

Bracing!

"Ah-h-h!" you say, "that's what I want!" And down goes that glass of sparkling PEPSI-Cola, drained to the very last drop—a glassful of pure, wholesome joy that makes you tingle with pleasure to the soles of your feet.

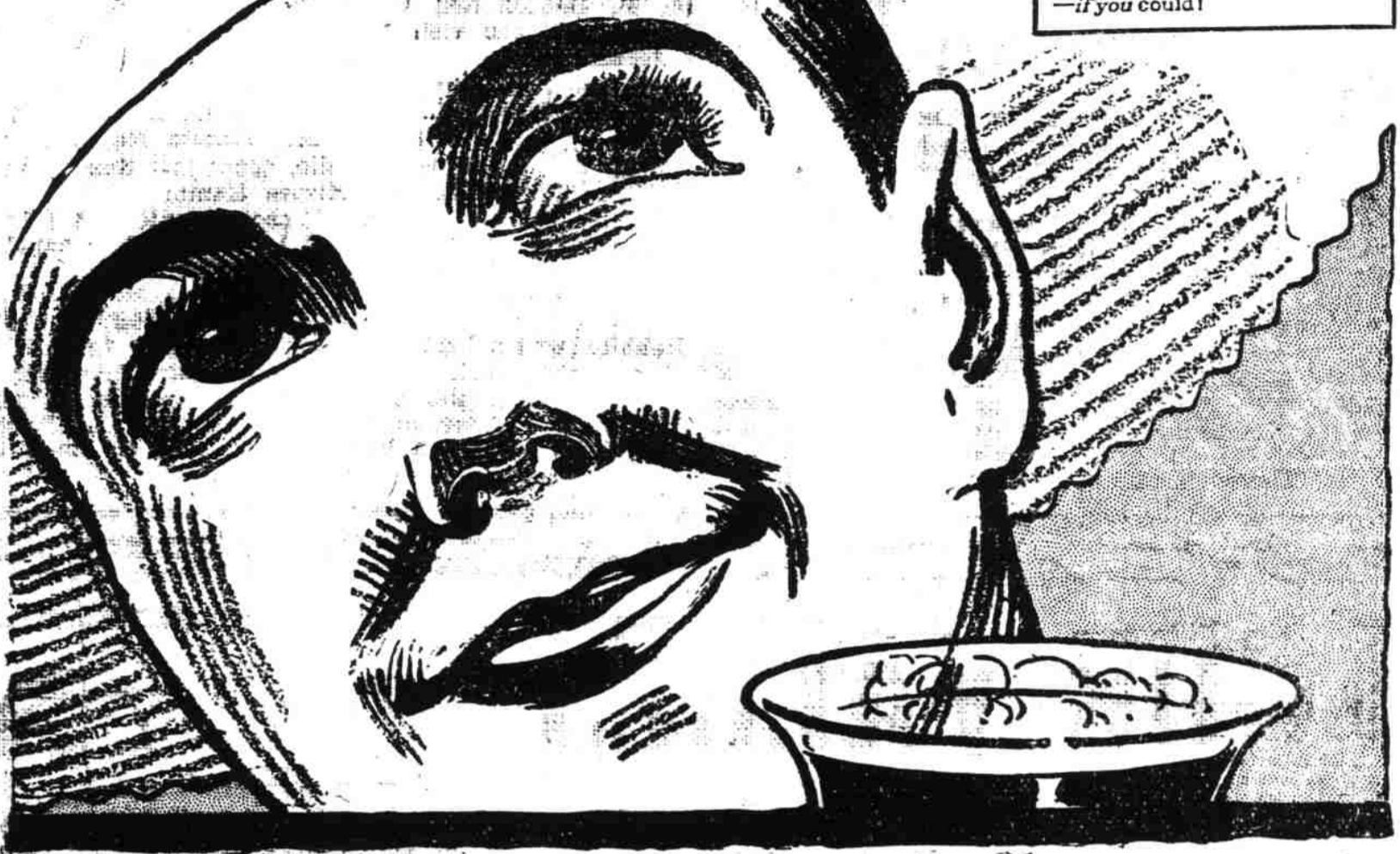
Be your own judge! There is no substitute for PEPSI-Cola—resent the suggestion.

