete loss. There seems to be a belief by the general public that there is something mysterious in the commercial canning process. The great secret of this process is a careful observation of two things—cleanliness and complete sterilization. It is possible for every housewife to run a small canning factory in her own kitchen, and on the farm. This is both economical and desirable. Fruits and vegetables can be "put up" in glass jars or tin cans at home much cheaper than they can be purchased in the form of commercially canned goods, and the flavor, texture and general quality of the home-made product can be made superior to the product of the average factory.

This bulletin is not only full of details as to the process of canning all kinds of fruits and vegetables, but carries illustrations that make the whole thing plain. It is printed for free distribution, and a postal card addressed to the Agricultural Department at Raleigh will get it. The Chronicle urges all of its farmer readers to get a copy. There is money in it.—Charlotte Chronicle.

The Auto Cure.

The doctor studied the pale countenance of the young woman. "You are anemic," he said, "and you say you can not sleep. I will not give you any medicine, but I will tell you how you are to get back your appetite and sleep soundly. You are to ride in an open automobile 80 miles, at least, every day. The sharp air in your face will stimulate your circulation and give you rosy cheeks. It will soothe your nerves."

"When I prescribed the automobile for you I am giving you the advantage of a number of experiments recently made on an anemic subject. In this case the effect of automobile exercises on the blood was marvelous. The number of red blood corpuscles to a cubic millimeter of blood rose from 4,300,000 to 5,600,000, during one week of the cure. Eminent doctors say that such an improvement in the condition of the blood could ordinarily have been accomplished only by a prolonged stay in the mountains at an altitude of 3,000 to 5,000 feet."

CONSUMPTION
In the cure of consumption, concentrated, easily digested nourishment is necessary.
For 35 years
Scott's Emulsion
has been the standard, world-wide treatment for consumption. All Druggists

Long Heads and Round Heads.

There are men today who in fancy at least, are navigating the air, and the most ingenious machines have been built. That dream will be realized, and the air will be filled with human birds. What lacks today is not counsel, but only sufficient power.

Go into the schools of the city, and you will see there two classes of boys. There is the long-headed boy, who gives promise of thought and invention. He sits long over his books, and in moments of reflection his eye has a far-away look. He is the seer. And by his side there sits the round-headed boy. Pick him out for action. He is into all kinds of mischief, and cares less for books than for play. But he will grow up to be the executive of his country. He will be the soldier. He may not be the statesman, but he can be the politician, and will bring things to pass. This same difference may be found among the girls, for every home has its Mary, who sits and learns, and its Martha, who is "cumbered with much serving."

This condition is essentially human. Some are giants in thought, and others are giants in action. But why cannot we do all that we plan?

We begin as children. Have you watched the child with his blocks and toys? As he rocks his hobby horse he thinks he is scouring the plain, and he encourages his toy with his infant chirrup. He plays at soldier with his little gun, and as he builds his blocks into a house, he fancies himself a master architect. But if you see that child in thirty years and he still plays with the same toys, your heart is sad. We expect the child to grow. We grow ourselves, and the plans of the youth have no place in the thought of the man. The boy smiles at the wish of the child, the young man smiles at the boy, maturity smiles at the young man, and old age smiles at us all. Walk down the street with your child and observe the objects which attract his fancy. Go down with him thirty years after, and see how different are his tastes. And so we walk down life's highway and could now doubtless buy all that we once wished, but they have no charm for us now. And the plans that once we formed are today only matters of amusement.—The Christian Herald.

Twenty Per Cent. Gain in the Yield of Wheat.

Raleigh, July 26.—It is estimated that there was a gain of 20 per cent. in the yield of wheat in North Carolina this season, compared with the yield of 1909. It is believed, in fact, that the yield this season averaged 12 bushels to the acre, compared with an average of 9.5 for 1909. On this basis the 1910 yield is 8,206,000 bushels, compared with 5,415,000 last year. The harvesting and threshing are about completed.

The 1910 crop is the best development and finest quality this State has harvested in years as well as the largest in acreage. The acreage last season was 570,000 acres, compared with about 685,000 this season. The crop was practically free from pests of deteriorating influences of any sort.

Got His Receipt.

He had run up a small bill at the village store, and went to pay it, first asking for a receipt.

The proprietor grumbled and complained it was too small to give a receipt for. It would do just as well, he said, to cross the amount off, and so drew a diagonal pencil line across the book.

"Does that settle it?" asked the customer.

"Sure."

"An' ye'll niver be askin' for it agin'?"

"Certainly not."

"Faith, thin," said the other coolly, "an' I'll keep the money in me pocket."

"But I can rub that out," said the storekeeper.

