

A Severe Sickness Leaves The Kidneys Weak.

After recovering from a severe attack of sickness some time ago, I was all run down and suffering from pain in my back and hips and my kidneys were all the while. I started taking Scott's Emulsion and found it was just what I needed. My blood became bright and after taking a few bottles I was surprised at the effect it had on my kidneys. They were finally cured and I have much to be thankful for what your great medicine did for me.

Yours very truly,
W. O. BLACKMON,
Phenix City, Ala.

Order and subscribed before me this 11th day of July, 1909.
W. J. EARS,
Justice of the Peace.

Write to Dr. Kilmer & Co.,
Dingham, N. Y.

Free Will Soap-Road Will Do For You.
Send to Dr. Kilmer & Company,
Dingham, N. Y., for a sample bottle. It will convince any one. You will also receive a booklet of reliable information, telling all about the kidneys and bladder. When writing, be sure and mention Dr. Kilmer's name. Regular fifty-cent one dollar size bottles for sale at all drug stores.

DR. A. C. LIVERMOR,
DENTIST.
Office upstairs in White-head Building.
Office hours from 9 to 1 o'clock and 2 to 5 o'clock.

DR. A. D. MORGAN,
Physician and Surgeon
Scotland Neck, N. C.
Office in the building formerly used by Dr. J. P. Wimberley.

CHAS. L. STATION,
Attorney-at-Law,
Scotland Neck, N. C.
Practices wherever his services are required.

ASHBY DUNN,
Attorney and Counselor at Law
SCOTLAND NECK, N. C.
Practices wherever his services are required.
Money to loan on approved security.

DR. R. L. SAVAGE
OF ROCKY MOUNT, N. C.
Will be in Scotland Neck, N. C., on the third Wednesday of each month at 10 o'clock to treat the diseases of the Eye, Ear, Nose, Throat, and fit glasses.

DR. O. F. SMITH,
Physician and Surgeon
Office in The Crescent Pharmacy, Inc
Scotland Neck, N. C.

THE PEOPLE'S
Stock Remedy
Guaranteed to keep your stock in a healthier and better condition.

THE PEOPLE'S
Stock Remedy
Guaranteed the BEST Egg Producer and Disease Preventive. Every Package of the above Remedies sold on a Personal Guarantee, backed by

Robertson Grocery Company.

PARKER'S
HAIR BALSAM
Grows and beautifies the hair. Keeps the scalp cool and moist. Prevents itching and dandruff. Restores color to faded hair. Cleanses the scalp. Sold at 15¢ and 25¢.

BULBS!

Now is the time to set out Flowering Bulbs to bloom next spring. Use a pot or box some of them for forcing in the house. I have received a large collection of Imported Hyacinths, Daffodils, Narcissus and many other varieties at reasonable prices. Place your order for Roses, Carnations and other Choice Cut Flowers, Floral Designs, Palms and Ferns. Send for price list.

H. STEINMETZ
FLORIST
Raleigh, North Carolina.

Guthrie Mader, Local Agent,
Scotland Neck, N. C.

Pills Cured in 6 to 14 Days
You should not refund money if PAZO OINTMENT fails to cure any case of Itching, Head, Bleeding or Protruding Piles in 6 to 14 days. The first application gives Ease and Rest, etc.

are under double strain—strength to live and learn and strength to grow—they must have nourishment—not over-loaded stomachs, but concentrated nutriment to aid nature during the growing period.

The wonderful record of Scott's Emulsion as a body-builder has been proved for three generations. It strengthens the bones, muscles and sinews; builds the body, creates energy and vigor; prevents and relieves colds and fortifies the lungs.

Millions of delicate and undeveloped children have been made strong, sturdy and hearty with Scott's Emulsion.

Instit on having SCOTT'S.
Scott & Bowne, Bloomfield, N. J. 12-68

THE MAN WHO NEVER GIVES UP.

He Meets The Obstacles With a Full Determination to Overcome Them.

There are men—and there are men. There are men who are possessed of will power, plus endeavor—who enjoy climbing, who glory in achievement, who prefer the paths of difficulties.

