

The Cause of Many Sudden Deaths.

There is a disease prevailing in this country most dangerous because of its deceptive nature. Many sudden deaths are caused by it—heart disease, pneumonia, heart failure or apoplexy are often the result of kidney trouble. If kidney trouble is allowed to advance the kidney-purified blood will attack the vital organs, causing catarrh of the bladder, brick-dust or sediment in the urine, head ache, back ache, lame back, dizziness, sleeplessness, nervousness, or the kidneys themselves break down and waste away cell by cell.

Bladder troubles almost always result from a derangement of the kidneys and better health in that organ is obtained quickest by a proper treatment of the kidneys. Swamp-Root corrects inability to hold urine and scalding pain in passing it, and overcomes that unpleasant necessity of being compelled to go often through the day, and to get up many times during the night. The mild and immediate effect of Swamp-Root, the great kidney remedy is soon realized. It stands the highest because of its remarkable health restoring properties. A trial will convince anyone. Swamp-Root is pleasant to take and is sold by all druggists in fifty-cent and one-dollar size bottles. You may have a sample bottle and a book that tells all about it, both sent free by mail. Address, Dr. Kilmer & Co., Binghamton, N. Y. When writing mention reading this generous offer in this paper. Don't make any mistake, but remember the name, Swamp-Root, and don't let a dealer sell you something in place of Swamp-Root—son do you will be disappointed.

"THE HOME OF PURE DRUGS"

Hurrah! Hurrah!

School Days Again.

And they find us better prepared than ever for the school children's

Supplies.

A complete and classy line of tablet composition books, ink, pencils, pens and erasers.

Ask for the famous Blue Ribbon Tablet.

Quality not quantity our motto.

E. T. Whitehead Co.

"The Rexall Store"

We keep on hand

Burial Cases!

All Kinds all the Time.

Also Complete Undertakers' Outfit.

Hearse Service any Time

Day or night we are ready to accommodate our friends and the Public Generally.

M. Hoffman & Bro.

Scotland Neck North Carolina



To Head-Off a Headache

Nothing is Better than Dr. Miles' Anti-Pain Pills

They Give Relief without Bad After-Effects.

"For four years I was subject to almost constant headache. At times so severe I was unfitted for work. Through the advice of a friend I was persuaded to try Dr. Miles' Anti-Pain Pills and the result has been that I have entirely eradicated my system of those continuous headaches that followed a hard and continuous mental strain."—O. L. Russell, Agt. C. & N. W. Ry., Early, Ia.

For Sale by All Druggists. 25 Doses, 25 CENTS. MILES MEDICAL CO., Elkhart, Ind.

Hired Applause.

A Great Actress Who Was Determined to Make the Claque Earn Its Money.

Speaking of applause in theaters, a theatrical man relates the following concerning the great actress Rachel: "It seems that upon a certain opening night Rachel received enthusiastic applause, but on the second night it was so noticeably silent that the actress felt deeply grieved and bitterly complained that the claque was not doing its duty. The leader of the hired applause makers on a hearing of her displeasure wrote her a letter in which he endeavored to excuse himself from any blame.

"Mademoiselle—I cannot remain under the obloquy of a reproach from such lips as yours," he began. "The following is an authentic statement of what really took place: At the first representation I led the attack in person not less than thirty-three times. We had three acclamations, four blarney explosions, and two indefinite renewals of applause movements, four renewals of applause movements, four blarney explosions. In fact, to such an extent did we carry our applause that the occupants of the stalls were scandalized and cried out in a port!

"My men were positively exhausted with fatigue and even intimidated to me that they could not again go through such an evening. Seeing such to be the case, I applied for the manuscript, and after having profoundly studied the piece I was obliged to make up my mind for the second representation to certain curtailments in the service of my men."

"The writer thus goes on at some length to assure the actress he will try to make future amends and requests her to believe in his profound admiration."—Exchange.

Talking in Figures.

Significance of Certain Numbers in the Telegraphers' Code.

