

THE COMMONWEALTH

A Family Newspaper: For the Promotion of the Political, Social, Agricultural and Commercial Interests of the People

SCOTLAND NECK, N. C., THURSDAY, DECEMBER 30, 1915.

NUMBER 50.

Thanks....

wish to Thank My Patrons and the Public Generally for the Liberal Patronage Given me during Year 1915

and to announce that I am better Prepared than ever to handle my Trade for the Coming Year

My Motto is

"Quality, Service and Cleanliness"



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HARDWARE

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"The Hardware Hustlers" Scotland Neck, N. C.

DEFT TOUCHES ON SUIT AND GOWN.

New York, Dec. 28. When the practical quality steps in the busy chic, they say, steps out. This may be true when the idea of the practical is carried to an extreme. We have learned however to add a touch of trimming here, and a note of color there, to slash a sleeve, or band a skirt in a way that quite overcomes the predominance of practical over chic and preserves both.

THE DRESS FOR GENERAL WEAR. Suitable for the business woman or the young girl just beginning her days at college is the popular serge in various qualities and weights. This material is appropriate for the



See and Suita Dinner Dress stormy days of the heaviest of winter and also for the most balmy of climates. Wool, perline, gabardine and tweeds are also acceptable, and make exceedingly attractive costumes. These models, often simple in design, permit of a smart touch of some distinctive color or effect perhaps a motif, symbolic of the mystic Orient, or of the more fantastic cut-in-stone relics of our aboriginals, the Indian mound builders, which

have been brought to view after almost numberless decades. Details of this kind often close the high collar, being in the form of buttons, oddly shaped or medallions, serving as buckles or simulating belts on the dress itself. With these effective novelties a dress or suit may be rendered unique to a degree and carry an individual note, difficult to obtain but very satisfactory to the wearer, as she may be sure that her creation is for her wear alone, and will not be duplicated.

THE USE OF LACE AND NET FOR BLOUSE OR FROCK

Net has once more come into popular use for dainty blouses and frocks both for daytime and evening wear; threadrun nets are especially favored for the latter purpose. Plain net is used considerably for blouses in simple designs, tucked here and there and with tiny frills that fold softly about the neck or lend grace to the sleeve. Chantilly, that charming lace of web-like texture in almost too delicate a weave to be worn is also used to fashion many gorgeous creations. Shadow lace, too, has its part in making of the more elaborate dresses' combination with soft taffeta or satin, astrimings in narrow bands, for sleeves, or in soft flaring bretelles. Strange as it may seem, velvet in vivid colors is often used for trimming these filmy costumes in panels and bandings, making a wonderful effect.

SATIN OR TAFFETA AS TRIMMINGS

Narrow platings and ruchings of lace and net seem to be used universally for trimming the dainty evening costumes; soft satin, too in the narrowest of bands or folds, occasionally beaded with small pearls, edges the tiny ruffles and sleeves as well as tunics or flounces which compose the costume. These tunics are draped up often with loops of satin folds having perhaps an end here and there weighted down with metallic ornaments of various sizes. Fancy braid and folds of satin are often combined in applique designs,



Seege Daytime Frock

bow-knots and similar details on tunics of lace or net, with charming effect. Very often one finds the underslips of flouncing embroidered with bows of narrow metallic ribbon or braid either silver or gold or in delicate pastel shades, matching the bodice trimming. Taffeta ribbon with the fascinating peot edge is also favored for these underflounce trimmings, and airily bob up and down the weight of the tiny pearl or cut-bead ornamentations bringing it again into place.

IS THE WIDE SKIRT LOSING FAVOR

At the Fashion Fete held at the Ritz some time ago, the crinoline effect was still the most accentuated feature; there were many dainty airy creations all made with the bouffant skirt, corded or lightly boned. The more conservative afternoon, and the majority of the street costumes, however are gradually narrowing down in width. Many of the street suits and dresses have an underskirt nearly as narrow as it was a season or two back, the width and flare being confined entirely to the long tunic or overskirt which is again a much-favored detail. Within a short time it is being whispered the full skirt will be seen only on dressy afternoon costumes and evening frocks.

Try The Commonwealth next time.

IF IT WASN'T FOR A WOMAN.

If it wasn't for a woman, Where would you have been today? For her sunshine and her singing When the shadows were so gray? For her trust and for her patience When temptation dragged you down? If it wasn't for a woman Would men ever wear a crown? If it wasn't for a woman, With her sweetens and her grace— With the laughter in her spirit And the sunshine on her face— Would we ever make much progress, Would we ever go ahead? Up the summits we are climbing, On the pathways we must tread?

