

## My Doctor Said

"Try Cardui," writes Mrs. Z. V. Spell, of Hayne, N. C. "I was in a very low state of health, and was not able to be up and tend to my duties. I did try Cardui, and soon began to feel better. I got able to be up and help do my housework. I continued to take the medicine, and now I am able to do my housework and to care for my children, and I feel as though I could never praise Cardui enough for the benefits I have received."

### TAKE CARDUI The Woman's Tonic

Cardui is successful, because it is made especially for women, and acts specifically on the womanly constitution. Cardui does one thing, and does it well. That explains the great success which it has had, during the past 50 years, in helping thousands of weak and ailing women back to health and happiness.

If you are a woman, feel tired, dull, and are nervous, cross and irritable, it's because you need a tonic. Why not try Cardui? Cardui builds, strengthens, restores, and acts in every way as a special, tonic remedy for women. Test it for yourself. Your druggist sells Cardui. Ask him.

Write for Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn. For Special Instructions, and 64-page book, "Home Treatment for Women," sent free. J. 35

## House Moving!

I am prepared to move houses with or without chimneys.

**Reasonable Prices.**

For terms and further information, apply to

R. V. KITCHIN,  
Scotland Neck, N. C.

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Scotland Neck, N. C.

### INSURANCE

of all kinds written.

Why insure in companies that may wish to pay and can't? I represent the strongest and most liberal companies in America. Life and Accident, Mutual Benefit and National.

**FIRE**

THE HOME, Assets over \$1 million.  
THE CONTINENTAL, Assets over 24 million.  
THE PHILADELPHIA UNDERWRITERS, Assets over 24 million.  
THE FIDELITY-PHENIX, Assets over 15 million.  
THE GLOBE AND ROGERS, Assets over 15 million.

Should you wish insurance of any kind see me. Will see that loss is paid, unless by fraud.

## MUSTANG LINIMENT

CURED A BAD SPAVIN.

Mr. D. H. Lee, Mission, N. C., writes: "My horse had a very bad case of spavin and nothing did any good until I tried your Mustang Liniment. I rubbed the spavin frequently with the liniment and soon saw an improvement. I did this three or four times a day and my horse was completely cured. It is sure to cure if properly used."

## MEXICAN MUSTANG LINIMENT

FOR HORNET STINGS.

Mr. S. J. Hudson, Newbern, N. C., writes: "I have used Mexican Mustang Liniment for different ailments and have found it an excellent liniment. At one time my son was badly stung by a hornet. I rubbed the liniment quickly over the place. I have recommended it to others hundreds of times. 25c, 50c, \$1 a bottle at Drug & Gen'l Stores."

## Mexican Mustang Liniment

CURES SWINNEY.

Mr. R. S. Shelton, Mt. Airy, N. C., writes: "I used Mexican Mustang Liniment on a very valuable horse for swinney and it cured it. I always keep it in my stable and think it the best liniment for rheumatism and other ailments. It contains no alcohol and so cannot sting in case of open wounds or burns. Soothes and cools at once. Just try it."

## MEXICAN MUSTANG LINIMENT

FOR BURNS AND BRUISES.

Mr. W. V. Clifton, Raleigh, N. C., writes: "I keep a bottle of Mexican Mustang Liniment in my home continually for general use. It is the finest thing in the world for Cuts, Burns and Bruises."

## Monuments & Gravestones

In all First Class Varieties of Marble and Granite.

### Largest Stock in the South.

Remember, we pay the freight and guarantee safe delivery. As we employ no Agents the item of commissions is not included in our prices. This enables us to use a higher grade of material and to finish it better than otherwise. Is this worth considering? When in Norfolk call on us. You will find what you want; see and know what you are buying, and will get it quickly!

**The Couper Marble Works,**  
(Established 1848.) 159-163 Bank St., Norfolk, Va.

## ALL AROUND THE HOUSE

Old bread just now takes a new form in bread-crumbs cakes. Soak the bread in buttermilk and use flour to thicken the batter.

Be careful never to use too much butter in cake. Use a scant amount rather than what the rule calls for, and it will save many a poor cake.

Cold water, a teaspoonful of ammonia and soap will remove machine grease when other means would not answer on account of color running.

A little vinegar put into water in which eggs are poached will keep them white and prevent them from spreading.

A scented bag that will keep moths away is made as follows: One-half ounce each of cloves, nutmeg and caraway seeds.

When next frying oysters, dip them first in mayonnaise and then in crumbs before immersing in the deep fat. They will be found delicious.