"In the telegraphers' code numbers have special significance of which the general public is not aware," remarked a veteran key night the other day. "Most everybody knows that 30 means 'good night,' or the end of a story, but few outside the profession know that 21 is also a code sign. Railroad operators, however, know that this call is a signal to the operator at the other end to come back and repeat train signals to the sending operator. It also has another meaning. 'Train order to be signed by conductor and engine driver.' Nineteen, on the other hand, means that the train order is not to be signed by conductor or engine driver. Twenty-four has also the latter significance on some roads. 'Five is simply an interrogation point and in the vernacular could be translated 'Anything doing?' Thirteen signifies 'Do you understand?' Twenty-five means 'busy,' but nobody seems to know how it came to have that significance unless perhaps it means that the operator is still in the midst of his work, being some distance away from 30. 'Seventy-three means 'best regards,' and newspaper men and operators employ this expression constantly. Of course 23 has come to mean in this numerical language just what it does in ordinary parlance, 'skiddoo,' 'rammoo' or 'but out' or any of the thousand and one other equivalents."—New York Herald.

The Governor's Quick Wit. While talking to a former governor of Illinois, who was noted for the quickness of his wit, an English tourist spoke with special fervor of a sight he had seen in another state. "I attended a Sunday service for the inmates of the state prison," he said, "and I learned that of the 203 persons now confined there all but twelve voluntarily attend religious services held in the prison chapel twice each Sunday."

"Most extraordinary," said the governor musingly. "I am sorry to say it is not so with us. But then," he added soberly, "in Illinois, you see, most of the respectable people do not come to prison."—Lippincott's.

Sign Language. Brown and Jones were having their usual stroll and had just had a few minutes' conversation with Robinson, who was accompanied by his wife. After they had gone on some little distance Brown said to Jones: "Did you notice that Mrs. Robinson never said a word?" "Oh, yes," said Jones. "You see, she's deaf and dumb."

"Lucky chap is Robinson. But I suppose she can talk with her fingers?" asked Brown. "I think so," replied Jones, "for Robinson hasn't a dozen hairs left on his head."

Settlement Work. "Come into a fortune, didn't he?" "Yes, a big one." "What's he doing these days?" "He has become interested in settlement work."

"Well, that ought to keep him occupied for awhile; he owed everybody."—Houston Post.

His Night Work. Cynical Friend—If the baby is the boss of the establishment and his number is the superintendent, pray what position do you occupy? Young Father (wearily)—Oh, I'm the floor-walker.—Baltimore American.

Jewelry Galore. Mrs. Hoyle—Covered with jewels, isn't she? Mrs. Doyle—Yes; it is hard to tell at first glance whether she belongs to the mineral or animal kingdom.—Life.

Want of care does more damage than want of knowledge.—Franklin.

Blind, Dizzy Spells.

Wilmington, N. C.—Mrs. Cora L. Ritter, writes from this place: "I used to have blind dizzy spells, and weak cold spells went all over me. Different doctors could not tell me what was wrong. After taking Cardui I am all right and in better health than for 10 years." Cardui is a remedy for women which has been used by women for nearly a lifetime. It prevents the unnecessary pains of female troubles, such as headache, backache, dizziness, dragging down feelings, etc. Try it.

KEEP THE KIDNEYS WELL.

Health is Worth Saving and Some Scotland Neck People Know how to Save It.

Many Scotland Neck people take their lives in their hands by neglecting the kidneys when they know these organs need help. Sick kidneys are responsible for a vast amount of suffering and ill health, but there is no need to suffer nor to remain in danger when most all diseases and aches and pains due to weak kidneys can be quickly relieved by the use of Doan's Kidney Pills. Here is a Scotland Neck citizen's recommendation:

Miss Lucy Hancock, Main street, Scotland Neck, N. C., says: "I willingly verify my former endorsement of Doan's Kidney Pills, given in January 1908. I got this remedy from E. T. Whitehead Company's drug store, and it benefitted me greatly when I was suffering from kidney complaint. Since then I have used Doan's Kidney Pills occasionally and they have always brought the best of results."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

A German went to a friend and said, "Tomorrow I owe you \$20,000. I am ruined. I cannot pay it, and I cannot sleep a wink." The creditor said, "Vy didn't you wait to del me tomorrow? Now neither can I sleep a wink."—Exchange.