"I thought so," said the customer dryly. "Maybe ye'll be givin' me a receipt now. Here's yer money."—Lippincott's

Don't be afraid," said a mother to her child at a fair show, "the lion is stuffed."

"Very likely," responded the lad, "but perhaps he could find room for a little boy like me."—Ideas.

Relative Effect and Cost of War and Disease.

The ratio of mortality in war, for two hundred years, has been 4 from disease to 1 from bullets. In the Mexican and civil wars this ratio was 3 to 1. In the Boer war the ratio was 7 to 1. In the Spanish-American war, owing to lack of sanitary authority, this ratio reached its maximum—14 to 1. In the Russo-Japanese war, where the laws of sanitation were enforced with rigid military discipline, the ratio of centuries was reversed, and the mortality was 1 from disease and 4 from bullets.

More lives are lost each year in the United States from preventable disease than have been lost in all our wars combined—Indian, Revolutionary, War of 1812, Mexican, Civil, and Spanish-American. In the Spanish-American war about five soldiers died from typhoid fever to every one killed by shot and shell. The United States mustered a hundred thousand soldiers to rid Cuba of the Spaniard, and sent three men to Cuba to rid the island of yellow fever, the plague of the tropics. The Spaniard was driven out and yellow fever was conquered. The city of Havana, from 1850 to 1900, suffered an annual average loss of 750 lives from this disease. In addition, there was an annual average sickness from the disease of 2,250 others. The financial loss through the destruction of productive energy from death and sickness, from diminished trade as a result of the prevalence of a fearful epidemic, and from expensive and unnecessary quarantine, amounted to an annual average loss of over \$200,000. Since the discovery of the easy method of controlling the disease—that is, since 1900—there has been an annual average of only four deaths from yellow fever in Havana. Most of these cases contracted the disease elsewhere and developed the fever after visiting Havana. Commerce is now no longer afraid to enter this harbor, even when a case or two of Yellow Jack (there are never more) exists. No more expensive unnecessary quarantine burdens the taxpayers. And, as in Havana, so in Rio de Janeiro, the Canal Zone, and elsewhere. Major General Leonard Wood has said that the discovery of the method of controlling this disease saves the commercial interests of our country each year more than the entire cost of the Spanish-American war.

Disease is far more costly than war, and the results of disease prevention more humane and more valuable to the race. And yet, of the total annual expenses of our National Government for 1909, \$800,000,000, \$560,000,000 or 70 per cent went for pensions and the army and the navy, or for wars past and wars anticipated; only 3 per cent was spent directly and indirectly for health, and only 1 per cent was spent directly for health. Our own State Government is spending two dollars for military equipment to one for public health—not too much for our three regiments, but too little for our people's lives. More of this next week in a picture from life, "The Little Mother and the Big Fat Hog."

Judge Cook's Mistake.
While Superior Court was in session at Raleigh a few days ago, a distinguished member of the Monroe bar entered the crowded court room and passed within the space reserved for members of the legal profession and other offenders. A whiskey selling case was being tried at the time, and a witness for the State was testifying about having seen the defendant handing out drinks. Just at this juncture Judge Cooke looked up and saw the Monroe attorney looking for a seat, and he called out,—"I mean a chair." The roar of laughter that followed the judge's little mistake, was unanimous—Charlotte Observer.

Getting Ahead of Automobiles.
An anti-automobile farmer in Davidson has evolved a plan which beats the scattering of tacks along the road all to pieces. Taking his stand on the bank of a deceptive stream, he assures each unsuspecting driver that the ford is shallow. The machine drives in, only to become hopelessly stalled after the water has drowned its engine. Then the alert farmer gets his team and pulls his helpless victim to land, charging a round price withal. This true story is worthy of Greek mythology and of a Theseus or Hercules to become its hero by beating the game.—Charlotte Observer.

The tone of the many allusions by the press of the state to Senator Overman as temporary chairman of the recent democratic state convention shows the high esteem in which he is held by the newspaper men, and it receives hearty indorsement by the people. They recognize his ability to hold his own among the foremost politicians and statesmen of the country. They feel that his record in the senate has brought distinction to the state. They know he can rely upon him to represent them honestly and fearlessly and that he does so with an ability which has been given recognition by his associates of both parties.—Charlotte News.

A Living Without Working For It.

An old darkey driving a cab horse which stopped in every block, apparently anxious to find the end of his journey, was asked if his horse was sick, and his answer was:

"No, boss, he ain't sick. He is just doing like lots of folks. He is just trying to get a living without working for it."

The world is full of men and boys who, like the old horse, are trying to get a living without working for it. They do a little work; they travel along a short distance and then they stop, discontented, or with some kind of an excuse to keep from working, hoping to be able to get a living without working for it.