If gilt frames are coated with copal varnish it will preserve them, and they can be washed with water without removing the luster from the gilt.

To remove wallpaper take warm water that is softened with borax or ammonia and apply with a sponge. The paper will soon become soaked and blistered and may be easily stripped off. It is well to do this a day or so before the new paper is put on.

### Boiled Mutton.

A second appearance of this somewhat insipid dish may be more appetizing than the first. Cut the meat, which should be perfectly cold, into rather thick slices and lay these in the caper sauce which went around with them yesterday, or when the meat was hot. Heat slowly to a boil and send to table together in a hot platter. The sauce imparts richness to the meat.

Or—Lay the sliced meat in a mixture of lemon juice and salad oil—"a marinade," as the French call it—and leave them there for an hour. Then roll in fine crumbs. Set in ice for another hour and fry lightly. Drain off every drop of fat before serving. The meat should be salted and peppered on both sides before it is marinated.

### Steamed Rice Pudding.

Heat three cups of milk in a double boiler. Cook one-half cup of rice in one cup boiling water five minutes. Add to hot milk and cook until rice is tender, then add one-half teaspoon salt. Beat one egg light, add two tablespoons sugar and stir this into hot rice just as you take it from the fire. When well mixed, turn into serving dish, sprinkle two tablespoons sugar over top and dot with one heaping tablespoon of butter cut into small pieces. Allow about one and one-quarter hours to cook.

### O'Brien Potatoes.

Peel and dice into a baking dish nine cold boiled potatoes, salting well. Chop one green pepper fine and par-boil for three minutes. Make a sauce of three cupfuls of milk thickened with two tablespoons flour, stir in par-boiled shredded pepper, add to potatoes, turning grated cheese over the top and bake 20 minutes. This recipe is for a large family.

### Man Coughs and Breaks Ribs.

After a frightful coughing spell a man in Nighton, Wis., felt terrible pains in his side and his doctor found two ribs had been broken. What agony Dr. King's New Discovery would have saved him. A few teaspoonfuls ends a late cough, while persistent use routs obstinate coughs, expels stubborn colds or heals weak, sore lungs. "I feel sure it's a God-send to humanity," writes Mrs. Effie Morton, Columbia, Mo. "For I believe I would have consumption to-day, if I had not used this great remedy." It's guaranteed to satisfy and you can get a free bottle or 50 cent or \$1.00 size at E. T. Whitehead Company's.

### Wood's Seeds.

## Soja Beans.

The largest-yielding and best of summer forage crops, also makes a splendid soil improver—lower in price than Cow Peas this season.

Wood's Crop Special gives full information about this valuable crop and also about all Seasonable Seeds:

**German Millet, Sorghums, Cow Peas, Buckwheat, Ensilage Seed Corns, Late Seed Potatoes, etc.**

Write for Wood's Crop Special giving prices and interesting information. Mailed free on request.

**T. W. WOOD & SONS,**  
SEEDSMEN, - Richmond, Va.

### Here is Relief for Women.

If you have pains in the back, Urinary, Bladder or Kidney trouble, try Mother Gray's Aromatic Leaf, a pleasant herb remedy for women's ills and a great system regulator. At druggists or by mail 50c, sample free. Address, Mother Gray Company, LeRoy, N. Y.

### Lives Australian Freaks.

A calf, somewhat of a freak of nature, was born on T. G. Ware's farm at Little Akaara, Australia, recently. It has five legs, the extra one working in a socket in the breastbone. The calf is thriving and is strong and healthy. Another freak, a lamb, is reported to have been born at Plat Point Station. It has three ears and eight legs. It did not live.

### Ends Hunt for Rich Girl.

Often the hunt for a rich wife ends when the man meets a woman that uses Electric Bitters. Her strong nerves tell in a bright brain and even temper. Her peach-bloom complexion and ruby lips result from her pure blood; her bright eyes from restful sleep; her elastic step from firm, free muscles, all telling of the health and strength Electric Bitters give a woman, and the freedom from indigestion, backache, headache, fainting and dizzy spells they promote. Everywhere they are woman's favorite remedy. If weak or ailing try them. 50 cents at E. T. Whitehead Company's.

## WHAT'S THE REASON?

### Many Scotland Neck People in Poor Health Without the Cause.

There are scores of people who drag out a miserable existence without realizing the cause of their suffering. Day after day they are racked with backache and headache; suffer from nervousness, dizziness, weakness, languor and depression. Likely the kidneys have fallen behind in their work of filtering the blood and that is the root of the trouble. Look to your kidneys, assist them in their work—give them the help they need. You can use no better remedy than Doan's Kidney Pills.

