

# INTERESTING HOW PEPLAC GOT NAME

### Original Formula of Peerless Tonic is Said to be Many Years Old.

"An interesting story, one said to cover many, many years, is attached to Peplac and, for the benefit of the hundreds of men and women in this city—principally those in search of relief from stomach, liver and kidney ills, catarrh, nervousness and the like—I will gladly tell it as best I can," said the Peplac expert.

"It is said that the formula of Peplac has been handed down for generations in a family long American, except for the addition by various sons of medicinal elements which give greater strength to herbs, barks, berries and roots. The last of these sons, knowing well the good work that his family medicine offered, realized the advantages that would come if he would have the formula commercialized. Interesting parties did not hesitate in coming to his support and now, this son, while gray of hair and old in years, is happy for he is living to see the spread of his family's medicine.

"The name 'Peplac' was given the medicine for reason that each letter in the name 'Peplac' stands for the first letter of the name of a root, herb, bark, berry or medicinal element in the formula as it stands today.

"Just how far back the formula of Peplac dates is hard to estimate, but it may be that the great American Indians had some connection with it.

"However, that is neither here nor there for the point in question is that Peplac is not only on the market today, but is offered to the people right here in this city.

"It has been my pleasure to visit some of the leading drug stores of Wilmington and meet with men and women who have not only taken Peplac, but who have enjoyed benefits from its use. These men and women explain in detail how Peplac helps them to again enjoy a hearty meal, helps them to digest the food afterwards, helps them to enjoy nourishment from the food, helps them to put in a good night's rest, helps them to be strong and energetic again, helps them to put on weight, and the like.

And, as the proof of the pudding is in the eating, I can only suggest that other sufferers from modern maladies put Peplac to the test.

Today the Peplac Expert will be in attendance at the Harding and Bellamy Drug stores. Peplac also is on sale at Elvington's, Bunting's, Green's, Jarman & Futrelle, Payne's, Fentress', Southside and Hanover Drug stores.—Adv.



### THE VALUE OF A HIKE.

"I find lots of pleasure in walking. There is no other form of exercise which is so generally beneficial. Almost always when the weather is nice and I have a few hours of leisure, I spend them, not in riding around on horseback, but in taking a brisk walk. It doesn't make much difference where I walk, whether through city streets, along country roads, over cow paths, through the meadows or on foot paths through the woods. It all depends upon the season of the year, the time of the day, the day of the week, or the occasion.

In the spring, naturally, everybody likes the country side; in the fall we all like the woods. There are holidays when I enjoy walking through the city streets, sometimes in one section of the city—sometimes in another.

Usually I walk aimlessly, without prearranged or objective plan. Oftentimes I don't think which way I am going. Unconsciously, the circumstances or my mood leads me in the direction which will correspond best with the state of my feelings at the time. Girls in the city may not always find it possible to romp through meadows and woods, but I have found many and many an hour of pleasure and of solace in my walks through the great city parks and along the Riverside.

Such girls as live in big cities will find as much pleasure in the beautiful and well kept parks as those who live upon the outskirts and in the small towns find in the woods and in the fields. Nature, no matter from what angle she is viewed, is always restful, always soothing, always beautiful and wonderful. There are many moods which find greatest relief in losing oneself in the crowds of the city streets.

I like to keep on my desk a little calendar of the holidays, not only legal, but of the religious holidays of the various sects of the different peoples which our great cities contain. It is interesting to walk through the Italian section of the city upon those holidays when the streets are festooned with strings of lights intertwined with flowers. The whole neighborhood presents a gala appearance never seen at any other time or among other people.

For a long walk it is best to dress comfortably and in a manner to allow of free and easy movement of the limbs. The shoes should be substantially built, yet light; roomy, yet not loose, with stout soles and low flat heels. The feet should be clad in cotton stockings, as cotton absorbs perspiration best and thus keeps the feet cool. I prefer white, as the freedom from dyes makes them least irritating and most absorbent.

If the girls of today did a little more walking in the great out-doors, and a little less dancing in crowded and stuffy dance halls and restaurants at unearthly hours, the healthy appetites which they would thus obtain would bring roses to their cheeks, the lustre to their eyes and a smile to their lips—in short, they would be beautiful.