If it wasn't for a woman How would you have got along When confronted with the evil, With the tempting and the wrong? If it wasn't for a woman, To stand by you and to bring A' your strength and resolution How would you have fought the thing?

If it wasn't for a woman, For her faith and her love; For her courage in our conflicts For her trust in things above; If it wasn't for a woman, O what lives we'd sometimes lead Who go dashing on to ruin At such helter-skelter speed!

—The Bentztown Bard.

OPPORTUNITY

They do me wrong who say I come no more, When once I knock and fail to find you in;

For every day I stand out side your door And bid you wake, and rise to fight and win.

Wail not for precious chances passed away, Weep not for golden ages on the wane!

Each night I burn the records of the day; At sunrise every soul is born again.

Lugh like a boy at sundown what have sped, To vanish joys be blind and deaf and dumb;

My judgements seal the dead past past with its deal, But never bind a moment yet to come.

Though deep in mire wring not your hands and weep, I lend my arm to all who say, "I can!"

No shamefaced o'cast ever sank so deep But yet might rise and be again a man!

Dost thou behold thy lost youth all aghast? Dost reel from righteous retribution's blow?

Then turn from blotted archives of the past And find the future's pages white as snow.

Art thou a mourner? Rouse thee from thy spell; Art thou a sinner? Sin may be forgiven;

Each morning gives thee wings to flee from hell, Each night a star to guide thy feet to heaven.

—Walter Malone.

Hamilton Items.

Written for Last Week.

Mr. and Mrs. P. H. Davenport are at home from their bridal tour. R. B. Walkins of Richmond arrived Friday to be guest of his mother, Mrs. J. P. Boyle.

Miss Helen Council is at home from the E. C. T. School.

Mrs. T. B. Slade and Miss Fannie Matthews left Wednesday to visit Mrs. Pitt Jones in Norfolk.

Mrs. Walter Deal and children of Georgia are the guests of Mrs. R. L. Long.

Dr. M. I. Fleming went to Norfolk Thursday.

Miss Rachel Edmondson has returned from a visit to Robersonville.

Mrs. R. A. Edmondson, Mrs. P. H. Davenport and Misses Ruth, and Battle Floyd motored to Rocky Mt. Wednesday.

W. N. Sherrord and W. L. Sherrord of Enfield were in town Sunday.

Mr. and Mrs. P. L. Salisbury and children are spending the holidays in Scotland Neck.

Mrs. Dan Taylor left Wednesday for Washington.

Mrs. Fernie Howard and daughter are the guests of Mrs. Elsie Ewell.

HOME DEMONSTRATION WORK

THE MINERAL WATER FOUND IN GREEN VEGETABLES, FRUITS AND SALADS IS VITAL TO GOOD HEALTH.

Prepared by Miss Minnie L. Jamison, Assistant Home Economics.

In the past, little or no thought has been given to the real need for the foods found in green vegetables and fruits. These foods not only furnish nutriment for the bones and teeth—the structure of the body—but they aid (1) in keeping the body cleaned. They form the bulky part of food which aids peristalsis, or bowel movement, thus keeping the system cleansed. (2) In summer, when they should be used in abundance, by their watery content of salts and acids they keep the system cleansed. (3) In summer, when they should be in abundance, by their watery content of salt and acids they keep the system cool. (4) The mineral matter is needed for the life of the cells in the body. Our bodies are made up of tiny cells. These cells are always active, and to keep up their activity they need these mineral salts in making their chemical changes. These chemical changes are necessary to keep the body young and supple.

Of all the salts needed by the body none are more important than iron, calcium, phosphorus, magnesium and sodium, and these are better taken in the form of food than as medicine.

Where shall we look for this supply? Spinach and other greens are rich in iron.

Whole wheat, peas, beans, oatmeal, raisins and prunes are valuable sources of organic iron.

Eggs contain iron and phosphorus in their most assimilable form. The yolk especially are rich compounds of iron, phosphorus, calcium and magnesium.

Red meats are only comparatively rich in iron, and it is not in such available forms as in eggs. Meats are lacking in calcium.

Cow's milk is rich in calcium and phosphorus in organic form; but is poor in iron, potassium and magnesium.

Calcium is abundant in green vegetables, dried peas and beans, in fruit and in the outer parts of grains.

Orange juice and prune pulp should find a place in the small child's diet.