Below is a grateful testimony from a sufferer in this locality.

G. W. Tye,                      Weldon, N. C.

C. says: "I am glad to say that I have been benefited by Doan's Kidney Pills. My kidneys gave me a great deal of trouble and I had pains through my loins. After taking Doan's Kidney Pills all these aches and pains disappeared and the trouble with my kidneys became a thing of the past."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

### Remember the name—Doan's—and take no other.

### Beauty Hint.

Red elbows, says the Evening News, are happily a thorn which may be removed. Saw off the red elbows, soak them in a bleaching mixture of unslaked lime, steep them in carbolic acid, and they will never trouble you again. Cold feet may be treated similarly.

There is no real need of any one being troubled with constipation. Chamberlain's Tablets will cause an agreeable movement of the bowels without any unpleasant effort. Give them a trial. For sale by all dealers.

### Best Form of Prayer.

When the hearts of men and women are filled with heavenly love, a power which makes for righteousness constantly emanates from them. Those who pray with their lives offer for the most effective prayer, even though they do not utter a word.—Chamney Giles.

### Cures Itching Skin.

Heals cuts or burns without a scar. Cures piles, eczema, salt rheum, any itching. Doan's Ointment. Your druggist sells it.

### Cure Well Answered.

A cynic once observed: "It does not matter whom you take as a bride, because you always find out next day that you have married some one else." To which every happy husband will confidently reply: "It is better to love the real woman you have married than to marry the ideal girl you have loved."

### Feel languid, weak, run-down? Headache? Stomach "off"?—Just a plain case of lazy liver. Burdock Blood Bitters tones liver and stomach, promotes digestion, purifies the blood.

### Misquotation.

It is very surprising to find in the Charlotte Observer this misquotation of an old phrase. "Everything was lovely and the goose was hanging high." This is the way the unlearned commonality have come to write it, but in the Tar Heel country they know better. The right rendering is "the goose honks high," as the wild goose does when the weather is fine, or, in other words, when "everything is lovely."—Nashville Banner.

### Marmalade.

One dozen oranges, two grape fruits, two lemons; slice fruit rind and all thin, picking out pits. To every pound of fruit allow three pints of water. Let stand twenty-four hours, then boil slowly till tender, and let stand another twenty-four hours. To every pound of fruit and syrup add 1 1/2 pounds of sugar. Boil half hour, or until fruit is transparent and syrup jellies. Seal in jelly glasses. This will make about forty glasses. Some of us are at this time of the year getting low on our supply of jams and jellies. These make a fine substitute.

### Daisy Luncheon Meat.

Take any cold meat—you may use two kinds if you wish—and mince fine. Add enough good stock to moisten, and season to taste. You should have about three cups.

Take three hard-boiled eggs, place one endwise in the bottom of a mold and pack meat firmly around it until it is nearly covered; then place the next egg and pack the meat around, and so on until your mold is full. (Use a round mold). Be sure to place the eggs on end. Remove from the mold and cut in slices. The daisy will appear in the center.

### Mayonnaise Sandwiches.

Make a pliant mayonnaise, using plenty of red pepper and lemon juice in the seasoning. Spread on a bit of lettuce put between fresh gluten bread, trimmed of all crust. Only a little of the mayonnaise must be used, for it is likely to drip with the heat of the rooms.

A sprained ankle may as a rule be cured in from three to four days by applying Chamberlain's Liniment and observing the directions with each bottle. For sale by all dealers.

### Water Elephant.

The water elephant is a newly discovered animal found in central Asia.

Cheapest accident insurance—Dr. Thomas' Electric Oil. Stops the pain and heals the wound. All druggists sell it.

## BEST KITCHEN FLOOR

### SOUTHERN PINE HAS MUCH TO RECOMMEND IT.

Stained and Oiled This Wood Offers Surface That Wears Well and Is Kept Clean With Little Labor.

If you must have hardwood, avoid white ash, which splinters and turns gray. Maple has many admirers for most daily scrubbing to maintain that whiteness, and varnish wears off seemingly overnight. Red oak has a rich tone and withstands use without screaming for the daily scrubbing brush.

My own preference, says Maude E. Myers in Farm and Home, is for southern pine, stained and oiled (never varnished), since the hard wear of a kitchen floor cannot be renewed in spots without having a patchy look. The only remedy is to remove it and apply a new coat, but varnish remover is both expensive and laborious to apply. Paint is open to similar objections, with the possible exception that it "patches" better.