Say "PEPSI-Cola" at the fountain today. Or get a crate from your grocer's for the ice-box—it will gladden the whole family.

DRINK

PEPSI-Cola

For Healthful Refreshment



Why you should drink PEPSI-Cola

Pure cane sugar, carbonated spring water, fruit juices, acid phosphate and flavoring—that's PEPSI-Cola. No one else has its recipe; just a proper blending of these ingredients—a delicious, wholesome beverage, as beneficial as it is refreshing, as invigorating as it is thirst-quenching. Some people call it a "Liquid Confection" it is the kind of drink you would make at home—if you could!

City Physicians Explain Why They Prescribe Nuxated Iron

Make Beautiful, Healthy Women and Strong Vigorous Men

NOW BEING USED BY OVER THREE MILLION PEOPLE ANNUALLY

Quickly Transforms the flabby flesh, toneless tissues, and pallid cheeks of weak, anemic men and women into a perfect glow of health and beauty—Often increases the strength of delicate, nervous, run-down folks 100 per cent in two weeks' time.

New York, N. Y.—It is conservatively estimated that over three million people annually in this country alone are taking Nuxated Iron. Such astounding results have been reported from its use both by doctors and laymen, that a number of physicians in various parts of the country have been asked to explain why they prescribe it so extensively, and why it apparently produces so much better results than were obtained from the old forms of inorganic iron.

Extracts from some of the letters received are given below:

Dr. Ferdinand King, a New York physician, and Medical Author says: "There can be no vigorous iron men without iron. Pallor means anaemia. Anaemia means iron deficiency. The skin of anemic men and women is pale. The flesh flabby. The muscles lack tone, the brain fags and the memory fails and they often become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women, the roses go from their cheeks.

In the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapioca, sago, farina, degenerated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cooking, by throwing down the waste-pipe the water in which our vegetables are cooked are responsible for another grave iron loss.

Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, you must supply the iron deficiency in your food by using some form of organic iron just as you would use salt when your food has not enough salt.

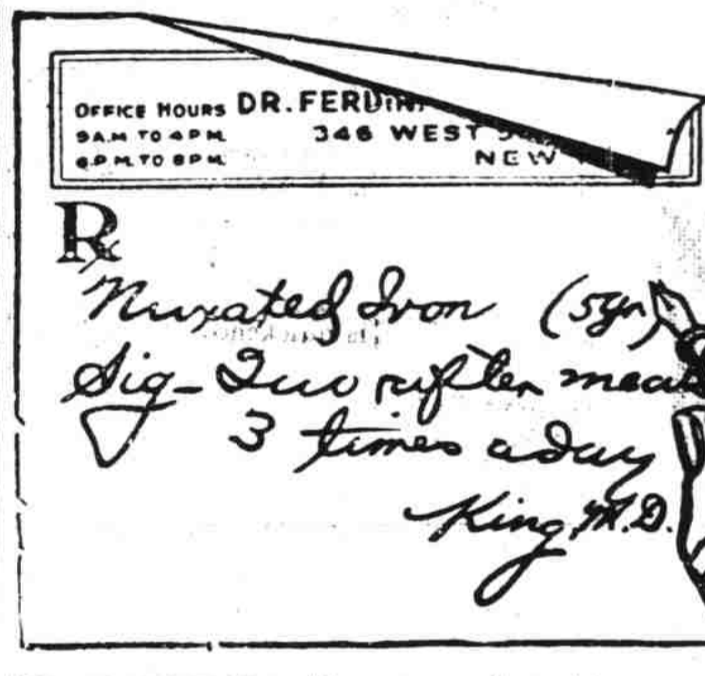
Dr. A. J. Newman, late Police Surgeon of the City of Chicago and former House Surgeon, Jefferson Park Hospital, Chicago, in commenting on Nuxated Iron, says: "It has been my particular duty during the past six years to assist in keeping Chicago's five thousand bluecoats in good health and perfect fighting trim so that they would be physically equipped to withstand all manner of storms and the ravages of nature's elements.