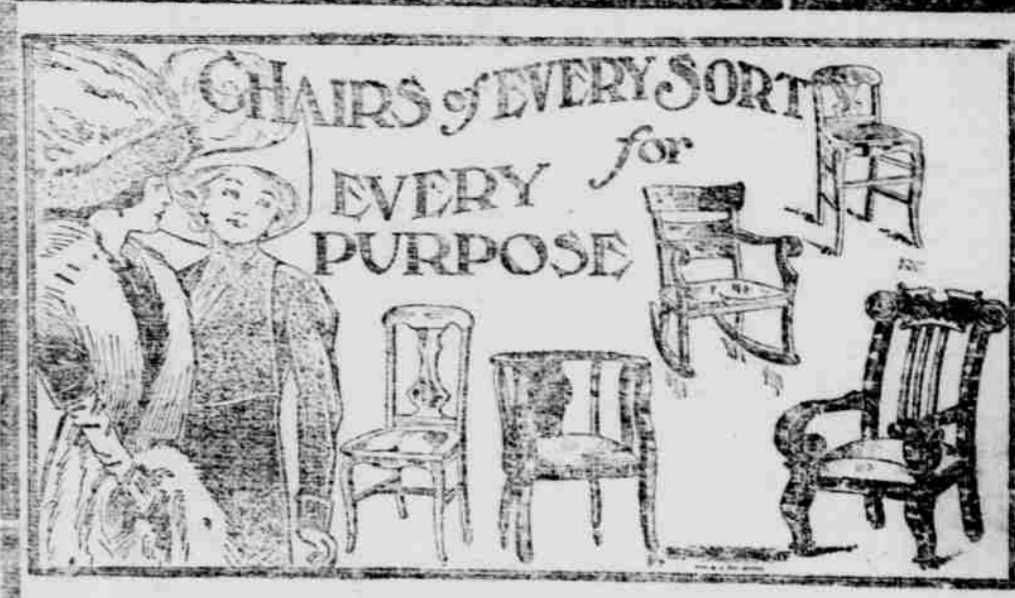
Mush made of whole wheat thoroughly cooked, is an excellent cereal for children. It not only gives good protein (tissue) and carbohydrate (heat and energy) content, but it is valuable for its iron, calcium and phosphorus.

Carrots and apples are laxative when properly masticated.

Dates, figs, and prunes are very nourishing and prevent constipation.

The juice of grapes is laxative; but the skins and seeds may be constipating.

The system that does not get enough of these mineral foods, such as iron, phosphorus and calcium, will show anemia in some form. These foods are all so easily cultivated and the work of cultivation so attractive in its nature that it should be every home-maker's privilege to watch these plant foods grow in her own garden.



Xmas has gone, but a good Rocker is welcome the year around. We have a good assortment and will be pleased to show you our line and prices.

SCOTLAND NECK FURNITURE COMPANY

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Give your Child

Dr. King's New Discovery

for Coughs and Colds.

Dr. King's New Discovery is a Doctor's Prescription used for over 45 years. It is pleasant and children like it.

You cannot use anything better for your child's cough and cold than Dr. King's New Discovery. It is prepared from fine Tar mixed with healing and soothing balsams. It does not contain anything harmful and is slightly laxative, just enough to expel the poison from the system. Dr. King's New Discovery is antiseptic—kills the cold germs—relaxes the phlegm—loosens the cough and soothes the irritation.

"I have used Dr. King's New Discovery for the past three years and use it continually in my family. My children are very fond of it for it keeps them free from cold. I can't say too much for it, and I take pleasure in recommending it to my friends." Mrs. A. S. Gaines, Evansville, N.H.

Don't put off treatment. Coughs and colds often lead to a chronic cough, pneumonia and other serious lung troubles. It is also good for adults and the aged. Get a bottle to-day. All druggists.

ADVANCE WINTER STYLES

for street, informal afternoon affairs or church, easily reproduced at home with little expense from the

New December
McCALL PATTERNS

The new fashions for Winter beautifully illustrated. One hundred pages of authentic fashion information—advance fashion news—what is correct for all occasions—in the new Winter

McCall Book of Fashions
(Winter Quarterly)
Now On Sale

is authority on advance styles. Profusely illustrated.

Edwards & Co., Scotland Neck, N. C.

Why those Pains?

Here is a testimonial unsolicited

"If I had my will it would be advertised on every street corner. The man or woman that has rheumatism and fails to keep and use Sloan's Liniment is like a drowning man refusing a rope."—A. J. Van Dyke, Lakewood, N. J.

Sloan's Liniment

for
**RHEUMATISM
SPRAINS
SORE MUSCLES**