Don't think that piles can't be cured. Thousands of obstinate cases have been cured by Doan's Ointment, 50 cents at any drug store.

He—Don't you think she has rather a good complexion? It strikes me as rather being just a trifle too impressionistic.—Scribner's.

For summer diarrhoea in children always give Chamberlain's Colic, Cholera and Diarrhoea Remedy and castor oil, and a speedy cure is certain. For sale by all dealers.

Suitor—I am afraid that I am not worthy enough for your daughter. Parent—Bosh! The point nowadays is, Are you worth enough for her?—Judge.

Farmers, mechanics, railroaders, laborers rely on Dr. Thomas' Eucalypti Oil. Takes the sting out of cuts, burns or bruises at once. Pain cannot stay where it is used.

Lula was watching her mother working among the flowers. "Mamma, I know why flowers grow. They want to get out of the dirt."—Lippincott's.

Sprains require careful treatment. Keep quiet and apply Chamberlain's Liniment freely. It will remove the soreness and quickly restore the parts to a healthy condition. For sale by all dealers.

Sufferer (to dentist's servant)—Not in today? Dear, dear, I wanted to consult him badly. Servant—Well, let's hope you'll still have the toothache to-morrow.—Fliegende Blaetter.

"Generally debilitated for years. Had sick headaches, lacked ambition, was worn-out and all run-down Burdock Blood Bitters made me a well woman."—Mrs. Chas. Freitoy, Moosup, Conn.

Mrs. Eke—So you cured your husband of gambling? How? Mrs. Wye—I warned him if he lost any more money I'd discharge Bridget and do the cooking myself.—Boston Transcript.

Parson's Poem a Gem.

From Rev. H. Stubenvoll, Allison, Ia., in praise of Dr. King's New Life Pills: "They're such a health necessity. In every home these pills should be. If other kinds you've tried in vain, USE DR. KING'S And be well again."

Only 25c at E. T. Whitehead Company's.

"The Maylays have a queer marriage custom," remarked the traveler. "The groom holds his nose against a small cylindrical object, I couldn't quite make out what it was—" "A grindstone, probably," interrupted Mr. Grouch.—Kansas City Times.

Here is Relief for Women.

If you have pains in the back, urinary, bladder or kidney trouble try Mother Gray's Aromatic Leaf, a pleasant herb remedy for women's ailments and a great system regulator. At druggists' or by mail, 50c., sample free. Address, Mother Gray Company, LeRoy, N. Y.

Matrimonial Agent—You might marry this lady. She's got 500 pounds dowry. I've had a lot of trouble trying to get her placed, and I've often obliged you. Go on—do me this little favor!"

Escaped With His Life.

"Twenty-one years ago I faced an awful death," writes H. B. Martin, Port Harrelson, S. C. Doctors said I had consumption and the dreadful cough I had looked like it sure enough. I tried everything I could hear of for my cough, and was under the treatment of the best doctor in Georgetown, S. C., for a year, but could get no relief. A friend advised me to try Dr. King's New Discovery. I did so, and was completely cured. I feel that I owe my life to this great throat and lung cure. It's positively guaranteed for coughs, colds, and all bronchial affections, 50c. and \$1.00. Trial bottle free at E. T. Whitehead Company's.

PROGRESS AGAINST HOOKWORM.

Twenty-One Thousand Cases Have Been Treated Already.

The North Carolina Campaign against hookworm disease is making steady progress. The number of cases of the disease reported as treated by physicians has grown during the past twelve months from 3,250 to 21,000; the number of doctors treating the disease from 183 to 597; and the number of people microscopically examined for it in the State Laboratory of Hygiene from 500 to 23,312. Seven thousand two hundred and seventy-six of the latter number were found to have hookworm infection, 2,543 showed others of the eight intestinal parasites. Though some of these were found quite frequently the hookworm infections were found three times as frequently as all others combined. Thirty-one per cent. of the 23,312 examined showed hookworm infection. Of the number examined, 1,000 were State troops, 1,000 were orphans, 1,000 children of the State schools for the blind, deaf and dumb and the reformatory. Nearly 1,000 insanes have been examined. The other 19,000 are largely made up of public school children taken at random.