## THEATRE

"Patrons of the moving picture who are tired of dull, drab stories of sordid lives in dingy surroundings, will welcome with open arms and ready praise the second Herbert Brenon production for Selznick-Pictures, 'The Eternal Sin,' with Florence Reed in the principal role at the Royal for the last times today.

"In this picture Mr. Brenon has drawn upon all the resources at his command to create a photodrama which so far excels in its magnificence anything of the sort ever produced that it is in a class by itself, and sets a new mark for perfection in exquisite detail. For weeks he has had his assistants engaged in the most painstaking research work, unearthing rare prints in libraries and museums, and obtaining all other data available concerning the court of the Borgias.

"Never has the world known such splendor as existed among the ruling classes in Italy during the renaissance. The Babylonian era alone surpassed it, but only in barbaric extravagance. The renaissance was a period of real artistic achievement, and under the patronage of Lucretia Borgia and other reigning notables, works of art were created which are still regarded as masterpieces.

"It is in this atmosphere of splendor that the story of 'The Eternal Sin' transpires. But the beauty of the settings and costumes does not interfere with the swift movement of the intensely dramatic and sensational story. Intrigue, poison plots, and all sorts of crimes were as much a part of the life as the beauty of the palaces, and 'The Eternal Sin' reflects absolutely this maelstrom of esthetic vice.

### VALESKA SURATT TOMORROW.

"The way of the transgressor is hard"—a Biblical passage which you all recognize. It is applicable to many phases of life but especially to the life of the young girl or woman who allows her baser instincts to predominate her nobler womanly instincts. In the latest Fox picture starring Valeska Suratt, this lesson is brought to us in a manner which is not alone interesting as a screen presentation but it is convincing and one that is enacted in the lives of many young women whose lives are ruined and eventually terminated in a condition which is both deplorable and miserable. "The Siren," the picture in which Miss Suratt will be seen at the Grand theatre tomorrow, is one that should be seen by all, both young and old. It has none of the suggestive but it has a lesson contained which may be the means of preventing an existence such as is portrayed by Miss Suratt in her latest picture. She has the part of Vivian Courtney, who, because of certain circumstances is led to an untimely end through her own indiscretions.

In support of Miss Suratt in "The Siren" is Clifford Bruce, whom you will remember for his excellent work in "A Fool There Was," in which picture Theda Bara was starred.

Others in the supporting cast are Robert Clugston, Curtis E. Banton, Isabel Rea, Armand Kalisz, Cesare Gravina and Rica Scott.

"The Siren" with Valeska Suratt in the featured role, will be seen on the screen of the

## GRAND

TOMORROW

William Fox Presents

THE STALEY STATELLITE OF STAGE AND SCREEN

### VALESKA SURATT

In Her Latest William Fox Sensation

#### "THE SIREN"

The Hand of Fate Glides Between the Curtains and Brings Justice to the Transgressor.

## ROYAL

"PHOTOPLAYS OF PRE-EMINENCE"

<p style="text-align: center;">LAST TIMES TODAY</p> <p style="text-align: center;">Herbert Brenon Presents</p> <h3 style="text-align: center;">Florence Reed</h3> <p style="text-align: center;">In The Sensational Photoplay Production</p> <h4 style="text-align: center;">"The Eternal Sin"</h4> <p style="text-align: center;">From Victor Hugo's Masterpiece "Lucretia"</p> <p style="text-align: center;">SHOWS: 8:00, 1:45, 6:30, 8:00, 9:30.</p>	<p style="text-align: center;">TOMORROW</p> <p style="text-align: center;">Pathe Super-Features Presents</p> <p style="text-align: center;">THE WORLD'S MOST FAMOUS LIVING BEAUTY</p> <h3 style="text-align: center;">Lina Cavallieri</h3> <p style="text-align: center;">In a Sensational Photoplay</p> <h4 style="text-align: center;">"The Shadow of Her Past"</h4> <p style="text-align: center;">A Spectacular and Sensational Super-Production.</p>
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## Germans Belittle American Troops

### Say They Will Prove Small Factor in Great Struggle. Claim our Men Are Not Equal to Task.

### DON'T KNOW WHAT THEY'RE UP AGAINST.

It appears from news which leaked out of Germany, in spite of the unusually close censorship, that the German officials are telling their men and women that the American troops will cut little figure in the big war. If the German people knew what they were up against they would refuse to listen to such foolish assertions.

