

**THE COMMONWEALTH AFTERNOON DAILY**

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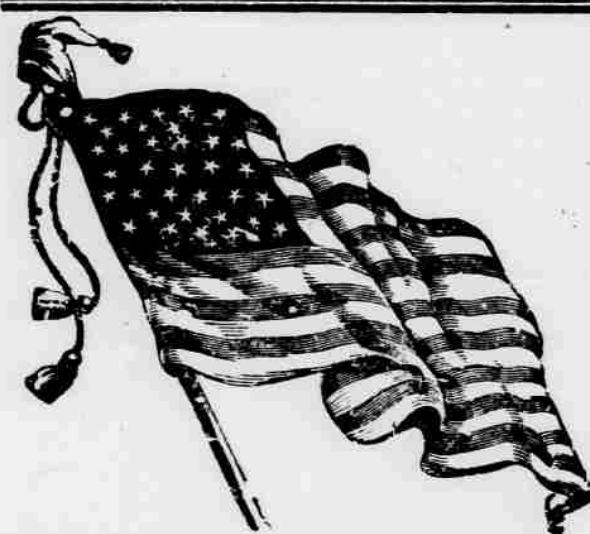
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Friday October 4 1918



**THE EPIDEMIC OF GRIPPE**

The North Carolina State Board of Health has issued the following official statement on the epidemic of influenza that is sweeping over the State:

"The State of North Carolina is in the grip of an epidemic of Spanish Influenza.

The disease is invading the State from many quarters, as it prevails throughout the United States, but the principal lines of invasion seem to be from the seaports of Wilmington and Norfolk. Already the disease has appeared over the entire State, being very prevalent in the East and having established itself in a number of centers in the West. The indications are that within another week it will generally prevail throughout the State.

"The disease started in Spain in May, this year, involving 30 per cent of the population of that country within a short time. Already the disease has invaded and practically passed through Europe. The rapidity with which it travels and the large per cent of the population involved indicate (1) the exceptionally contagious nature of the disease and (2) that with it public health measures have little influenza. The only good fortune attending the present epidemic in North Carolina is that it will probably exhaust its supply of susceptibles before its dangerous ally, pneumonia, arrives in force in December January and February.

"The disease is due to spit swapping. Spit is swapped or exchanged in the following ways: By coughing or sneezing into the air instead of into a handkerchief. In open coughing or sneezing an infectious and invisible spray is thrown several yards into the air and floats for thirty to sixty minutes. The greater the spraying, as in the psychic waves of coughing that pass through assemblages moving picture shows churches and other gatherings the denser and more potent the infectious atmosphere; (b) by soiling the hands with spit (very small invisible amounts) and transferring the spit to the hands of another person in handclaps or by handling something as a door knob or some article from which a second person gets the minutest amount of spit; (c) by using the common roller towel contaminating and being contaminated; (d) by using common drinking dippers common drinking cups and common spit-infected water from a common bucket; (e) by using anything

other than paper cups and ice cream saucers.

Let any person if he thinks it possible try to work out in his mind a more effective method for the people in a village or town to exchange spit the very microscopic amounts necessary for this powerful contagion and one will realize the infectious protency of unsterilized glasses at soda fountains.

**DON'T**

1 Don't associate with the impolite and careless who spray your air with their spit.

2 Don't go to unnecessary public gatherings while the epidemic is on.

3 Don't use any public dippers and drinking cups

4 Don't use a roller towel

5 Don't patronize a soda fountain that does not use paper cups.

If you get the grippe: Go to bed and stay there until you are well, until your temperature has been normal for at least two days. If you are past fifty, or if you are not strong stay in bed four days after normal temperature. Remember, the danger of grippe is pneumonia. Pneumonia is the penalty for disrespect to the grippe that gets out of bed too soon."

"In conclusion, public officials can do little to protect you. You can do a great deal to protect yourself."

**A Beautiful Woman**

Do you know that a beautiful woman always had a good digestion? If your digestion is faulty eat lightly of meats and take an occasional dose of Chamberlain's Tablets to strengthen your digestion. Price 25c

**BIG CAMPAIGN TO ELECT LOYAL WAR CONGRESS**

National Security League Announces Nation-Wide Non-Partisan Participation in Fall Elections.

Active participation by it in the Congressional campaigns, which will shortly commence throughout the country, has been announced by the National Security League. The League declares that unusual measures must be taken to insure the election this fall of a Congress which will stand militantly behind the carrying of the war to a decisive victory.