Terrible Train of Troubles.

Lake Charles, La.—Mrs. E. Fournier, 516 Kirby street, says: "The months before I took Cardui I could hardly walk. I had backache, headache, pain in my legs, fainting spells, sick stomach, dragging feelings and no patience or courage. Since taking Cardui, I have no more pain and feel good all the time." Take Cardui and get the benefit of the peculiar herb ingredients, which have been found so efficient for womanly ills. Other people have done the testing. You profit by their experience. Try it.

"I'll bet they're bride and groom." "Why?" "I overheard him ask her if she'd mind if he smoked a cigar."—Detroit Free Press.

Right in your busiest season when you have the least time to spare you are most likely to take diarrhoea and lose several days' time, unless you have Chamberlain's Colic, Cholera and Diarrhoea Remedy at hand and take a dose on the first appearance of the disease. For sale by all dealers.

"Do you believe all his fish stories?" "Of course I do. I'm the fellow he gives the fish to when he catches any."—Detroit Free Press.

Never leave home on a journey without a bottle of Chamberlain's Colic, Cholera and Diarrhoea Remedy. It is almost certain to be needed and cannot be obtained when on board the cars or steamships. For sale by all dealers.

"Well, the hobble skirt has died a natural death." "Yes; but some of those who wore them didn't."—Judge.

Bilious? Feel heavy after dinner? Tongue coated? Bitter taste? Complexion sallow? Liver needs waking up. Doan's Regulators cure bilious attacks. 25 cents at any drug store.

Serge suits for seashore have very wide bands of silk soutache braiding on the hem.

A Peep into His Pocket! would show the box of Bucklen's Arnica Salve that E. S. Loper, a carpenter, of Marilla, N. Y., always carries. "I have never had a cut, wound, bruise, or sore it would not soon heal," he writes. Greatest healer of burns, boils, scalds, chapped hands and lips, fever-sores, skin eruptions, eczema, corns and piles. 25c at E. T. Whitehead Company's.

A Tribute of Affection. Something of the sympathetic kindness of nature of the late Frederick Greenwood came out in a little speech made by J. M. Barrie on the occasion of Mr. Greenwood's seventy-fifth birthday, when the men who had worked under him on the St. James' and the Pall Mall Gazette met to do him honor. In the course of his remarks Mr. Barrie confessed that he had bought his first silk hat "to impress" the veteran editor. Then he added impulsively: "Oh, Greenwood, it is for your kindness to us boys in our first silk hats that we love you!"

Change of Front. The Groom—Great heavens, who is this coming up? The Bride—Why, that is Aunt Maria! The Groom—Well, have I got to embrace that old fairy? The Bride—Sh! It was she that sent us the handsome elver service. She's worth thousands. The Groom (kissing her rapturously)—My darling aunt!—London Answers.

Practice and Preaching. "For the love of heaven, Amanda," said the Rev. Dr. Fourthly, calling to his wife in tones of thunder, "come and take this squalling baby out of the room before she drives me crazy. I'm writing a sermon on 'Bearing One Another's Burdens.'"—London Tit-Bits.

The Great Trouble. "It is every woman's duty to keep young as long as possible," she said. "Yes," he admitted, "but the great trouble is that so many young women insist on keeping young after it is impossible."—Chicago Record-Herald.

He Rallied. First Physician—Did he rally from the operation? Second Physician—Well, I should say so; just look at that black eye he gave me.—Exchange.

When you make one mistake don't make another by trying to tie it out of it.

TIGHT HATS.

They Impede Circulation of the Blood in the Scalp and Invite Baldness.

Ingenious men are continually contriving new kinds of shoes, new suspenders and hundreds of different kinds of braces, but so far, says the Therapeutic Gazette, no one has taken up the idea of making a hat which will hold on the head and not blow off and at the same time not bind the head all around like a constricting band.