The funniest part of it is that they claim that Americans can't think quick enough. What a joke! That's our reputation—quick to think. The Germans will find that out soon enough. In the meantime, we at home should get ready for the big drive.

Of course we all can't go to the front but we can do our bit in just as important a manner right here at home. Let us keep fit to carry on the industries of the nation, till the soil, work the mines, and keep the ammunition flowing to the front in a steady stream.

Backaches must be gotten rid of; those stomach disorders such as indigestion, constipation, etc., must be eliminated; weak, anaemic bodies must be made strong and vigorous; weak kidneys and bladder must be strengthened; in other words we must keep fit!

Acid Iron Mineral will keep you fit. It is not a patent medicine. It is a pure, natural iron preparation obtained from the only natural medicinal source in the world. It aids digestion, iron mineral deposit of its kind known increases weight, creates appetite, strengthens dormant muscles, brings a healthy color to the skin, and builds up the body in general; and is free from alcohol, will not injure or discolor the teeth.

Old sores, ulcers, etc., regularly bathed with A-I-M will quickly disappear and applied to cuts, wounds, or abrasions it stops blood almost instantly. At all drug stores in 50c and \$1 sizes.—Adv.

### STORE POTATOES FOR SUMMER EARLY

Washington, D. C., Aug. 14.—It is not advisable under ordinary conditions to attempt to carry over a large supply of first-crop potatoes than is necessary to bridge the interval between the first and second crops. The winter supply of potatoes in the South should be obtained from the second crop, according to specialists of the United States Department of Agriculture. Because of a surplus of Irish potatoes from the first crop many farmers in the South are asking the department if it is advisable to try to carry this crop into the winter. Department specialists do not believe such a practice should be encouraged because it would require much better storage conditions than are now possessed or that could be provided economically. The second crop, harvested at a cooler season, can be stored successfully in cheap and ordinary farm storage and kept until spring.

Farmers should, however, be able to hold a sufficient quantity of well-matured tubers of the first-crop potatoes to supply local and State needs until the second crop is harvested. This may be done with a fair degree of success, the specialists say, in a cheap dugout such as is commonly found on the truck farms in the South. The best plan is to store the potatoes in open slat crates thus assuring good ventilation and avoiding any risk from heating. Newly harvested and partially immature potatoes stored in a large pile during hot weather are likely to heat and thus furnish suitable conditions for the spread of fungous diseases, and also cause a higher loss of moisture. Small, immature, mechanically injured or decayed tubers should not be stored, and only a well-ventilated pit from which the light can be wholly excluded, should be used.

The first woman pensioned by our government for heroic deeds was Margaret Corbin, who lost an arm and suffered other serious wounds while operating a gun at the battle of Fort Mifflin, November 16, 1776.

## BUREAU OF MARKETS SOLVING BIG PROBLEM

Washington, Aug. 14.—Providence, R. I., in co-operation with the Bureau of Markets of the U. S. Department of Agriculture, is solving the problem of marketing perishable fruits and vegetables. Produce dealers, truck men, housewives, and the local press are working together to the common end of relieving glut on the market, securing to producers fair prices for their crops, and assuring housewives of reasonable prices.

The keynote of the situation, according to market experts here, is adequate market-news information.

The local agent of the U. S. Bureau of Markets compiles daily all the available information as to the various fruits and vegetables offered that day on the wholesale farmers' market. Usually by 5 a. m. on the day before sales are actually begun, these figures are in the hands of growers, dealers, and the press. If the figures show that the supply is light, the grower is instantly apprised of the fact and can regulate his prices accordingly. When the supply is heavy, knowledge of the market situation enables him to start his selling at prices attractive enough to stimulate demand and keep the stock moving.

This system is said to work out so that the truck gardeners and "war gardeners" of the Providence section are receiving an increased average return on their crops. This does not mean that prices are generally increased to the dealer, but rather that a fair and steady price is maintained. The grower finds an outlet for his entire crop, so that he is able to sell it for at least the cost of harvesting and marketing instead of being forced to go to waste.

Retail dealers benefit by the system, since a demand is created for a greater volume of products. Women's clubs, canning clubs, and individuals desirous of fresh fruits and vegetables, know when and where to secure their supplies most advantageously.