The entire force of the League's 281 branches and its membership of over 100,000 patriotic American citizens will be thrown into this campaign. The creation of support of the movement outside the League will also be undertaken by means of an active propaganda among the leading citizens of every state in the Union, irrespective of party.

**Elihu Root Takes Lead.**

Elihu Root, who is Honorary President of the National Security League, at the recent Annual Meeting of the organization laid particular emphasis on the necessity of non-partisan support of the Government in its efforts for the aggressive prosecution of the war and the consequent importance of this year's Congressional elections. The matter was then taken up by the National Executive Committee of the League and the campaign decided upon at a meeting attended by Alton B. Parker, who is Honorary Vice President of the Security League; James W. Gerard, former United States Ambassador to Germany, one of the League's Vice Presidents; S. Stanwood Menken, President of the League; Lawrence F. Abbott of the Outlook, and other prominent men.

The League for National Unity and other great national organizations have already indorsed the movement. The leading newspapers of the country are also expressing their approval. The following are a few of the favorable editorial comments which are appearing in all parts of the country:

**Editorial Approval.**

Williamsport (Pa.) Sun: "The National Security League's effort will have the hearty support of all patriotic voters."

Springfield (Mass.) Union: "This idea is sound and eminently worthy of serious attention."

Des Moines (Ia.) Tribune: "Here in Iowa we may well emulate this example which will lead to victory for Americanism regardless of party designation."

Saginaw (Mich.) News: "This campaign will have a strong and growing following all over the country."

Helena (Mont.) Independent: "Americans upon whom party lines rest lightly and many who are strong for their party will find reasons for commendation of the plan of the National Security League."

**SPECIALS NOTICES**

**DR. C. E. JENKINS**  
(Dental Surgeon)  
Over Whitehead's Drug Store  
SCOTLAND NECK N. C.  
Has taken over Dr. D. F. Keel's equipment and office and is ready to make appointments for all classes of dental work  
Office Hours Morning 9 to 1.  
Evening 2 to 6  
Other appointments by special arrangement ----- Phone 56

**FOR RENT OR SALE—THE**  
Bell Hotel equipped with electric light and city water Apply to N B Josey Scotland Neck N C

**HO'EL BARBER SHOP**  
W. A. WALSTON, Prop.  
Sanitary and up-to-date. Special attention given to children.  
**FOR AN UP-TO-DATE HAIR CUT OR SHAVE**

**REFLECT**

If you see a burial procession and are informed that a certain citizen is being buried, don't ask "Is he dead?"

**REFLECT**

If you see a physician leaving the home of a friend, don't ask "Is someone there Sick?"

**REFLECT**

If you see great numbers of intelligent people trading at a certain GROCERY STORE, hear the telephones of that establishment ring-almost continuously and the delivery truck loaded to its capacity five times in a single morning, don't ask "Is that the logical place to get FANCY and STAPLE groceries of the very HIGHEST QUALITY?"

**REFLECT**

**CLEE VAUGHAN**

The business built by quality, cleanliness, courtesy and a square deal.

**BAGS WANTED—We will give you a good price for your fertilizer bags.**  
N. B. Josey Company.

**Ask Your Dealer For Cogco Peanut Meal**

THE EXPERIMENT STATION RECOMMENDS THIS AS ONE OF THE BEST FEEDS FOR LAYING HENS. IT IS ALREADY WELL KNOWN AS AN EXCELLENT HOG FOOD, BEING EQUAL TO CORN FOR HARDENING MEAT AND MUCH CHEAPER FOR FOOD VALUE THAN CORN OR SHIP STUFF.

Manufactured By

**The Cotton Oil & Ginning Company**

**COOL WEATHER CALLS FOR HEATERS**

We have them --- All kinds and sizes.  
Aetna Hot Blast, Washington Parlor Heaters, Sheet Iron Heaters. Also Washington Cook Stoves and Ranges.  
COME IN AND SEE OUR LINE ON DISPLAY.

**The Scotland Neck Furniture Company**

**The Fall Season Has Opened**

Our buyer has returned from the northern markets and by every express is coming all the novelties of the season as well as staple lines of wearables.

**You Cannot Miss Our Display**

IF YOU WOULD BE WELL CLOTHED AND WELL SHOD.

**COATS FOR LADIES AND THE MISS**

in large and varied assortment, made of the most popular weaves, such as light and heavy cloths velvet and near seal. The color most attractive. The styles excellent.

**Burroughs - Pittman - Wheeler Co.**

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WE SELL WAR SAVINGS STAMPS

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