Some men go without hats at times with the idea that the hair is improved by ventilation and sunshine. Undoubtedly this does improve it, but the prime secret is not in not wearing the hat at all. The ventilated hat will not prevent baldness if this same hat be worn tightly around the head. If a string be tied ever so lightly around the finger the effect upon the circulation may be easily marked in the end of that finger. A tight hat will affect the circulation of the scalp in the same way.

Hats which are easily blown off should never be worn, as they will not stay on unless jammed so tightly upon the head as to impede circulation. All stiff, rigid hats should be very light, and one should select a size larger than the head measurement and correct the over size by inserting felt strips under the sweat band, thus giving a cushion-like effect and preventing the constriction at that portion of the scalp.

FIRST POST HOUSES.

Established by Cyrus, the Founder of the Persian Empire.

The first posts are said to have originated in the regular couriers established by Cyrus the Great about 550 B. C., who erected post houses throughout the kingdom of Persia. Augustus was the first to introduce this institution among the Romans, 31 B. C., and he was imitated by Charlemagne about 800 A. D. Louis XI. was the first sovereign to establish post houses in France, owing to his eagerness for news, and they were also the first institution of this nature in Europe. This was in 1470, or about 2,000 years after they were started in Persia.

In England in the reign of Edward IV. (1481) riders on post horses went stages of the distance of twenty miles from each other in order to procure the king the earliest intelligence of the events that passed in the course of the war that had arisen with the Scots. A proclamation was issued by Charles I. in 1631 that "whereas to this time there hath been no certain intercourse between the kingdoms of England and Scotland, the king now commands his postmaster of England for foreign parts to settle a running post or two between Edinburgh and London to go thither and come back again in six days."

The Active Sloth Bear. The sloth bear appears to be the most active of all the bears in the zoo. Whoever misnamed the animal ought to bestow a more appropriate title," said a woman visitor who sat on a bench in front of the bear den.

"A more befitting designation would be 'Ursus pugilisticus' or something like that, for he is certainly the most pugacious of all the bear specimens here. And he gets away with it, too, although he weighs only 250 pounds. I saw him knock out the hairy eared bear in a fierce fight over a piece of meat, and he gets the better of the great Yezo bear of about 1,000 pounds in the adjoining inclosure. They fight through the bars. You can hear the snapping of the big bear's jaws as he fails to catch his opponent. But the nervous sloth bear is as quick as a cat with his long claws and gets in a dig on the other one's muzzle that makes him snort with pain."—New York Sun.

Salt and the Romans. Spilling of salt is a superstition still current among us. It is derived from the ancient Romans, who used salt in their sacrifices and regarded it as sacred to Penates. To spill it carelessly was to incur the displeasure of these household divinities. After accidentally spilling salt the ancient Roman was wont to throw some over the left shoulder—the shoulder of ill omen—thereby hoping to call away from his neighbor the wrath of the Deity and turn it upon himself.

Elephants' Love For Finery. Strange as it may seem, the elephant is passionately fond of finery and delights to see himself decked out with gorgeous trappings. The native princes of India are very particular in choosing their state elephants and will give fabulous sums for an animal that exactly meets the somewhat fanciful standards they have erected. For these they have made cloths of silk so heavily embroidered with gold that two men are hardly able to lift them.—Pearson's Weekly.

Logical. "Mother," asked little Ethel, "now that you're in mourning for Cousin Adelaide, will you wear black night-dresses too?" "What an absurd question, child!" "Oh, I only thought you might be as sorry at night as you were during the day," ventured Ethel.—Harper's Bazar.

How It Came Out. He—So you finished the novel I brought you. How did it come out? She—The author must have had a pull. I can't see any other way.—Boston Transcript.

Be true to yourself and you do not need to worry about what the neighbors think.

Afraid to Stay Alone.

Cherry Valley, Ark.—Mrs. Carrie Moore, of this place, says, "I was afraid to stay by myself, I had headache nearly all the time; my heart would palpitate, and my vitality was very low. When I would lie down at night I had no hope of living until day. I tried Cardui, and now I feel better than I have for 5 years. I cannot praise Cardui enough for what it did." Are you a woman? Do you need a tonic? Try Cardui, the woman's tonic. Your druggist sells it.

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