A Providence grocer doing a large business has practically double his sales of spinach this season. Formerly he had to figure on throwing away between 25 and 50 per cent of the spinach which he had bought and paid for, simply because sales were slow and the produce deteriorated. Members of the Providence Market Gardeners' Association declare that the staying-off of a glut of spinach on two succeeding days saved them more than their share of the salary of the agent for the entire season. It is a conservative estimate that between \$500 and \$1,000 a day is being saved the consumers of Providence on home grown fruits and vegetables.

The Bureau of Markets considers the Providence plan to be fundamentally sound and declares that it serves the best interests of growers, retail dealers, and consumers alike.

### AMER. AMBULANCES FOR ITALIAN UNIT

Milan, Aug. 12.—Arrangements are being made for the sending to the Italian front of several ambulance units similar to those which have been in operation in France since the beginning of the war. The first unit is expected in October.

### THE TOWN'S QUOTA DRAFTED IN FULL

Carlisle, Mass., Aug. 13.—This town today boasted of a 100 per cent draft record. The quota of the town, which has a small population, was one man. Jacob P. Detsch, the first man examined, passed the physical test, waived exemption and was enrolled in the new national war army.

Liquor Issue in Maryland. Baltimore, Md., Aug. 14.—Advocates of prohibition in Maryland and those who are opposed to it are preparing for a renewal of the fight at Annapolis next winter. In anticipation of the State primaries and conventions to be held next month, the Anti Saloon League has been at work for some time gathering in candidates for nomination to the general assembly. The league contemplates two lines of battle when the lawmakers come together next January, a drive for Statewide prohibition by legislative enactment, and, failing in this, a drive to make all dry counties bone dry by prohibiting the shipment of liquors into such counties.

## AMERICAN MINERS NEEDED IN FRANCE

### When Lens Falls the Mines Must Have Men to Work Them.

With The British Armies in the Field, July 25.—(By Mail.)—Sooner or later Lens, capital of France's "Black Country" or coal belt, will fall before the ever-tightening pressure put upon it by Sir Douglas Haig. When this day comes America can render France and her allies no greater service than to send immediately to this region the experts necessary to put the coal mines in order in the shortest possible time.

For three years France has been deprived of the richest coal deposits she possesses. In the Loire, Burgundy, Nivernais, Gard, Blanz, d'Aubin, Decazeville and Carmaux, it is true there are coal mines but these are not to be compared with those in the northern part of the country, around Lens. This deposit runs from east to west, from Belgium to Flechinelle, in France and since the German occupation it is only the extreme western end of it which the French have been able to work. And this is the hardest work, being deep below the surface. Whereas in Belgium the coal is practically on top of the ground, at Anzin it is 120 feet down and deeper the further west it runs. At Douai it is 480 feet deep; at Flechinelle about 1,800 feet.

The vein of coal from the Belgium frontier to Flechinelle is about 65 miles long by 10 miles wide. Prior to the war of the 39 millions of tons extracted from French soil, three-fifths came from here or about 25,000,000 tons. Even with this, France has always been compelled to buy from the outside almost as much coal again as she produced, half of which came from Belgium—from the country around Mons, Charleroi and Liege, seized by Germany as her very first act of war.

It is this country, around Lens and behind Lens to the east, which the Prussian warlords are defending regardless of the cost in German lives. And here it is that British pressure is growing ever stronger. Every blow struck this summer has yielded a net gain in the direction of these coal fields and a retirement anywhere from Arras to the sea would be more injurious to Germany from an economic point of view than at any other part of the Western front.

Fighting in this country is extremely difficult. On the sea where British Tommies have recently made their appearance, there are sand dunes which make trenches almost impossible. Fighting there is like fighting in the heart of the Sahara Desert. Further south along the line is water, water everywhere, spread out over the flat country. Everybody knows what the country about Ypres is like, and around Messines Ridge while below that comes La Bassee and Lens, with their mountains of slag and cinders, called "Crassiers" rising nearly 200 feet over the level country around about, and the "fosses" or mines with mining buildings cluttered about them, all affording the best possible obstacles from the defender's viewpoint, hiding fieldguns, howitzers and especially machineguns.