Men of this caliber are supplied with big stocks of courage. They enjoy nothing more than the exercising of their brain powers, combined with the putting of their physical prowess to the severest test.

To them the goal is ever ahead; they climb, not in order to say, "Behold me, the wonderful man!" They put forth their efforts as self-imposed tests of their own powers, that when they meet with success they may thrill with the joy of achievement.

Ambition to do and to arrive somewhere worth while fires them to perform seemingly miraculous feats. To such men nothing seems impossible, except to "give up."

The world awaits such men. It matters not who they are, where they come from—the world wants them because they are earnest, because they make good.

Such men come up from the ranks—they are not bound by destinies. They are not content to be among the ordinaries.

Then, there are others—we call men, who lack all the stuff known as "strength of character," who have human aspirations, but are totally minus the stability and definiteness of purpose, and who gradually become part of the machine.

No oil of activity, no grease of exertion, no wheels of ambition to make the whole mechanism of these men buzz with the joyous thrill of work!

Such are the down-in-the-mouth, the kind that give up at the first knock of some unexpected fate.

They have contracted the habit of fear—they are afraid to face defeat, or to fight against troubles by utilizing the brain power and the energy that nature has bestowed upon them for just such emergencies.

Such men allow themselves to be burdened with the belief that they are not capable—that the division is against them, and that luck is about as dependable as work. They have no inclination to do and become, no desire to follow any but the easiest course.

They cannot understand themselves. They will not be masters of themselves, but prefer rather to watch the procession and complain.

Such men have tried, maybe, but defeat to them has not been an incident—it has been the finish. Defeat has left them afraid to face the dangers of life, afraid to go on, to fight out their own destiny, and they are lost in the circle.

Every man must decide for himself whether or not he will pay the price, whether he will lead, or whether he will be relegated to the over-crowded procession of ordinaries—the men who give up at the first obstacle that crosses their path.

B. A. Loeb.

A private knocker is a public nuisance.

Tom Marshall has just celebrated his fifty-ninth birthday anniversary. Some vice-presidents will do anything to get a little publicity.

Our world's journey in space is a long one, if we are the accept the conclusions of Dr. Turner, of the University Observatory of Oxford and Prof. H. C. Plummer, royal astronomer of Ireland. Recent astronomical work suggests that the sun and its planets form a single unit in a vast system, the stars in which, though separated by enormous distances, have a common center of gravity, and in response to gravitation all move in unison like a stupendous machine. The paths of these stars, instead of being nearly circular, like those of the planets around the sun, are much like the oscillations of a pendulum. The calculations show that on this elongated course our sun must travel 400,000,000 years before completing a revolution, and that it passed near the center less than a million—perhaps not more than \$300,000—years ago, and is now on the outward stretch.—Exchange.

Get After The Flies.

This warm winter kept many flies alive and we will have to begin swatting earlier, and more persistently this spring than last. Swatters are of little value except where there are a comparatively few flies. Swatters are just the things for those flies that wintered over. Swat now for it will be a hopeless case in six weeks.

THE LIFE AND SPEECHES OF CHARLES B. AYCOCK

By R. D. W. CONNOR and CLARENCE FOE.

Every man who followed and voted for Governor Aycock in that wonderful campaign of 1900 ought to get this book before it goes out of print. It is a biography of the greatest possible human interest and the most popular North Carolina book ever printed. This stirring life-story of a great spirit and great leader among our people should be read and read again in every home in the State.

The 4th of April will be a year since Governor Aycock died suddenly in a distant State. Before that date we want every reader of The Commonwealth to have this splendid biography, and in order to help you get it we have arranged with Mrs. Aycock's sales managers to supply it to our readers in the following

Remarkably Attractive Offer

The Commonwealth one year	\$1.00
The Life and Speeches of Charles B. Aycock	1.50
Total	\$2.50

We Send BOTH for Only \$2.00.

Send or bring the \$2.00 today. We will have the book go to you by next mail and send paper as promised. Address THE COMMONWEALTH, Scotland Neck, N. C.

IMPORTANT ATHLETIC GATHERING.

A State Championship Interscholastic Track and Field Meet.