Possibly the most permanent stain for pine is also one of the most inexpensive, consisting only of permanganate of potash. This can be purchased at any drug store, and needs only to be mixed with water, in the proportion of one-quarter ounce to a quart of water. Have floor thoroughly clean and dry and apply the mixture with a brush, freely and evenly. If a very dark shade is desired, make two applications, but the addition of the oil makes it dark enough for most tastes.

When thoroughly dry, oil with burnt linseed oil, heated, or an emulsion of beeswax and turpentine. The former is quicker to apply, needing simply two soft cloths, one to apply it, the other to wipe away the superfluous oil. The latter, however, gives a higher polish and may be rubbed to a beautiful luster. Either finish will repel grease spots.

In applying the permanganate of potash do not be alarmed if at first your floor takes on an undesirable magenta color; this will subside almost immediately, changing to a dark, rich brown, a genuine Havana stain, utterly impervious to water.

### To Stain White Kid Black.

Simple treatment with solution of iron sulphate or copperas will dye leather black. Acetate of iron may also be used with advantage. The leather might first be mordanted with a solution of logwood extract diluted with a little alcohol, applied several times till the deepest tint is obtained, also is a stain used for coloring white kid black. It should be applied with a brush, the kid held on a form to keep its shape, and the leather should be rubbed with a soft cloth while drying to soften the fibre. Any of these stains applied thoroughly to give the darkest tint will blacken light leather articles sufficiently to prolong their service, though, of course, failing to achieve results entirely like the new article.

### To Cleanse Feathers.

To clean feathers from their own animal oil, steep them in a bath of one gallon of water mixed with one pound of lime; stir the mass well to expose all evenly to the purifying agents, then pour off the water, and give the feathers several good rinsings in clear cold water. To clean feathers from dust or dirt simply wash them in a bath of hot soap-suds and rinse in hot water. To free them from any taint boil them in a loose porous case, using a little ammonia and dissolved soap in the water. Rinse freely in hot water and dry in a current of air in the sack in which they were cleaned.

### Eye Water Before or After.

"I thought that in the fifteen years of my practice of medicine," said a physician, "I had answered almost every possible 'fool' question; but a new one was sprung on me recently. A young man came in with an inflamed eye, for which I prescribed medicine—to be dropped into the eye three times a day. He left the office, but returned in a few minutes, poked his head in the doorway, and asked 'Shall I drop this in the eye before meals or after?'—Everybody's Magazine.

### Cure for Dime Novel Reading.

It was asked recently what could be done to stop boys from reading dime novels, and the reply of one observer was: "Teach dime novels in the same way that you do English in the high schools and that will soon stop it." I know one or two young folks who will never read Scott, because Ivanhoe was taken up as a school subject.

### Use Allen's Foot-Ease,

the antiseptic powder to shake into the shoes. Makes tight or new shoes feel easy. Relieves painful, swollen tender, sweating, aching feet and takes the sting out of corns and bunions. Sold everywhere. 25c. Don't accept any substitute. Sample free. Address, Allen S. Olmsted, LeRoy, N. Y.

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to represent this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifling with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Turpentine, Drops and Soothing Syrups. It is pleasant, it contains neither Opium, Morphine nor other dangerous substance. Its age is its guarantee. It cures Croup, Whooping Cough, Colic, Teething Troubles, Diarrhoea, and allays Feverishness. It cures Biliousness and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

### GENUINE CASTORIA ALWAYS Bears the Signature of

*Chas. H. Fletcher*

## The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 37 MURRAY STREET, NEW YORK, N. Y.

## ROBERTS' TASTELESS CHILL TONIC

Guaranteed to cure Chills, LaGrippe and Fevers, or your money cheerfully refunded.

We know what it has done in thousands of cases and do not hesitate to make this sweeping guarantee.

Prove our statements for yourself. Get a bottle today. Give it an honest trial. You will be benefited beyond measure. Your blood will become pure, free from malarial infection. You'll feel like a new being, full of life, ambition and strength.

Get it at your druggist's today, 25c. and 50c.

**Suffolk Drug Corporation,**  
Suffolk, Virginia.

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## Quick Detachable Clincher

FULL ROUND SHAPE  
STRONG  
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Easily Fits Any Quick Detachable Rim  
No Tools Required

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# MICHELIN

## Quick Detachable Clincher

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STRONG  
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Easily Fits Any Quick Detachable Rim  
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# G. C. Weeks Motor Car Co.

Cheapest accident insurance—Dr. Thomas' Electric Oil. Stops the pain and heals the wound. All druggists sell it.