Recently I was prompted through an endorsement of Nuxated Iron by Dr. Schuyler C. Jacques, Visiting Surgeon of St. Elizabeth's Hospital, New York, to give it a trial. This remedy has proven through my own tests of it to excel any preparation I have ever used for creating red blood, building up the nerves, strengthening the muscles and correcting digestive disorders."

Dr. E. Sauer, a Boston physician who has studied widely both in this country and in great European Medical Institutions over, organic iron is the greatest of all strength builders. If people would only take Nuxated Iron when they feel weak or run-down, instead of dosing themselves with habit-forming drugs, stimulants and alcoholic beverages I am convinced that in this way they could ward off disease, preventing it becoming organic in thousands of cases and thereby the lives of thousands might be saved who now die every year from pneumonia, grippé, kidney, liver, heart trouble and other dangerous maladies. The real and true cause which started their diseases was nothing more nor less than a weakened condition brought on by lack of iron in the blood.

Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with the blood pressure of a boy of 20 and as full of vigor, vim and vitality as a young man; in fact a young man he really was notwithstanding his age. The secret, he said, was taking iron—nuxated iron had filled him with renewed life. At 30 he was in bad health; at 46 he was careworn and nearly all in—now at 50, after taking Nuxated Iron, a miracle of vitality and his face beaming with the buoyancy of youth.

Iron is absolutely necessary to enable our blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good, and as a consequence you become weak, pale and sickly-looking, just like a plant trying to grow in a soil deficient in iron. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while double their strength and endurance and entirely rid themselves of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or tincture of iron simply to save a few cents. The iron demanded by Mother Nature for the recoloring matter in the blood of her children is, alas! not that kind of iron. You must take iron in form that can be easily absorbed and assimilated to do you any good, otherwise it may prove worse than useless. Many an athlete and prize-fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray; while many another has gone down in inglorious defeat simply for the lack of iron."



Dr. Schuyler C. Jacques, Visiting Surgeon of St. Elizabeth's Hospital, New York City, said: "I have never before given out any medical information or advice—for publication as I ordinarily do not

ing more nor less than a weakened condition brought on by lack of iron in the blood.

not to mention it. I have taken it myself and given it to my patients with most surprising and satisfactory results. And those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."

Dr. Howard James late of the Manhattan State Hospital of New York and formerly Assistant Physician Brooklyn State Hospital, said: "Nuxated Iron is a most surprising remedy. A patient of mine remarked to me (after having been on a six weeks' course of it) 'SAY DOCTOR THAT THERE'S STUFF IN LIKE MAGIC.' Previous to using Nuxated Iron I had been prescribing the various mineral salts of iron for years only to meet complaints of discoloring teeth, disturbed digestion, tied-up hardened secretions, etc., when I came across Nuxated Iron, an elegant, ingenious preparation containing organic iron, which has no destructive effect on the stomach, and which is readily assimilated into the blood and quickly makes its presence felt in increased vigor, snap and staying power. It enriches the blood, brings roses to the cheeks of women, and is an unfailing source of renewed vitality, endurance and power to men who burn up too rapidly their nervous energy in the strenuous strain of the great business competition of the day."

NOTE—Nuxated Iron which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older inorganic iron products it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in nuxated iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron, and increase their strength 200 per cent or over in four weeks' time, provided they have no serious organic troubles.—They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by Jarman & Fitzgibbon and all good druggists.

ADDITIONAL STATE SOCIETY

GOLDSBORO.

Goldsboro, N. C., June 16.—A simple but beautiful wedding was solemnized Tuesday evening at the home of Mr. and Mrs. L. M. Michaux, when their daughter, Sarah, became the bride of Capt. Joseph Dogan Arthur, of Union, S. C.