Chapel Hill, N. C., March 31.—Engaging the attention of the high school pupils of the State, and of particular interest to budding young athletes in all of the schools, for the next three weeks, is the first annual State Championship Interscholastic Track and Field Meet at Chapel Hill on April 11th. Definite plans have been outlined by the Greater Council of the University, the Athletic Association and the Alumni of the institution for the gathering together of the young athletes from all sections of the State on the above mentioned date.

Entry blanks and letters of information bearing on the meet have been mailed the principals of the principals of the high schools and preparatory schools of the State inviting their enlistment in this first athletic contest of State-wide significance and scope to high school lads.

The purport of the meet is to add stimulus to the training of young athletes in North Carolina and give additional stress to the importance of the development of the physique of the future citizens of the State. Just the same degree as the "Debating Union of North Carolina," in its recent successful contest, aimed at the training of the intellect in the tactics of debating, so does this meet propose to strengthen the body of the high school pupils, thus rounding up the whole make-up of the individual. This contest is open to all the preparatory and secondary schools of the State.

The events of the meet will be ten in number—100 yard dash, 220 yard run, 880 yard run, mile, 120 yard low hurdle, high jump, broad jump, pole vault, 12 pound shot put, 12 pound hammer throw. Individual as well as school prizes will be awarded for the best exhibitions in this meet. The State championship will be decided in an open relay race, and the team winning will be awarded an engraved cup.

The young visiting athletes during their sojourn in Chapel Hill will be entertained by the Greater University Council.

The Earth's Journey.

Our world's journey in space is a long one, if we are the accept the conclusions of Dr. Turner, of the University Observatory of Oxford and Prof. H. C. Plummer, royal astronomer of Ireland. Recent astronomical work suggests that the sun and its planets form a single unit in a vast system, the stars in which, though separated by enormous distances, have a common center of gravity, and in response to gravitation all move in unison like a stupendous machine. The paths of these stars, instead of being nearly circular, like those of the planets around the sun, are much like the oscillations of a pendulum. The calculations show that on this elongated course our sun must travel 400,000,000 years before completing a revolution, and that it passed near the center less than a million—perhaps not more than \$300,000—years ago, and is now on the outward stretch.—Exchange.

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MORGAN IS DEAD.

He Passed Away Sunday In Rome at The Grand Hotel.

Rome, Italy, March 31.—J. P. Morgan, the American financier, died at the Grand hotel here yesterday at 12:05. The announcement of his death was withheld from the newspaper men until cable information could be sent to the London and New York offices of the Morgan firm. The end came peaceful with Mr. Morgan still unconscious. Herbert L. Satterlee and Mrs. Satterlee, Mr. Morgan's daughter, Doctor Bastianelli and members of the Morgan party were at his bedside for several hours before death. Mr. Morgan gave no sign of consciousness. Death followed a week of serious illness. The last words were uttered when Mr. Morgan was aroused Wednesday and he asked that his lung be massaged, the treatment that had revived him before, when he suffered nervous disorders.

A Story Jones Tells.

An old darkey driving a balky mule came to a full stop before a doctor's office. Quite a crowd gathered, jeering and laughing at the old man's futile attempts to start the "critter." Hearing the noise the doctor came to the door and, seeing what was the matter, disappeared into his office for a few moments, then came out bearing a large hypodermic syringe in his hand, with which he proceeded to "jab" the mule several times. In a very brief while the mule came to his surprised senses and before the darkey driver could mount the wagon started down the road at a terrific gait.

His master started after on a dead run, but was speedily outdistanced. Returning to the doctor's office, breathless and perspiring, he exclaimed:

"Say, doc, jes' put some ob dat er stuff inter me, fur I gotta ketch dat mule."—Jones' Magazine.

The Most Favored of All.

We people of North Carolina do not appreciate the unexcelled conditions under which we live. While the Central West is cursed with its tornadoes, the Southwest by its long droughts, the Northwest and North-east by extreme cold we are free from all extremes. No section of the United States is so favored by nature as is the State of North Carolina.—Charlotte Chronicle.

FRAIL, SICKLY CHILD

Restored to Health by Vinol—Letter to Mothers.