Such is the country over which the British are now fighting. If the Germans are beaten back out of the coal country they will do as they have done already at Lens: Destroy the mines by blowing them up or flooding them, or both. But American miners are said to be the best to be had, and certainly the United States can do no better than to send hundreds of them over here to reclaim the ruins for even if the Prussians do their work so completely as to render the mines useless for the remainder of the war, reconstruction of France and Belgium will depend largely on fuel supply.

Texas Farmers' Meeting. Dallas, Texas, Aug. 14.—Crop production, marketing, credits and other problems of live importance to those engaged in agriculture are scheduled to receive attention at the fifteenth annual convention of the Texas State Farmers' Union, which opened in this city today with a large and representative attendance. The sessions will continue until Friday.

## NOTE TO CHINA GAVE JAPAN SHOCK

(By United Press.)  
Tokio, June 28.—(By Mail.)—Not for many a day has such a flutter been caused in Japanese official, political and newspaper circles as the fever heat from which Japan is just recovering as a consequence of America's advice to a sister republic—the foundation of China—whose democratic institutions were being threatened by the assaults of warlike, monarchistic revolutionists.

When the full text of Secretary Lansing's note to Peking appeared, it developed that America had only suggested that China settle her troubles peacefully; that tranquility be re-established as soon as possible. The Tokio press and officials, however, immediately gave the note the interpretation of American interference in China's internal affairs.

Officials at the Foreign Office issued excited, indignant statements to the vernacular press; editorial writers followed their cue by the publication of hostile onslaughts against the American government, the American people and anything else that might be suspected of being American. Japan, apparently, was frothing at the mouth.

It was declared at the Foreign Office that America had interfered in Chinese internal politics; that, still worse, she had failed to consult Japan in doing so; that the action was equivalent to Japanese meddling in Mexican affairs; that all traditions of American statesmanship had been violated; and that "unpleasant relations" between Japan and America might be the consequence. The Japanese press comment was equally as belligerent. All agreed that America had displayed inexcusable nerve in "interfering" without the consent of Japan. The government was urged to protest. One section of the press, hostile to the Teruchi Ministry, tearfully asserted that Japan had been outwitted by American diplomacy and that American prestige in China would be greatly enhanced all to the detriment of Japan.

"There is no denying the fact," shouted the Asahi, "that this American attitude disregards Japan's special position in the Far East. American interference in China's domestic affairs is a serious matter in view of the balance of power in the Orient. The Japanese nation wants to know what the government is going to do about it."

The Jiji, always calm and rational, tried to soothe its readers by insisting that America recognized Japan's position in China and hoping that an amicable settlement would be made.

The Sekai explained the American action by the bare and tortoise fable, saying that Baron Hayashi, Japan's Minister to China and the hare, was taking a nap while Dr. Paul Reinsch, the American envoy, "who is a tortoise and slow to move, steadily moved on and reached the goal."

Said the Yomato: "The American note was a stone thrown into the Japanese pool to stir it up. Not only has the United States overstepped other powers, but she has neglected Japan altogether. We cannot but be very much chagrined."

Armed Rural Guards Proposed. St. Paul, Minn., Aug. 14.—Minnesota is the first State to give official cognizance to the problem of organizing an armed force to take the place of the National guard, now that the latter has been called into the Federal service. At the call of the Minnesota Public Safety Commission the sheriffs of each of the 56 counties of the State will meet in conference here tomorrow to consider the problem. The plan to organize automobile squads of rural guards will be discussed at the meeting. It is proposed that the rural guard form possess of minute men, who will be kept armed and in constant readiness to aid sheriffs in suppressing any disorders or lawless demonstrations.

King Signs Every Commission. London, Aug. 14.—Everyone in England knows how desperately hard King George has worked from the very commencement of the war, but it is not generally known that he personally signs every commission for the navy and army. Of course, during the past three years this has involved a tremendous amount of labor, and a director of a corporation signing dividend checks probably does not divide off more than two hundred in an hour. Therefore the task of His Majesty in this respect alone is immense, and it is not surprising that many officers of more than six months' standing have not yet received their actual commissions.

## SWAMP HIM WITH HOME-MADE BREAD

### Hoover Gets Avalanche of the Home Variety From Country's Housewives

(By George Martin, United Press Staff Correspondent.)  
Washington, Aug. 14.—If you happen along in front of the big white New Interior Building on F street some day and see a man unlimbering a load of bread and carrying it up to Hoover's desk on the fifth floor, don't be astonished. It's just part of the Food Commissioner's morning mail.