The room wherein the ceremony took place was artistically decorated with ferns and white flowers. The improvised altar before which the ceremony was performed by Rev. A. D. Wilcox was banked with ferns and numerous white candles.

At the strains of Lohengrin's wedding march rendered by Miss Leah Slaughter, the first to enter was little Miss Mildred Hill, of Danville, Va., flower girl, wearing a dainty dress of pink georgette crepe and carrying a basket of pink roses and sweet peas.

Miss Mary Michaux preceded the bride, her sister, to the altar, attired in pink embroidered taffeta and carrying a shower bouquet of pink roses and sweet peas.

The bride was radiantly beautiful, wearing a gown of white tulle over satin with sequin trimming and carrying a shower bouquet of bride's roses and lilies of the valley. She entered upon the arm of her father, who gave her in marriage.

The groom was attended by Mr. Edward R. Michaux, acting as best man.

The bride is one of Goldsboro's most accomplished young women and her going away will be a great loss to local society. The groom is the son of Mr. and Mrs. J. D. Arthur, of Union, S. C., and is a graduate of West Point. He is in the U. S. Army and is stationed at Carozal, Canal Zone, and after their honeymoon to Northern cities Mr. and Mrs. Arthur will be at home at that place.

The out-of-town guests were Mr. and Mrs. J. D. Arthur, of Union, S. C., Mr. and Mrs. W. B. Hill and daughter, Mildred, of Danville, Va.; Mr. and Mrs. F. M. Miller and daughter, of Wilson; Mrs. Marion Harris, of Wilmington, and Miss Mary Aycock, of Raleigh.

The Second Regiment band were guests of the Benevolent Order of Improved Red Men at their lodge rooms Wednesday night, when dainty refreshments and barbecue were served. Those present were entertained with music and odes of the order. The "band boys" were met prior to the banquet by forty warriors, composing the degree team of Montauk Tribe No. 24, dressed in the regalia of the order, and the procession enlivened by martial music marched through the streets to the Red Men's hall, while hundreds of spectators enjoyed the occasion along the line of march.

Mr. and Mrs. Frank K. Borden announce the engagement of their daughter, Mildred, to Mr. Robert Marche Hanes, of Winston-Salem, N. C. The wedding will take place on the 3rd of July.

Miss Grace Irene Harris and Leroy Matthews, both of Raleigh, were married at the home of Mr. and Mrs. W. V. Williams in this city last Sunday.

Rev. G. T. Watkins, pastor of the First Baptist church, officiating. The bride is a sister of Mrs. Frazier Williams, of this place. Mr. and Mrs. Matthews returned to Raleigh later in the evening.

LUMBERTON.

Lumberton, June 16.—Misses Dorothy Applewhite, Frances Shannon and Viola Price, of Wilmington, spent Sunday here visiting brothers of Misses Shannon and Applewhite, who are members of Co. A, N. C. Engineers, stationed here.

Miss Annie Quitman, of Wilmington, is a guest at the home of Miss Elizabeth Wishart.

Miss Ruth Pope, of Route 4, left Tuesday for Chapel Hill to attend the summer school at the University.

Miss Reva Hamilton, head trimmer in Miss Josephine Breeces' millinery store, left Thursday for her home in Orange, Va.

Mr. John M. Dick and Daughter, Miss Mary, of San Antonio, are guests at the home of Mr. Dick's sister, Mrs. Lizzie G. Proctor.

Mr. Thurman Tyson, of Philadelphia, is spending sometime here visiting his parents, Mr. and Mrs. J. Ed. Tyson.

Mrs. J. H. Felts has returned to her home in Charlotte, after a short visit at the home of her son and daughter-in-law, Mr. and Mrs. J. H. Felts, Jr.

Mrs. P. E. Lucas, of Burgaw, is visiting her brother-in-law and sister, Mr. and Mrs. E. L. Hamilton.

Mrs. F. A. Crabtree and two children, Dorothy and Charles, are visiting relatives in Atlanta.

Mrs. W. L. Grantham and daughter, Wilma, have gone to Hiddenite, where they will spend the summer.