Anxious mothers often wonder why their children are so pale, thin and nervous and have so little appetite. For the benefit of such mothers in this vicinity we publish the following letter.

J. Edmund Miller, New Haven, Conn., says: "My little daughter, ever since her birth, had been frail and sickly, and was a constant source of worry. Several months ago we commenced to give her Vinol. I immediately noted an improvement in her health and appearance. I gave her three bottles of Vinol, and from the good it has done her I can truly say it will do all you claim."

This child's recovery was due to the combined action of the medicinal elements extracted from cods' livers, combined with the blood-making and strength-creating properties of tonic iron, which are contained in Vinol. Vinol will build up and strengthen delicate children, old people and the weak, run-down and debilitated. We return the money in every case where it fails.

P. S. For pimples and blotches try our Saxo Salve. We guarantee it. E. T. Whitehead Company Scotland Neck, N. C.

OLD HICKORY CHIPS.

Short and Pithy Sayings on Subjects Past and Present.

Prosperity often depends on the things we don't do. It's easier to make enemies than it is to shake them.

Some people manage to see their duty in time to dodge it. Some way should be found to put a little human interest into the job of being vice-president.

There are two editors in the new cabinet, but President Wilson will be the custodian of the blue pencil. Some are born obscure; some attain obscurity, and some are elected to the vice-presidency!

Another reason that more splendid minds are not heard from is that some of us put enough gray matter into a checker game to conduct a serious enterprise.

Speaking of the ship of state, one William H. Taft look like a man who was getting a great deal of enjoyment out of shore leave.

T. R.'s bull moosers will back Whitman for mayor of New York, but the chances are that notwithstanding this heavy handicap, New York's capable prosecuting attorney can win.

The last of John Brown's raiders is dead, wonder if his soul still goes marching on.

It is now painfully apparent that the pie counter is not a quick lunch establishment.

Colonel Bryan likes being Secretary of State and so does the country. Easter bonnets show which way the wind blows.

All the evidences so far goes to show that dynamite is a law unto itself.

President Wilson cannot complain that all these job hunters are not forward looking men.

Our idea of a physical marvel is a human being who does not have any of the symptoms in most of the patent medicine circulars.

It might be comparatively easy to recognize the Mexican Government if it would only stand still a minute.

The American syndicate that financed the Madero revolution will never pay more than 20 cents on the dollar.

Historians of the next century may have something to say about Wilsonian simplicity.

France and Germany are on speaking terms, but there are one or two topics of conversation that neither ventures to bring up.

It may be possible to produce a coinage so quaintly artistic that a man can save his nickels by convincing himself that he is collecting bric-a-brac.

With Secretary Bryan controlling a big bunch of patronage, maybe he will have a little something to say about that tariff bill, after all.

The name of the latest play over in New York is "Damaged Goods," which sounds like a generic title for this season's entire output.

The popular election of senators is now practically in sight, but how about the election of popular senators?

They're going to give hickory chips to the boy scouts, but not in the good old way.

A New York miss has been voted the prettiest girl at Vassar, all the young ladies who cast the ballots having their fingers cross at the time.

San Shank, Indianapolis' potato-selling mayor, has signed a contract to go into vaudeville, but the stage would never have got him if P. T. Barnum were alive.

The commoner a man talks at the State department the better his show for place.

Only the brave deserve the fair, but lots of timid men are landed just the same.

"It's no trouble at all," says a bill collector "to find people out."

Though a man with money be a bad egg, people seldom take offense until he is broken.

No Cordelia, so far as we know the hookworm has never been educated to hook a woman's gown up the back.

Illinois would be proud of its legislature if the latters' laws were as effective as its deadlocks.

Brothers and sons-in-law don't seem to be very strong with the Administration. The Senate is getting to look right Democratic. President Wilson will have a hard time finding another man to refuse the Ambassadorship to England.

Comparative Digestibility of Food

Made with different Baking Powders

From a Series of Elaborate Chemical Tests:

An equal quantity of bread (biscuit) was made with each of three different kinds of baking powder—cream of tartar, phosphate, and alum—and submitted separately to the action of the digestive fluid, each for the same length of time.