What a contrast between the horse that stops in every block, and has to be urged on, and the thoroughbred horse that, if need be, will go at full speed until he drops in his tracks! The contrast is equally as great between the man or boy who halts or hesitates over his work, is slow and idle about it; who never originates imitates anything, but in a humdrum way plods along, anxious for every chance to quit, and the boy or the man who goes at his work with eager zest, determined to conquer.—Manufacturers' Record.

Foley Kidney Pills.

Tonic in quality and action, quick in results. For backache, headache, dizziness, nervousness, urinary irregularities and rheumatism.

PAID FOR ANOTHER'S CRIME. Man Who Was Sentenced for Life for Murder of His Own Family Is Cleared After His Death.

A rag-picker named Joseph today confessed to the assassination April 21, 1901, of five children of a farmer named Briere, in the vicinity of Charles. The father of the children was found guilty of the murder and sentenced to life imprisonment. He died in prison.

The trial of Briere attracted the attention of the whole of France. Four of his daughters, aged respectively 14, 11, 6 and 4, and his son, 7 years of age, were found in bed one morning stabbed and beaten to death. The farmer was arrested and charged by the police with the crime. According to a theory advanced by the police to prove a motive for the crime, Briere, who owned a small farm near Cerancez, wished to marry a woman of considerable wealth.

Circumstantial evidence led to the conviction that the farmer, considering his family an encumbrance, murdered his five children in order to carry out his wishes.

Briere stoutly maintained his innocence through the trial, declaring that two tramps entered the house during his absence and killed the children. He added that he returned while the murderers were robbing the place and that they attacked him and left him for dead. During the trial the judge got down from the bench and gave loud expression of his opinion of the guilt of the prisoner while the spectators shouted, "Kill him, kill him!" A specific incident of the trial occurred when Briere's surviving daughter, who, the police declared, only escaped the fate of the other children by not responding to Briere's invitation to go to see him, went on the witness stand and sobbingly protested that her father was innocent and begged the court to restore him to her.—Tours, France, Dispatch, 21st.

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They Have a Definite Purpose.

Foley Kidney Pills give quick relief in cases of kidney and bladder ailments. Mrs. Rose Glaser Terre Haute, Ind., tells the result in her case. "After suffering for many years from a serious case of kidney trouble and spending much money for so called cures, I found Foley Kidney Pills the only medicine that gave me a permanent cure. I am again able to be up and attend to my work. I shall never hesitate to recommend them." Sold by all Druggists.

Afraid of Ghosts

Many people are afraid of ghosts. Few people are afraid of germs. Yet the ghost is a fancy and the germ is a fact. If the germ could be magnified to a size equal to its terrors it would appear more terrible than any fire-breathing dragon. Germs can't be avoided. They are in the air we breathe, the water we drink.

The germ can only prosper when the condition of the system gives it free scope to establish itself and develop. When there is a deficiency of vital force, languor, restlessness, a sallow cheek, a hollow eye, when the appetite is poor and the sleep is broken, it is time to guard against the germ. You can fortify the body against all germs by the use of Dr. Pierce's Golden Medical Discovery. It increases the vital power, cleanses the system of clogging impurities, enriches the blood, puts the stomach and organs of digestion and nutrition in working condition, so that the germ finds no weak or tainted spot in which to breed.

"Golden Medical Discovery" contains no alcohol, whisky or habit-forming drugs. All its ingredients printed on its outside wrapper. It is not a secret nostrum but a medicine of known composition and with a record of 30 years of cures. Accept no substitute—there is nothing "just as good." Ask your neighbors.

Two Farmers Who Are Independent.

Miss Panthea Simpson, who was operated on at a hospital in Charlotte a few weeks ago for appendicitis, returned to her home in New Salem township Sunday. She has almost recovered from the operation.

Old Uncle Henry Permetter of Charlotte is in town today. He got off the train yesterday afternoon and has been travelling over town almost like a young man. Mr. Permetter says he was born in 1803, which would make him 107 years old. Some think the old man came down to visit relatives while others are of the opinion that he is looking for a wife.

Mr. J. W. Philips, who lives across the line in Mecklenburg county, sold 16 bales of cotton last week for which he received about \$1,200. But when we learned a little about Mr. Philips' way of farming we were not at all surprised at his success. He recently threshed 61 shocks of oats which made 75½ bushels. Mr. Philips farms in such a manner that he doesn't have to sell cotton until he feels like it.

The improvements that are being made in resident sections of Marshville may make you think about New York, but there is still room for more good citizens, and that's the kind that are invited.