Mr. and Mrs. Rexford Stephens, of Greenville, to attend the summer session of the East Carolina Teachers' Training school.

Dr. and Mrs. J. F. Stainback, of Wadesboro, were guests at the home of Dr. Stainback's sister, Mrs. Claire Thomas, last week.

Miss Sadie Thompson has returned from Greenville where she attended the East Carolina Teachers' Training school.

Dr. and Mrs. J. F. Stainback, of Wadesboro, were guests at the home of Dr. Stainback's sister, Mrs. Claire Thomas, last week.

Miss Marjorie Steele has gone to Greenville to attend the summer session of the East Carolina Teachers' Training school.

Misses Wilhelmina Fuchs and Louise Fleck, of Wilmington, spent the week-end here, guests of Mr. and Mrs. M. J. Merritt.

WILLARD.

Willard, June 16.—Misses Callie Wells and Annie Johnston left Tuesday for Greensboro, where they will attend the summer school.

Mr. Edward de Ruiter was a very pleasant visitor in town Sunday.

Friends of Mr. de Ruiter were very glad to have him in town again after an absence of some time.

Little Miss Jennie Newkirk, of Watha, is visiting here.

Mr. Peyton Page attended the old soldiers' re-union in Washington, D. C., and reports a good time, considering the rush.

Miss Elma Southerland, of the Eastern Carolina Training School, is at home to spend her vacation, with her parents, Mr. and Mrs. D. W. Southerland.

Mr. John Wells, who has been visiting his parents, returned Sunday night to Richmond, Va., where he holds a position.

Mr. and Mrs. W. H. Wells and daughter, Harriet, and Mr. Nathan Johnson motored to Wilmington and Wrightsville Thursday.

Miss Catharine Page returned Tuesday from High Point, N. C., where she went as a delegate from our society to the Christian Endeavor Convention. She reports a very delightful trip. The convention will meet next year in Kinston and we hope to send more than one representative from our society then.

Mrs. Robert Byrd and children have been visiting her parents, Mr. and Mrs. Futch, of Burgaw.

Mr. James Peyton Page spent Sunday with his parents here.

MARIETTA.

Marietta, N. C., June 16.—Miss Mary Stanfield, of Fairmont, has been visiting Miss Mae Oliver.

Mrs. Hugh Sproot and Miss Jewel Inman, of Cerro Gordo, are visiting Mrs. B. L. Temple.

Messrs. Hugh McAllister, Herman Grump and Lawyer Johnson, of Lumberton, spent a short while here Tuesday on business.

Mr. and Mrs. U. M. Oliver went to Sellers, S. C. Sunday. The commencement sermon of the High school of Sellers was preached Sunday.

Mr. and Mrs. U. M. Oliver and Misses Rachel and Helen Oliver were Lumberton and Fairmont visitors last week.

Mr. and Mrs. DuBose, of Bishopville, have been spending some time with Mr. and Mrs. T. C. Parham.

The Ladies' Canning Club met at Marietta yesterday evening. They are buying tin cans and new jar lids to try to save all the surplus crop of fruit and vegetables this year. The high cost of living has caused the people to organize as never before to adopt some plan to meet the conditions that confront us.

Mrs. D. E. Oliver and children, of Sellers, are visiting relatives here this week.

Misses Mae Oliver and Mary Stanfield have been visiting Miss Eliza-

ATTENTION!

Scuppernong Grape Growers

We will need more choice Scuppernong Grapes than ever. This will be a banner year in quantity and price. Go to it! Prepare for a big crop and make real money. Grapes will be received at Wilmington, Plymouth, Tokay, Medoc and possibly other points, and the juice shipped to New York City. Give us early information as to your possible yield.

Garrett & Company

Incorporated,
Norfolk, Va.

both Sellers, of Sellers.

Miss Evelyn Rogers has been visiting Miss Gladys Oliver, of Sellers.

Mr. Barney Stephens, of Dillon county, is visiting his son and daughter-in-law, Mr. and Mrs. M. A. Stephens.