The relative percentage of the food digested is shown as follows:

Bread made with Royal Cream of Tartar Powder:	100 Per Cent. Digested
Bread made with phosphate powder:	68½ Per Cent. Digested
Bread made with alum powder:	67½ Per Cent. Digested

These tests, which are absolutely reliable and unprejudiced, make plain a fact of great importance to everyone: Food raised with Royal, a cream of tartar Baking Powder, is shown to be entirely digestible, while the alum and phosphate powders are found to largely retard the digestion of the food made from them.

Undigested food is not only wasted food, but it is the source of very many bodily ailments.

Death of Rosemary.

Rosemary, N. C., March 31.—The angel of death entered the home of Mr. J. C. Vaughan Saturday afternoon, March 22, about 4 o'clock and laid his chilly hand on Mr. Berry Odam, the brother of Mrs. J. C. Vaughan. Mr. Odam was about 55 years old and had been a member of the Missionary Baptist church for several years.

The funeral took place from the home and was conducted by Rev. William Towe, pastor of the Methodist church, on Sunday evening, the 23rd. The remains were laid to rest in the Roanoke Rapids cemetery about 4 o'clock in the presence of a very large gathering of relatives and friends. The services at the grave were very solemn while that beautiful old hymn, "There is a land that is fairer than day," was sung.

Mr. Odam is survived by two brothers and three sisters.

Some Sentences.

"Now," asked the young school teacher, "can anyone give me a sentence with the words 'boys,' 'bear' and 'bees' in it?"

Johnny Smith raised his hand. "Well, Johnny, you may try."

"When we go swimmin' all the boys bees bare," said Johnny, bravely.—N. C. Education.

Mother Gray's Sweet Powders for Children Relieve Feverishness, Bad Stomach, Teething Disorders, move and regulate the Bowels and are a pleasant remedy for Worms. Used by mothers for 22 years. They never fail. At all druggists, 25c. Sample Free. Address, Allen S. Olmsted, Le Roy, N. Y.

"That's a valuable dog of yours." "Yes; but he doesn't know he's a valuable dog. Look at him scratching yonder in that cheap dirt when he might as well be up on the boulevard scratching in ground worth \$500 a front foot."—Washington Herald.

DRUGGISTS ENDORSE DODSON'S LIVER TONE.

It is a Guaranteed Harmless Vegetable Remedy That Regulates the Liver Without Stepping Your Work or Play.

A dose of calomel may knock you completely out for a day—sometimes two or three days. Dodson's Liver Tone relieves attacks of constipation, biliousness and lazy liver headaches, and you stay on your feet.

E. T. Whitehead Company sells Dodson's Liver Tone and guarantees it to give perfect satisfaction. If you buy a bottle of Dodson's Liver Tone and do not find it the safest, most pleasant and successful liver remedy you ever took, this store will give you back the 50 cents you paid for it without a question.

This guarantee that a trustworthy druggist is glad to give on Dodson's Liver Tone is as safe and reliable as the medicine, and that is saying a lot.

When You Paint

Use PURE Paint and Use Pure LNSEED OIL to add to it at one-half the cost of Paint.

PURE PAINT is made with WHITE LEAD, ZINC and LNSEED OIL—that's the way the L. & M. SEMI-MIXED REAL PAINT is made.

But ALL the OIL needed to make the L. & M. PAINT ready for use is NOT put into the Paint when it's prepared for the Consumer who buys it.

The ADDITIONAL quantity of OIL is put into the Paint by the CONSUMER, as by so doing he SAVES MONEY.

Therefore—buy 3 gallons of LNSEED OIL with every 4 gallons of L. & M. PAINT and MIX the OIL with the PAINT.

If the Paint thus made costs more than \$1.40 per gallon—If the Paint as you use it is not perfectly satisfactory—Then return whatever you have not used, and get back ALL you paid for the WHOLE of it and besides, the money you paid to the Painter.

Hardy Hardware Company, Scotland Neck, N. C.

For Weakness and Loss of Appetite The Old Standard general strengthening tonic, GROVE'S TASTELESS CHILL TONIC, drives out Malaria and builds up the system. A true tonic and sure Appetizer. For adults and children, 50c.