Mr. J. D. Marsh, who lives three and a half miles south of Marshville, is another farmer who does things in such a way that the price of cotton doesn't bother him very much. He recently had the threshing machine at his home and it knocked out 542 bushels of grain. That looks like business to us.

Robt. Marsh, colored, was drowned in Lanes creek at the Lytle ford, in Marshville township, Saturday afternoon. He undertook to cross the creek while the water was high and was washed out of his buggy and his body remained at the bottom of the creek until Sunday morning when it was found about a hundred yards from the road. The mule and buggy were washed about fifty yards and lodged against a big log. The mule was gotten out before it drowned, but the buggy was torn to pieces.—Marshville Home.

Accidentally Shot.

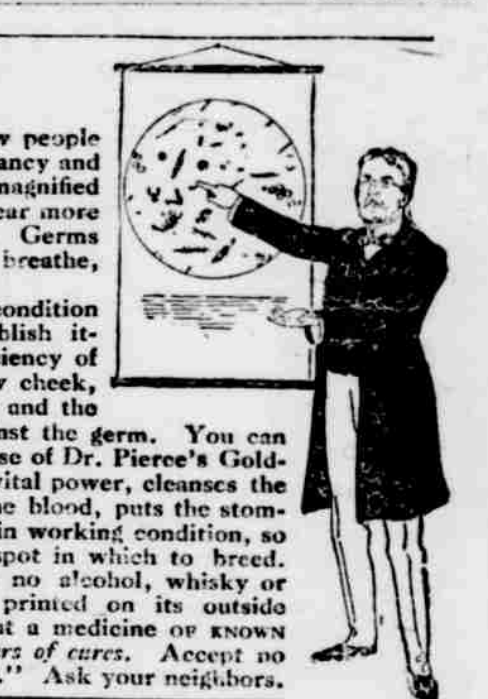
Littleton, August 1.—Mr. Al Vinson, a well known resident of this place was accidentally shot and seriously wounded Sunday afternoon by his own son. It seems that Mr. Vinson's nephew, a lad from Brinkleyville, came to spend the day here and brought an old pistol with him. Mr. Vinson saw the boys playing with it and told them to bring the pistol to him. His son said, "Father, it's just a toy pistol," but at that instant, the thing fired and the bullet struck Mr. Vinson just above the eye inflicting a wound that is almost sure to prove fatal. The accident has cast a gloom over the town and county where Mr. Vinson is well known and has many relatives and friends.

"I have been somewhat costive, but Doan's Regulets gave just the results desired. They act mildly and regulate the bowels perfectly."—George B. Krause, 306 Walnut Ave., Altoona, Pa.

Willie (on the roof garden)—How small the men look down there, papa. Willie's Papa—No wonder, Willie. They are all going home to their wives.—Puck.

To keep your health sound; to avoid the ills of advancing years; to conserve your physical forces for a ripe and healthful old age, guard your kidneys by taking Foley's Kidney Remedy. Sold by all Druggists.

In Boston—"Say, I'm a stranger in this town. Can you tell me a good place to stop at?" "Yes, sir. Stop just before the 'at.'"—Cleveland Leader.



Trinity College

Five Departments—College, Graduate, Engineering, Law, and Education. Large library facilities. Well-equipped laboratories in all departments of science. Gymnasium furnished with best apparatus. Expense very moderate. Aid for worthy students.

Teachers and students expecting to engage in teaching should investigate the superior advantages offered by the new Department of Education in Trinity College.

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R. L. FLOWERS, Secretary,
Durham, N. C.

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A First-Class Preparatory School.
Certificates of graduation accepted for entrance to leading Southern Colleges.

Faculty of ten officers and teachers. Campus of 75 acres. Library containing more than 40,000 bound volumes. Well equipped gymnasium. High standards and modern methods of instruction. Frequent lectures by prominent lecturers. Expenses exceedingly moderate. Twelve years of phenomenal success.

For catalogue and other information address

F. S. ALDRIDGE, Bursar,
Durham, N. C.

"THE HOME OF PURE DRUGS"

SAVE THE

CATTLE

There is ONE REMEDY

that EXCELS ALL OTHERS

for the protection of cattle

from FLIES and other insects. That is

Cow-Ease

We will gladly demonstrate

its merits. For sale by

E. T. Whitehead Co.

"The Rexall Store"

Purity-Quality-Cleanliness
Our Motto.

New Market!

Having bought out the market business of J. W. Gardner, I am now located at his old stand on Main street, and shall keep on hand the very best beef, fresh pork, sausage, etc., and shall do my best to please the trade, giving all the time good weights and prompt attention to all orders.

H. H. MOORE

Scotland Neck, N. Carolina.

Wanted—To buy good beef cattle, country hams, eggs, chickens, etc., at the highest market price.