Mr. and Mrs. Cary Henley, of Bennettsville, have been visiting Mr. Henley's parents, Mr. and Mrs. P. C. Henley.

FREEMAN.

Freeman, June 16.—Rev. L. A. Byrd, of Kentucky, is visiting relatives at this place.

Mr. E. A. Byrd spent Sunday in Wilmington with his brother, Mr. Dudley Byrd.

Mrs. Thomas Wood, of Marion, S. C., was the guest of friends here this week.

Miss Eloise Thompson has returned to her home at Hallboro, after a visit of two weeks with her sister, Mrs. J. W. Brinkley, here.

Mrs. Janie Carney has returned to her home in Wilmington, after spending some time with friends and relatives here.

Miss Mary Woolvin, also of Wilmington, is the guest of Mrs. J. W. Brinkley this week.

ALMA.

Alma, N. C., June 16.—Mrs. N. A. McPhaul and children are visiting relatives near Ramon.

Mrs. N. A. McPhaul and children are visiting relatives near Ramon.

Mr. L. B. Stuts left Friday morning for Charlotte, where he will spend a few days with his father.

Miss Ethel Jones, who is spending a while with her aunt, Mrs. Robert Belch, entertained a few of her friends last Wednesday night.

Miss Virginia Watson has returned from Florida, where she has been the past year with her brother.

Mrs. Rory McNair visited friends in Laurinburg this week.

SEABOARD AIR LINE RAILWAY

The Progressive Railway of the South. Effective Nov. 15th, 1916.

DEPARTURE OF TRAIN FROM
No. 13-3-55 P. M.—Train for Charlotte and Intermediate Points. PULLMAN PARLOR CAR BETWEEN WILMINGTON AND CHARLOTTE.

No. 19-5-30 A. M.—Train for Charlotte and Intermediate Points. SLEEPING CAR BETWEEN WILMINGTON AND CHARLOTTE. Open at 10.00 P. M. for Passengers.

ARRIVAL OF TRAINS AT WILMINGTON
No. 14-12-30 P. M.—Train from Charlotte and Intermediate Points. PULLMAN PARLOR CAR BETWEEN WILMINGTON AND CHARLOTTE AND WILMINGTON.

No. 20-12-10 A. M.—Train from Charlotte and Intermediate Points. SLEEPING CAR BETWEEN WILMINGTON AND CHARLOTTE. REMAIN IN SLEEPER UNTIL 7:00 A. M.

For detailed information and reservations, call on City Ticket Agent, Orion Building, Phone 172.

H. E. FLEASANTS, T. P. A.

JOHN H. WEST, D. P. M., Selma, N. C.

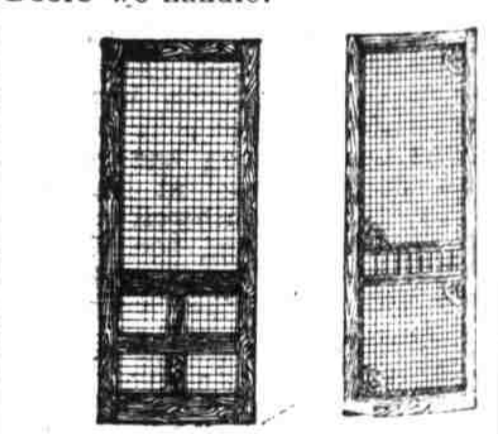
Kneisel's Superb Orchestra will give two concerts at Lumina day.—Adv't.



SCREEN DOORS

WINDOW SCREENS

Here are a few of the patterns. Doors we handle:



Prices \$1.00 for a cheap Pine door to \$10.00 and \$12.00 for high grade Doors, with bronzed grills.



WINDOW SCREENS

All kinds and prices, including Window Screen Frames which we furnish complete with directions how to erect.



SCREEN YOUR DOORS AND WINDOWS

USE Continental.

Give us a call or mail us your orders. Catalogues on application.

N. JACOBI HARDWARE COMPANY,

10 and 12 South Front Street.