That's a way American housewives have of showing their interest in Hoover's wheat conservation system. Every loaf he receives represents the thought and labor of some patriotic American woman in California, Kansas or elsewhere trying to help Hoover solve the problem of more bread with less wheat.

The bread makers are just as keen on this war business as the bread winners. Accompanying each loaf is an explanatory letter in feminine round hand. Then there are hundreds of letters, many of which just recieve unaccompanied by working models of the loaf.

Miss Abby L. Mariatt, one of Hoover's women experts, went to the trouble of explaining today what the women are trying to do with all these sample loaves. She explained various classes of bread, including "war bread," and went into detail as to its making.

"All these loaves and recipes," said Miss Mariatt, "are economical mixtures of wheat with other grain, cereals or vegetables calculated to save wheat."

"Wheat as it comes to the home-keeper's flour bin, is in the form of white flour, whole wheat flour, or graham flour.

"The white is wheat ground and refined into a multitude of grades. The whole wheat includes all constituents except the bran. The graham keeps everything, even the bran.

"Wheat flour shows a very starchy content, low mineral ingredients, and a medium amount of protein or tissue-building material. Add to wheat flour starchy cereals or vegetables, such as rice or potato, and you increase the starch proportion of the whole.

"Bear in mind this principle of substituting some other ingredient for part of your wheat flour, for upon it is based the sort of 'war bread' which is a favorite with the recipe makers. This is 'brown crumb bread.'

"When the first cook stove was in its infancy the use of bread crumbs in cookery was antique. Undoubtedly the ancient Romans used them; certainly every housewife today knows that bread crumbs have their usefulness in deep frying, in scalloped dishes, for puddings, for meat stuffings, for decorating vegetables and meats. Now many a wide-awake housekeeper is realizing that bread crumbs may be used in bread making.

"Prepare the crumbs from stale bread left over from the table, from trimmings or crusts, or from dry rolls. Brown in the oven and pulverize. No bread should be used for this after it has begun to mould. After pulverizing, seal crumbs in jars into which moisture and spores of mould cannot penetrate.

"In utilizing the bread crumbs, the bread sponge is made in orthodox fashion, with milk or water, with salt, sugar and shortening, yeast and flour. Then the pulverized crumbs are added to form the sponge into a dough. Some declare that 50 per cent of the flour ordinarily used is saved.

"But if the wheat flour employed is low in gluten (that tough, elastic property of wheat flours) then something less than 50 per cent of crumbs must be used. Any woman with a taste for experimentation will be willing to try out different proportions until she learns just how much of other products she can use in her wheat bread and still attain the spongy, elastic loaf which the family relishes.

"Many who have tried this declare that the result is nearly identical with regular, whole wheat bread, differing only in its darker color and its sweet and nutty flavor due to the browning of the crumbs."

## Scalp Irritation Stop It Now!

The heat of the sun dries out the natural oils of the scalp. Dandruff increases. Scalp itching becomes not only unpleasant but even dangerous.

Stop this itching now. You can, with very little trouble! Sprinkle, only twice a week, a little Pompeian HAIR Massage on your scalp. Rub it in the Pompeian way (carefully described in booklet enclosed in every package) and soon your scalp itching will stop.



### Pompeian HAIR Massage Stops Dandruff—Hair Coming Out

The success of Pompeian HAIR Massage is in the "massage" idea. It is a treatment, not merely a tonic. The massaging (rubbing) of the scalp wakes up the roots of the hair to new life. This massaging also opens the pores of the scalp to the wonderfully stimulating liquids in Pompeian HAIR Massage. Dandruff goes. Your hair will become and stay healthy, vigorous and attractive.

Pompeian HAIR Massage is a clear amber liquid (not a cream). Not oily. Not sticky. Very pleasant to use. 50c and \$1 bottles, at the store.

**MEN**—Have your barber give you a treatment, and prove to yourself how refreshed your scalp feels by one application.

Don't hesitate to use Pompeian HAIR Massage. It is made by the old and reliable makers of Pompeian MASSAGE Cream and Pompeian NIGHT Cream.

**One Bottle Shows Actual Results**

Adv. 5P